The belief that one should care more for the present than the future because the present is all we have is based on a misunderstanding of how time works. Time is not a linear sequence of events but a cyclical process. Each moment contains the potential for both positive and negative outcomes, and it is through our choices and actions that we create the future. So, just as the present moment is not just a prelude to the future but an active participant in determining it, so too is it not just a subset of the past but contains within it the seeds of the future. Thus, to talk about the present moment as if it were separate from the past and future is to misunderstand the nature of time and the way it works. The present moment is always already part of the past and future, and it is through our actions in the present that we shape the future. So, when we say that we should care more about the present than the future, we are actually saying that we should care more about what we are doing now and how we are acting in the present, because that is what will determine the future. And it is in the present moment that we have the power to make the right choices that will lead to a better future.