

# JIVA organises information talk on ‘career’ at JKPS Panjtirthi



Glances of career information talk being organised at JK Public School Panjtirthi on Thursday.

## ■ STATE TIMES NEWS

JAMMU: Planning a career is like assembling the pieces of a jigsaw puzzle. Timely career guidance and counselling can steer your child in the right direction.

To help students to plan their career in a systematic and informed manner career planning workshops and career information talk was organised at JK Public School (JKPS) Panjtirthi

by JIVA-connecting career to life for the students of class 10th and their parents. The aim of organising the workshop was to enable the jakiaans and their parents to understand their interest, aptitude, and potential, help them to understand the world of the work (Job Market), aware them about career alternatives based on their caliber and to assist them in career preparation

and development.

The resource person was Abhishek Ghosh and Sonia. They have worked both within India and outside India internationally. Currently Abhishek Ghosh is working as an Executive Director, with a US based multi-national Clinical Research Organization in Bangalore.

Guiding and mentoring students is his passion,

Ghosh offers career guidance to students, so that students can think, choose and build happy and successful careers for themselves.

He involved the parents and students marvelously and the two way communication really served the purpose.

The parents also interacted confidently and came forward with their problems.

The Principal of JKPS Panjtirthi, Suman Banbah said, "Career guidance for students enables deep inner exploration to understand their core interests, family influences, aptitude, personality, skills and attitudes. When children love the work they do, they are motivated, energised and confident, and will seize any opportunity that comes their way."

# Khalsa Club to face Hiranagar in hockey final today



Participating teams posing for photograph with dignitaries.

## ■ STATE TIMES NEWS

JAMMU: Khalsa Hockey Club Gole Gujral to face Hiranagar Club in the final of the ongoing first Jathedar Mohinder Singh Memorial Hockey Tournament 2023, organised by Hockey J&K at KK Hakku Hockey Stadium, here tomorrow at 4:30 PM.

Earlier in first semifinal match played on Thursday, Khalsa Hockey Club Gole Gujral defeated Dashmesh Hockey Club by four goals to two. Former MLC Ramesh Arora witnesses the match as the Chief Guest, the match was officiated by Jasprit Singh, Rohit Sharma and Matinder Pal Singh (NIS Hockey Coach

Poonch). In second semifinal, Hiranagar Hockey Club outplayed Young Khalsa by three goal to nil in one-sided contest. Jagjeet Singh witnessed the second semifinal as Chief Guest. The match was officiated by Jagjit Singh and Sahil.

Among others present were G.S Bakshi, Rajinder Singh (Senior Vice President Hockey J&K), Ishan Sharma (Treasurer Hockey J&K), Daljeet Singh (Organising Secretary), Tajinder Singh (Resident Secretary Hockey J&K), Dr. Karanbir Singh (Secretary Hockey J&K), R.P. Sarna, Manjeet Singh Randhawa (Industrialist), Harmanan Singh (General Secretary AKS Club Digiana).

# 14 trainees of Khelo India Hockey Centre Poonch selected to represent Jammu Div team

## ■ STATE TIMES NEWS

JAMMU: In what counts as one of the major achievements of the efforts of the administration in expanding the scope of sports in J&K, 14 trainees including 8 girls of Khelo India Hockey Centre, Poonch have been selected to represent the Jammu Division Hockey team in the Inter Division UT Level U-19 Tournament held at K.K Hakku Stadium Jammu.

The trainees have been undergoing rigorous priming in the newly set up centers since the inception under the tutelage of trained professionals. "Both skill and mental aspects of the trainees are being fine-tuned in these centers across the J&K and due care is being taken to provide all the best possible facilities to our athletes", said Nuzhat Gul Secretary Sports Council



on Thursday. Gul also said that the efforts put in past few years are bearing fruits and our athletes are second to none when it comes to display of skills at the highest level, adding that our players shine day in and day out across the globe and we must credit them for their unrelenting hard work.

The Secretary Sports Council also congratulated Harvinder Singh, son of the soil for creating history by

being nominated as the coach of Indian Senior Men Softball national team.

Terming Harvinder's appointment as coach of the National team as a big achievement, Waseem Raja Khan, General Secretary, J&K Softball Association said that Softball is growing fast in the Union Territory of J&K due to the facilities put in place by the J&K Sports Council.

The team is leaving for

Japan on the 23rd of this month.

In the meantime, the closing ceremony of Farooq Memorial Open Taekwondo Championships was held at Sher-i-Kashmir Indoor Complex, Srinagar today. The event was organized by J&K Taekwondo Association under the aegis of Taekwondo Federation of India (TFI) in the memory of the Senior Taekwondo Coach Farooq Ahmed.

The Secretary Sports Council presided over the concluding ceremony as the chief guest. While speaking on the occasion, Nuzhat Gul assured all possible support for such endeavors in future.

The Championship held under the banner of J&K Sports Council special vertical My Youth My Pride was inaugurated by Shahid Iqbal Choudhary, Administrative Secretary of Tribal Affairs, CEO J&K Mission Youth and Mission Director Skill

Development Mission, a few days ago.

More than 700 players from various schools and clubs participated in the event, which also opened a window of opportunity to the medalists who fancy a chance to represent the J & K team in the upcoming LG Cup All India Club's Taekwondo Championship later this year.

The event featured players from different sections of the society, including a good number of Para-athletes and players from low-income groups.

International Taekwondo Medalist, coach and referee Atul Pangotra was the Technical Director of the event. While speaking on the occasion Atul said, we are very committed to nurture and create Olympic level athletes in J&K for which J&K Sports Council is providing us all the possible support and he also presented a vote of thanks to all participants in the event.

# Harvinder creates history; becomes Indian Softball Coach

## ■ STATE TIMES NEWS

JAMMU: Son of the soil, Harvinder Singh from Jammu created history by being appointed as the Coach of Indian Senior Men Softball team.

He is the first person from Jammu & Kashmir Union Territory who has been appointed as the Coach in Olympic Sport of Softball.

Harvinder Singh, a former outstanding Softball player and NIS Certified Softball Coach from Jammu and Kashmir, is in this field since 1995 and he previously coached many Softball Clubs and J&K Softball teams.

Harvinder is youngest son of Gurbhajan Singh and Narinder Kour, who passed 10th class from Gajrati Niketan High School, Kachi Chawni, Jammu, class 12th from Luthra Academy, Jammu and Graduated from Punjab Technical University, Jammu in 2005. He did Diploma in Sports Coaching (Softball) from NS NIS from Southern Centre Bangalore and emerged as the Topper of the batch in the year 2006. He did Bachelors in Physical Education from University of Jammu in 2009-10.

On the basis of Outstanding Sports Career in Softball sport, Harvinder was appointed as Physical Education Teacher through



then SRO-376 (Appointment of Outstanding Sports Persons) in J&K Youth Services & Sports Department in the year 2014.

Harvinder started his career as a Softball player at local level from 4th Standard and won many medals at District, State & National Level Uncle of Harvinder Singh, Avtar Singh, former National level Skier inspired him to choose Softball as his career. Harvinder also recalled the contribution of his Coach Harkesh Singh, J&K Softball Association and J&K Sports Council in his success.

Resident of Model Town, Gangyal area of Jammu district, Harvinder coached many Clubs in Jammu and Kashmir. Under his Coaching, many teams won laurels at Club, District & State level. He previously

Coached Jammu and Kashmir State Team, and presently he is playing an important role for the promotion of Softball Sport in UT of Jammu & Kashmir. He has been imparting coaching since 2006. He was also the captain of J&K Softball team.

Harvinder, has been appointed as Coach of Indian National Softball (Men) team which is going to participate in Asia Cup (Men) Senior Softball Championship at Kochi, Japan from June 25 to June 28, 2023, being organizing by Japan Softball Association and Softball Confederation of Asia.

"Harvinder's appointment as Coach of National team will definitely boost the morale of Jammu & Kashmir Softball players," said Waseem Raja Khan, General Secretary, J&K Softball Association.

He said that Softball is growing fast in Union Territory of Jammu & Kashmir due to the facilities being provided by the J&K Sports Council, under the dynamic leadership of its Secretary Ms Nuzhat Gul.

Indian National Senior Men Softball team is departing from New Delhi for Japan on June 23, 2023 under the banner of Softball Association of India.

# Tourism Department organises ‘Dangal Mela’ at Mansar



effort of the Directorate of Tourism Jammu, Chief Executive Officer Mansar-Surinsar Development Authority and District Administration Udhampur along with the local Stakeholders and PRI representatives of the area. The event was attended by CEO Mansar-Surinsar Development

Authority Ved Prakash along with prominent citizens of the area. Participating wrestlers from J&K, Punjab, Haryana, Uttar Pradesh and Delhi wrestled for the coveted title amid loud cheers of the onlookers.

Speaking on the occasion, Ved Prakash, Chief Executive Officer Mansar-Surinsar

Development Authority, said that the Department of Tourism, Jammu and Kashmir is committed in its endeavour to promote Mansar-Surinsar amongst the tourists especially those visiting the holy town of Katra.

He said efforts are being made to organize more promotional events of the area within J&K and outside so that the local as well as outside travelers visit Surinsar and Mansar in huge numbers. He also added that the traditional festivals and local folk performances shall be organized in the area in close collaboration with local Stakeholders, so that our culture is also presented before the visit-

ing tourists.

He elaborated to the media persons that the annual Dangal Mela has been organized as the first of the events planned for this area for the ongoing year 2023-24 and more promotional events are in the offing in the near future.

Among others present on the occasion were Amit Sharma, DDC member Udhampur, PRI representatives, local stakeholders and prominent citizens. They appreciated the efforts of the Tourism Department in enhancing the footfall of tourists in the Surinsar Mansar area. The event was witnessed by thousands of locals/outside UT of J&K.

# Volleyball, Kho-Kho events held under My Youth My Pride at Bishnah



Participating players posing for photograph with dignitaries.

## ■ STATE TIMES NEWS

JAMMU: Under the banner of J&K Sports Council special vertical My Youth My Pride, Volleyball and Kho-Kho events were organized at Government Girls High School in the border Area, Arnia. A total of 435 students, both boys and girls besides 20 officials and 150 spectators participated in the events. Vice Principal of Government Girls High School Arnia, Raj Kumar was the Chief Guest and Kuldeep Gupta was Guest of Honour on the occasion. Sport's Activities were organized under overall supervision of Manager MA, Stadium Jammu Satpal Singh. The final match of the volleyball was played between Maharaja Club and Bishnah

Higher Secondary School in which former knocked out the latter with the final score line reading 2-1 (25-13, 25-18, 25-19) in their favour and lifted the title. In the Kho-Kho event, Senior Girls Club won the final bout. Before culmination of Sports Activities, School Staff Volleyball Match was organised between Junior Staff and Senior Staffs. Match was won by Senior Staff by 2-1 (21-8, 21-10).

Others present were Pawandeep Kour (Athletics Coach), Vinay Sharma (Senior Handball Coach), Ratika Slathia (Senior Judo Coach), Rachna Janwal (Senior Coach), Dalvinder Singh (Hockey Coach) and Divum Gupta (Badminton Mentor).

# Inter-Zone sports meet of Reasi held

## ■ STATE TIMES NEWS

REASI: Department of Youth Services and Sports (DYSS) organized inter-zone district level sports meet for Under-14 and Under-17 year boys in the disciplines of Kho-Kho, Kabaddi, Volleyball and Wrestling at General Zorawar Singh Stadium, here on Thursday. District (DYSS) officer Reasi, Tarseem Singh interacted



Players posing for photograph with dignitaries.

with the players of different zones and told them to stay away from drug menace. He was accompanied by Ram Krishan Bhat, Zonal Physical Education Officer (ZPEO) Reasi; Ashok Kumar, Incharge ZPEO Pooni and Neelash Shukla, Manager (Sports Council). In total, around 300 boys drawn from different Zones of Chassana, Mahore, Arnas, Pooni and Reasi participated in this tournament. The Results (Finals): KHO-KHO: Under 17: Zone Reasi beat Zone Arnas by four points. Under 14: Zone Reasi beat Zone Mahore. KABADDI: Under 14: Zone Chassana beat Zone Reasi. Under 17: Zone Pooni beat Zone Mahore. VOLLEYBALL: Under 14: Zone Arnas beat Reasi 3-2. Under 17: Zone Arnas beat Zone Pooni 3-2. Wrestling: Under 14: 35 kg- 38 kg: Mohit Kumar of zone Pooni beat Govind Singh of Arnas. 45 kg- 48kg: lucky Thakur of Zone Arnas beat Kulbir of Zone Pooni. 49 kg- 52 kg: Rudar Partap of Zone Chassana beat Neeraj Sharma of Zone Pooni. Under-17-41kg - 45kg: Shoulkat Ali of Zone Chassana beat Gourav singh of Zone Reasi. 45kg-48kg: Kaka Ali of Zone Arnas beat Mohd. Shied Of zone Pooni. 51 kg- 55kg: Zahir Khan of Zone Chassana beat Balvinder singh of Zone Reasi. 60kg-65kg: Rajveer Singh of Zone Reasi beat Aditya Veer Singh of Zone Arnas.

## Sharat made manager of Indian Athletics team

### ■ STATE TIMES NEWS

JAMMU: Athletics Federation of India (AFI) has appointed Sharat Chander Singh of J&K as manager of the Indian team heading for Asian Under-20 Athletics Championship to be held at Yecheon, South Korea from June four to June seven.

As per the reports reaching here, Sharat, who serves with J&K Police as DySP, has been relieved by the Department for the important assignment at the National level.

Presently posted at 4th Battalion of the Security wing of the J&K Police, Sharat has tall experience in the game of Athletics as a player, coach and general secretary of the J&K Amateur Athletics Association.

# Mission LiFE workshop held at GGM Science College



GGM Science College students with faculty at a workshop.

## ■ STATE TIMES NEWS

JAMMU: NSS unit II GGM Science College on Thursday inaugurated summer camp under the aegis of Mission LiFE and G 20 under the patronage of Principal Prof Rajesh Kumar Gupta and supervision of NSS PO Dr Deepali Mahajan to celebrate World Environment

Day.

The NSS volunteers along with Dr. Deepali Mahajan and faculty Dr. Geetanjali Rajput, Dr. Sukh Chain Sharma, Dr. Arjun Rathode, Prof. Preeti Dogra and Dr. Arti Sharma took Mission LiFE pledge.

The resource person on the occasion was Prof. Preeti

Dogra, Head Department of Environmental Sciences.

The mantra of Mission LiFE is 'Lifestyle For Environment' connecting the powers of the people for the protection of this earth, and teaches them to utilise it in a better way.

It believes that the environment can be protected by

making changes in our lifestyle.

The resource person gave the example of the adoption of LED bulbs in India for reducing electricity bills and protecting the environment. It emboldens the spirit of the P3 model i.e. Pro Planet People.

She threw light on the concept of 'Reduce, Reuse and Recycle'.

The awareness interactive session was followed by quiz on Mission LiFE. Four teams of eight NSS volunteers participated in which Team A stood first. Team B and C got second position and Team D was third.

The event was conducted by Divyansh Nadh, Himanshu Khajuria and Sanchit Sharma.