

# India beat Malaysia 3-0 in AVC Women's Challenge Cup



Indain players in action during match against Malaysia at 3rd AVC Women's Challenge Cup.

## STATE TIMES NEWS

THAILAND: The Indian senior women's volleyball team defeated Malaysia 3-0 in its preliminary third league match of the 'Princess Cup' 3rd AVC Women's Challenge Cup at Nakhon Pathom, Thailand. The scores read 25-17, 25-16, 25-22 in favour of India.

The tournament, which started on June 24, will conclude on June 30.

From the Indian side,

Captain Nirmal, and setter Jini have played excellent game and K P Anushree was the best scorer in today's game.

Indian team will meet Hong Kong in the next match on June 28, 2022.

Achyuta Samanta, President of Volleyball Federation of India (VFI) and office bearers congratulated the team on its third successive win in the championship.

"We felt happy and proud

after listening to the news and I congratulate them for their win," Achyuta Samanta said.

Meanwhile, Chief Patron Volleyball Association of J&K (VAJK), Raj Daluja, President, Sidharth Daluja, Chief Executive Officer

Kuldeep Magotra and other office bearers congratulated Indian team for their third win in a league match team and wished them best performance in subsequent matches.

# Sports Council observes drug de-addiction day across J&K

## STATE TIMES NEWS

SRINAGAR: J&K Sports Council organized an awareness programme on drug abuse and illicit trafficking to mark the International Day Against Drug Abuse and Illicit Trafficking on Sunday which is declared as International Day against such menace by the United Nations.

The programme was attended by athletes, coaches, and managers along with other staff members of the sports council.

All the attendees termed the issue of drug addiction as a major challenge for J&K as well as for the rest of the country.

They showed concern as substance abuse has severely affected human rights in every aspect.

Secretary Sports Council, Nuzhat Gul on her Twitter handle wrote "We cannot allow the drug problem to further shadow the lives of



Secretary Sports Council, Nuzhat Gul along with other officials at a programme.

the people. On this important day, let us commit to lifting this shadow once and for all, and giving this issue the attention and action, it deserves".

Speaking on the side-lines, she said, it is important to know the difference between drug abuse and addiction, many teens experiment with drugs, but aren't addicted and soon it may turn into an addiction.

She said this is where the role of family, society, and each one of us comes in handy. She also encouraged the students to seek help from parents, teachers, and elders when they face difficulties in life, "as adults can provide better life advice and guidance".

Secretary Sports Council while presiding over the Thang-Ta Belt grading concluding function at Bakshi

## STATE TIMES NEWS

JAMMU: Stylish south-paw Suryansh Raina and promising batter Yawar Ayub slammed cracking centuries, while experienced Parvez Rasool, explosive Abdul Samad, gutsy Adil Reshi sparked to guide their sides to convincing victories over their rivals in the ongoing JKCA's Senior Men's One-Day Tournament, being played at four different venues across the Union Territory.

The performances of Ishtiyaz Rasool, Henan Malik, Sahil Lotra, and Abid Mushtaq were also good to watch on day-2 of the tournament today.

At GGM Science College Hostel Ground, JKCA A3 thrashed JKCA A5 in an easy contest by 67 runs.

Batting first, JKCA Team A3 scored a big total of 312 runs for the loss of 3 wickets. Yawar

# JKCA's Senior Men's One-Day Tournament Suryansh, Yawar slam tons; Rasool, Samad, Adil sparkle



Toss being held at GGM Science College Hostel ground in Jammu on Sunday.

Ayub scored magnificent 112 runs, while Abdul Samad contributed power-packed unbeaten 76 runs and Jatin Wadhawan made valuable 45 runs. For JKCA A5, Nikhil took all the 3 wickets to fall.

In reply, JKCA A5 scored 245 runs, thus lost the match by 67 runs.

Henan Malik top scored with 74 runs, while Sunil Kumar contributed 37

runs to the total.

For JKCA A5, Ritik Singh was the pick of the bowlers who captured 5 important wickets, while skipper Abdul Samad claimed 2 wickets.

At Country Cricket Stadium Gharota, JKCA A4 defeated JKCA A1 by a big margin of 150 runs.

Batting first, A4 scored a good total of 266 runs. Skipper Suryansh Raina top scored with 122 runs,

while Akash Choudhary contributed 46 runs to the total. For A1, Sunil Kumar and Abid Mushtaq took 3 wickets each.

JKCA A1, in reply, bundled out for 116 runs, thus lost the match by a big margin of 150 runs. Abid Mushtaq and Shubham Pundir contributed 33 and 31 runs to the total respectively.

For bowling side, Sahil Lotra took 4 wickets, while Kulvinder claimed 2 wickets.

At Sher-e-Kashmir Stadium-A, JKCA B3 defeated B2 by 7 wickets.

Batting first, JKCA B5 scored 243 runs. Ishtiyaz Rasool top scored with 73 runs, while Umer Nisar contributed 65 runs to the total. For JKCA B1, skipper Parvez Rasool was the pick of the bowlers, who took 4 wickets, while Taqueer claimed 3 wickets.

In reply, JKCA B1 chased the target easily by losing 5 wickets. Parvez Rasool played a brilliant innings of unbeaten 69 runs, while Sufiyan Wani contributed valuable 60 runs to the total.

For B5, Amir Aziz and Mujtaba Rizvi took 2 wickets each.

## Five days skating coaching camp concludes

# Sports help us to learn new things in life: Div Sports Officer



DSO Jammu Ashok Singh interacting with skaters.

## STATE TIMES NEWS

JAMMU: Five days Roller Skating coaching camp organised by parents in association with Sports Council concluded at MA Stadium here on Sunday.

Divisional Sports Officer (DSO) Jammu Ashok Singh was the Chief Guest. He was accompanied by the managers and coaches of the sports council.

Around 30 boys and girls of different age groups from different districts took part in the special camp.

Speaking on the occasion, the DSO said that sports help us to learn many new things in life. Sports build good discipline and assist us in building confidence, develop our personalities and maintain mental and physical balance in life. Sports and games help us to tackle and overcome difficult situations in life and keep the body and mind stress-free, he asserted.

Ratnesh Puri, the father of skaters along with other parents applauded the

efforts of Sports Council officials for wholehearted cooperation and coordination during the coaching camp.

Arjun Gandotra, international skater and Asian Bronze medalist from J&K thanked J&K in large and Sports Council in particular for providing a high grade Skating Rink 1st time in Jammu. He said that the upgraded facility will definitely improve the medals' tally of the UT of J&K in future.

## Ist Anil Malhotra Memorial Knockout Cricket Tournament

# Tacharwan Tigers, Jourian Warriors register wins

## STATE TIMES NEWS

AKHNOOR: Tacharwan Tigers trounced Friends Cricket Club Khour by two wickets in the inaugural match of 1st Anil Malhotra Memorial Knockout Cricket Tournament being organised by Shub Tilak Hospital in collaboration with Singh Cricket Club at Govt Higher Secondary School Akhnoor, here on Sunday.

Batting first after winning the toss, Friends Cricket Club Khour scored 169 for the loss of nine wickets in 20 overs.

Dinesh Mahajan played a fine inning of 51 runs followed by Mohit Bhau, who scored 33 runs, Rohan Mehra and Lakhwinder



Winner team posing with officials.

Bhau added 20 and 16 runs respectively to the total.

For Tacharwan Tigers, Manpreet Singh and Mukesh Sharma grabbed three 3wickets each, while Pankaj Sharma, Rakesh Kumar and Abhi Verma claimed one wicket each.

For Friends Cricket Club Khour, Raghuuraj Bhau scalped four wickets while Lucky got two wickets and Dinesh Mahajan and Lakhwinder Bhau took one wicket each.

Manpreet Singh was declared as Man of the Match for his outstanding performance.

In another match, Jourian Warriors beat Friends Cricket Club Jammu by 10 wickets.

Friends Cricket Club Jammu, batting first after winning the toss, was bundled out at 99 runs in 14.2 overs. Aman and Vikas were the main scorers with 29 and 21 runs respectively.

For Jourian Warriors, Randeep Singh claimed four wickets while Sandeep got three and Vansh took two wickets. Ritik also got one wicket.

In reply, Jourian Warriors chased the target making 103 without losing any wicket in 9.1 overs. Anil Choudhary (45) and Sagar (44) were remained unbeaten in the match.

For his best bowling performance, Randeep Singh was declared as Man of the Match.

The matches were officiated by Vikas Bali and Abhitash Sharma as Umpires and Dev Bhagel as Scorer.

# Tigers XI Jammu lifts Vinod Koul Memorial T20 trophy

## STATE TIMES NEWS

JAMMU: Beating Jagti Oriental Cricket Club (JOCC) by three wickets in the final, Tigers XI Jammu lifted the title trophy of Vinod Koul Memorial Twenty20 Cricket Tournament at Jagti in the outskirts of the city, here.

Earlier, batting first, JOCC made 116 for nine wickets. In reply, Tigers XI chased the target, rather easily, in 12 overs losing seven wickets in the process. For his all-round display, Rajat Safaya was adjudged as the Man of the Match, while for his good batting show, Ashu Bhat was declared as the best batsman. Sumesh Bhat was



Winners receiving trophy from the Chief Guest and other dignitaries at Jagti sports field in Jammu.

named best fielder.

Incharge Police Post Jagti, BK Sharma was the Chief Guest, while social activist, Digambar Raina was Guest of Honour and both the guests presented title trophies as also other individual

prizes.

The Chief Guest said that sportspersons are the messengers of peace and harmony, adding that involving youth in sports activities moulds them to become good citizens.

# Hafiz lifts 'Dhaggar Dangal' title



ZMO Koti Chandyar, Dr Rameshwar Singh with wrestlers on mian bout.

## STATE TIMES NEWS

BANI: The famous Historical Dangal Mela was organised in Panchayat Dhaggar of Tehsil Bani District Kathua near about after the passing of two years due to the coronavirus.

During the Mela, a Dangal was organized in which wrestlers from across the country took part and displayed their wrestling skills besides appreciable degree of sportsmanship.

A large number of locals of Panchayat Dhaggar and people from adjacent areas had gathered at the venue

of Dangal to witness the interesting sports event in which ZMO Koti Chandyar, Dr Rameshwar Singh was the Chief Guest.

A final Dangal match was played between Hafiz from Lohi Malhar and Tariq from Doda. However, despite a tough fight by all the participants, wrestler Hafiz won the final Dangal match thus clinching the title trophy.

In his address, Dr Rameshwar said that this annual Dangal event depicts proud historical background and mutual brotherhood and communal of the people of area as peo-

ple of both Hindu and Muslim communities together started this Mela.

He also appreciated the vital role played by the Dangal committee in organizing the Mela.

Dr Rameshwar Singh lauded the efforts of the Organizing Committee comprising Sarpanch Amir Chand and Dr Nek Ram in organizing the Dangal after a period of two years due to coronavirus and asked them to ensure that it takes place regularly without any break in future.

He said that developing sports culture among the young minds is necessary for the overall development of one's personality. Asserting that sports hold the key to a healthy body and a healthy mind, Dr Rameshwar urged the youth to make sports an inseparable part of their daily routine in life.

Among others who were present include Chain Singh, Sagar Singh, Khyail Chand, Yogeshwar Sharma, Ramesh Singh, Jiya Lal and Kushal Singh.

## Kabaddi probables named for Camp

## STATE TIMES NEWS

JAMMU: Jammu and Kashmir Amateur Kabaddi Association on Sunday named probables for the coaching camp being organised prior to the 69th Senior National Kabaddi (Men) Championship to be held at Charkhi Dadri in Haryana from July 21. "The 21-day coaching camp shall be conducted subject to the approval and sanction of the J&K Sports Council (JKSC). The Probables: Mohinder Singh, Manmeet Singh, Aman Singh, Anuj Singh, Amandeep Singh, Mujeeb ur Rehman, Asrar-ul-Haq, Rajan Singh Manhas, Jasveer Singh, Prajwal Sathia, Akash Chaudhary, Tarandeep Singh, Maqbool Mohd, Farman Ali, Asif and Aman Lalotra.

# Taekwondo demonstration at GDC Udhampur

## STATE TIMES NEWS

JAMMU: On International Day against Drug Abuse and



Illicit Trafficking, Government PG College Udhampur and Department of Social Welfare generated awareness among the young students to fight against drug abuse as well as

the unlawful trade of drugs.

On the occasion, District Taekwondo Association Udhampur organised self-defence demonstrations through senior players under the guidance of coaches Narayan Dass and Raj Kumar. The sports event was also supported by the Department of Youth Services and Sports (DYSS) with the message, "Choose Sports over Drugs". Officials of the DYSS present were Ajay Sharma, Ajit Singh, Som Dev Khajuria, Vikas Sharma, Rishi Kumar Sharma and Anshu Brat Khanna.

## STATE TIMES NEWS

POONCH: Poonch Taekwondo Academy in collaboration with District Social Welfare Department and Childline Poonch organised anti-drug rally on International Day Against Drug Abuse from District Court Poonch to Sports Stadium Poonch.

Sub Judge and Secretary DLISA, Wajhat Hussain Kazmi was the Chief Guest, who flagged off rally from District Court Poonch.

Speaking on the occasion, he asked budding students of Poonch Taekwondo Academy not to involve in drug related activity.

He requested young generation to involve themselves in sports so that their energy is channelize in positive manner.

Chairman Poonch Taekwondo Academy and Taekwondo Coach, Rajinder Singh said, "Our main motto of organising this awareness campaign across the city to mark the International Day Against Drug Abuse and Illicit Trafficking."

He requested parents to involve their kids in different games and sports from early age so that their energy should be mobilize in positive manner.

More than 200 players of

Poonch Taekwondo Academy took part in the rally by holding banners, posters and pamphlets highlighting the ill effects of drug abuse.

The programme was presided over by Amit Sharma, Joint Secretary PDTA.

Prominent persons present were Dr Mohd Tanveer CO Tourism, Adil Shabir Mir District Social Welfare officer Poonch, Azam Rather Tehsil Social Welfare officer Mandi, Sabzar Ahmed Coordinator Childline Poonch, Priyanka Singh Councillor ICPS and Ashaq Hussain Organising Secretary PDTA.