

# India beat Malaysia 3-0 in AVC Women's Challenge Cup



Indain players in action during match against Malaysia at 3rd AVC Women's Challenge Cup.

## STATE TIMES NEWS

THAILAND: The Indian senior women's volleyball team defeated Malaysia 3-0 in its preliminary third league match of the 'Princess Cup' 3rd AVC Women's Challenge Cup at Nakhon Pathom, Thailand. The scores read 25-17, 25-16, 25-22 in favour of India.

The tournament, which started on June 24, will conclude on June 30.

From the Indian side,

Captain Nirmal, and setter Jini have played excellent game and K P Anushree was the best scorer in today's game.

Indian team will meet Hong Kong in the next match on June 28, 2022.

Achyuta Samanta, President of Volleyball Federation of India (VFI) and office bearers congratulated the team on its third successive win in the championship.

"We felt happy and proud

after listening to the news and I congratulate them for their win," Achyuta Samanta said.

Meanwhile, Chief Patron Volleyball Association of J&K (VAJK), Raj Daluja, President, Sidharth Daluja, Chief Executive Officer Kuldeep Magotra and other office bearers congratulated Indian team for their third win in a league match team and wished them best performance in subsequent matches.

The performances of Ishtiyaq Rasool, Henan Malik, Sahil Lotra, and Abid Mushtaq were also good to watch on day-2 of the tournament today.

At GGM Science College Hostel Ground, JKCA A3 thrashed JKCA A5 in an easy contest by 67 runs.

Batting first, JKCA Team A3 scored a big total of 312 runs for the loss of 3 wickets. Yawar

## JKCA's Senior Men's One-Day Tournament

# Suryansh, Yawar slam tons; Rasool, Samad, Adil sparkle

## STATE TIMES NEWS

JAMMU: Stylish south-paw Suryansh Raina and promising batter Yawar Ayub slammed cracking centuries, while experienced Parvez Rasool, explosive Abdul Samad, gutsy Adil Reshi sparked to guide their sides to convincing victories over their rivals in the ongoing JKCA's Senior Men's One-Day Tournament, being played at four different venues across the Union Territory.

The performances of Ishtiyaq Rasool, Henan Malik, Sahil Lotra, and Abid Mushtaq were also good to watch on day-2 of the tournament today.

At GGM Science College Hostel Ground, JKCA A3 thrashed JKCA A5 in an easy contest by 67 runs.

In reply, JKCA A5 scored 245 runs, thus lost the match by 67 runs. Henan Malik top scored with 74 runs, while Sunil Kumar contributed 37



Toss being held at GGM Science College Hostel ground in Jammu on Sunday.

runs to the total.

For JKCA A5, Ritik Singh was the pick of the bowlers who captured 5 wickets.

Batting first, JKCA B2 scored 153 runs. Asif Khan top scored with 62 runs, while Abid Khan contributed 26 runs to the total.

For JKCA B3, Tahir Bhat and Kalyan Dorje took 3 wickets each. In reply, JKCA B3 chased the target by losing 3 wickets to win the match by 7 wickets. Adil

Reshi top scored with unbeaten 95 runs, while Ishtiyaq Ellahi contributed 34 runs.

For B2, Nasir Lone took 1 wicket.

At Sher-e-Kashmir Stadium-B, JKCA B1 drubbed B5 in an easy contest by 5 wickets.

Batting first, JKCA B5 scored 243 runs. Ishtiyaq Rasool top scored with 73 runs, while Umer Nisar contributed 65 runs to the total.

For JKCA B1, skipper Parvez Rasool was the pick of the bowlers, who took 4 wickets, while Kulkinder claimed 2 wickets.

At Sher-e-Kashmir Stadium-A, JKCA B3 defeated B2 by 7 wickets.

Batting first, JKCA B2 scored 153 runs. Asif Khan top scored with 62 runs, while Abid Khan contributed 26 runs to the total.

For JKCA B3, Tahir Bhat and Kalyan Dorje took 3 wickets each.

In reply, JKCA B3 chased the target by losing 3 wickets to win the match by 7 wickets. Adil

In reply, JKCA B1 chased the target easily by losing 5 wickets. Parvez Rasool played a brilliant innings of unbeaten 69 runs, while Sufiyan Wani contributed valuable 60 runs to the total.

For B5, Amir Aziz and Mujtaba Rizvi took 2 wickets each.

## Five days skating coaching camp concludes

# Sports help us to learn new things in life: Div Sports Officer



DSO Jammu Ashok Singh interacting with skaters.

## STATE TIMES NEWS

JAMMU: Five days Roller Skating coaching camp organised by parents in association with Sports Council concluded at MA Stadium here on Sunday.

Divisional Sports Officer (DSO) Jammu Ashok Singh was the Chief Guest. He was accompanied by the managers and coaches of the sports council.

Around 30 boys and girls of different age groups from different districts took part in the special camp.

Speaking on the occasion, the DSO said that sports help us to learn many new things in life. Sports build good discipline and assist us in building confidence, develop our personalities and maintain mental and physical balance in life.

Sports and games help us to tackle and overcome difficult situations in life and keep the body and mind stress-free, he asserted.

Ratnesh Puri, the father of skaters along with other parents applauded the

efforts of Sports Council officials for wholehearted cooperation and coordination during the coaching camp.

Arjun Gondotra, international skater and Asian Bronze medalist from J&K thanked J&K in large and Sports Council in particular for providing a high grade Skating Rink 1st time in Jammu. He said that the upgraded facility will definitely improve the medals tally of the UT of J&K in future.

## 1st Anil Malhotra Memorial Knockout Cricket Tournament

# Tacharwan Tigers, Jourian Warriors register wins

## STATE TIMES NEWS

AKHNOOR: Tacharwan Tigers trounced Friends Cricket Club Khour by two wickets in the inaugural match of 1st Anil Malhotra Memorial Knockout Cricket Tournament being organised by Shubh Tilak Hospital in collaboration with Singh Cricket Club at Govt Higher Secondary School Akhnoor, here on Sunday.

Batting first after winning the toss, Friends Cricket Club Khour scored 169 for the loss of nine wickets in 20 overs.

Dinesh Mahajan played a fine inning of 51 runs followed by Mohit Bhau, who scored 33 runs, Rohan Mehra and Lakhwinder

Bhau added 20 and 16 runs respectively to the total. For Tacharwan Tigers, Manpreet Singh and Mukesh Sharma grabbed three wickets each, while Pankaj Sharma, Rakesh Kumar and Abhi Verma claimed one wicket each.

In reply, Tacharwan Tigers chased the target easily making 170 runs for the loss of eight wickets in 18.4 overs.

Abhi Verma was the top scorer with 41 runs, while Manpreet Singh made 37 runs and Rishav Sharma contributed 24 runs each.

For Friends Cricket Club Khour, Raghuraj Bhau scalped four wickets while Lucky got two wickets and Dinesh Mahajan and Lakhwinder Bhau took one wicket each.

Manpreet Singh was declared as Man of the Match for his outstanding performance.

In another match, Jourian Warriors beat Friends Cricket Club Jammu by 10 wickets.

Friends Cricket Club Jammu, batting first after winning the toss, was bundled out at 99 runs in 14.2 overs. Aman and Vikas were the main scorers with 29 and 21 runs respectively.

For Jourian Warriors, Randeep Singh claimed four wickets while Sandeep got three and Vansh took two wickets. Ritik also got one wicket.

In reply, Jourian Warriors chased the target making 103 without losing any wicket in 9.1 overs. Anil Choudhary (45) and Sagar (44) were remained unbeaten in the match.

For his best bowling performance, Randeep Singh was declared as Man of the Match.

The matches were officiated by Vikas Bali and Abhitash Sharma as Umpires and Dev Bhagel as Scorer.

# Tigers XI Jammu lifts Vinod Koul Memorial T20 trophy



Winners receiving trophy from the Chief Guest and other dignitaries at Jagti sports field in Jammu.

## STATE TIMES NEWS

JAMMU: Beating Jagti Oriental Cricket Club (JOCC) by three wickets in the final, Tigers XI Jammu lifted the title trophy of Vinod Koul Memorial Twenty20 Cricket Tournament at Jagti in the outskirts of the city, here.

Earlier, batting first, JOCC made 116 for nine wickets. In reply, Tigers XI chased the target, rather easily, in 12 overs losing seven wickets in the process. For his all-round display, Rajat Safaya was adjudged as the Man of the Match, while for his good batting show, Ashu Bhat was declared as the best batsman. Sumesh Bhat was

named best fielder.

Incharge Police Post Jagti, BK Sharma was the Chief Guest, while social activist, Digamber Raina was Guest of Honour and both the guests presented title trophies as also other individual

prizes.

The Chief Guest said that sportspersons are the messengers of peace and harmony, adding that involving youth in sports activities moulds them to become good citizens.

## Kabaddi probables named for Camp

## STATE TIMES NEWS

JAMMU: Jammu and Kashmir Amateur Kabaddi Association on Sunday named probables for the coaching camp being organised prior to the 69th Senior National Kabaddi (Men) Championship to be held at Charkhi Dadri in Haryana from July 21. The 21-day coaching camp shall be conducted subject to the approval and sanction of the J&K Sports Council (JKSC). The Probables: Mohinder Singh, Manmeet Singh, Aman Singh, Anuj Singh, Amandeep Singh, Mujeeb ur Rehman, Asrar-ul-Haq, Rajan Singh Manhas, Jasveer Singh, Prajwal Sathia, Akash Chandhary, Tarandeep Singh, Maqbool Mohd, Farman Ali, Asif and Aman Lalotra.

## Taekwondo demonstration at GDC Udhampur

## STATE TIMES NEWS

JAMMU: On International Day against Drug Abuse and Illicit Trafficking, Government PG College Udhampur and Department of Social Welfare organised self-defence demonstrations through senior players under the guidance of coaches Narayan Dass and Raj Kumar.

The sports event was also supported by the Department of Youth Services and Sports (DYSS) with the message, "Choose Sports over Drugs". Officials of the DYSS present were Ajay Sharma, Ajit Singh, Som Dev Khajuria, Vikas Sharma, Rishi Kumar Sharma and Anshu Brat Khanna.

He requested young generation to involve themselves in sports so that their energy is channelized in positive manner.

Sub Judge and Secretary DLSA, Wajhat Hussain Kazmi was the Chief Guest, who flagged off rally from District Court Poonch.

Speaking on the occasion, he asked budding students of Poonch Taekwondo Academy not to involve in drug related activity.

More than 200 players of

both Hindu and Muslim communities together started this Mela. He also appreciated the vital role played by the Dangal committee in organizing the Mela.

Dr Rameshwar Singh lauded the efforts of the Organizing Committee comprising Sarpanch Amir Chand and Dr Nek Ram in organizing the Dangal after a period of two years due to coronavirus and asked them to ensure that it takes place regularly without any break in future.

He said that developing sports culture among the young minds is necessary for the overall development of one's personality. Asserting that sports hold the key to a healthy body and a healthy mind, Dr Rameshwar urged the youth to make sports an inseparable part of their daily routine in life.

Among others who were present include Chain Singh, Sagar Singh, Khyail Chand, Yogeshwar Sharma, Ramesh Singh, Jiya Lal and Kushal Singh.

A large number of locals of Panchayat Dhaggar and people from adjacent areas had gathered at the venue



ZMO Koti Chandyar, Dr Rameshwar Singh with wrestlers on mian bout.

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