

Self- realisation leads to peace, tranquillity: Sadhotra

■ STATE TIMES NEWS
REASI: General Secretary Spiritual Awareness Society of India and Former Minister, Ajay Kumar Sadhotra on Tuesday said that spirituality is the only way to attain peace and amity, pre-requisite for harmonious growth of the mankind.

"At a time the world is grappling with the pitfalls of materialism, spirituality is the only way forward to attain the ultimate goal of life in terms of peace, Mr Sadhotra said while addressing Satsangh at Aghar Walian in Reasi, organised to pay tribute to Late Capt Lal Chand, a great spiritualist who contributed a lot for the society.

He exhorted the people to work for eschewing the myopic tendencies of hate and promote camaraderie between various segments of the society to make this world a better place to live in. Peace and tranquillity holds key to growth and prosperity of the country in general and Jammu and Kashmir in particular. Referring to the great contribution of Spiritual Head and Founder President of the Society, Dr K Krishna in pro-



Former Minister Ajay Kumar Sadhotra addressing Satsanghis of Spiritual Awareness Society of India at Aghar Walian in Reasi.

moting the campaign for attaining spirituality, Sadhotra said this has helped the people to attain spiritual bliss in a big way.

He said Dr Krishna has always preached that for Aatam Gyan chanting of 'Om' is the easiest way and every spiritualist preaches for peace and oneness.

Sadhotra cautioned against the machinations of those who are trying to divide people on religion lines, saying such elements should also adopt spirituality so that atmosphere of hatred and communal divide could be thwarted.

"Spirituality teaches us love

affection with everybody because Aatama lives in everybody and when we realize this eternal truth then we can never think of hate or nurture ill will against fellow beings. He reiterated that every human being should follow spirituality for peace and amity in the larger good of humanity and to make India a strong nation.

Sadhotra prayed for peace, tranquillity and wellness of the people and high tributes were paid to Late Lal Chand Prominent among those present on the occasion included Vijay Kumar, Ashok Kumar, Shammi Kapoor, Manohar Lal and Neelam.

ROC J&K officers participate in Iconic Week celebration of Union Ministry of F&CA

■ STATE TIMES NEWS
SRINAGAR: The twin Offices of the Registrar of Companies located at Jammu and Srinagar on Tuesday took part in the celebrations of the Iconic Week of the Union Ministry of Finance and Corporate Affairs (F&CA).

This week-long programme was yesterday inaugurated by Prime Minister, Narendra Modi under "Azadi Ka Amrit Mahotsav" (AKAM) at Vigyan Bhawan, New Delhi.

On Tuesday, the Ministry

with the professional institutions celebrated 'Azadi ka Amrit Mahotsav'.

All the outstation field offices including Jammu and Srinagar offices of ROC cum OL, UT of J&K and UT of Ladakh joined the programme through virtual mode in which there was a release of short film on Corporate Governance and release and administration of Investor Oath apart from a series of other events.

Officers posted in J&K, Sudhir Phaye joined the session from Jammu office



RoC officers during a programme.

of Corporate Affairs and its field offices across 75 locations of the country along

and Haamid Bukhari participated from Srinagar via virtual mode.

Randhawa starts construction work of lane, drain



Senior BJP leader Vikram Randhawa starting construction work of lane and drain.

■ STATE TIMES NEWS

JAMMU: Former Legislator and senior Bharatiya Janata Party (BJP) leader Vikram Randhawa on Tuesday kick-started the construction work of lane and drain at an estimated cost of Rs 7 lakh at Shiv Shakti Mohallah in Narwal Bala Panchayat of Jammu East here.

He also interacted with the locals and listened to area's developmental issues. He asked locals to identify developmental needs of their area so that the works can be enlisted for execu-

tion by the concerned departments on priority.

He assured that all pending development works in the area and other development works of the area would be fulfilled in a phase manner.

He also stressed upon locals to avail benefits under various flagship welfare schemes and programmes launched by the central governments. He exhorted upon the concerned departments for proper utilization of resources and strict adherence to quality norms. He stressed for strict vigil by the

inhabitants to cross check the quality of material being used during the execution of developmental works in their area.

While speaking, the residents applauded the efforts of the Former Legislator and assured their full support to the BJP.

Ankit Gupta, Anwar Malik, Raman Sharma, Mohinder Sharma, Madan Lal, Kuldeep Sharma and Balvinder Singh, prominent citizens, a large number of people and senior officers of concerned department were also present on the occasion.

Children Theatre Camp-2022 inaugurated at Natrang



Natrang senior artis lighting ceremonial lamp to inaugurate Children Theatre Camp.

■ STATE TIMES NEWS

JAMMU: Natrang's Summer Theatre Camp-2022 inaugurated at Natrang studio Theatre, here on Tuesday with the lighting of traditional lamp by Sumeet Sharma, senior artist of Natrang and Gauri Thakur, workshop coordinator. A new full-length play would also be prepared by the participants during Natrang's Theatre Camp-2022 which would be presented before a larger audience who get a chance to

watch a wonderful children's play every year as the outcome of the summer theatre camp.

The training module is designed by Padmashree Balwant Thakur, who has taken the children theatre of Jammu to the entire length and breadth of the Country.

Special training focus of the workshop will be on developing communication skills, public speaking and imbining of confidence through latest developed

techniques of theatre.

The skill developing techniques, devised by Sumeet Sharma (Recipient of SNA's National Award for Theatre Direction) during his consistent and meaningful work with children for over 19 years also prove very successful in imparting the benefits of theatre to the children. The workshop module is consistently developed and upgraded by the innovative inputs by Anil Tickoo, Neeraj Kant & Aarushi Thakur Rana, sen-

ior functionaries of Natrang. The children would get training under the supervision of Neeraj Kant, Gauri Thakur and visiting trainers of allied arts. The team involved in the workshop includes Bhawana, Mohd. Yaseen, Brijesh Avtar Sharma, Arti Devi and Kananpreet Kaur.

Those who are attending this workshop include Anandita Dutt, Aariya Zia Sharma, Hargun Kour, Ragya Gupta, Raghav Sharma, Shambavi Sharma, Saanchi Dutta, Durjesh Dutta, Karan Sahib Singh, Abhiraj Suryavanshi, Shruti Kapoor, Daivik Gupta, Malhaar Sharma, Vihaan Pandotra, Daivangi Sharma, Gaurangi Sharma, Prisha Gupta, Priyala Gupta, Abhiuday Gupta, Riaan Gupta, Aarna Kaur, Kushan Baliya, Droan Dushyant Kohli, Advita, Pragya Wadhwa, Raaga Sharma, Pulkit Jayee and Naira.

BJP Senior Citizens Cell holds meet on 8 years of Modi govt

■ STATE TIMES NEWS

JAMMU: BJP Senior Citizen Cell organized a meeting at Sainik Colony, District Jammu on completion of 8 years popular government under the Prime Ministership of Narendra Modi.

BJP Senior Citizens Cell State Convenor, J.D. Singh, while addressing the meeting gave details of achievements made by Modi government in last 8 years of popular government. He also made list of future programmes in hand with Modi government to make India self reliant, economically vibrant and world super power.

The programme was amongst others attended by Narender Singh Jamwal, Corporator, JMC W.No. 70 Ashok Singh

Sambyal State Co-Convenor, Bharat Bhushan Talwar Distt. Convenor, CS Charak Member State Executive, Krishan Singh Jasrotia, Gopal Khajuria, Inderjeet Sahni, District Co-Convenor and prominent senior citizens.

The programme begins with lighting of sacred Jyoti by JD Singh and later proceedings of meeting were carried by District Convenor Gopal Sharma. Kalyan Singh Sambyal, Ashvani Sharma spoke on behalf of Senior Citizens and expressed satisfaction on the welfare schemes taken up by Modi government for senior citizens. The schemes of health care which includes Ayushman Bharat in special was appreciated by all.

ESIC inaugurates Yoga Fortnight camp



Expert conducting yoga camp at ESIC.

■ STATE TIMES NEWS

JAMMU: Employee's State Insurance Corporation (ESIC) is celebrating International Day of Yoga in its various establishments and industrial clusters across the country.

Under this programme spread over a period of 15 days starting from 7th June, 2022 various activities would be undertaken for the health care

benefit of workers and their families.

The ESI Corporation, Jammu & Kashmir will be conducting Yoga camps under the supervision of an expert in Yoga daily in the Industrial belts of Kathua, Samba & Jammu followed by health talks on prevention of diseases.

In addition to it, general Health Check-up camps will be organized daily in the ESIC

Hospital, Bari-Brahmana for the industrial workers and their family members.

Besides, cleanliness drive will be undertaken in two Bastis of workers near ESIC Hospital, Bari-Brahmana.

Today, the ESIC, Regional Office, Jammu inaugurated the Yoga Fortnight and conducted a Yoga camp for its entire staff. Prominent persons from Industry and Social Service also attended the camp. The camp was attended by Parveen Pargal, Member Regional Board, ESIC, J&K, Ajit Singh, Zonal In-charge, Sant Nirankari Mission, Parveen Moudgil, Dy. Director, Dr. Intiaz Ahmed, State Medical Officer, Ajeet Kumar Singh, Assistant Director and entire staff of Regional Office.

President J&K Dharmarth Trust gives final touch to Mela Kheer Bhawani preparations

■ STATE TIMES NEWS

SRINAGAR: Advocate Ajay Gandotra, President J&K Dharmarth Trust on Tuesday visited Kheer Bhawani Shrine in Tulla Mula, Ganderbal district and gave finishing touches to the preparations made for the annual Mela to be held tomorrow.

He was accompanied by Additional Secretary J&K Dharmarth Trust Kashmir, Sandeep Khosoo. Earlier, arriving in the Shrine, Gandotra took a detailed review of all the arrangements including the lodging facility and provision of food to the visiting devotees. It was also ensured that medical assistance, fire safety, supply of potable water and uninterrupted power was also made available to devotees for making their stay safe and full of convenience.

Meanwhile, Divisional



President JKDT, Adv Ajay Gandotra and police officers reviewing arrangements of Kheer Bhawani Mela.

Commissioner along with Deputy Commissioner Ganderbal, DIG and SSP Kashmir also visited the Temple complex to overview the arrangements especially with regard to security concerns.

It is pertinent to mention that before giving final nod, Ajay Gandotra ensured that all facilities including paramedic staff, police Bandobast, District Administration's responsibilities, Langar Sewa, Pujaris deployed for Puja were all

intact and ready for the show on the day of happening viz Wednesday. The entire exercise was monitored by Chairman Trustee Dr Karan Singh.

Ajay Gandotra said that the local staff has done yeoman's job in making adequate arrangements for the visiting pilgrims. Local staff of Trust's Central Office Jammu also accompanied him during the visit to the revered shrine in Kashmir.

Placement Drive begins at GCoE Jammu



A student being interviewed during placement drive.

■ STATE TIMES NEWS

JAMMU: Placement Cell of Government College of Education (GCoE), on Tuesday conducted placement facilitation drive in its campus.

The college invited principals and members of management committee of prominent B.Ed colleges of Jammu and Kashmir, viz.

Khalsa College of Education, Calliope College of Education and Vimal Munni College of Education. Eligible candidates of M.Ed section were insisted by M.Ed coordinator Dr. Rajinder Kaur to appear in the interviews conducted by panel of experts comprising senior Professors of GCoE, Jammu.

Prof. Anju Bala, Dr. Jyoti Parihar, Prof. Satish Sharma, besides Dr. Probhjot Kaur, Sarabjeet Kaur of Khalsa College, Sunita Pandita, Principal Calliope College of Education and Dr. Gharo Chaudhary of Vimal Muni College of Education and Dr. Bandhana and Dr. Upasana of Rajive Gandhi

College of Education Kathua.

The pass out students of M.Ed section appeared in the interview enthusiastically. About ten students were recommended by advisory committee of the college for available vacancies in participating colleges.

The placement drive was organized by Dr. Rajinder Kaur, Prof. Shalini Rana, organizing secretary Dr. Maansi Sharma, Prof. Rubina Yasmeen, Prof. Shapia Shameem and Prof. Ramandeep Kralia.

The faculty members who facilitated the programme were Dr. Sushma Bala, Prof. Shubhra Jamwal, Prof. Sarita Dogra, Prof. Vinay Lata and Prof. Seema Kumari.

■ STATE TIMES NEWS

JAMMU: BJP Yuva Morcha District Jammu West today took out a Vikas Tirath Yatra bike rally To mark the eighth anniversary of the Modi government, focusing on its priorities of the welfare of the poor and good governance. Member Parliament (Lok Sabha) Jugal Kishore Sharma in presence of former MLAs Sat Sharma and Shiv Dev Singh flagged off a bike rally from Jaggi Darbar which after passing to various areas culminated at Bakshi Nagar. The bike rally organized by Ishant Gupta, District President BJYM was attended by Munish Khajuria District President, Karan Singh Prabhari Jammu West, Inder Jeet Sharma Vibhagh Sangathan Mantri along With Mandal Presidents Talab Tillo and Janipur Keshav Chopra and Ravesh Mengi.



MP Lok Sabha Jugal Kishore Sharma flagging off bike rally.

Speaking on the occasion, Jugal Kishore Sharma said that the participants of the rally made people aware by telling the achievements of the BJP government and various public friendly schemes and appealing to the eligible people to take benefits. They also made people aware about the Sukanya, Kisan Samman, insurance, housing, Ayushman and other schemes of the state and central government and said these schemes were being

run under the Government's Sabka Saath Sabka Vikas. They appealed to people to take advantage of all the schemes. Speaking on the occasion, Sat Sharma said that the Central Government under the leadership of Narendra Modi has stood firmly committed to the development of J&K.

It is only under BJP's rule that the UT has witnessed various developmental works being accomplished while oth-

ers are still underway and will soon get completed within time, he said.

He said that his part is working actively for the welfare of the people by implementing a number of schemes launched by the government on the ground level and reaching to the common people in every way possible. Shiv Dev Singh said that there is a need for wide publicity and dissemination of the Modi government schemes by reaching the workers from village to village.

"With this, every person can know what the government has given us and what work it is doing," he added.

He said that ever since under the leadership of Prime Minister Narendra Modi at the center, we have seen tremendous progress whether it is law and order or economy in the country.