DC Rajouri sees off batch of JU's Kathua Campus organizes yoga workshop 161 Haj pilgrims



DC Rajouri, Vikas Kundal bidding farewell to a group of Haj pilgrims.

STATE TIMES NEWS

RAJOURI: Deputy Commissioner Rajouri, Vikas Kundal on Friday bid farewell to a group of 161 Haj pilgrims who embarked on their spiritual journey to the holy city of Mecca. The pilgrims gathered at EidGah Masjid Rajouri where emotions were high as family members, friends, and well-wishers gathered to see off the pil-

RTA approves 42 new route permits

STATE TIMES NEWS

UDHAMPUR: Commissioner, Udhampur Sachin Kumar Vaishva on Friday chaired a meeting of Regional Authority here in the Mini Conference Hall DC Office Complex and approved 42 new route permits.

SSP, Dr Vinod Kumar, ADDC, Ghan Shyam Singh, ARTO. Romesh Kumar Smotra attended the meet-

After detailed discussion the Regional Transport Authority approved 42 All J&K contract carriage route permits. The DC asked the regulating authority to ensure early plying of services on the approved route permits and maintain a close check on overloading, overcharging and irregular vehicular movement.

STATE TIMES NEWS

KISHTWAR: The Two Day

innovative teacher training

workshop organized jointly

by The Royal Society of

Chemistry (RSC), UK and

Institute of Integrated

Medicine (IIIM) for the

Kishtwar district conclud-

Government Model Hr.

While giving the details

about the workshop, Dr.

Ashaq Hussain, Associate

is the coordinator of the

training series, said that

these workshops are being

hosted under the banner of

enhance the skills and

knowledge of science

acquaint teachers with

new techniques of deliver-

ing and engaging concepts

in Science effectively. This

teachers. The aim is to

Indian

Professor Chemistry, who integrating activities in

Hamied

Science

(YHISP),

building of

teachers from

today

the CSIR -

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Sec. School (Boys).

capacity

Science

Yusuf

Inspirational

Programme

The Deputy Commissioner, along with Additional Deputy Commissioner, Rajiv Kumar Khajuria and Assistant Commissioner Revenue Imran Rashid Kataria and several prominent community and religious leaders conveyed their best wishes and blessings to the pilgrims. A total of 534 individuals of Rajouri district are set to embark on the pilgrimage to Mecca this

The Deputy Commissioner highlighted the privilege and honor bestowed upon the selected individuals, who were about to embark on a lifechanging journey. He spoke about the great spiri-tual and cultural significance of the Haj pilgrimage, emphasizing the unity and harmony that it fosters among people of different backgrounds and nationalities.

Special arrangements were made by the local administration to ensure a smooth departure for the pilgrims.. Medical teams were also present to attend to any health emergency before the departure of Pilgrims. The Deputy Commissioner, along with the accompanying delegation, interacted with the pilgrim, offering words of encouragement and prayers for a safe and successful journey.

KATHUA: NSS Unit of Kathua Campus, in collaboration with the Students welfare Kathua Campus University of Jammu organised a yoga workshop at the Campus under the banner of Azadi ka Amrit Kaal to commemorate the upcoming International Yoga Day 2023 and as a part of Common Yoga Protocol (CYP) launched by the Ministry of Ayush, Govt. of India for the students of Kathua Campus and UIET.

The event was held under the patronage of Dr. Meenakshi Kilam, Rector, Kathua Campus. In her message, she said that Yoga is a physical, spiritual, and mental practice that has been done by the Indians for millennia and is deeply ingrained in our Indian culture since cen-



A dignitary being honoured by the management.

turies.

The workshop's main goals were to lower participants' stress levels through meditation, raise their health standards, and enable them to function better in today's cutthroat environment, because it fuels a greater drive to learn and comprehend. Following a series of warmup poses and stretches, the asanas included Sukhasan, Padmasana,

STATE TIMES NEWS

and

Provincial President of

Secretary Priti Khajuria

visited Block Moungri of

udhampur and participated in annual fair in village

In fair number of activi-

ties including wrestling,

volleyball and many more

events were organized. In

wrestling different age

groups wrestlers partici-

pated. While a friendly

volleyball match was

played by teams of

Addressing the people

Moungri and Reasi.

Panchari,

Udhampur,

Jugal

Jammu

Kishore

District

Ashwani

State

UDHAMPUR:

minister

DPAP

Ajjal.

Sharma,

President

Khajuria and

Tadasana, Bhujang Asana Shavasana, etc. for the benefit of the participants, several asanas for easing tension, lowering back pain, and improving flexibility were also practised.

The goal of the session was to encourage the attendees to maintain their motivation and live a healthy lifestyle by engaging in daily yoga practice. The workshop provides a comprehensive and allencompassing approach to the physical, mental, and spiritual health and wellbe-

Vivek Sharma Accademic Coordinator, Kathua Campus and an Vipassana expert talked about the importance of meditation in daily life. He said that Meditation is a journey within, where we discover the depths of our being. He also spoke on Vipassana meditation and said vipassana is a traditional Buddhist practice that aims to cultivate insight and wisdom through deep observation of one's own mind and body. Further said that daily meditation practice helps you with memory concentration, increases resilience, helps you manage stress better (and) helps you have a positive impact on life.

Shalini Gupta demonstrated various Yoga postures and pranayam technique for the well-being of the participants. The workshop was organized under the supervision of Mr. Amit Sharma, Officer, Programme Kathua Campus. He appreciated efforts of the NSS volunteers and asked them to spread the importance of Yoga and meditation among their friends and family for the integral development throughout the life. Dr Pankaj Khajuria, Assitant Registrar, Kathua Campus, Er. Sarvdaman Sharma, Er. Rakshit Khajuria, Mohit Sharma and other non-teaching staff members of the campus/U.I.E.T. were also present during the pro-

Thakur Sabha Bani offers support to impoverished family

STATE TIMES NEWS

BANI: The Thakur Sabha Bani recently stepped up to provide assistance to Bushan Singh, son of Jagdev Singh, residing in Halla of Tehsil Bani District Kathua.

Jagdev Singh suffered a debilitating attack two years ago and has since been paralyzed, leaving him unable to work. As a result, his family of one wife and three children have been struggling to make ends meet. With no source of income, their situation has become dire as they reside in a makeshift dwelling.

Moved by their plight, the Thakur Sabha Bani has taken action to support this family, donating Rs 10,000 and providing essential groceries such as Atta, rice, oil,

workshop was the third

workshop in the series of

total 4 workshops as previ-

ously two workshops of

this kind were conducted

at Kathua (9-10 June) and

at Katra (12-13 June).

The last workshop will be

held in Anantnag on 19th

and 20th June. In his con-

cluding remarks, Hemant

Lagvankar, the key

resource person of the

training programme- said

that the workshop was

organized with an objec-

tive to raise and to train

teachers to design lessons,

curriculum and pedagogy

to improve understanding

of subjects in order to

develop higher order

thinking skills. During the

workshop teachers were

introduced to proven

active learning techniques

that can be applied easily

in a science context, help-

ing students to develop

their conceptual under-

The teachers got the

standing.

Encroached Roshni land retrieved

from Retd Govt employee

SPASSERS

WILL BE



Sabha members providing ration to family.

President of the Thakur Sabha Bani, Darshan Singh, along with members of the Sabha including Ajab Singh, Jaswant Singh and Roshan Manhas, were present during the donation and emphasized the Sabha's commitment to helping those in need.

RSC's Teacher Training workshop concludes

President of the Thakur Sabha Bani, also urged the administration and society to join hands and provide help to the helpless in the community. The Thakur Sabha Bani has demonstrated their unwavering dedication to ensuring that no familv is left behind in their times of need.

Hussain and RSC, CSIR-IIIM Jammu and appreci-

ated the above capacity

building programme. He

said that such workshops

should be organized at

every level and on regular

intervals to develop cre-

ative teaching skills among

At the end, certificates

on behalf of RSC and

CSIR - IIIM were present-

ed to the participants by the Chief Guest in pres-

ence of scientists Dr V P

Rahul and Dr Showkat of

Lecturer GHSS Kishtwar

 $\mathrm{Dr}.$

played a key role in coordi-

nating the entire event.

thereby

Arshad Hussain

the teachers.

IIIM Jammu.

Hussain and

Manhas, Darshan

opportunity to learn some

practical science experi-

ments that could be adapt-

ed and to be used in any

setting, including those

with no traditional labora-

tory facilities. A total of

48 science teachers from

various Government and

private schools participat-

ed in this workshop and

thoroughly enjoyed the

proceedings. The valedic-

tory function of the work-

shop was presided over by

Chief Education Officer

In his valedictory speech,

the CEO urged teachers to

take these innovative tech-

niques into the classroom

Teaching effective and joy-

ful for the students. In his

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m make}$

Parhallad

Science

Kishtwar,

Jugal Kishore Sharma said "we should not try Sant Bal Yogeshwar Das Maharaj to visit Jammu

on Gurupurnima **STATE TIMES NEWS**

SAMBA: Sant Yogeshwar Das Maharaj is coming Jammu on the eve of Gurupurnima on July 3rd at Golden Palace Miran Sahib. This was stated by Devenderjeet Singh Pintu during press conference adding that disciples of Sant Bal Yogeshwar Das Maharaj from all over India are also reaching Jammu on Gurupurnima. He appealed to the people of Samba, Kathua. Billawar and its surrounding areas that everyone is cordially invited in the Gurupurnima program. Those who were present Manoj Kumar Sharama Tony, Neelam Singh, Vijay Sharma and Shivdev

G2 🚳

UNION TERRITORY OF JAMMU & KASHMIR

OFFICE THE EXECUTIVE ENGINEER PWD (R&B) CONST. DIVN. NO. III, JAMMU SHORT NOTICE INVITING TENDER

Short e-NIT No. CD-III/ 59 of 2023-24 Dated 13-06-2023

For and on behalf of the Lieutenant Governor, Union Territory of Jammu and Kashmir e-tenders are invited on percentage basis from approved and eligible Contractors registered with Union Territory of J&K, CPWD, Railways, MES and other State/Central Governments for each of the following works :-

S. No	Name of Work	Advertis ed Cost (in lacs)	Cost of document (In Rupees)	Earnest Money (In Rupees)	Time allowed for completi on	Time and date of opening of tender	Class of Contractor
1	2	3	4	5	6	7	8
1	Facelifting of Convention Centre at Talab Tillo Jammu (1st Call)	82.65	1500/-	(2% of the Advertised Cost)	60 Days	(1400 Hrs) on or after 26-06-2022	"A",
2	Construction of 3.00Mtr span RCC Culvert near House of Asha Nand Sharma (Pandotary Chak) (Under Non Plan)	5.97	600/-	(2% of the Advertised	30 Days	(1400 Hrs) on or after	"A", "B","C" &

The Bidding documents Consisting of qualifying information, eligibility criteria, specifications, Drawings, bill of quantities (B.O.Q), Set of terms and conditions of contract and other details can be seen/downloaded from the departmental website http://jktenders.gov.in as per below schedule:

1	Date of Issue of Tender Notice	13-06-2023
2	Period of downloading of bidding documents	From 14-06-2023 to 24-06-2023, 1800 Hrs
3	Date, Time and place of pre-bid meeting	17-06-2023 at 1300 Hrs. in the Office of Executive Engineer PWD (R&B) Const. Divn. No. III Jammu
4	Bid submission Start Date	14-06-2023
5	Bid Submission End Date	24-06-2023 upto 1800 Hrs
6	Date & time of opening of Technical Bids (Online)	26-06-2023 on or after 1400 Hrs in the Office of Executive Engineer PWD (R&B) Const Div. No.III Jammu
7	Date & time of opening of Financial Bids (Online)	To be notified after technical bid evaluation is completed

1.Bids must be accompanied with cost of Tender document in shape of e-challan through Treasury indicating Treasury Voucher No. & date, e-NIT No. and name of work duly crediting to 0059 (Revenue) favoring Executive Engineer PWD (R&B) Const. Divn. No. III Jammu and upload the same i.e treasury challan/receipt, Earnest money/Bid security in shape of CDR/FDR/BG pledged to Executive Engineer PWD (R&B) Const. Divn. No.III Jammu. The CDR/FDR/BG shall be valid for 45 Days beyond the bid validity period. The original instruments in respect of cost of documents, EMD and relevant documents of L1 be submitted to the Executive Engineer PWD (R&B) Const Div. No.III Jammu

at the time of allotment. No:- 6393-6415 Dated: 13-06-2023

DIP/J-3427/23 Dated:- 16/06/2023

(Er. Sunil Kumar Dogra) Executive Enginee PWD (R&B) Const. Div. No.III



DPAP leaders visit Pancheri

DPAP leaders participating in Mela at Pancheri.

change these old traditions, we have to take them. to next generations". He further said that the spirit of sports among youth makes them mentally and physically strong and if the youth remains healthy, then that area and the country also move towards progress because the golden future of the country also depends on the physically and mentally fit

vouth.

Khajuria said that such fairs are a symbol of our rich culture which we should hand over to the coming generations and it is a great pleasure to see the youth participating in the games because the youths in the urban areas today are moving towards drugs addiction and other crimes and putting their future at risk, due to which the family, society and country are not able to move forward.

Khajuria exhorted the vouths to do participate in such sports event to develop sportsman spirit and their positive mindset. Among erstwhile Reasi, Moungri Pancheri, playeres local Raj, Nab Sarpanch Shamsher Singh, Panch Krishan Singh, Om Lal, Aziz Mohd, Retd Lecturer Jai Prakash, Karnail Singh, Munshi Rama and retd. master Dhani Ram were

Jammu and Kashmir Power Transmission Corporation Ltd. OFFICE OF THE EXECUTIVE ENGINEER. TRANSMISSION LINE MAINTENANCE DIVISION-I, JKPTCL, JANIPUR, JAMMU

Email:xentlmd1@gmail.com Telephone: (0191) 2536504,

e- NIT No: TLMD-I/J/07 of 2023-24 Dated:13-06-2023

For and on behalf of Managing Director, JKPTCL, Jammu, on line e-bids are invited from qualifying

bidders for:

Overhauling of old 50 MVA CGL-I Transformer including desilting and replacement of oil at 132/33 KV Grid station Canal

 Bidders are advised to study the Bidding Document carefully. Submission of e-Bid against this Standard Bidding Document (SBD) shall be deemed to have been done after careful study and examination of the procedures, terms and conditions of the Standard Bidding Document with full understanding of its implications

The tender document is available at website https://j.iktenders.gov.in. Interested bidders may view, download the e-Bid document, seek clarification and submit their e-Bid online up to

TEMD-113/07 Of 2023-24		Tender Estimate in Rs. Lacs	Earnest Money (in Lacs)	Cost of Tender Document (InRs). Rs 4000.00 (Rupees four Thousand only)		
		Rs 65.00 lacs (Rupees Sixty Five lac only)	Rs 1.30 facs (Rupees one fac thirty thousands only)			
A	Date & Time of downloading of Bidding Document	The Bidding Document can be downloaded over http://jktenders.gov.in from 15-06-2023 (10:00Hrs onwards)				
В	Start date for Receipt of Clarifications	15-06-2023				
С	Last date for Receipt of Clarifications	20-06-2023				
D	Replies to Clarifications (The clarifications if any regarding the tender shall be given by the bidder on written request.)	From 15-06-2023 to 20-06-2023				
E	e-Bid submission (start) date & time	15-06-2023 from 11:00 Hrs				
F	e-Bid submission (end) date & time	06-07-2023 up to 14:00 Hrs				
G	Commercial and Technical e-Bid opening date & Time	07-07-2023 at 13:00 Hrs				
н	Venue of opening of technical & commercial e- Bids	Office of the Executive Engineer, TLMD-I, Janipur Jammu, Pin Code – 180007 or any other place to be Intimated.				

No. TLMD-I/J/770-73

Dated: 13-06-2023

Position of AA: Accorded

1. The bidders need to submit the proof for purchase of e-Bid document as stated in the above table through Demand Draft of any nationalized/scheduled Bank pledged to Executive Engineer, TLMD-I, Janipur, Jammu Payable at Jammu. The scanned copy of the Demand Draft must be enclosed along with the e-Bids but the original Demand Draft should reach the office of Executive Engineer, TLMD-I,JKPTCL, Janipur , Jammu well before the last day of submission of e-Bid.

2. All the e-Bids must be accompanied by the scanned copy of EMD in the form of CDR/FDR/Bank Guarantee issued by a nationalized/scheduled Bank only, pledged to the Executive Engineer, TLMD-I, Janipur ,Jammu. No Interest would be payable on Earnest Money deposited with the Department

a) Hard Copy of original instrument of EMD shall be submitted to the office of the Executive Engineer, TLMD-I, Janipur ,Jammu, well before submission of e-

b) The date and time of opening of Financial-Bids shall be notified on Web

Site http://jktenders.gov.in. This is conveyed to the qualified bidders automatically through an email message on their e-mail address. The Financial-bids shall be opened accordingly online on the same Web Site at the office of the Executive Engineer, TLMD-I, Janipur ,Jammu The e-Bids will be electronically opened in the presence of bidder's representatives, who choose to attend at the venue, date and time mentioned in the above table or any subsequent day to the

convenience of the Tender Opening Committee. An authority letter of bidder will be required to be 3. The Department reserves the right to cancel any or all the e-Bids/ the e-Bid process without assigning any reason thereof. The decision of department will be final and binding. In the event of date specified for e-Bids opening being declared a holiday for department's office

then the due date for opening of e-Bids shall be the following working day at the appointed 4. All the required documents excluding Price Schedule/BOQ should be uploaded by the e-

Bidder electronically in the PDF format, whereas Price Schedule/BOQ should be uploaded electronically in the same BOQ sheet provided with the SBD. The cost of Tender document ,EMD and other commercial & Technical

documents in original must be enclosed in an envelope super scribed with e-NIT NO:TLMD- I/J/07 of 2023-24 Dated: 13-06-2022 and addressed & delivered to the office of the Executive Engineer, TLMD-I, Janipur ,Jammu well before submission of e- bid.

6. For evaluation purpose the stipulations of the bidding documents and subsequent Corrigendum/Addenda uploaded by JKPTCL on their website, the interpretation of same thereof shall be considered as authentic and final.

EXECUTIVE ENGINEER TLMD-I.JKPTCL.JAMMU

Telephone : (0191) 2536504 DIP/J-1170-P/23 Email: xentlmd1@gmail.com Dated:- 16/06/2023

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contents of the advertisements

STATE TIMES NEWS

SAMBA: Continuing anti

encroachment drive dis-

Samba retrieved 3 Kanal

and 18 Marlas Roshni

Land at Prime Location

administration,

carried in this newspaper. The paper does not endorse the same. Readers are requested to verify the contents on their own before acting there upon.

near National Highway in Samba.

The revenue officers encroachment drive was carried out against illegal Government Employee Suneet Singh in Village Khasra No 70/66.

During the

the site.

Revenue officers during the anti encroachment drive at Samba.

informed that the anti land possession by retried Nandni near NH bearing

encroachment drive JCB machines were deployed to dismantle the boundary walls and other RCC structures erected on the site. The lands have been retrieved and notice boards indicating the status of land have been installed on