

Dr Ratnakar Sharma joins as HoD Surgery, GMC Jammu



Prof (Dr) Ratnakar Sharma assuming charge of Head of Department (HoD), Deptt of Surgery, Govt Medical College, Jammu.

AAP exposed in money laundering case: Yudhvir

STATE TIMES NEWS

JAMMU: J&K BJP Vice President, Yudhvir Sethi on Tuesday asserted that the Aam Aadmi Party (AAP) has exposed in front of people of the country as the senior APP leader and Health Minister of Delhi Satyendar Jain was arrested by the Enforcement Directorate in a money laundering case. In a statement issued here today, Sethi alleged that the AAP chief's Arvind Kejriwal stand on the aforesaid issue shows that he not only condones corruption but is also involved in it. He said that the statement of Arvind Kejriwal in a section of media shielding Jain exposes the Aam Aadmi Party. "Kejriwal always kept mum on corruption charges against his party leaders. The arrest of Jain by the ED has come days after an AAP minister was arrested and sacked in Punjab," he said. Noting that former Punjab Health Minister Vijay Singla was also arrested in a corruption case recently, he alleged that the AAP has maintained a "100 per cent corruption" record.

The allegations of money laundering against Jain are serious, he said and noted that he had so far got no relief from any court. He asserted that if Punjab Health Minister was sacked then what was stopping the AAP leadership in sacking Jain from the Cabinet.

It clearly shows the double standard of AAP towards its leaders, he said. "Aam Aadmi Party always talks about honesty, but now people want to know when the AAP leadership will remove Jain from his Cabinet. Jain should have been arrested much earlier. Kejriwal has been protecting him for years," he added. The senior BJP leader said that the BJP Government at the Centre has zero-tolerance against corruption and will continue to target graft. He maintained that polls keep taking place in the country, and probe agencies cannot be asked to step back from acting despite evidence because of elections. He maintained that corruption was viewed as an essential part of government before 2014 but India witnessed a sea change in the last eight years due to the BJP-led dispensation's zero-tolerance towards graft.

Flu cases peak amid Monsoon season: Paediatrician suggest flu vaccine for all school-going kids

STATE TIMES NEWS

GUWAHATI: Transmission of influenza (flu) virus happens through the nose and respiratory tract particularly when kids share close quarters like they do in school classrooms. Children younger than 5 years are at higher risk of developing serious flu-related complications, hence flu vaccination should be made an integral part of the child's back to school plan. This coupled with COVID appropriate behaviors of masking and sanitizing should protect the child from seasonal infections. Experts predict we may be in for a difficult year when it comes to the flu. Highlighting the need for the influenza vaccine for Dr Nirmal Jain, MBBS, MD -(Paediatrics) Gauhati Medical College and Hospital, Guwahati said, "Recently, many children have been exposed to

the external environment and have begun spending time outside. Because children have been staying indoors for the past two years, there could be a resurgence of infectious diseases. With the onset of monsoon season children are most susceptible to respiratory illnesses. Infants under the age of five are especially vulnerable to influenza. Those with comorbid conditions like asthma, heart disease, and people over 65 years of age are also severely impacted. Flu vaccination is considered a necessity to prevent the spread of the disease within the family and the community. Co-infection between influenza and covid has also been observed. Children below the age of 12 do not have access to the Covid vaccine, making it essential to get the flu shot. This will minimize the chances of co-

infection. Diagnostic screening is necessary to differentiate between COVID and influenza in children and to recommend the appropriate vaccine. Washing hands regularly and regular masking contribute to preventing the spread of infections. The Flu vaccine is updated every year in response to changes in virus strains. It is advisable to get the vaccine as early as May, as it takes a few weeks for the antibodies to build up during the Flu season (June-September).

Flu can result in up to 35% increase in OPD visits and excess hospitalisation in children. Vaccination is the most effective way to prevent flu infection, which affects at least 4 out of 10 children in the pre-school age and a minimum of 3 out of 10 children in the age group of 6 to 12 years, during outbreaks.

Training was imparted by Joint Director, NSO, MOSPI, GoI, Monami Mitra and Assistant Director, Divyansh Shukla.

The workshop was attended by Regional Director, Evaluation & Statistics, Jammu, Joint Director Central, Joint Director Survey, District Statistics & Evaluation Officers of Jammu division, officers and officials of DES, Regional Director Jammu.

Officials from the Kashmir Division participated through virtual mode in the workshop.

to regulate prices; and to deflate monetary magnitudes to show changes in real values.

DGP congratulates Shivani, others from J&K for clearing UPSC

STATE TIMES NEWS

JARINAGAR: Director General of Police (DGP) J&K Dilbag Singh has congratulated Shivani for clearing the Union Public Service Commission (UPSC) examination result of which was declared yesterday. Shivani has secured 300th rank.

In his message the DGP has con-

veyed hearty congratulations to Shivani daughter of Girdhari Lal DySP JKAP 7th Bn, and her family for her achievement.

He has also congratulated other UPSC qualifiers from Jammu and Kashmir. The success of these qualifiers will encourage and motivate the aspirants from the UT to follow the path, he said in his message.

Govt schools of Jammu Div observe 'World No Tobacco Day'



A dignitary addressing students during an awareness programme.

the environment and aims to expose efforts by tobacco companies to "greenwash" their reputation by marketing themselves as environmentally friendly.

To raise awareness among the students about negative impacts of tobacco so as to inoculate them against Tobacco use, Signature Campaigns, Mass Pledge, Poster Making competitions, Role plays, Debates were held in the Winter Zone Schools. In Summer Zone also, the day was observed through online mode in the form of mass online pledge taking and other

interactive online programs. Director School Education Jammu had already directed all the concerned officers/officials to implement the Tobacco free educational institutional guidelines in letter and spirit.

A virtual pledge ceremony

was also organized by coun-

selling cell DSEJ involving

District and Zonal counselling

coordinators. While speaking

on the occasion Dr. Romesh

Kumar, Counselling Cell

DSEJ informed to use peer

counselling model through

Prahari clubs to counsel students about ill effects of

Tobacco use.

World No Tobacco Day: Public Health Dentistry Deptt organises awareness programme at IDS Sehora



Students of IDS Sehora posing with Principal, Dr Sarabjeet Singh and others.

JAMMU: As a part of week-long activities to mark World No Tobacco Day, an exhibition-cum-poster competition was organised with an aim to create awareness among outpatients regarding the ill effects of tobacco use.

The exhibition was inaugurated by the Principal Institute of Dental Sciences (IDS) Sehora, Dr Sarabjeet Singh accompanied by Director Academics Dr Harvinder Singh, Head of the departments and other faculty members.

Informative Posters prepared by students were displayed and competition adhering to the theme for the year 2022 'Threat To Environment' was organised.

that the basic aim of this exhibition including series of events conducted during past week was to highlight the importance of healthy diet, proper oral care routine and also to encourage oneself to get properly educated for

attaining a progressive healthy outlook in the society.

Winners of the competition namely Rehab (final prof), Pirakshi, Ruchita, Sonali and Ridhiman (interns) were felicitated at the end.

Brahmakumari Ashram, others organise awareness rally on World No Tobacco Day



Addressing to media persons, Mayor appreciated the initiatives taken by Brahmakumari Ashram Jammu as well as staff of Gandhi Nagar Hospital and school children towards this awareness rally by way of special vehicle which was flagged off by the dignitaries present on the occasion on "World No Tobacco Day".

He further said that this special vehicle will pass through various parts of the Jammu City and will educate the citizen's especially younger generation about the ill effects of Tobacco & cigarettes which is a great threat for all of us & also poisoning our planet day by day.

He further appealed to every parent to pay special attention towards their children, spend time with them on daily basis, educate them properly so that they do not fall prey to ill habits of Tobacco & cigarette.

Sudershan Devi said, "We should adopt the habit of doing meditation & yoga in our routine life which also keeps us healthy & fit."

Apprise people about achievements of Modi Govt of past 8 yrs: Randhawa to cadre



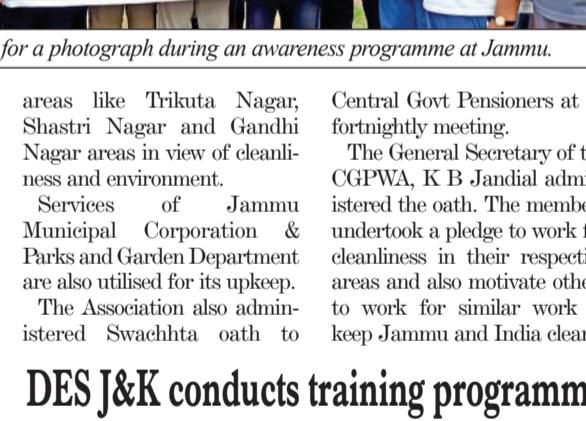
Singh, Anil Sharma, Ashok Singh and many others.

Randhawa said that door to door outreach programmes will be organized to take the developmental agenda of Modi Government to every nook and corner of the Jammu district.

He apprised the people about the achievements of the Modi Government.

Booths are our strength so we have to conduct these programmes at booth level, he asserted.

He asked the party cadre to apprise the people about the achievements of the Modi Government in the past 8 years on in Jammu and Kashmir.



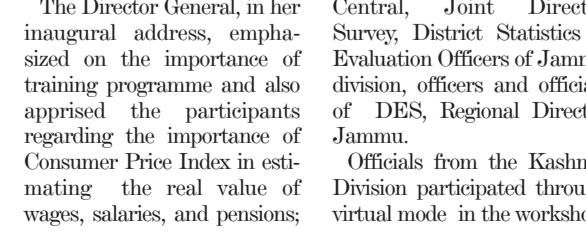
DG E&S, Satvir Kour Sudan speaking at a meeting.



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