

Self-realisation leads to peace, tranquillity: Sadhotra

STATE TIMES NEWS

REASI: General Secretary Spiritual Awareness Society of India and Former Minister, Ajay Kumar Sadhotra on Tuesday said that spirituality is the only way to attain peace and amity, pre-requisite for harmonious growth of the mankind.

"At a time the world is grappling with the pitfalls of materialism, spirituality is the only way forward to attain the ultimate goal of life in terms of peace, Mr Sadhotra said while addressing Satsangh at Aghar Walian in Reasi, organised to pay tribute to Late Capt Lal Chand, a great spiritualist who contributed a lot for the society.

He exhorted the people to work for eschewing the myopic tendencies of hate and promote camaraderie between various segments of the society to make this world a better place to live in. Peace and tranquillity holds key to growth and prosperity of the country in general and Jammu and Kashmir in particular. Referring to the great contribution of Spiritual Head and Founder President of the Society, Dr K Krishna in pro-



Former Minister Ajay Kumar Sadhotra addressing Satsanghs of Spiritual Awareness Society of India at Aghar Walian in Reasi.

moting the campaign for attaining spirituality, Sadhotra said this has helped the people to attain spiritual bliss in a big way.

He said Dr Krishna has always preached that for Aatam Gyan chanting of 'Om' is the easiest way and every spiritualist preaches for peace and oneness.

Sadhotra cautioned against the machinations of those who are trying to divide people on religion lines, saying such elements should also adopt spirituality so that atmosphere of hatred and communal divide could be thwarted.

"Spirituality teaches us love

affection with everybody because Aatama lives in everybody and when we realize this eternal truth then we can never think of hate or nurture ill will against fellow beings. He reiterated that every human being should follow spirituality for peace and amity in the larger good of humanity and to make India a strong nation.

Sadhotra prayed for peace, tranquillity and wellness of the people and high tributes were paid to Late Lal Chand. Prominent among those present on the occasion included Vijay Kumar; Ashok Kumar; Shammi Kapoor; Manohar Lal and Neelam.

of Corporate Affairs and its field offices across 75 locations of the country along

ROC J&K officers participate in Iconic Week celebration of Union Ministry of F&CA

STATE TIMES NEWS

SRINAGAR: The twin Offices of the Registrar of Companies located at Jammu and Srinagar on Tuesday took part in the celebrations of the Iconic Week of the Union Ministry of Finance and Corporate Affairs (F&CA).

This week-long programme was yesterday inaugurated by Prime Minister, Narendra Modi under "Azadi Ka Amrit Mahotsav" (AKAM) at Vigyan Bhawan, New Delhi.

Officers posted in J&K, Sudhir Phaye joined the

with the professional institutions celebrated 'Azadi ka Amrit Mahotsav'.

All the outstation field offices including Jammu and Srinagar offices of ROC cum OL, UT of J&K and UT of Ladakh joined the programme through virtual mode in which there was a release of short film on Corporate Governance and release and administration of Investor Oath apart from a series of other events.

Officers posted in J&K, Sudhir Phaye joined the

session from Jammu office

On Tuesday, the Ministry



ROC officers during a programme.

and Haamid Bukhari participated from Srinagar via virtual mode.

Randhawa starts construction work of lane, drain



Senior BJP leader Vikram Randhawa starting construction work of lane and drain.

STATE TIMES NEWS

JAMMU: Former legislator and senior Bharatiya Janata Party (BJP) leader Vikram Randhawa on Tuesday kick-started the construction work of lane and drain at an estimated cost of Rs 7 lakh at Shiv Shakti Mohallah in Narwal Bala Panchayat of Jammu East here.

He also interacted with the locals and listened to area's developmental issues. He asked locals to identify developmental needs of their area so that the works can be enlisted for execu-

tion by the concerned departments on priority.

He assured that all pending development works in the area and other development works of the area would be fulfilled in a phase manner.

He also stressed upon locals to avail benefits under various flagship welfare schemes and programmes launched by the central governments. He exhorted upon the concerned departments for proper utilization of resources and strict adherence to quality norms. He

stressed for strict vigil by the

inhabitants to cross check the quality of material being used during the execution of developmental works in their area.

While speaking, the residents applauded the efforts of the Former Legislator and assured their full support to the BJP.

Amit Gupta, Anwar Malik, Raman Sharma, Mohinder Sharma, Madan Lal, Kuldeep Sharma and Balvinder Singh, prominent citizens, a large number of people and senior officers of concerned department were also present on the occasion.

Children Theatre Camp-2022 inaugurated at Natrang



Natrang senior artists lighting ceremonial lamp to inaugurate Children Theatre Camp.

STATE TIMES NEWS

JAMMU: Natrang's Summer Theatre Camp-2022 inaugurated at Natrang studio Theatre, here on Tuesday with the lighting of traditional lamp by Sumeet Sharma, senior artist of Natrang and Gauri Thakur, workshop coordinator. A new full-length play would also be prepared by the participants during Natrang's Theatre Camp-2022 which would be presented before a larger audience who get a chance to

watch a wonderful children's play every year as the outcome of the summer theatre camp.

The training module is designed by Padmashree Balwant Thakur, who has taken the children theatre of Jammu to the entire length and breadth of the Country.

Special training focus of the workshop will be on developing communication skills, public speaking and imbibing of confidence through latest developed

techniques of theatre.

The skill developing techniques, devised by Sumeet Sharma (Recipient of SNA's National Award for Theatre Direction) during his consistent and meaningful work with children for over 19 years also prove very successful in imparting the benefits of theatre to the children. The workshop module is consistently developed and upgraded by the innovative inputs by Anil Tickoo, Neeraj Kant & Arushi Thakur Rana, sen-

ior functionaries of Natrang. The children would get training under the supervision of Neeraj Kant, Gauri Thakur and visiting trainers of allied arts. The team involved in the workshop includes Bhawana, Mohd. Yaseen, Brijesh Avtar Sharma, Arti Devi and Kanapreet Kaur.

Those who are attending this workshop include Anandita Dutt, Aariya Zia Sharma, Hargun Kour, Ragy Gupta, Raghav Sharma, Shambavi Sharma, Saanchi Dutta, Durjesh Dutta, Karan Sahib Singh, Abhiraj Suryavanshi, Shristi Kapoor, Daivik Gupta, Malhaar Sharma, Vilaa Pandotra, Daivangi Sharma, Gaurangi Sharma, Prisha Gupta, Priyal Gupta, Abhiuday Gupta, Riaan Gupta, Aarna Kaur, Kushan Balya, Dron Dushyant Kohli, Advita, Pragya Wadhera, Raaga Sharma, Pukit Jayee and Naira.

Advisor Bhatnagar stated this while addressing the valedictory session of two day first Maternal Child Health Conclave held at SKICC here.

While noting that the con-

clave would pave way for better services for J&K citizens, the Advisor said that for the health services and medical education, the UT would soon witness a golden period and MCH Conclave will bear fruitful results with respect to child and mother care through which J&K will be able to serve the citizens of J&K in a better way. He pronounced that J&K UT has kept very ambitious goals and objectives, while seeing the energy and enthusiasm, the region will be certainly be able to achieve all these goals and objectives that we have set for ourselves.

On the occasion, he also

expressed his gratitude to Government of India for supporting J&K in every aspect and said that "both GoI and J&K govt have worked very closely together and GoI has

always supported us generously in every field."

Appreciating the organizers for this conclave, the Advisor observed that all the sessions of the conclave were purposeful as there was a lot of value in the discussions that were going on.

"I am sure that the views and best practices that were discussed here in this conclave will help us to better our services in future. During this conclave not only we discussed it through medical point of view but also through societal point of view that how we could be enablers where all the stakeholders can knit together our best outcome for both mother and child health," he said.

On the occasion, Advisor

Bhatnagar felicitated the best performing districts on MCH Parameters and Kayakalp awards to the best performers.

On June 6, Lieutenant Governor Manoj Sinha had inaugurated two day J&K's first Maternal and Child Health Conclave here.

On the occasion, the Lt Governor had also dedicated Paediatric wards, ICUs, Maternal ICUs to the public.

Mission Director National Health Mission J&K, Yasin M. Choudhary, Joint Secretary (RCH) Ministry of Health & Family Welfare, GoI, Dr P. Ashok Babu among other experts and panellists also spoke on the occasion.

The two day event was packed with the below technical sessions viz: Situational Analysis of Maternal Health in J&K; Rising Trend of Caesarean Section-Boon or Bane; Maternal Mortality-Causes and Challenges; Newborn Health: Issues & Challenges; Long COVID-19-Maternal & Pediatric Perspective and Early Childhood Development (ECD).

J&K's first Maternal & Child Health conclave concludes



Dignitaries presenting memento to Advisor, Rajeev Rai Bhatnagar.

STATE TIMES NEWS

SRINAGAR: Advisor to Lieutenant Governor, Rajeev Rai Bhatnagar on Tuesday reaffirmed that Jammu and Kashmir would soon witness a golden period in Maternal and Child Health by putting into services the best practices of health sector.

Advisor Bhatnagar stated

this while addressing the valedictory session of two day first

Maternal Child Health Conclave held at SKICC here.

While noting that the con-

clave would pave way for better

services for J&K citizens, the

Advisor said that for the health

services and medical education,

the UT would soon witness a

golden period and MCH Conclave will bear fruitful

results with respect to child

and mother care through

which J&K will be able to

serve the citizens of J&K in a

better way. He pronounced that J&K UT has kept very ambitious

goals and objectives, while

seeing the energy and enthusiasm,

the region will be certainly be

able to achieve all these goals

and objectives that we have set

for ourselves.

He also interacted with the

locals and listened to area's

developmental issues. He asked

locals to identify developmental

needs of their area so that the

works can be enlisted for execu-

tion by the concerned departments

on priority.

He assured that all pending

development works in the area

and other development works

of the area would be fulfilled in

a phase manner.

He also stressed upon locals

to avail benefits under various

flagship welfare schemes and

programmes launched by the

central governments. He

exhorted upon the concerned

departments for proper utili-

zation of resources and strict

adherence to quality norms. He

stressed for strict vigil by the

locals to cross check the

quality of material being used

during the execution of develop-

mental works in their area.

While speaking, the residents

applauded the efforts of the

Former Legislator and assured

their full support to the BJP.

Amit Gupta, Anwar Malik,

Raman Sharma, Mohinder

Sharma, Madan Lal, Kuldeep

Sharma and Balvinder Singh,

prominent citizens, a large

number of people and senior

officers of concerned depart-

ment were also present on the

occasion.

inhabitants to cross check the

quality of material being used

during the execution of develop-

mental works in their area.

While speaking, the residents

applauded the efforts of the

Former Legislator and assured

their full support to the BJP.

Amit Gupta, Anwar Malik,

Raman Sharma, Mohinder

Sharma, Madan Lal, Kuldeep

Sharma and Balvinder Singh,

prominent citizens, a large

number of people and senior