

# J&K Branch of NIRC of ICAI signs MoU with DSEJ

## ■ STATE TIMES NEWS

JAMMU: Committee on Career Counselling of The Institute of Chartered Accountants of India (ICAI) with the support of J&K Branch of NIRC of ICAI signed a Memorandum of Understanding on Sunday with Directorate of School Education, Jammu (DSEJ), Government of Jammu & Kashmir for promoting Commerce Education amongst Government and Government aided Secondary and Higher/Senior Secondary school students.

This MoU has been signed for a period of 5 years during the Outreach meeting held with Principals of High Secondary and Higher Secondary Schools, Jammu.

The chief Guest for the programme was Dr. Ravi Shanker Sharma, Director School Education, Jammu.

The ICAI was represented by CA Hans Raj Chugh, Chairman Committee on Career Counselling, CA



Purushottam Khandelwal, Vice-Chairman Committee on Career Counselling, Dr. Mitali Pathak, Secretary Committee on Career Counselling and CA Nakul Saraf, Chairman of J&K Branch of Institute of Chartered Accountants of India.

CA Hans Raj Chugh, Chairman Committee on Career Counselling said that the prime objective of this MOU is to bring out the true potential of students belonging to Jammu.

He emphasized that the commerce education plays an

utmost important role in the inclusive growth of industry and the whole economy. With Jammu having a rich pool of talent, the young students need to be nurtured in the proper way so that the young generation of today shall be able to contribute to the nation and society through its knowledge & skills.

CA Purushottam Khandelwal, Vice-Chairman appraised the gathering about the various initiatives taken by ICAI for the benefit of the students and members at large.

He further explained about

the financial handholding done by the Institute in the form of 75 % waiver of the course fee for all levels of CA course for students from the Union Territories of Jammu & Kashmir, Ladakh & for North-Eastern States.

He further added that institute also provides scholarship to the deserving students. CA Nakul Saraf, Chairman of J&K Branch assured that Branch shall take up Career Counselling Programmes in full swing for dissemination of information regarding Chartered Accountancy Course.

Dr. Ravi Shanker Sharma, DSEJ appreciated about the initiatives taken by institute for the students so that benefit can reach to each student spread across the nook and corner of the country. He assured full support to ICAI for fulfilling the objective of providing Career guidance and promoting Chartered Accountancy Course in all the schools of Jammu division.

CA Vineet Kohli, Secretary J&K Branch conducted the proceedings, CA Sourav Pargal, Executive Member, J&K Branch present a detailed presentation about Chartered Accountancy Course and CA Vikas Purdhan, Vice Chairman of J&K Branch, presents formal vote of thanks.

CA Ayush Sawhney, Treasurer along with members of the profession, principals of the schools from the education department of Jammu, and Chartered Accountants of Jammu Region also graced the event.

Kashmir



## Growing prevalence of heart attacks in younger population raised alarms and concern: Dr Sushil

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JAMMU: Contrary to the popular belief that CVD only targets the geriatric segment of population, Dr. Sushil Sharma asserted that a growing body of literature and clinical observations suggested that CVDs is happening to younger adults more and more often.

He briefed that the etiology of the rise in cardiovascular diseases in younger adults is multifactorial and has occurred concomitant with an increase in the proportion of populations that are overweight and obese; have prevalent hypertension, hyperlipidemia, less physical activity, involve in smoking, alcohol consumption and consume highly processed foods.

These health factors and habits are influenced further by ethnic, socioeconomic, and gender disparities resulting in a higher incidence and prevalence of cardiovascular disease in select community-based populations, Dr. Sushil said.

He shared these observations at health awareness cum check up camp in village Salehar, Tehsil Bishnah.

More than 250 patients mostly adults were examined, evaluated and advised during the camp. ECG, Blood Sugar, HbA1C and Lipid profile was conducted and medicines were also given as per the requirements.

Taking cue from the data that India accounts for one-fifth of all non-communicable diseases related deaths worldwide and most of these deaths are from the younger population, Dr. Sushil highlighted



Dr Sushil Sharma examining a patient during a camp.

that heart diseases has also deviated from its routine pattern of targeting the older population and those with pre-existing heart conditions and have found a way to affect the younger population more often.

literature.

Furthermore, keeping in view the fact that majority of the young population is unaware of the prevalence of CVDs, it is highly urgent to take actions towards raising awareness among youth about chronic diseases risk factors and highlighting their preventability as well as promoting healthy lifestyles in order to prevent future disease development, he urged.

Prominent Citizens of the Village Salehar Rakesh Pant, Suresh Choudhary (Panch), Satpal Singh (Panch), Parveen Kumar (Panch), Subash Chander (Naib Sarpanch), Akhil Sharma, Naresh Kumar and Bharat Bhushan appreciated the camp conducted by Dr Sushil and his team. Others who were part of this camp include Dr Dhaneshwar Kapoor and Dr Anitpal Singh Asst Prof (Ortho). Paramedics and volunteers include Kamal Sharma, Raj Kumar, Ranjeet Singh, Raghav Rajput, Gourav Sharma, Vikas Sabharwal, Nitesh Mahajan, Vijay Sharma, Kamal Sharma, Aman Gupta, Milan Kapoor and Amandeep Singh.

Exploring the distribution of cardiovascular risk factors among youth is primordial as the development of chronic diseases begins in the early stages of life, Dr. Sushil said, yet it is a neglected issue in the

## Mass-contact programme to highlight divisive politics' of BJP: J&K Cong Chief



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JAMMU: Jammu and Kashmir Congress president G A Mir on Sunday said his party's mass-contact programme will highlight the BJP's "divisive politics" and its fallout on the unity and integrity of the nation.

Mir was speaking at a 'Nav Sankalp Chintan Shivir' organised by the party in Jammu's Paloura area where discussions were held on the prevailing law and order situation in Jammu and Kashmir.

A resolution was passed to demand the restoration of statehood of Jammu and Kashmir; reject the delimitation commission report and condemn the spurt in selective and targeted killings in Kashmir, a Congress spokesperson said.

Emphasizing on the need to re-establish its connection with the people, Mir said, the Congress has decided to launch the 'Bharat Jodo Yatra' from October 2 on the occasion of Gandhi Jayanti from Kanyakumari to Kashmir.

"A major purpose of the initiative to go back to the people is to warn them against the destruction that can be brought about by the divisive politics of the BJP which is weakening the institutions and also dividing people in communities," he said.

Mir said the yatra will see participation of all party leaders.

"The yatra is to strengthen the bonds of social harmony that are under stress, to preserve the foundational values of our Constitution that are under assault and to highlight the day-to-day concerns of crores of our people," he said.

Criticising the ED summons issued to Congress president Sonia Gandhi and Rahul Gandhi, Mir said the party will not be frightened by the politics of vendetta being pursued by the BJP government against opposition leaders.

## Waqf will be developing shrines with help of financial cooperation from business persons: Dr Darakhshan

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SRINAGAR: Chairperson of J&K Waqf Board Dr Darakhshan Andrabi today visited cave shrine of Hazrat Daryauddin Wali (ra) in Ganderbal and took stock of the facilities for pilgrims and the donation management system at the shrine. She was accompanied by Waqf Board Members Dr Ghulam Nabi Haleem & Waqf Board CEO Dr Syed Maajid



Jahangir & Incharge Executive Officer Ishtiaq Mohiuddin. ExMLA Ganderbal Ishfaq Jabbar was also present on the occasion.

A meeting of locals was addressed by Dr Andrabi in the campus of the shrine in which she assured that expansion of this historical site will be considered by the Board. Later Dr Andrabi led team of J&K also visited

the shrine of Syed Shah Sadiq Qalandar at Lar Ganderbal and Shrine of Baba Sadaat at Telbal Srinagar. She interacted with the public gatherings at these shrines. Speaking to media, Dr Darakhshan Andrabi said that Waqf will be developing the shrines with the help of financial cooperation from eminent business persons and well off citizens of the believers in Sufi thought.

He emphasized that every one has freedom of expression and can express their views, but it needs to be kept in mind not to start speaking the language of sedition in anger.

On the occasion of the birth anniversary of the world's first journalist Devarishi Narad, the editor of Organizer Prafulla Ketkar expressed these views as a keynote speaker in a programme organized by Trikuta Samvad Kendra on Sunday in the Press Club.

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'Sabka Saath, Sabka Vikas, Sabka Vishwas and Sabka Prayas' is winning the hearts. He threw light on various development works initiated by the Union Government for the betterment of Jammu and Kashmir and the plethora of schemes that have benefitted people.

He appealed to people to maintain peace and thwart the designs of those trying to create communal divide.

"We are all Indians irrespective of our religion. We need to stay united to frustrate divisive forces," he said.

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