

India maintain winning spree in 3rd AVC Women's Challenge Cup, beat Uzbekistan 3-0

■ STATE TIMES NEWS

THAILAND: Continuing their campaign on a winning note, the Indian senior volleyball team on Saturday beat Uzbekistan 3-0 in the 'Princess Cup' 3rd AVC Women's Challenge Cup at Nakhon Pathom, Thailand.

India emerged 25-16, 25-13, 25-16 winners in their second league match of the tournament.

From the Indian side, Captain Nirmal, Blocker Soorya, setter Jini have played exceedingly well and never allowed Uzbekistan to take upper hand and ultimately clinched this straight win.

Earlier in its opening match, the Indian team trounced Singapore by 3-0 (25-16, 25-19, 25-08) sets.



India brilliant spiker smashing a ball against Uzbekistan in the 3rd AVC Women's Challenge Cup at Nakhon Pathom, Thailand.

LAMP organises XIIth Millennial Conclave on 'Genetic Disorders'

■ STATE TIMES NEWS

JAMMU: Learner Management Ability Programme (LAMP) in collaboration with Department of Education, University of Jammu, organized XIIth Millennial Conclave on the theme 'Genetic Disorders: Prevalence, Causes and Prevention' on Saturday on virtual platform Google meet.

NSS GGM Science College collects temple flowers to make incense sticks

■ STATE TIMES NEWS

JAMMU: NSS GGM Science College under the patronage of Principal Dr. Ravender Tickoo and guidance of NSS PO Dr. Deepali Mahaajan actively collected temple flowers from various places in Jammu.

The main motive of this drive is to make organic incense sticks from these flowers.



Students collected flowers from temples at Roopnagar, Gandhi Nagar, city, Shalimar, Panjwari, Talab Tillo, Bakshi Nagar, residency road, etc. INTACH Jammu Chapter will use these flowers for the workshop organized for women to make organic incense sticks.

National Rowing Championship: J&K clinches maiden medal in sub junior category, claims bronze

■ STATE TIMES NEWS

Srinagar: Jammu and Kashmir Rowing Team on Saturday clinched its maiden medal at the concluding day at the National Rowing Championship held at Dal Lake here.

On the final day of 23rd Sub-junior and 5th Inter State Challenger National Rowing Championship, J&K team clinched Bronze Medal in sub junior category of Rowing Championship.

Divisional Commissioner Kashmir, Pandurang K Pole while congratulating the J&K team for bagging the medal said J&K UT has unlimited scope in water sports activities and in this direction the government is making its every effort to develop several water bodies in the Union Territory.

During his speech at the concluding day of the 23rd Sub-junior and 5th Inter



Div Com Kashmir, Pandurang K Pole congratulating J&K team for winning bronze medal.

Rehka qualified Ph.D

■ STATE TIMES NEWS

JAMMU: Rehka Manhas, wife of Surjeet Singh, resident of Raipur Satwari has been declared qualified for the Award of Degree of Philosophy (Ph.D) in Hindi by the University of RIMT, Govindgarh, Ludhiana.

She worked on the topic 'Munshi Premchand Ki Kahaniya mein Hasya-Aur Vayang' under the supervision of Dr. Simran Kour.



The session was started with the prayer by Avneet Kour and Seorita, welcome address was given by Sita Anand, Liaison officer GZSAC University of Jammu and Dr. Ana Bali briefly introduced about the previous sessions of LAMP.

Rakhi Atri, Senior Academic officer SCERT Jammu presented the profile of the resource person

and Dr. Ana Bali presented virtual bouquet to the resource person, Prof. Manoj Dhar (former Vice Chancellor University of Jammu).

The discussion revolved around Genetic Disorders, Genetic history of human, Endogamy, challenges like social stigmas, lack of screening, psychosocial economic burden, Genetic disorders with special reference to Village Bhalessa of UT of Jammu and Kashmir was discussed.

He also shared that 10%

of global population is affected by genetic disorders. He laid emphasis on screening of patients.

Question- Answer session was conducted by Dyutima Kesar. Concluding remarks were given by Prof (Dr.) Renu Nanda, Head, Faculty of Education, Department

of Education, JU.

In her concluding remarks, she appreciated Prof. Manoj Dhar for highlighting various genetic disorders, their causes and prevention. She also shared her experiences of working in these villages like Gandoh and Bhalessa of UT of Jammu and Kashmir.

Formal vote of thanks was presented by Mansi Thakur.

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Sham Lal inaugurates 1st Anil Malhotra Memorial Cricket Tournament

■ STATE TIMES NEWS

AKHNOOR: Former Minister and senior BJP leader Sham Lal Sharma on Saturday inaugurated 1st Anil Memorial knock out Cricket tournament being organised by Shub Tilak Hospital Akhnoor in collaboration with Singh Cricket Club Akhnoor at Government Higher Secondary School Akhnoor.

Meanwhile, Chief Patron Volleyball Association of J&K (VAJK), Raj Daluja, President, Sidharth Daluja, Chief Executive Officer Kuldeep Magotra and other office bearers congratulated the Indian women team while wishing them better performance in subsequent matches.



Senior BJP leader Sham Lal Sharma inaugurating 1st Anil Memorial knock out Cricket tournament.

Sunny Mahi got 2 wickets whereas Sumit Pandit and Sham Singh Langoh shared 1 wicket each.

Batting second, Singh Cricket Club easily managed to chase the target and scored 133/6 in 15 overs. Arush Jamwal 38, Sunny Mahi 18, Rahul Manni 12, Manav 12, Chandan 11 were the top scorers from Singh Cricket Club.

From ACC Aaqib and Parveen shared two wickets each, Arjun and Sumit shared wickets each. Pankaj Verma was judged man of the match for his splendid performance.

Addressing the gathering during the tournament inaugural, Sham Lal appreciated the organisers for organising such grand tournament.

He further assured them that soon people of Akhnoor will be provided with two good stadiums. He also announced to provide two cricket mats to the players for their practice.

He appealed youth to make sports and games part of their daily life. He appealed to youth to shun drugs and adopt games and sports for all-round development of their personality.

Others present during the match were DN Abrol, Parshotam Pawar, Anoop Langer, Kuljeet Singh, Ajay Gupta, Jimmy mani, Krishan Sharma, Vijayand, Rajinder Sharma, Parveen Sharma, Ajay Gupta and Sanjay Thakur.

Kabaddi Championship concludes at Udhampur

■ STATE TIMES NEWS

UDHAMPUR: Udhampur Kabaddi Club A and Udhampur Kabaddi Club lifted the men and women's title trophy respectively in the two-day District Udhampur Kabaddi Championship held at Indoor Complex, Subash Stadium, here on Saturday.

In the women's title clash, Udhampur Kabaddi Club defeated Garhi Kabaddi Club 28-15. The men's final remained a close contest with Udhampur Kabaddi Club A outplaying Udhampur Kabaddi Club B 26-24.

The Junior boys title went to Panchari Club, who outplayed Grahi Club 37-33 in the final.

In Junior boys event, Ateez Sharma of Garhi Kabaddi Club declared best raider while best defender title went to Sakir of UKC-B.

defender trophy went to Ardash Sangotra of Panchari Kabaddi Club.

Ayushi of Garhi Kabaddi Club and Rajni Devi of Udhampur Kabaddi Club were named best raider and best defender in women category. In men section, Shubham of UKC-A was named best raider while best defender title went to Sakir of UKC-B.

In total, seven teams participated in Junior boys category while four teams were there in the women's contest. In men section, 12 teams took part on knockout basis.

Swaran Singh Rathore, BJP leader and MD Media Plus was the chief guest while Mohd. Sarbar, Councillor Ward No-19 and Raj Kumar Bucha, CMD

Media Plus, were guests of honour in the valedictory function.

Speaking to the gathering, the chief guest, appreciated the efforts of organizing committee, specially Ram Kumar (Kabaddi Coach) and also stressed upon the players to play

the game with true spirit of sportsmanship.

The tournament was organized under the supervision of Ashok Kumar Sharma general secretary Udhampur District Kabaddi Association and Sheikh Tanveer president in collaboration with

Udhampur Kabaddi Club. Anshu Brat Khanna was coordinator of the tournament. All competition officiated by the technical panel including Kulbushan Sharma, Ram Kumar, Sandeep Kumar, Ravi Kumar and Sourab Pandit of Department of Youth Services and Sports (DYSS).

Among others who witnessed the matches included Navneet Sharma, Manager J&K Sports Council; Ramesh Chander, Som Dev Khajuria, Vikas Sharma, Bhoopinder Singh, Jatin Sethi, Sanjeev Kumar Khajuria, Vipin Photra, Khushwant Singh, Rajni Devi, Ankit Sharma and Sanjeevan Verma, (Assistant Manager J&K Sports Council).

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Udhampur youth clinch bronze medals in national handball

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UDHAMPUR: District President Handball Association Vikram Singh Slathia and team members on Friday honoured two local youth who participated in national level competition in Haryana and clinched two bronze medals by participating "Khelo India Kho" mega event.

Vikram said Udhampur youth Udhay Bir Singh Jaswal and Aman Kumar Sharma have scripted the history by clinching two bronze medals in National level Handball competition in Haryana Kho India national event.

On the occasion, medals and prizes were also distributed among the players in different categories of the event.

The event was conducted by J&K Rowing and Sculling Association under the auspices of Rowing

Federation of India and sponsored by J&K Sports Council, Khayber with active support from J&K Police, Tourism, J&K Administration, Health, LAWDA, SKICC, SDRF, NDRF and SMC.

He observed that J&K has Alpine lakes which can be tapped for water sports activities for national and international water sports championships.

The Championship witnessed the participation of around 700 players and officials belonging to 25 States, Union Territories from different parts of the country. General Officer in Command 31 Sub Area, President Rowing

resources.

He added that J&K has water resources in abundance for which the government is making all its efforts to develop water bodies for different water sports activities.

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JKCA's Sr Men's One-Day Tournament gets underway

Shahrukh overwhelms Amir's efforts as JKCA A1, A3, B1, B4 script wins



Victorious JKCA A1 team posing along with coach at GGM Science College Hostel Ground in Jammu.

thus lost the match by 36 runs. Sahil Lotra and Gourav Khajuria contributed 38 and 36 runs to the total respectively.

Batting first, JKCA A3, Rituraj and Ramdayal took 4 wickets each.

At Sher-e-Kashmir Stadium-A, JKCA B4 defeated B5 by 21 runs.

Batting first, JKCA B4 scored 247 runs in 48.1 overs. Zaman Qayoom top scored with 68 runs, while Gowher Altaf contributed 57 runs to the total. For JKCA B5, Aquib Nabi took 3 wickets while Aamir Aziz claimed 2 wickets.

In reply, JKCA B5 managed to score 227 runs to lose the match by 21 runs. Nadeem Dar (56) and Ishtiaq Rasool (54) were the main scorers.

For B4, Samiullah Dar was pick of the bowlers who took 4 wickets, while Asif Khan

contributed 38 runs to the total.

For B1, Shahrukh Dar was the Wrecker-in-Chief, who took 5 important wickets, while skipper Parvez Rasool bagged 2 wickets.