

JKPS Panjtirthi conducts activities to develop cognitive skills among students



Glimpses of cognitive skills activities being performed by tiny tots of JK Public School Panjtirthi.

■ STATE TIMES NEWS

JAMMU: Cognitive development means how children think, explore and figure out things. It is the development of knowledge, skills and dispositions, which help children to think about and understand the world around them.

In this regards, JK Public School (JKPS) Panjtirthi conducted various activities among the prep wing students to develop cognitive skills.

The cognitive development of preschoolers happens most readily through play-based activities, which

makes teaching in all the preschool developmental areas all the more important.

Different activities like Play board games, flash-card games, stacking and building games, wooden blocks, jigsaw puzzles, pattern recognition work-

sheets, shapes and colours identification blocks etc were organised to improve logical reasoning, critical thinking, problem solving skills, retention power and Motor skills of little toddlers.

The Principal of JKPS Panjtirthi, Suman Banbah

said, "The first few years of a child's life is critical to their overall growth and development, that is why we are concerned about the cognitive skills of jakiians. Moreover, It is important for child's thought processing, problem-solving and decision making abilities."

J&K shooter to participate in 2024 Paralympics WC at Osijek



J&K shooter Amir Ahmad Bhat posing for photograph with others shooters and official.

■ STATE TIMES NEWS

JAMMU: Set to make the Union Territory of Jammu and Kashmir proud, a shooter from Anantnag district is ready to participate in the Paralympics World Cup scheduled to be held in Osijek in the month of July next year.

Coch Rajesh Kumar, from Bishnah tehsil of Jammu, who himself is an international medallist and has coached the Indian Army shooters, terming it as a proud moment, said, "my trainee Amir Ahmad Bhat has won team silver in Paralympics shooting World Cup held at Changwon in but he missed Olympic quota by one point."

Nowadays he is practising hard to participate in

the next world cup to be held at Osijek in July, 2023.

Bhat, he said that he has won team bronze in the 25 mtr pistol event and will also be taking part in the Paralympic Asian games and world championship this year.

"He is a strong contender for the Paralympic Olympic games 2024," he said and revealed that on the basis of Korea Shooting World Cup performance, he has been selected for the next Osijek World Cup.

"We hope that he will earn a medal for the country and make the people of Jammu and Kashmir proud with his skills and excellent performance. We wish him all the best," said the coach.

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JAMMU: J&K's Open Roller-Skating Championship concluded on Wednesday with the participation of largest number of players from across the Jammu and Kashmir.

The event was held under the overall mentorship of G.S Khurmi, President J&K Roller Sports Association and organised by the Five Star Club, Jammu at the MA Stadium. Jodhamal School emerged overall champion with highest number of medals.

The Chief Guest, Ashok Singh (Divisional Sports Officer Jammu and Kashmir Sports Council) congratulated medal winners and wished them best of luck for their future endeavours.

The Championship was managed by the Official Coach from RSFI, Kamal Anand with the Team of Event Officials comprising of Senior Players. Roshan Gupta and Seema Khatkhar were the Guests of Honour on the occasion.

Results
BOYS Loose Bearing (Sandle Skates) 5-7 yrs: Atharv Sharma (2 gold), Manraj Singh (2 silver), Manraj Singh s/o Charanjeet (2 bronze). 7-9 yrs: Hargun Singh (2 gold), Avikam Ashok Gupta (2 silver), Vivaan Gupta (bronze) and Aniket Dutta (bronze). 9-11



Medal winner skaters posing for a photograph with officials at Jammu on Wednesday.

yrs: Devansh Kumar (2 gold), Raghav Pratap (silver), Vihaan Chib (silver), Rudraksh Sharma (bronze) and Atharv Sharma (bronze). 11-14 yrs: Mohd. Uzair (gold and bronze), Deepak Kumar (silver), Gaurav Singh Chib (silver), Jaskirat Singh (bronze) and Shahzaib Nadeem (gold). Quad Jonex Skate 5-7 yrs: Nalinaksh (gold), Ranish Gupta (silver). 7-9 yrs: Aayansh Gupta (gold), Aayansh Gupta (silver), Agastya (Bronze). 9-11 yrs: Kavish Bhadwal (gold), Shrawan Sharma (silver), Krishav (bronze). 11-14 yrs: Ronak Kumar (gold), Abeer Bajaj (silver) and Madhav (bronze). Quad Professional Skate below 5 yrs: Jiaansh Sharma (2 gold), Japraj Singh (silver and bronze), Samaragya Singh Manhas

(silver and bronze). 5-7 yrs: Ayyaan Sharma (2 gold), Hardik Thakur (bronze, silver and gold), Riyansh Mahajan (2 silver), Hardik (bronze), Yashaavin Singh Reen (bronze). 7-9 yrs: Tanush Gupta (2 gold and one silver), Harsh (gold, silver and bronze), Avinav Balgotra (silver and 2 bronze). 9-11 yrs: Gurtej Singh (3 gold), Aasim Abbas Khan (2 silver), Adwait Sharma (2 bronze) Rudraksh Singh (silver and bronze). 11-14 yrs: Abhinav Bakshi (3 gold), Ronak Kumar (silver and bronze), Shivain Sharma (2 bronze), Mohit Bhagat (silver), Puneesh Sharma (silver). 14-17 yrs: Udhay Narayan (3 gold), Achinta Munde (3 silver), Ronak Kumar (3 bronze). Above 17 yrs: Surya Bhaskar (2 gold), Shayan Chauhan (gold and

Unacademy celebrates success of UPSC CSE 2022 Rank Holders

■ STATE TIMES NEWS

JAMMU: Unacademy, India's largest learning platform, announced the exceptional achievements of its learners in the UPSC CSE (Civil Services Examination) 2022.

Among the top ranks of Unacademy are Smriti Mishra (AIR 4), Kanika Goyal (AIR 9), Rahul Srivastava (AIR 10), Abhinav Siwach (AIR 12) and Vidushi Singh (AIR 13).

over 300 Unacademy Learners have secured top ranks, showcasing their dedication, perseverance, and the effectiveness of Unacademy's comprehensive learning platform.

Among the Unacademy Learners, 206 rank holders were from the online programme, benefiting from exclusive guidance provided by India's Top Educators.

Additionally, 127 rank holders were part of Unacademy's Last Mile Programme, an interview guidance programme designed to assist learners in cracking the final stage of the UPSC CSE examination.

The Last Mile Program's rigorous mock interview sessions, conducted by retired bureaucrats, former UPSC members, and Top Educators, have proven instrumental in shaping the success of these Learners.

KC Gurukul Public School Jammu celebrates Investiture Ceremony



Chief Guest, Mohinder Kumar, Corporator Ward 61 along with School Management and new members of Student Council of KCGPS Jammu.

■ STATE TIMES NEWS

JAMMU: KC Gurukul Public School Jammu organized investiture ceremony marking the formation of a new senate. To scale the heights and reaches the pinnacle of success the school always strives to inculcate a sense of commitment and responsibility among the students with their heads held high as the future leaders.

The ceremony started with the march past by the young leaders, followed by honouring them with sashes and batches and oath taking ceremony where they pledged to carry out their assigned duties.

Corporator of Ward No 61 Mohinder Kumar graced the occasion with his presence as chief guest along with Chairman Arvind Mahajan, Chairperson Sanjita Mahajan and Academic Director Anu Jandial.

Chief Guest Mohinder appreciated the students and also motivated them to bring a positive change in the society. He also encouraged the

students to participate whole heartedly in the cleanliness drive in the city. He emphasized on avoiding the use of polythene bags for the betterment of the society.

Manita Sharma, Principal KCGPS addressed the audience with a warm welcome note. She congratulated the newly elected student council body and thanked the chief guest on the behalf of management of KCGPS.

Kanan Gupta was elected the School Captain, Anshika (Sports Captain), Daan Kour (Cultural Captain), Jasneet & Mahatav (Discipline Captain) from class XII.

Followed by Vasu Sharma (Vice Head Boy), Bhoomika Sharma (Vice Head Girl), Neeharika Sharma and Charukesh Zutshi (Vice Sports Captain), Mahi Bhagat and Priyansh Singh (Vice Cultural Captain), Mahanya Rajput and Pranav Gupta (Vice Discipline Captain).

The event was successfully concluded with the National Anthem.

J&K Open Roller-Skating Championship Concludes Jodhamal School emerges overall champion

JKPS Kunjwani excels in skating with 27 medals



JK Public School faculty felicitating medal winner students.

■ STATE TIMES NEWS

JAMMU: JK Public School Kunjwani won galaxy of medals including ten gold, eight silver and ten bronze in Jammu & Kashmir Roller Skating Championship held at MA Stadium Jammu from May 26 to 29, 2023.

The winners were Gurtej Singh (3 Gold), Shravya Agnihotri (2 Gold),

Oriana (1 Gold), Aryaveer Singh (1 Gold, 1 Bronze), Mohd Uzair (1 Gold, 1 Bronze), Khavish Badwal (1 Gold), Purushartha Singh (1 Gold), Pandhi (2 Silver), Rhythm Roy (2 Silver), Chaitanya Khatkar (1 Silver, 2 Bronze), Hariansh Nag (1 Silver, 1 Bronze), Sanjeevani (1 Silver, 1 Bronze), Abeer Bajaj (1

Silver), Jaskirat Singh (Bronze), Urvi Gupta (Bronze), Arti Rajput (Bronze) and Varya Chaudhary (Bronze Medal).

Director, Shashi Choudhary and School Principal Rajesh Rathore felicitated the winners and lauded the School Coach, Varun Anand for this outstanding achievement.

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JAMMU: Two-day Jammu District Power lifting and Deadlift Championship unequipped and equipped Sub Junior, Junior, Senior & Master (Men & Women) concluded at Indoor Stadium Bhagwati Nagar, here on Wednesday.

The championship organized by Jammu District Power Lifting Association under the aegis JK UT Powerlifting Association was held under the observer of J&K State Sports Council Ritika Slathia Judo Coach Incharge Indoor Stadium Bhagwati Nagar.

Rajiv Sharma Member JK Sports Council was the Chief Guest on the occasion while Vikram Chib President Yuva Rajput Sabha and Surinder Singh Gilli was the special guests who distributed prizes among the winner and runner up players.

In Powerlifting Championship Amandeep Bassan, Vikramjit Singh and Amita Devi won best lifter in Senior unequipped, and equipped

while Gourav Sharma, Malvika Mohan and Maitreyi won best lifter in Junior unequipped, and equipped, Sourav Kumar, Adnan Choudhary, and Taniya Sharma won best lifter in Sub-Junior, equipped & Unequipped, Shalinder Charak and Sapna Jain won best lifter in Master-I equipped & Unequipped in Powerlifting Championship.

In deadlift championship Amit Singh, Satyam Choudhary, Arun Kumar, Sumit Thakyal, Amit Bhalla, Taniya Sharma, Diksha Kappor and Vanshika Sharma won best lifter in Sub-Junior, Junior, Senior & Master-I unequipped & equipped category Around 150 players participated in this championship.

Aman Bassan break previous record and create new record by lifting 300kg in squat in 235 kg in Bench Press in 93kg category, Gourav Sharma break previous record and create new record by lifting 292.5kg in squat in 105kg

category, Lovely Sharma previous record and create new record by lifting 137.5kg in squat and 53kg category Sumit Thakyal break previous record and create new record by lifting 185kg deadlift in 53kg category, Adnan Choudhary break previous record and create new record by lifting 250kg deadlift in 83kg category.

The officials of the association who organized Jammu District Power Lifting & Deadlift Championship in well mannered under the rule and regulation of Power Lifting India, namely Ajay Sharma General Secretary, Rahul Sawhney Senior Vice President, Gulzar Singh Vice President, Vikram Singh Vice President, Adil Ashraf Khan Jammu District General Secretary, Deepak Jyoti, Sanjeev Singh, Joint Secretary, Vinay Sharma Media Secretary & executive member of the association namely Sumit Gupta, Anshuman Sharma, Joginder Kumar, Sandeep Bannotra, Gourav Gupta,

Narinder Pal Singh, Suresh Pal, Sajjad, Ajit Pal Singh & Vishal Sharma. WOMEN Gold: Taniya Sharma, Puneet Kour, Heena Naz, Sapna Jain, Puneet Kour, Diksha Kappor, Vanshika Verma, Janvi Singh, Amita Devi, Shivani, Maitreyi, Malvika Mohan, Ritu Charak, Vanshika Sharma, Aditi Anand, and Hemanshu Kahi. Silver: Arshiya Rajput, Ashima Kahi, and Saneha Sharma.

MEN Gold: Sourav Kumar, Raj Aryan, Vikram Singh, Fazan Ajaz, Sumit Thakyal, Sajjan Kumar, Dhruv Mehra, Nikhil Sharma, Vansh Dogra, Arun Kumar, Aditi Parihar, Dhroon Sharma, Udhay Sharma, Harjinder Singh, Jagmeet Singh, Anesh Suri, Piyyush Amla, Sayam Gupta, Vidansh Partap Singh, Arjun Bandhary, Amit Singh, Aryan, Harsh Vardan, Nitish, Sikander Pal Singh, Akhil Gadoo, Amit Singh, Satyam Choudhary, Nitish Kumar, Piyyush Doda, Adnan Choudhary, Vansh Verma, Manat

Mahajan, Bharat Kanojia, Parveen Kumar, Suraj Pandit, Abhay, Dhruv Verma, Amandeep Basan, Shalinder Charak, Amit Bhalla, Amrit Sharma, Jeevan Singh, Sourav Bali, Umesh Rana, Gourav Sharma, Harjeet Singh, Akash Dutt and Vickramjit Singh.

Silver: Lovely Sharma, Kartik Kohli, Neeraj Sharma, Sidharth Dogra, Vansh Dogra, Krishan Lal, Kanav Kumar, Rohit Kumar, Ritik Singh, Dhruv Sharma, Koshal Singh, Shubam Rana, Sumaid Gupta, Akasht Mahajan, Rajvir, Aditya Gupta, Rudra Yadav, Zeeshan Khan, Karandeep Singh, Raghav Khajuria, Amit Sharma, Rakesh Hans, Chatenya Mahajan, Sardar Ali Azgar, Jasvinder Singh Bagga, Amit Bhalla, Dharampal Sharma, Daksh Sharma & Vishal Singh.

Bronze: Aayan Khanna, Aditi Suri, Manik Kumar, Vishal Kumar, Ritik Kumar, Iklaveya Partap Singh, Arun Sharma, Kanish Attri, Aryan Sharma, Chatenya, Vansh Verma, Aditya Dogra and Karan Singh.