

GCoE inaugurates 21-day Yoga Camp

STATE TIMES NEWS

JAMMU: Government College of Education (GCoE), Jammu under the patronage of Directorate of Ayush, UT of J&K and IQAC in collaboration with Department of Health and Physical Education inaugurated 21-day Yoga Camp to commemorate 8th International Yoga Day which will be celebrated on 21st June.

The camp is open for professors, students of the college as well as the public.

Resource persons for the inaugural session were Dr. Arun Gupta (MS, Prasuti Tantra Stree Rog, Govt Ayurvedic Hospital, Jammu), Dr. Manjeet Singh (MD Swasth Vritta &



Resource persons and faculty at Yoga camp.

Yoga), Neelam Kumar Sharma (Yoga Therapy Expert) and Mohini Sharma (Prantiya Sadasya, Bhartiya Yog Sansthan). The inaugural ceremony observed active participation from college staff members and students. Dr. Kulwinder Kour, Principal GCOE emphasized the

importance of Yoga and healthy lifestyle for modern generation.

Dr. Rajinder Kaur also threw light over the importance of yoga in building immunity and resistance towards diseases. Prof. Shalini Rana also motivated students and the fraternity to participate with great

zeal and fervour to obtain maximum results from the camp.

The valedictory speech was presented by Prof. Ramandeep Karalia (HOD, Dept. Of Health and PHE) Active participation from Prof Shapia Shameen, Prof Sarita Dogra, Prof Radhika Mahajan, Prof Vinay Lata, Prof Tahira Shah, Prof Sunita, Prof KK Mangotra, Dr Anuradha Seth, Prof Anuradha Chaudhary, Dr Jyoti Parihar, Dr Sushma Bala and Prof Rubina graced the occasion.

The camp successfully started with the help of student organisers Payal, Priya, Deeksha, Aakriti, Sabya, Shallu, Kokila and Mahima.

BJP Senior Citizen Cell nominates state members, district teams

STATE TIMES NEWS

JAMMU: BJP Senior Citizen Cell State Convenor JD Singh in consultation with J&K BJP President Ravinder Raina, General Secretary (Org.) Ashok Koul, All Cell Incharge Rakesh Mahajan, All Cell Co-Incharge Ved Sharma nominated its state team members, district teams for Jammu District and Basohli District.

Ashok Singh Sambyal is nominated as State Co-Convenor and Charanjit Singh Charak is nominated as State Executive Committee member.

Bharat Bhushan Talwar has been nominated as Jammu District Convenor. Inderjit Saini, Gopal Khajuria and Krishan Singh Jasrotia are nominated as District Co-Convenors.

Ashwani Sharma, Amrik Singh, Lakhwinder Singh Slathia, Inderjit Kour, Janardhan Sharma, Ranjit Singh Jasrotia, Vipin Kumar Gupta,

Harbans Lal Khajuria, Bhagat Singh Slathia, J.D. Raina, Surinder Singh Manhas, Jagrit Singh Jasrotia, Rajeshwar Singh Pathania, Kartar Singh Jasrotia, Dhanishwar Singh Slathia, C.D Sharma, Sudhagar Mal Sharma, Sham Lal Sharma, Prof. Diwakar Singh Jamwal, Parladh Singh Sambyal, Kalyan Singh Sambyal, Ravi Singh, Mohan Singh Jamwal, Mohan Singh Chib, Pawan Gupta, Vinod Gupta and Mohan Lal Gupta have been nominated as Members.

Prem Chand Sharma is nominated as Basohli District convenor of the Cell. Ashok Kumar Chouhan, Victor Kumar, Dhian Singh Pathania and Kamal Chopra have been nominated as Co-convenors

Kamal Kumar Khajuria, Rakesh Kumar Sharma, Vijay Kumar Sharma and Kamal Singh as State Executive Members.

Uttam Chand Raina, Tilak Raj, Kirpal Singh, Prem Nath Sharma, Sudershan Kumar Sangra, Kishori Lal, Onkar Chand Salaria, Rattan Chand, Naresh Singh, Hari Singh, Tara Singh, Durga Singh, Krishan Chand, Charan Dass, Hans Raj, Uttam Chand, Kuldeep Raj, Rashpaul, Hans Raj, Dev Raj, Jai Parkash, Mohan Lal, Kuldeep Raj Sharma, Parshotam Lal, Mosam Lal, Pritam Chand, Naresh Kumar, Yoginder Paul, Harbans Chander, Tilak Singh, Mohan Lal, Romal Singh, Shiv Kumar Khajuria, Dewarka Nath, Charan Dass, Dass Chand Sharma, Arboosh Chand, Satish Raj Sharma, Khushi Ram, Ganshyam Verma, Hari Singh Rajwal, Krishan Chand Sunwal, Chain Singh, Krishan Sharma, Parladh Singh, Tara Chand Badyal, Babu Ram, Khem Raj, Nag Rani, Naseem Akhter and Talib Hussain as members.

Save Jammu employees serving in Kashmir: NAUP



NAUP President Sandeep Singh talking to reporters.

STATE TIMES NEWS

JAMMU: National Awami United Party (NAUP) President Sandeep Singh appealed to Lt Governor Manoj Sinha to take stern action to stop target killings in Kashmir.

Also appealed not to focus only on Kashmiri migrant employees but look into Jammuites employees who are working in so many

Deptts. and banks also. Your administration is focusing on Kashmiri migrant employees and not taking care of banks employees.

Either administration is waiting for the killing of any bank employee and after that you go for condolences then may you include these persons.

Till date 16 persons were

killings in target killings either they were Teachers, Sarpanch, Police personnel or any more and all your top officials in administration are asking to maintain harmony.

We again appeal to Lt Governor Manoj Sinha to instruct administration not to focusing on to collect data how many Hindu employees are working in Kashmir but focusing on the security of every individual employee and try to transfer their jobs to jammu till further orders. If this request is not taken on priority basis we will bound to comes on road for the safe guard of Jammuites employees.

Other prominent leaders are also present Vijay Choudhary, Uttam Chand and Parveen Kumar.

Awareness workshop organised by NSS unit of GGM Science College



NSS volunteers and faculty of GGM Science College at a workshop.

STATE TIMES NEWS

JAMMU: NSS unit of GGM Science College under the patronage of Principal Dr. Ravender Tiekoo and guidance of NSS PO Dr. Deepali Mahajan organized an awareness workshop on Cyber Jagrookta.

The resource person was Vikas Razdan, Cyber warrior, who said that Cyber refers to the technology that

includes systems, networks, programmes, and data and security is concerned with the protection of systems, networks, applications, and information.

"Cyber security is important because it protects all categories of data from theft and damage," he said.

About 70 NSS volunteers attended today's workshop. They took pledge to make others also cyber aware.

52nd Shaheedi Diwas of Bhagat Amar Nath observed

STATE TIMES NEWS

JAMMU: Bhagat Mahasabha J&K observed 52nd Shaheedi Diwas of Shaheed Bhagat Amar Nath, who achieved martyrdom on June 1, 1970 for welfare of downtrodden in Laxmi Palace, Anand Nagar, Jammu. On the occasion, a number of people from reserved category communities paid homage to Shaheed Bhagat Amar Nath.

Speaking on the occasion, Mahinder Bhagat President of the Sabha highlighted life-history of Bhagat Amar Nath. He disclosed that Bhagat Amar Nath was committed to the welfare of deprived and exploited masses. Jai Bhagat State Co-ordinator also spoke on the occasion and urged peo-



Bhagat Mahasabha J&K members paying tributes to Shaheed Bhagat Amar Nath.

ple to infuse spirit of sacrifice like Bhagat Amar Nath, among younger generations.

Others present on the occasion included Bodh Raj Bhagat National Vice

President, Naresh Bhagat, Bhagwan Dass, Pandit Bansi Lal, Darshan Lal Bhagat, Pradeep Bhagat, Madan Lal, Ravi Kumar, Deepak Bhagat and Vimal Kumar.

JKTA condemns brutal killing of woman teacher in Valley

STATE TIMES NEWS

JAMMU: Jammu Kashmir Teachers Forum (JKTF), in a meeting held under the chairmanship of Ganesh Khajuria, has strongly condemned brutal killing of 36-year old school teacher, namely Rajni Bala, who was shot dead by terrorists in Kulgam.

In a statement issued here, the Chairman said that it is duty of authorities to safeguard lives of its citizens. He demanded proper security arrangements for all the employees of J&K in general and teachers in particular. The forum also condemned manhandling of the Chief Education Officer, Kulgam, by Member Parliament Nazir Ahmed Laway and demanded immediate action against MP for his high-headedness. Others who attended the meeting included Surat Singh Toofani, Mohd Shafi Rather, Gopal Singh, Arsalan Habib, Darshan Sharma, Mohd Akbar Dar, Jamayat Ali Agah, Hazi Mohd Iqbal, Thoker Bashir, Kuldeep Bandral, P D Singh, Kuldeep Verma, Bharat Bhushan Sharma and Goutam Singh.

KC College of Education observes World No Tobacco Day



Environmental Club members making people aware at a drive.

STATE TIMES NEWS

JAMMU: The Environmental Club of K C College of Education on Tuesday observed World No Tobacco Day by organising door-to-door campaign in the nearby area.

A good chunk of students of Semester-IV participated in the activity wherein they went from doorstep-to-doorstep making the locals aware especially the adoles-

cents about the hazardous health implications caused due to the use of nicotine and its products. Principal of the college, Dr. Sanjay Tiekoo appreciated the initiative taken by the Environmental Club of the College and highlighted the importance of such activities.

The programme was convened by Pujja Sharma, Convenor of Environment Club.

Footpaths & proper drainage system will improve traffic system of Jammu city: Baru

STATE TIMES NEWS

JAMMU: BJP Senior Leader and JMC Councillor Sanjay Kumar Baru along with Sham Lal Kapoor technical officer to CEO smart-city project, General Manager Harvinder Singh and AEE Ravi Salgotra on Wednesday started construction work of footpath and deep drain at Bohri.

While addressing on the occasion, Sanjay Baru said that eight years of Narendra Modi led Union Government are full of "Seva, Sushashan and Garib Kalyan". The development on the micro level has always been on the agenda of BJP. He said that going by the mission of "Sabka Sath, Sabka Vikas" as advocated by Prime Minister Narendra Modi, the



JMC Councillor Sanjay Baru starting development work.

BJP led Jammu Municipal Corporation is ensuring every effort to take the developmental tasks to the doorsteps of the common masses. He also appreciated the Modi government for overall development scenario and especially for smartcity projects to uplift the infra-

structure of the Urban Areas. While giving information about the present work, Baru said that the construction of footpath both sides of the road, deep drains and removing and shifting of electricity poles allotted to M/S Hassan Roads Construction Company

Pvt.ltd at the cost of 19.67 Crores. This work starts from Patta Chungi Bohri Chowk to Jewel Chowk and will be completed in eighteen months.

He further added that the present work will improve the overall congestion problem on the Talab Tillo Road leading to free passages for all commuters.

JMC sanitary inspector Anoop Sharma, Supervisor William Masih, BJP district vice president Jaideep Singh Samyial, Ward-41 President Ashok Wazir, Khajuria, Rakesh Sharma, Bhubesh Thappa, Atul Chopra, S.Jangjeet Singh, Payare Lal Mawa, Kali Bhagat local BJP Leaders and permanent citizens were present on the occasion.

Mahayajnya of Jagadguru Bhagawan Gopinathji performed

STATE TIMES NEWS

JAMMU: The annual Mahayajnya of Jagadguru Bhagawan Gopinathji was performed across the country and abroad on Wednesday, corresponding to lunar calendar date "Zyeshth Zoon Pach Doi" with utmost devotion, gaiety and fervour for the universal peace and brotherhood.

At Jammu, it was performed at Bhagawan Gopinathji Ashram at Udheywala. The Mahayajnya started at 8:00 p.m. on Tuesday and culminated with Puran-Aahuti at 11:30 am on Wednesday followed by Prasad Vitran. Thousands of devotees thronged the Ashram from early morning to

pay their obeisance at the lotus feet of the Master.

Bhajan and Kirtan continued for the whole day in an atmosphere of bliss and Ananda. The Samohik evening Aarti marked the culmination of the day's proceedings.

The Mahayajnya was simultaneously performed at various other Ashrams

at Kharyar, Srinagar, Kashmir, Pamposh Enclave, New Delhi, Vikasपुरi, West Delhi, Pune and Bangalore.

It was also performed at Amritsar, Chandigarh, Jalandhar, Jaipur, Chembur & Kandivilli Mumbai, Vaishali Ghaziabad and at various other Satsang Mandals spread across the country.

Little Flower School observes World No Tobacco Day



Students displaying banners during a programme.

STATE TIMES NEWS

JAMMU: Little Flower Higher Secondary School Sainik Colony observed the annual World No Tobacco Day campaign with an opportunity to raise awareness on the harmful and deadly effects of Tobacco.

The students of class IX - XII wrote slogans on World No Tobacco Day. The theme for World No Tobacco Day

2022 is 'Protect the environment'. Proper speech was delivered to draw global attention to the tobacco epidemic and the preventable death and disease it causes.

Principal Kusum Rattanpal appreciated the efforts put in by the children and teachers. The programme concluded with message of saving environment by saying no to tobacco.

Govt Dental College Jammu observes 'No Tobacco Day'



Principal, Dr. Rakesh Krishan Gupta and others at a programme.

STATE TIMES NEWS

JAMMU: On the occasion of "World No Tobacco Day" a month long activities were organized at Government Dental College Jammu in co-ordination with Department of Public Health Dentistry, Oral Maxillofacial Pathology and Department of oral Medicine and Radiology. It was celebrated with the theme Tobacco: Threat to our environment.

Dr Rakesh Krishan Gupta, Principal lauded the awareness

drive conducted by Department of Community Dentistry and other Department pan across Jammu regarding how oral cancers and precancers lesions can be prevented by counseling and awareness by demonstrating side effects of use of tobacco and tobacco related products.

The Tobacco Cessation Center was established by the Department of Public Health Dentistry on 31 May 2017 to mark the celebration of, "No

Sonali qualifies PhD

STATE TIMES NEWS

JAMMU: Sonali Abrol, daughter of Kuldeep Kumar Abrol & Late Koshalya Abrol, resident of H.No 323-P Sector 02 Roop Nagar, Jammu has been declared qualified for the award of Degree of Doctorate of Philosophy (Ph.D) in Plant Pathology by the Shere-Kashmir University of Agricultural Sciences and Technology of Jammu. She worked on the topic "Studies on Brown Spot(Bipolaris Oryzae) of rice and it's management" under the supervision of Dr. S.K Singh.



SKUAST-Taj, SSTA SKUAST-K conduct meet; discuss common issues

STATE TIMES NEWS

SRINAGAR: A high level meet was conducted between the executive members of S K U A S T - T e a c h i n g Association Jammu (SKUAST-TAJ) and their sister concern i.e., Scientists and Teachers Association (SSTA), SKUAST-K under the chairmanship of President SKUAST-TAJ, Dr. Vikas Sharma and President SSTA Dr. Javed Ahmed Mugloo in which the associations discuss some major issues pertaining to teaching fraternity of both the farm varieties.

Both the associations showed concern that the Board of Management (BOM) should be fixed as early as possible as the interviews for CAS of teachers / scientists in SKUAST-J &



SKUAST-J & SKUAST-K Teaching Associations during a joint meet at Shalimar Campus in Srinagar.

SKUAST-K has already been conducted in the month of March and the teachers are eagerly waiting for their results. During the meeting, it was impressed upon that according to UGC guidelines adopted by SKUAST-J & SKUAST-K, CAS of teachers should be conducted / twice in a year, as timely promotions to the teachers are

an encouragement for doing better services.

The associations also discussed pros & cons of New API scorecard for new CAS as per 7th Pay Commission.

The house stressed that for better research / teaching outputs, the retirement age of erstwhile state varsity professors should be enhanced from 62 to 65

years as per norms of the University Grants Commission (UGC), for retaining the excellent human resource in higher education.

The teaching associations of farm universities also formed a four member joint committee to look into the common agendas of both the agricultural universities of Jammu & Kashmir.

The meeting was attended by Dr Aflaq Hamid General Secretary SSTA, Dr Vivak Arya General Secretary TAJ, Dr Mohd. Anwar Bhatt Vice president SSTA, Dr Fayaz Bahar Joint Secretary SSTA, Dr P.K. Rai Joint Secretary TAJ, Dr Rajeev Bharat, Treasurer TAJ and Dr Amitesh Sharma Executive TAJ.