

Aptitude & caliber form basis of Stream/subjects selection in Grade XI: Principal JKPS Kunjwani

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JAMMU: "21st Century students may not be subjected to choosing career options that existed during the times when their parents were growing up, that is in the 20th Century. Now children must keep pace with the rapidly changing times" stated the Principal JKPS Kunjwani Rajesh Rathore while extending a warm welcome to students of coming Grade XI and their parents.

"In current times, while there is no dearth of information available online, it takes a lot of patience on the part of Institutions and mentors to make a brilliant display of career choices available for children. Principal addressed the parent as well as the students, who are about to embark on their Senior Secondary school journey. He appealed students "to introspect their inner self, aptitude, competence and caliber till date. If their inner-conscience doesn't allow them to pursue a particular Stream or subject(s), then they shouldn't

make up their minds at all. They must listen to their inner-self, as natural interest in the pursuit of any course of life fetches fruits beyond expectations". "However, opting for any particular Stream, which goes beyond the comprehension level or liking of a student, then it never brings the desired results", added the Principal.

"A child is the extended self of his/her parents. Whatever parents failed to achieve, they wish to achieve that through their children. Parents should never impose their will on their wards. If a child doesn't want to pursue Science stream, then parents shouldn't put pressure on their ward. He appealed parents to exercise control over their long-cherished desires, as children pay a heavy price, while fulfilling the wish of their parents", the Principal added further.

Highlighting the importance of the streams available, the Principal started with the stream of Humanities, as a student



Principal JKPS Kunjwani, Rajesh Rathore addressing interactive session.

Talent Hunt 2022 serves in tapping raw talent: JKCA

Bachan, Arooj, Oman, Sahil, Rhytham win laurels



Bachan Singh Arooj Parvez Oman Fayaz Sahil Imran Rhytham Sharma

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JAMMU: Breaking the jinx of picking the players mainly from the headquarters of Jammu and Srinagar, the Talent Hunt 2022 has served as a launching pad in tapping raw talent as all the five special awardees including best batter, best bowler, best all-rounder, best wicketkeeper and most promising player in the recently concluded Under-19 Men's One-Day Tournament belonged to the far off areas of Union Territory of Jammu and Kashmir.

Bachan Singh, who was adjudged as the best batter of the tournament, is from far off place in Rajouri district. A left-handed batter, Bachan scored a total of 205 runs in four matches, includ-

ing 78 not out, 38, 66 and 23 runs in the finals.

Oman Fayaz, who was declared as the best all-rounder, is from the outskirts in Baramulla district. Right-arm medium pacer took 7 wickets in three matches, with 1 each in the matches played earlier and captured 5 important wickets in the finals, besides scoring power-packed cameos of 47, 28 and 18 runs in the three innings. His hard hitting ability makes him a tough customer.

Right-arm medium fast bowler, Arooj Parvez, who was awarded with the trophy of a best bowler, is from a village in Bandipora district. He bagged a total of 8 wickets in the four matches-1, 2, 4 and 1 respectively. He was impressive with his pace and

swing. Right-handed Middle-order batsman, Sahil Imran, who got the award of most promising (emerging) player of the tournament, is from district Doda. He played 3 matches and scored brisk 25 in the first match, power-packed 76 in the next, studied with 6 sixes and 5 fours and 10 runs off 3 balls with 1 four and 1 six in the finals. He hit the ball with elegance, grace and fluidity.

Wicketkeeper batsman Rhytham Sharma, who was named as the best wicketkeeper of the tournament, is from Poonch. He scored valuable 47 runs in the final match, besides having six dismissals including 2 catches, 2 run-outs and 2 stumpings. Rhytham, however, has already represented JKCA

in Under-19 Vinoo Mankad Trophy and had shown stellar grit and tenacity in his knock of 46 off 34 balls. A Wicketkeeper/ batsman to almost a perfection.

"The Talent Hunt 2022 has completely served its purpose as the hidden raw talent has been unearthed and the myth of selecting the players from Jammu and Srinagar only has been broken," said Brig Anil Gupta, Member-Administration JKCA while expressing satisfaction over the emergence of players

from remote areas.

Senior Advocate Sunil Sethi, Member Legal Affairs JKCA said that the Talent Hunt 2022 has enabled the Cricket Association to pick a big pool of talented cricketers in both men and women section, adding that this timely exercise will help JKCA to select formidable teams for National tournaments as the competition has become healthier.

"The timely shortlisting of players through Talent Hunt 2022 is going to enable JKCA prepare various teams in a befitting manner. The shortlisted players including the awardees have just crossed one ladder. They will have to perform consistently to get the nod of the Selectors for final selection. Now, we have an ample time to prepare the teams and mould raw talent into gold," said Mithun Manhas, Member Cricket Operations and Development JKCA.

Handball, Football meet begins at Udhampur



Players posing for a photograph with dignitaries.

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UDHAMPUR: Part of the annual calendar of activities, district level inter-zonal tournament of boys and girls in two age groups of under-14 and under-17 got underway at twin venues of Mini Stadium and Subash Stadium, here under the banner of Department of Youth Services and Sports (DYSS).

In the opening matches, the participating teams interacted with district (DYSS) officer, Sawarn Singh, who advised them to channelize their energy in a positive way by taking up sports in a big way. He

advised the field staff to make efforts to achieve and the target assigned by the higher authorities.

The district officer congratulated all the field staff and participants for their best efforts to make the tournament a great success and advised them to follow hygienic instructions issued by the advisory of J&K U.T.

Around 145 boys and girls are taking part in twin events. The technical panel comprised Ajay Sharma, Bandana Sharma, Rishi Kumar Sharma, Karun Magotra, Vikrant Balgotra, Sanjeev Kumar, Ravi Kumar, Vipin Photra,

Sourab Pandit (Handball) Bhoopinder Singh, Rakesh, Ishang Bandral, And Sandeep Kumar (Football).

Among others present were Poonam Sharma (ZPEO Jib), Ajay Sharma, Som Dev Khajuria, Ramesh Chander, Sanjeev Kumar, Vikas Sharma, Jatin Sethi, Sudesh Kumar, Sanjeev Kumar Khajuria and Anshu Brat Khanna.

The Results (Finals):
HANDBALL: Boys: U-14: Udhampur Zone bt Zone Jib 18-05, U-17: Udhampur Zone bt Zone Jib 15-06. GIRLS: U-14: Zone Udhampur bt Zone Jib 09-04, U-17: Zone Udhampur bt Zone Jib 11-03.

Directorate of Sports and Physical Education JU organises workshop on Yoga

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JAMMU: The Directorate of Sports and Physical Education, University of Jammu organized a one-day Yoga workshop at the Directorate of Distance Education.

Around 100 participants participated in the Yoga session for students of Distance Education. Prof. Satnam Kour Director, Directorate of Distance Education JU, in her address, advised all the participants to do Yoga and also advise them to include Yoga in their daily routine.

The welcome address was presented by Dr. Jaspal Warnal Assistant Professor Distance Education, JU.

Dr. Warnal welcomed staff members of Distance Education Prof. Sandeep Tandon, Dr. Neha Vij, Dr. Rajveer Sodi, Dr. Joginder Singh, Dr. Heena Abrol, Dr. Neelam Choudhary, Rohni Suri, Satinder Singh and other participants.

Dr. Daud Iqbal Baba Director, in his message to the participants, highlighted the importance of yoga for well-being and also said that practising yoga cannot only be an effective stress reliever, but also a way to ease symptoms of anxiety and depression.

The Yoga session was conducted by Sanjeev Kumar Pandey, Teaching Assistant gave information about different Asanas and pranayama. Sandeep Sharma and Gourav Raina demonstrate Asanas.

The proceedings was carried out by Dr. Mandeep Singh, Assistant Professor Department of Physical Education and a vote of thanks by Dr. Joginder Singh. Others present were Ravish Vaid, Gagan Kumar, Ashok Singh Bali, Sat Paul and Makhan Lal.

Awareness event on Anaemia prevention held

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JAMMU: ICDS Project Gandhi Nagar on Thursday organized an Awareness camp on "Anaemia prevention" and "Prevention of Malnutrition in children" as part of POSHAN Abhilyan.

The camp included Haemoglobin estimation of beneficiaries, Health check up of children,

Awareness on Anaemia and Malnutrition. Iron and Folic acid tablets were also distributed among the beneficiaries.

Recipe demonstration using locally available ingredients for Anaemia prevention, Awareness generation regarding various ICDS Schemes-PMMVY, Ladli Beti, SAG, and awareness about Fortified foods pro-

vided as Supplementary nutrition in Anganwadi Centres were other activities of the camp. An "Aadhaar camp" for Aadhaar generation and updation/correction was also organized.

The Guest of honour included Abhishek Abrol - Sub-Divisional Magistrate (SDM), Jammu South and Ajay Gupta-Councilor of Ward No.52.

DYSS Poonch holds Inter-zone Taekwondo meet

■ STATE TIMES NEWS

POONCH: Inter-zone district level Taekwondo competition cum trials took place at Sports Stadium, here under the banner of Department of Youth Services and Sports (DYSS), here on Thursday.

Around 45 young budding boys and girls in two age groups of under-14 and under-17 participated in the activity.

The event took place under the supervision of District Youth Services and Sports Officer Poonch Mohd Qasim.

The technical team for the event included Rajinder Singh



Young taekwondo players posing with officials during inter zone taekwondo competition at Poonch.

Taekwondo Coach and PET GMS Khorinar, Jatinder Paul PET GMS Jandrolla,

Pawandeep Singh PET and Nirdosh Kumar PET.

The winners of this competition will represent district in

UT level competition.

Among others present were Nanak Singh, Ramesh Sharma, Suklvir Singh, Vijay

Kumar (all PEM), Jahangir Hussain Shah PET and Rajesh Kumar Junior Assistant.

Lobsong, Divya win Carrom titles in Polytechnic meet



Winners posing for a photograph with faculty members.

■ STATE TIMES NEWS

JAMMU: Lobsong Jungnes of Department of Civil Engineering and Divya Sharma of I&C emerged winners in the inter-department Carrom meet of Government Polytechnic Jammu which was organised by the sports wing of the College, here on Thursday.

Second place in boys category went to Udayveer Singh Janwal of the Department of Electrical Engineering while Janbi of Department

of Architechure finished second in girls category.

Earlier, the tournament was inaugurated by Principal of the College, Ritu Jamwal in the presence of Head of the Departments (HODs) of the institution. The Principal applauded all the participants for actively participating in the sports. She exhorted upon the faculty members to encourage the students to take part in indoor and outdoor activities and adopt a healthy lifestyle

for grooming the overall personality of the students so that they can live a fruitful and successful life in near future.

The matches were officiated by Amit Gupta, Demonstrator Civil Engineering and Rakesh Kumar, Instrument Repairer, Electrical Engineering under the supervision of Tareq Amin, sports secretary and HOD Travel and Tourism Department.