

# Tremendous work done by PM to ensure every section of society gets due share: Randhawa

■ STATE TIMES NEWS

JAMMU: BJP across the country is celebrating thriving 8 years of Modi Government in power from June 1 to June 14 with party cadre carrying out massive public outreach programme to make aware the people about achievements and future plans and policies of the party. This was informed by Former Legislator and senior BJP leader Vikram Randhawa during Choupal held at Digiana Ward No 58 under public outreach program of 75 hours. He was accompanied by Paramjeet Singh Ex-Councillor and Tirath Kour JMC Councillor: Randhawa added that BJP Government led by PM Narendra Modi has done tremendous work to ensure that every section of the society gets its due share in the past 8 years. Former Legislator while referring to the vision of Prime Minister Narendra Modi about Jammu and Kashmir said that while the economically marginalised segments of the society have been brought under Ayushman Bharat scheme as part of health for all across the coun-



Senior BJP leader Vikram Randhawa addressing a Chaupal at Jammu.

try, it has been made applicable as Ayushman Sehat in the Union Territory with benefits of Rs 5 lakh medical cover to every family without any economic slab. People during the chopal applauded Prime Minister Narendra Modi for launching Ayushman Sehat Card. "Central Government headed by Prime Minister Narendra Modi has come up with an inclusive agenda of development, growth, investment and creating opportunities for the youth-skilled, unskilled and educated. The initiatives put into action by the visionary Prime Minister Narendra Modi will transform Jammu and Kashmir; irrespective of region, religion, caste or ethnicity", he said. The BJP

stalwart leader said that aspect has been ignored during the past eight years in power as PM Modi gave special attention towards J&K with abrogation of Article 370 remaining the turning point for the region which has opened the floodgates of development and end of turmoil that lasted for over three decades under the meek dispensations of Congress and other parties. He said that befitting responses to Pakistan and China to fortify defence lines at IB, LOC and LAC are also unprecedented because earlier India's stand used to be defensive but PM Modi boisterous approach has infused phenomenal confidence in the army, air force and navy and the result is before one and all

with India standing tall against both Dragon country and Pakistan. "Gigantic Vaccination programme, fight against COVID, digital revolution, cashless transactions, etc are among umpteen other schemes and policies which the last eight years of BJP regime have realized and helped India to become one of the developed countries across the world", Randhawa said, adding that the opportunity should be well utilized to disseminate all this among the masses to bring more people to party fold and strengthen party at grass roots level. Shakuntla Devi, Sanjay Kumar, Ashwani, Sushel and many others were present on the occasion.

## De9to organises talk on oral health of females

■ STATE TIMES NEWS

JAMMU: De9to, an online platform for dentists and dental education, on Sunday organized a live talk show for the general public on the topic 'dental problems in females'.

Dr. Gautam Sharma, Periodontist of the University of Jammu and former President of the Indian Dental Association (IDA) Jammu was the speaker on the occasion.

Dr. Gautam in his presentation told that hormonal changes increases the risk of dental problems especially periodontal disease.

Therefore, the treating dentist must recognize and manage the female patient with an appropriate therapy, he added.

Hormonal changes during puberty, menstrual periods and pregnancy may cause increased inflammation, bleeding gums and if not treated timely then may lead to mobility and eventually loss of the teeth, he said.

Dr. Gautam said that maintaining oral health



during pregnancy is utmost important as poor dental hygiene may cause damage to the fetus through bacteria and their virulent products present in dental plaque.

The bacteria and its harmful products in the plaque can enter the bloodstream and reaches the amniotic membrane where it causes inflammation leading to its premature rupture. This in-turn may

lead to premature and low-birth weight babies, he added.

He emphasized that maintenance of dental health is easy by brushing twice daily with a soft bristle toothbrush, using floss after brushing, rinsing with a mouthwash prescribed by the dentist and visiting the dental specialist regularly after every six months so that the dental diseases can be treated at the initial stage.

Later, a certificate of appreciation was presented to Dr. Gautam Sharma by the organizing team of the De9to.

De9to is a one-stop solution for dentists to upscale their clinic and patient base.

Dr. Gautam thanked Yash Bansal, Founder & CEO of De9to, Mohit Kapoor, Co-Founder and CFO, Dr. Sanika Bali (Prosthodontist), Dr. Tanya Batra (Pedodontist), Ms. Taniya Nagpal and Ayushi for organizing this live talk show for general public.

## DPS Jammu participates in World Environment Day programme organised by JMC

■ STATE TIMES NEWS

JAMMU: Under the noble directive of Ritu Singh, Pro Vice Chairperson DPS Jammu and Founding Chairperson FICCI FLO-JKL, students and staff of DPS Jammu participated in the World Environment Day programme organized by JMC at Gandhi Nagar Green Belt Park on Sunday.

The children carried out plantation, sanitation and awareness drives in addition to a song presentation which received great applause from one and all. The occasion was graced by Dy. Mayor JMC Adv. Purnima Sharma, Municipal Commissioner- Rahul Yadav, Secretary, Atul Kumar, and Ritu Singh, Founding Chairperson FICCI FLO-JKL, among other members of the FICCI team, IEC team from JMC, volunteers from NSS, NGO-Disha, UNDP-RUDA, IPCA, and Environment Club members of KC Public School and Delhi Public School Jammu.

The DPS students carried awareness placards carrying

## DLSA Udhampur launches plantation drive

■ STATE TIMES NEWS

UDHAMPUR: On the eve of World Environment Day, District Legal Services Authority Udhampur under the overall Supervision of Secretary, District Legal Services Authority, Udhampur Rajni Sharma (Sub-Judge) celebrated "World Environment Day" in collaboration with District Forest Office Udhampur at Govt. Boys Degree College Udhampur. The programme started with Special Plantation drive by Forest Department and District Legal Services Authority Udhampur in presence of Chief Guest Rajni Sharma Secretary, District Legal Services Authority, Udhampur, Shweta Jandial (DFO Udhampur), Chief Patron Professor Dr. Ramesh Kumar Gupta Principal (GDCUdhampur), HOD of Botany Professor Ramesh Kumar Atri, Professor Shivani Sharma, Professor Verma (Convener JQAC), Panel Lawyers Adv. Pawan Gupta, Adv. Akhil Dubey and NCC Cadets of 2 J&K Girls Battalion. Saplings of various plants were planted in the College by the Chief



Secretary DLSA Udhampur, Rajni Sharma (Sub-Judge) planting a sapling.

Guest Rajni Sharma and other participants on the occasion. The Programme was introduced by NCC Professor Shivani Sharma and Welcome address was delivered by Professor Ramesh Kumar Atri, followed by the speech of NCC Cadets. Girl Cadets also participated in the poster making competition. A green pledge was also taken by all the Participants. The Resource Persons of the programme Adv. Pawan Gupta and Adv. Akhil Dubey highlighted the important link between sustainable use of natural resources and human well being especially safety and quality of life and appeal all to plant more and more trees for a healthy life and clean atmosphere. Chief

Guest Secretary, District Legal Services Authority, Udhampur Rajni Sharma also emphasized on the main theme of World Environment Day i.e. "Only one Earth" with focus on living Sustainably in Harmony with Nature, she also appreciated the Green Pledge taken by all the Participants.

The Secretary, District Legal Services Authority, Udhampur Rajni Sharma later explained that it is the fundamental duty of every citizen of this country to protect and improve the natural environment including forests, lakes, rivers, wildlife and to have compassion for living creatures. Similar programmes were held by TLSCs Rannagar, Chennai and Majalta.

## Gul expresses concern on threat of ecological imbalance

■ STATE TIMES NEWS

JAMMU: On the occasion of World Environmental Day, Chairman J&KRDS and former Speaker J&K Legislative Assembly, Mubarak Gul expressed his serious concern on the constant globally changing environment.

He expressed that in today's scenario the main threat to maintaining the progress in human development comes from the massive increase in natural disasters, warming and cooling periods of weather and increasingly evident unsustainability in environmental patterns are a serious threat in human development.

Gul emphasized that the close link between the economic growth and greenhouse gases emissions are needs to be served for human development to become truly sustainable.

He added that it is the high time to alleviate the worst effects of environmental pollution which are constantly hampering the human development on a massive scale.

all the people need to be a lot more cautious in conjunctions with the every types of environmental issues which is being faced by our planet earth.

He said that the constant harmful effects of human activities including deforestation, waste disposal, carbon emissions, industrial waste, plastic use are the main causes of global warming, depletion in ozone and eventually climatic change. Finally he pledged among the general public, workers and officials of J&KRDS to let's come together and make this year with the mission of save nature and save humanity.

## Mir, Bhalla visit Congress leader to offer condolences over wife's death

■ STATE TIMES NEWS

VIJAYPUR: JKPC leadership visits Babbal Gupta's residence to offer condolences over untimely demise of his wife.

JKPC President G A Mir, Working President Raman Bhalla, Chief Spokesperson Ravinder sharma, General Secretaries Th Manmohan Singh, S S Channi Treasurer Rajnish sharma, Secretary Shashi Sharma, district President Samba Sanjeev Sharma, Tirth Ram Bhagat, councillor Rajan Sharma visited the residence of Working President District Samba and offered personal condolences to Gupta over the sudden and untimely demise of his wife.

## NIFD holds convocation for 25th graduating batch

■ STATE TIMES NEWS

JAMMU: NIFD, Shaping The Future Designers - an institute that has completed its journey of 25 years, graduating the students in the field of creativity, whether it be in fashion, interior, textile or art and craft.

NIFD organised their convocation to commemorate the graduating class and to celebrate their 25 years.

The event, was held on the NIFD campus itself in Karan market, was attended by atleast 50 students who have graduated from the institute, the centre managers who played a vital role in shaping NIFD, faculty members, On campus students, dignitaries and other guests.

The Chief Guests were former Centre Managers of NIFD Dr. Bhushan Sharma, Pawan Reen, Gunjan Kohli and Mamta Jeena and others present on occasion were Advocate



Members of 25th graduating batch posing with former Centre Managers of NIFD Dr Bhushan Sharma, Pawan Reen, Gunjan Kohli, Mamta Jeena and others.

Yashodhan Thakur and Dr. Shavika Gupta. The whole occasion was celebrated with enthusiasm, the students did a showcase of their costumes in two rounds - Hand Crafted with Love and Summer Day Out on the ramp. The ceremony further moved on with peppy dance performances by students.

The highlight of the programme was the presentation

ceremony of degrees and diplomas to the graduating batch of Fashion Design, Interior Design and Art n Craft students.

Vanita Thakur the chairperson and founder of NIFD alongwith Aishwarya Thakur Secretary NIFD Society congratulated all the students and wished them all the best for the future. Vanita also announced

that 7 students from this 25th graduating batch have already been placed. Shubhkriti Sharma, Dimpay Guleria, Kanika Virdi, Ravina Rajput, Shayista Sajad, Sonali Sharma, Mahima Grover, out which two are working in government sectors.

In the end, Sheetal Sharma, the Centre Manager of NIFD presented a vote of thanks.

## PSPS GCW Gandhi Nagar celebrates World Environment Day under Puneet Sagar Abhiyaan

■ STATE TIMES NEWS

JAMMU: The cadets of 2 J&K Girls Bn NCC wing of PSPS Govt PG College for Women Gandhi Nagar Jammu celebrated World Environment day - 'Only One Earth'. A series of activities were organised to acknowledge the importance of cleaning and saving the Mother Earth were organised from May 30 to June 5, 2022.

E-waste awareness campaign in collaboration with JKPC was organized on May 30, 2022 to talk about the hazards of e-waste while 35 Cadets along with principal, senior faculty and ANO took oath to Save Water and keep the water bodies clean for future generations on May 31. Cadets also made



NCC cadets posing with faculty members.

posters on the theme 'No Water No Life, No Blue No Green' on June 3 under Puneet Sagar Abhiyan to aware the masses about importance of this life saving elixir. The NCC cadets took out a rally from college premises to Warehouse, Bikram Chowk under Puneet Sagar Abhiyan to save Earth. About 74 cadets participated in the rally for

social cause and cadets also

## Satinder files nomination for DGPC elections



Satinder Singh Sethi filing nomination for DGPC elections.

■ STATE TIMES NEWS

JAMMU: Satinder Singh Sethi has filed nomination as candidate for the District Gurdwara Prabhanda Committee elections, from Jammu East constituency, before Tehsildar Jammu. In a press statement issued here, various Sikh organizations of J&K have urged members of Sikh community to vote in his favour as Satinder is a dedicated, social, Panth-dardi, Amritdhari Gurusikh and has pledged to work for upliftment of community. Sikh Organisations further urged Finance commissioner (Revenue) Shaleen Kabra to extend voting time for elections from 7 AM to 4 PM, in place of 7 AM to 1 PM. Pertinent to mention here that elections for District Gurdwara Prabhanda Committees will be held on June 27, 2022.

The organizations which extended support to Satinder included Sikh United Front J&K, Bhai Kanahiya Nishkam Sewa Society J&K, Shiromani Akali Dal J&K, Sikh Naujwan Sabha J&K, Istri Akali Dal J&K, Youth Akali Dal J&K, All India Sikh Student Federation J&K and Local Gurdwara committees, represented by Sudershan Singh Wazir, Mohinder Singh, Jagmohan Singh, Surinder Singh Dutt, Inderjeet Singh, Kulwant Singh Khajuria, Surinder Singh (Kala), Dheeraj Singh, Davinder Singh, Jatinder Singh, Vinod Singh, Daljit Singh, Nirmal Singh, Charamveer Singh (Laad), Tejpal Singh and Paramjeet Singh.