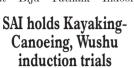
### Indian senior women's team leaves for 3rd AVC Jammu Wrestler Laikat Ali wins Kanjali Dangal title **Volleyball Challenge Cup in Thailand**

**STATE TIMES NEWS** 

BHUBANESWAR: 18-member Indian Senior Women's Volleyball Team left for the participation of the "Princess Cup" 3rd AVC Women's Challenge Cup Volleyball Championship to be held at Nakhon Pathom, Thailand from June 24 to 29 2022under the auspices of Asian Volleyball Confederation.

The team, comprising of 14 players and four officials, was flagged Bhubaneswar on Wednesday.

Vollevball Earlier, the Federation of India had entrusted  $_{
m the}$ Odisha Volleyball Association to conduct the coaching camp of 20 provisionally selected players at Biju Patnaik Indoor



STATE TIMES NEWS JAMMU: The Sports Authority of India (SAI) Training Centre in collaboration with J&K Sports Council (JKSC) has decided to conduct induction trials for Kayaking and Canoeing (Srinagar) and Wushu (Jammu).

The Kayaking and Canoeing selection shall take place at Sports Srinagar on June 28 and 29 from 9 am onwards. In total. 14 boys and girls shall be selected for the Day Boarding

Scheme (DBS). At Jammu, five boys shall be selected for the DBS during the induction trials slated to be held at Wushu Hall, MA Stadium, Jammu on July 5

and 6 at 9 am.

Those interested candidates between the age of 12 and 18 vears, who have representation at National, District, State Championships and won first, second or third position are only eligible to appear in the trials, a handout issued by the SAI STC Jammu informed.

Candidates must report at the venues along with the original and photocopy of Date of Birth certificate, Aadhaar Card, residential proof, four passport size photographs and sports achievement certificates.

For further queries, eligible players may contact Zulfkar Ali Bhatt (Kayaking and Canoeing Coach) and Pantilinmei Kamei (Wushu Coach) on Mobile 99066174129501271850.



President, Volleyball Federation of India and officials.

Stadium, Campus-13, KIIT Bhubaneswar University, from 22nd April 2022

"After the successful conduct of Coaching Camp 14 players were finally selected along with 04 officials and will

leave for Thailand from Bhubaneswar on Wednesday to participate in 3rd AVC Women's Challenge Cup Championship Volleyball 2022 at Nakhon Pathom, Thailand," VFI handout  $is sued \ on \ Wednesday \ stated.$ 

Prof. Achyuta Samanta, Parliament, Kandhamal and President Volleyball Federation of India as also Founder KIIT & KISS has provided all kinds of help and

duct of this coaching camp and extended his good wishes to the team for Asian Volleyball Championship.

Samanta announced the Indian Senior Women's team and given Kit to all the players and officials of the squad.

The Team: Rani Gunjan, R Aswathi (L), K Devika Devarajan, N.S Saranya, Soorya S, K. S Jini, Nirmal (C), M Sruthi, Johnson Jiney, K.P Anushree, Ghosh Anusri, Ambika, Angel Joseph and Das Anannava.

Officials: Vijaypal Singh (Manager), Chauhan Pritam Singh (Head Coach), Vaishali Phadtare (Assistant Coach) and Rameshwer Chauhan (Referee).

The senior BJP leader stat-

ed that sports has received a

big boost in Jammu and

Kashmir especially post

Article 370 abrogation for

which full credit goes to the

BJP Government at the

Centre led by the PM

Narendra Modi. He said that

earlier there was no roadmap

for sports sector with the state

of affairs in sports being in

STATE TIMES NEWS

JAMMU: Wrestler Laikat Ali of Jammu lifted the 67th Annual Kanjali Dangal title after he downed Mohd. Sadiq of Domana Akhara Jammu in the main bout at Village Kanjali in tehsil Dera, district Reasi.

The day-long Dangal organized by Kanjali Dangal Committee in association with J&K Indian Style Wrestling Association (JKISWA) under the overall supervision of Sarpanch Sukhdev Singh (President), Rattan Lal (Naib Sarpanch) and Harbans Lal (Panch).

President JKISWA and Former Joint Secretary Sports Council (JKSC), Shiv Kumar Sharma was the chief guest,

Policy has been brought in

J&K Union Territory which

has changed the sports sce-

nario towards unprecedented

Ajatshatru Singh said that

the people especially the youth

and sports aspirants are satis-

fied with the new sports policy

and he was quite sure that it

will give a better rather best

direction to youth encouraging

them to join sports making a

Mayor Chander Mohan

Gupta said that sports and

academics are equally signifi-

cant for overall personality

development of every individ-

ual. He appealed to the youth

of J&K to make sports part of

their routine along with aca-

directly or indirectly in the

Wishing the torch relay suc-

cess, Ranvijay Singh empha-

sized that the Relay as well as

the Olympiad will bring people

together to promote values of

good sportsmanship, team-

work, peace, harmony and brotherhood which is the dire

need of today. He asserted that

the game of Chess advances

creative thinking, discipline

enhances skills, and analytical

ability of the players. He

appealed to the J&K Sports

Council to make every effort to

popularize Chess amongst the

vouth of this Union Territory.

scheduled Chess Olympiad.

career in the sports sector.

betterment.



President JKISWA, Shiv Kumar Sharma declaring wrestler Laikat Ali as winner.

who gave away cash prizes to the winners and runnersup in presence of Sukhdev Singh (Sarpanch), Rattan Lal (Naib Sarpanch) and Harbans Lal (Panch).

President Sat Guru Kabir Sabha Reasi, Surinder Bhagat, Kumar Bittu Jambal, Numberdar Rattan Singh and wrestling promoter, Ashok Kumar Sharma were the guests of honour. Surinder Kumar Bhagat contributed Rs 11,000 as financial assistance to the organizers.

The winner of the main bout Laikat Ali awarded with cash prize of Rs. 6,000 while runners-up, Mohd. Sadiq got Rs. 5,000. The second main bout was won by Yuv Raj of Jammu, who defeated Javed of J&K Police of Nargada while third main bout went to Murad Ali of Nagrota who beat Subash Chander of The bouts officiated by

Deepak Wazir, Lal Singh, Sunil Singh, Balbir Singh, Manjoor Hussain and Murli Dhar (Munna). Members of organizing

committee who helped in

smooth conduct of Dangal were Sarpanch Sukhdev Singh (president), Rattan Lal (Naib Sarpanch). Harbans Lal (Panch), Punjab Singh (Panch), Bishan Singh, Lal Singh and Ram Rattan. Proceeding of the Dangal

conducted by Sarpanch Sukhdev Singh while Rattan Lal presented vote of thanks. In total, 45 bouts were played in this Dangal. Other Results: Anchal Singh of Barn beat Mantali

of Akhnoor; Barf of Domana beat Gamma of Nargada; Subash Chander of Choprashop beat Bagha of Jammu; Laikat Ali of Panthal beat Mohd. Shrief of Jammu; Kharapu of Jammu beat Balwan Singh of Mahore (Reasi) and Ricky of Domana beat Javed of Nargada.

Speaking on the occasion Shiv Kumar Sharma laid emphasis on inculcating spirit of sportsmanship and its rule in National character building. He also said the demand has become cemetery force between people of different regions and provides encouragement to the local Wrestlers.

#### Ajatshatru, Mayor flag-off 'Chess Olympiad Torch Relay' for HP Himachal Pradesh, he added. Governor a full-fledged Sports

JAMMU: Ajatshatru Singh, senior BJP leader and former

minister along with Mayor Jammu, Chander Mohan Gupta, Divisional Commissioner, Jammu, Ramesh Kumar, Grandmaster Pravin Thipsay, Commissioner Rahul Yadav and Ranvijay Singh, son of Ajatshatru Singh Wednesday flagged off the Chess Olympiad Torch Relay for Himachal Pradesh here on

Wednesday.

It is pertinent to mention here that the Lieutenant Governor Manoj Sinha had handed over the Chess Olympiad Torch to Chess Grandmaster Pravin Thipsay the other day at SKICC. This is the first ever Chess Olympiad torch which was launched by Prime Minister Narendra Modi on 19th June from Indira Gandhi Stadium in Delhi and is scheduled to travel to 75 cities in 40 days before it culminates at Mahabalipuram in Tamil Nadu for the 44th Chess

Briefing media persons here today, Ajatshatru Singh, while asserting that India has achieved new heights in sports during the BJP regime, said that it is a matter of pride for the people of Jammu and Kashmir that this Union Territory is hosting the firstever Chess Olympiad Torch. We welcome the Torch in Jammu and flag it off with all the best wishes for the next



Ajatshatru Singh, senior BJP leader along with Mayor, Chander Mohan Gupta, Div Com Jammu, Ramesh Kumar, Grandmaster Pravin Thipsay, flagging off Chess Olympiad Torch Relay for Himachal Pradesh

#### total disarray. He said that due to the hectic efforts of the Lt Hosting 'Chess Olympiad Torch Relay' a proud moment for entire J&K & Ladakh: Director NYKS J&K

of 44th Chess Olympiad launched by the Prime Minister Narendra Modi will travel in 75 cities for 40 days before it culminates at Mahabalipuram in Tamil State Director, Nehru

Yuva Kendra Sangathan (NYKS), Nisar Ahmad on Wednesday said that the hosting of 'Chess Olympiad Torch Relay' at Leh, Kashmir and Jammu is a proud moment for the entire region and NYKS J&K, Ladakh region played a pivotal role in it by making various arrangements at different venues across Leh, Srinagar and Jammu.

Nisar informed that the Chess Olympiad Torch Relay' was hosted first at brought Dibyendu Grandmaster



NYKS volunteers participating in Torch Relay of 44th Chess Olympiad.

Barua from Delhi who handed it over to LG Ladakh, R K Mathur. After Leh, the torch reached Srinagar where LG Manoi Sinha handed over the torch to the Grandmaster Pravin Thipsay, finally reached Jammu at Amar Mahal Palace, one of the iconic locations selected for this, he

He further informed that

six youth from the J&K UT are being sent to Chennai to Olympiad so that they will be able to take guidance from the legendary grand

Nisar also thanked media, print, electronic and digital in J&K and Ladakh for playing a crucial role giving this torch

#### demics so that the nation is ensured a healthy citizenry. Weightlifting Camp Ranvijay Singh expressed the hope that this torch will concludes at MA Stadium enlighten the path of the youth especially those participating



Weightlifters posing for a photograph with dignitaries. special guest, who inter-

**J&K** blind Cricketers invited

STATE TIMES NEWS JAMMU: A ten-day long

Weightlifting organised Weightlifting Association, concluded Weightlifting Hall, MA Stadium, here. National and DvSP with J&K

acted with the young and budding lifters and guided and encouraged them. Earlier, the 10-day camp held under the guidance of Weightlifing coach and retired Divisional Sports Weightlifting medalist Officer of the J&K Sports Council (JKSC), Police, Daljit Singh was Singh.

## Vishal, Musaif power JKCA Orange to lift U-23 Men's One-Day title

## Wish to see more cricketers from J&K to represent India: Mukesh

#### STATE TIMES NEWS

Appreciating Talent Hunt 2022 initiative of Jammu and Kashmir Cricket Association (JKCA) for tapping cricket talent at the grass-root level, Mukesh Singh, Additional Director General of Police (ADGP), Jammu said that the time was ripe to see more and more cricketers from J&K to represent India, adding that he always wished to see that thing to happen and the same was not far away now.

He said this during a valedictory function of Under-23 Men's One-Day Tournament at GGM Science College Hostel ground, here on Wednesday.

ADGP Jammu alongwith Mayor Jammu, Chander Mohan Gupta were the Chief Guests on the occasion, while former First Class cricketers Nirmal Singh and Vidhya Bhaskar were the Guests of



Chief Guests ADGP Jammu, Mukesh Singh and Mayor Jammu Chander Mohan Gupta at GGM Science College Hostel Ground in Jammu.

Dr Daud Iqbal, Director Physical and Education JU and Dr Vinod Bakshi, Physical Director, Cluster University were the special guests, while the representatives of Krisha Group- sponsors of the event, Ashish Gupta and Swati Dadheechi Gupta were also present on the occasion.

Speaking on the occasion, Chander Mohan Gupta, while appreciating the efforts of both the teams in displaying their skill amid hot

weather conditions, lavished praise on JKCA, especially on the Sub Committee Members for exploring hidden talent of the players.

He said that JKCA was doing a great job in honing skill of the players, adding that the time was not far away to see a good number of representing cricketers India

Both the dignitaries lauded the efforts of JKCA in providing the plyers cricket gear,

occasion.

At the end, ace Cricketer Mithun Manhas, casted spell on the audience with his appealing vote of thanks. The proceedings of the Prize Distribution Function

were conducted by renowned anchor Rajesh Dhar. Earlier, in the final match, JKCA Orange (Jammu

a one-sided affair by 7 wickbundled out for a paltry Iqbal (18) and Jiyaad Magrey (10) were the only the double figure mark. For Kumar was the wrecker-in-

In reply, JKCA Orange rode on a brilliant unbeaten 63 runs by Musaif Ajaz to surpass the target easily, losing 3 wickets in the process, thus won the match

by giving away 16 runs.

conceding 12 runs. was Vishal Kumar adjudged as the best bowler of the tournament, Musaif Ajaz was declared the best batter, Kawalpreet Singh was named the best allrounder, Shivansh Sharma was nominated the best wicketkeeper, Junaid Qazi was adjudged as the most promising player of the tour-

by 7 wickets. Mujtaba

Yousuf claimed 2 wickets by

The match was officiated by Deepak Gupta and Vikram Dogra as Umpires,

nament and Vanshaj

Sharma got the emerging

player of the tournament

for World Cup selection ■ STATE TIMES NEWS JAMMU: Two top cricketers of Jammu and

Sharma and M o h d Azeem have been invited for  $_{
m the}$ upcoming selection process the Indian

team for World Cup slated for December.

Both these international cricketers from the Union Territory (UT) have been asked to appear in the trials camp scheduled to be held from July 11 to July

In total, 56 players from all over the country have

been invited for the trials. Meanwhile, general secretary of the Cricket

Kashmir, Rohit Kumar Association for Blind (CABJK), A j a y Kumar, congratulated both

eters for the achievement thus bringing honours to the UT.

"It is a proud moment for all of us back home in J&K that two promising blind cricketers have been invited to take part in the selection trials of the Indian team for the World

Cup," said Ajay.

# Karate team leaves for Nepal



Karate team posing for a photograph with officials.

#### ■ STATE TIMES NEWS

JAMMU: The eight-member team of Dhammika Kai Jammu and Kashmir Karate Association today left for participation in the International Karate Championship to be held at Kathmandu in Nepal

from June 25. The team was flagged off by president of the Association, Naresh Chander under the supervision of Shihan Umesh Rekhi, a handout issued here today informed. The team is accompanied by Sensei Rohit Thakyal as coach and Sensei

Amit Kumar as manager. The Team: Chander Aahan Sharma, Akanksha Sundan, Niharika Verma, Tanisha Mahajan, Ritish Pansotra, Ishmeet Singh, Prashant Rattan and Ranjeet Singh.

the platform to excel. ADGP Jammu, Mukesh

Singh, who has himself been a good Cricketer and a Marathoner said that he always loved to be part of sporting activities, adding that he was waiting in the wings to honour sportspersons, who are the messengers of peace, harmony and prosperity.

Earlier, Brig Anil Gupta, Member-Administration JKCA and Mithun Manhas, Member Cricket Operations and Development JKCA welcomed the Chief Guests with JKCA Hat, Badge and a Memento.

Later-on, before felicitating the winners and runners-up teams, both the Chief Guests honoured the guests of honour, special guests and the sponsors with a memento as a token of appreciation from the organisers.

The Chief Guests also honthe Umpires, Commentators the on the

Province) thrashed JKCA Yellow (Kashmir Province) in

Put into bat, Team Yellow, total of 74 runs. Qamran two batsmen who crossed JKCA Orange, Vishal chief who took captured 5 important wickets by con-

while Ashok Singh and ceding 18 runs, while Kawalpreet took 4 wickets Akash acted as the scorers.

### HISI celebrates International Day of Yoga

## Yoga leads to healthy development of mind, body: Abrol

### ■ STATE TIMES NEWS

JAMMU: Healthy India Stronger India (HISI), a trust that has been founded by Hira Lal Abrol to facilitate skill development and hence bring about socio-economic development in lives of needy people. The Trust is running a 'Free Training Centre' for skill development.

On International Day of Yoga, Chairman HISI Hira Lal Abrol along with students of 'Free Training Centre' celebrated the day with great fervor and enthusiasm in gar-

den in Jammu. The Yoga Instructors initial-



Chairman HISI, Hira Lal Abrol accompanied by other experts Dalbir Singhm Prem Sagar Sharma and Ramneek

demonstration of Yoga

and students of HISI's training centre participated and practiced Yoga.

The programme began with chanting of 'Aum' followed by 'Gayatri Mantar' by all the participants. They also performed various yoga Aasans under the guidance of

Chairman HISI, Hira Lal Abrol and other experts.

While addressing participating students, Hira Lal Abrol said, "Yoga is that medicine that has the power to cure any disease of the universe, even those which cannot be cured by the prescription of Doctor."

"Including Yoga in everyday life is one of the healthiest practice people can ever make. It not only makes you physically well but will calm your mind and soul," he added. "Yoga leads to the healthy

development of mind, body and soul by mastering certain yoga postures or Asanas with breathing techniques. Pranayama is the simplest

form of yoga which is done before any Asana. It teaches you how you can do wonders to your body by gaining control over your breath," he said. He also presented certificates to the participating students.