

Volleyball Association Kathua body elected

■ STATE TIMES NEWS
KATHUA: The election of the Volleyball Association of J&K district unit Kathua for 2023--2027 years was held in presence of Attar Singh (Returning Officer) at Bhagwan Shri Parshuram Ji Dham, Gurah Mandian, Hiranagar, here on Sunday.

Voting for electing district-body office bearers was held under the supervision of observers from the Volleyball Association of J&K- Kuldeep Magotra Chief Executive Officer, H.S Gill Executive Vice President, and Ramesh Sharma Treasurer.

In the elections, Kamal Sharma was elected as President while Mohinder Kumar Sharma was elected as Secretary. Rajesh Goswamy has been elected as Vice President, Ram Lal as Joint Secretary and Keshav Sharma as Treasurer.

The Executive Members include Madal Lal Toofan, Attar Singh, Surat Singh, Madan Lal, Rakesh Choudhary, Pitambhar,



V&K office bearers posing with newly elected body of District Kathua Association.

Deepak Sharma, Rajnikant Sharma, Uttam Singh, Shashi Khajuria, Yash Paul and Pardeep Sharma. Besides, Presidents of all volleyball affiliated Clubs will be executive members. Meanwhile all the office bearers in one voice nominated former district president Madal Lal Toofan as Patron-in-Chief of the District Kathua Association.

Earlier, Annual General Meeting (AGM) of District Volleyball Association Kathua was held under the chairmanship of Madan

Lal Toofan, President of Kathua Distt Volleyball Association in which various decisions were taken for improvement of volleyball game in Kathua Distt so that hidden talent of youth could be explored fully for J&K U T / N a t i o n a l / International competitions.

The office bearers of Distt Volleyball Association hailed the head and heart qualities of outgoing President Madan Lal Toofan and his team for sealing new heights of vol-

leyball game during their tenure's selfless service to the Association.

The meeting adjourned for 15 minutes for waving the way for election on a new team of office bearers for next 4 years term from 2023--2027 with nomination of Sh Attar Singh as returning officer.

In the election process, 21 volleyball clubs registered with the Kathua District Volleyball Association participated. Besides election of new team of office bearers, various committees were con-

stituted for giving overall boost to volleyball game in Kathua district.

"The election process which started from today will continue till the elections of all the District Volleyball Association affiliated with Volleyball Association of Jammu and Kashmir complete," CEO V&K, Kuldeep Magotra said, adding that the election of District Samba Association will be held tomorrow.

He added the entire election process was started on the instruction of Patron-in-Chief V&K, Raj Daluja and President Sidharth Daluja as per the Constitution of Volleyball Association of J&K and guidelines of Jammu and Kashmir Sports Council.

Meanwhile, Patron-in-Chief V&K, Raj Daluja and President Sidharth Daluja also sent congratulatory messages to the office bearers of District Kathua Association and expressed hope that under their guidance volleyball game will be promoted in the district in future.

UPSC & Civil Services qualifiers felicitated by ISC & NGO SUPPORT



NGO SUPPORT and ISC officials posing with UPSC & Civil Services qualifiers.

■ STATE TIMES NEWS
JAMMU: NGO SUPPORT in collaboration with International Sikh Confederation (ISC) Chandigarh organized a facilitation Programme in Jammu to recognize and honour the young qualifiers from UPSC and State Civil Services Examination 2022 from Sikh community.

The function was graced by Retired Capt. Bana Singh (PVS awardee) as Chief Guest and Dr. Anil K Padha former Sectary Red Cross Society Jammu as Guest of Honour.

Bana Singh congratulated all the aspirants who qualified UPSC and State Civil Exams

2022 and extended good wishes for their career ahead. Anil K Padha appreciated the hard work of the young aspirants and advised them to perform their duties to the God without fear or favour.

Dr Navneet Kaur Chairperson NGO SUPPORT in her welcome address congratulated the UPSC qualifiers for their wonderful success and motivating and inspiring stories for the coming generations too.

Retd. Col. Jagtar Singh Multani, Sectary General International Sikh Confederation also accorded welcome to the achievers.

He also gave a brief report

on the working of ISC and assured all support to the upcoming aspirants even from the remotest corners of J&K and Punjab to enable them to fulfill their Dreams.

The achievers who were honoured on the occasion include Gurvinder Kaur, Harjot Singh, Manjyot Singh, Havir Singh, Gurpreet Singh, Parsanjeet Kaur, Hirdeyjeet Singh, Pardeep Singh Sudan, Prabjot Singh, Barleen Kaur, Nanmeet Singh, Jagteshwar Singh, Dr. Irwin Kaur, Amarjeet Singh and Poonardeep Singh.

Vote of thanks was presented by Jagjit Singh, Executive Member, ISC.

Two-day cricket event for visually impaired concludes

■ STATE TIMES NEWS
SRINAGAR: The J&K Cricket Association for Blind in association with J&K Handicapped Association organized a cricket tournament at Bakshi Stadium Srinagar. The two-day event, sponsored by J&K Sports Council concluded on Sunday.

A version of cricket designed for players who are blind or partially sighted and conceived by two blind factory workers in Melbourne as "blind cricket" in 1922 using a tin can filled with rocks. Soon after, in 1922, the Victorian Blind Cricket Association was established, and the first sports facility and clubhouse for blind cricket were constructed in Kooyong, Melbourne, in 1928.

The tournament played in a format of 15/15 overs was hosted in Bakshi Stadium to filter out the noise from the city hustle and bustle as

the ball used for blind cricket is a special audible plastic ball filled with bells that produce sound once rolled on the ground and players follow the sound whether fielding or hitting the ball with a bat.

In a cricket match played between the team yellow and team blue, the match fell into the kitty of the yellow team, batting first team yellow piled up 202 runs for the loss of five wickets and their opponents collapsed at a score of 96 runs.

In the final match played between team blue and team yellow, batting first team blue scored 162 in their allotted quota of 15 overs while team yellow managed to score only 124 runs while chasing. Team Blue emerged victorious by 38 runs

Meanwhile, the series of sports events under special verticals of G-20 and My Youth My Pride was organized in the Baderwah zone

of district Doda. The events in the disciplines of Kho Kho and Kabaddi were organized at Boys Higher Secondary School.

More than two hundred students drawn from different schools of the zone segregated into twelve teams of Kabaddi and ten teams of Kho-Kho participated in the event. The Radiant High School Baderwah won the Kho Kho Championship while Sartingal Higher Secondary School ended up as runner-up in the event. In the Kabaddi championship, Government Higher Secondary Baderwah won the title while Adarsh Vidiya High School bagged the second position.

In the other events played across union territory today, most of the playfields remained abuzz with cricket activities where local organizers have collaborated with the Sports Council to organize cricket events under the My Youth My Pride module.

■ STATE TIMES NEWS

JAMMU: Prarna Charak of Government College for Women, Parade, Jammu who secured first position in all the four rounds in Women's category of the Sunday Series of Sport Climbing Competitions was declared the "Champion of the Month" with 400 points after the conclusion of the 4th round, on Sunday. She was followed by Payal Sharma (290 points) and Shagun Sharma (130 points) of the same college, on second and third positions respectively.

Similarly, Aryan Rauthan of Army Public School, Damana who secured the top position in the first three rounds and second in today's 4th round of the competition in the Sub Junior Boys category bagged the title of "Champion of the Month" with 380 points. He was followed by Deepak Singh (165 points) and Udhay Singh (130 points).

In the Mini Boys category

Sport Climbing Competitions Prarna declares 'Champion of the Month' in Women's category



Participants posing for a photograph with MAJK office bearers.

Vidur Shoor of G D Goenka Public School Jammu who collected 365 points by securing first position in the first three rounds and third position in 4th round today was declared the "Champion of the Month". Hashveer with 260 points and Devansh Sharma with 195 points bagged second and third positions respectively.

However, there was tough competition in the Mini Girls category. Manya Verma who

collected 360 points by securing first place in the 1st and 2nd rounds and 2nd position in the 3rd and 4th rounds of the competition won the prestigious title of "Champion of the Month".

Manya was very closely followed by Ayaana Bhagat (345points) who after securing the 3rd and 2nd positions in the first and second round

of the competition clinched the top spot in the 3rd and 4th round of the competition. Nivedita Kotwal bagged the 3rd spot with 260 points.

In the Junior Boys category Herman Samotra of Sprawling Buds ICSE School was declared the "Champion of the Month" with 325 points. He was followed by Aaradhyia Manhas (280points) of St.

Xavier Senior Secondary School and Saksham Slathia (275points). Kashish Bharti of Govt. Hr. Secondary School, Muthi who participated only in the 3rd and 4th round of the competition and bagged the 1st position in both the rounds was at the 4th spot with 200points.

There was not much competition in the Junior Girls Category in which Meetal Khajuria was adjudged the "Champion of the Month" after the 4th round of the competition. She was followed by Arushi and Riya Choudhary. Similarly, Jeevika was declared the "Champion of the Month" who was followed by Priya and Diya. All the winners shall be honoured by Tawi Trekkers J&K in a function to be held during the 5th round of the "Sunday Series of Competitions" on July 2, 2023.

Dada Ab Rouf Bhat qualifies Ph.D

■ STATE TIMES NEWS
JAMMU: Dada Ab Rouf Bhat, son of Ab Majeed Bhat, resident of Vessu Anantnag, Kashmir has been declared qualified for the Degree of Doctor of Philosophy (Ph.D) in Commerce by University of Jammu. He worked on the topic "Examining the Impact of Co-creation Dynamics on Service Innovation Performance in Hospitality Industry" under the supervision of Dr. Vivek Sharma, Sr. Assistant Professor, Department of Lifelong Learning, University of Jammu.



■ STATE TIMES NEWS
DODA: Bhaderkashi Chess Association District Doda (BCADD) on Sunday conducted Chess trials in Senior, Junior and Sub Junior categories in which around 50 players participated.

Chairman District Development Council, Doda Dhananter Singh Kotwal was Chief Guest and Prof Arjun Kotwal was Guest of Honour. The medals, trophies and merit certificates were distributed by Prof Arjun Kotwal.

All the matches were conducted under the Swiss



Winner players posing for a photograph with dignitaries.

Int'l Festival of Yoga held at Iconic Pangong Lake



Participants performing Yoga near bank of Pangong Lake.

■ STATE TIMES NEWS
LELE: As part of the week-long 9th International Festival of Yoga, a mesmerizing Yoga Session was organized by Mahabodhi International Meditation Centre (MIMC) with the support of the Indian Army, at the iconic Pangong Lake.

Led by a renowned Yoga Teacher from the Morarji Desai National Institute of Yoga, the Yoga session at the serene shores of Pangong Lake left a lasting impact on the participants. The Yoga teachers from MIMC showcased impressive Asanas demonstrations, while students and participants from different educational institutes, such as the University of Ladakh, National Institute of Sowa

Rigpa, Leh, and Mahabodhi Residential School, performed Yoga Asanas gracefully.

A mantra chanting session was also conducted at the shore of the breathtaking Pangong Lake, immersing the participants in the spiritual realms and enhancing the overall experience.

The Yoga session at Pangong Lake highlighted the significance of connecting with nature and promoting the physical and spiritual well-being of individuals. The picturesque setting, combined with the collective energy and enthusiasm of the participants, made the event truly remarkable.

The event witnessed the presence of dignitaries including Dr. DR Karthikayen, Brig.

Mohit AK (Commander 4 Sector RM), Col. Manjeet Singh CO 27 RR, Lt. Col. AK Butola, Varalika Mishra, Konchok Stanzin, Councillor Chmshul, Ven. Konchok Tsepal, nominated councillor and Sonam Norboo (Goba).

During the session, Bhikkhu Sanghasena, founder of the MIMC, presented the Himalayan Yoga Award to Gen. PK Mishra and a memento to his daughter, Varalika Mishra, for their outstanding contributions in promoting yoga for Health and well-being for humanity. He also expressed his gratitude to Col. Manjeet Singh and presented tokens of appreciation to the councillors in attendance. Bhikkhu Sanghasena extended his appreciation to the goba, members and the villagers of Maan-Merak for their invaluable support in organizing the event.

The Indian Army received special recognition for their remarkable and continued support in extending and promoting the Yoga session every year. Their assistance in making the event a success was acknowledged and appreciated by all.

2-day Baba Jatroot annual mela commences



Participating teams posing with dignitaries.

■ STATE TIMES NEWS
UDHAMPUR: The two-day Baba Jatroot annual Mela commenced on Sunday, here at Village Dandotra of District Udhampur.

DDC Councillor, Jasvir Singh along with Tehsildar Panchari inaugurated the Mela.

While addressing the gathering, the DDC Councillor congratulated the people and said such melas are helpful in exchanging our cultural tradition and people from far

flung areas meet their near ones in such melas. These melas are playing a pivotal role in maintaining brotherhood, peace and prosperity, he added.

Samkalp organises 'Civil Services Master Class' in Jammu

■ STATE TIMES NEWS
JAMMU: Samkalp, in collaboration with Yuva Bharat, conducted a informative and insightful 'Civil Services Master Class' on Sunday.

The masterclass aimed to provide the "right guidance" to serious civil service aspirants and was held at Gandhi Bhawan, Civil Secretariat, here. The Chief Guest for the occasion was JKAS Roohi Khajuria, who delivered an inspiring address to the students and faculty.

The welcome address was delivered by Dr. Vikram Sahi, Librarian, Dhanvantri Library, JU, who introduced the esteemed guest speaker to the audience. In her address, Roohi Khajuria elaborated various aspects of the UPSC and JKPS, the scheme and scope of the Civil Service examination, and shared strategies to be adopted for successfully qualifying this prestigious examination.

She also shared her own preparation and success journey, highlighting the various obstacles faced during the course of her preparation. She commended Samkalp for organ-



Chief Guest Roohi Khajuria (JKAS) with other dignitaries and students.

ising such a masterclass and praised their efforts in igniting a spark among the aspirants to clear the prestigious exam. Ganesh Malhotra, an experienced guide for civil service aspirants, discussed the different components of the syllabus and recommended relevant books and notes for each component. The whole event was coordinated by Dr. Narendra. He enlightened the participants about the vision and mission of Samkalp, emphasising their commitment to assisting serious civil service aspirants at every stage of their preparation.

Amulaya Gupta, Convener of Yuva Bharat, emphasised that joining the civil services through UPSC and JKPS is not merely a job but a calling to serve and make a difference in society. The event also featured an engaging question-and-answer session, where participants had the opportunity to ask questions regarding the preparation part of the UPSC and JKPS civil service examination. The masterclass concluded with a vote of thanks by Gaurav Abrol, Director of MV International School expressing gratitude to all the speakers, organisers, and participants for their valuable contributions to the event.

This 'Civil Services Master Class' organised by Samkalp in Jammu proved to be a significant step towards providing the right guidance and motivation to civil service aspirants, encouraging them to excel in their pursuit of becoming future Civil Servants.