

After Ayushmaan Khurrana, Ananya Panday shoots with Akshay Kumar, waits for OTT release



Ananya Panday has a lot on her plate. The actress is juggling, not one, not two, but five projects together. Not kidding! The daughter of Chunkey Panday was last seen in the 2022 film Liger, opposite Vijay Deverakonda. The action romance failed to leave an impact on the masses and proved to be a box-office disaster. But Ananya has not let the failure deter her. She has signed four back-to-back films with acclaimed directors, ready to take the reins of her career in her own hands. Today, let's take a look at some of the Bollywood diva's upcoming projects.

According to an exclusive report by Pinkvilla, the latest buzz is that Ananya Panday has been roped in for a Karan Johar-produced film. Reportedly, the film is titled, The Untold Story Of C Sankaran Nair, and it will star Akshay Kumar as the lead. Not long ago, Akshay and Ananya were spotted shooting for the film at the IIT Roorkee campus, reports ETimes. The Untold Story Of C Sankaran Nair is touted to be based on lawyer C Sankaran Nair. Ananya Panday will be seen in the role of a happy-go-lucky young lawyer.

Ananya Panday joined hands with filmmaker Vikramaditya Motwane for an untitled cyber-thriller, the shooting of which was wrapped up in February. The director even dropped a lovely picture with Ananya on Instagram, announcing the wrap-up. He wrote, "Barely knew you 3 months ago. Today I'm proud to call myself a fan and you a friend."

Not to forget, Ananya Panday is also a part of the much-anticipated film Dream Girl 2, headlined by Ayushmann Khurrana yet again. Helmed by Raaj Shaandilyaa, the audience was left excited after the film was announced through a hilarious short promo, featuring Ayushmann and Ananya. Earlier, Dream Girl 2 was scheduled to hit the big screens on July 7, but later on, the makers decided to enhance the VFX. The film is now expected to release in August.

Citadel India Version: Samantha Ruth Prabhu, Varun Dhawan in Serbia to shoot spy thriller series, Raj&DK



After 'The Family Man', Samantha Ruth Prabhu has signed up to lead another Hindi web series, 'Citadel'. She will be seen sharing the screen with Varun Dhawan in the much-awaited show. The 'Yashoda' star was recently in Belgrade, Serbia for the shoot for Raj & DK's directorial. Well, the diva decided to stay back in Serbia even after the schedule was wrapped up. Now, Samantha Ruth Prabhu has shared some sneak peeks of her time there.

Samantha Ruth Prabhu dropped a series of pictures and videos on Instagram, giving fans an insight into her Belgrade trip. In the photograph, she can be seen adorably holding a black kitten, wrapped around her arms. Meanwhile, the second pic features Raj & DK, and Himank Duvurru smiling at the camera. Next, Samantha Ruth Prabhu shared videos of the clay art named The Red-hair Goddess and people from the streets of Belgrade.

The 'Super Deluxe' star also posted a still enjoying a hot drink while her friends had a beer. She can also be seen reading the restaurant menu. Last, but not least, the post

further included a clip where the stunner can be seen serenaded by a group of singers.

Satyaprem Ki Katha first movie review out: 'Will remain in people's heart for a long long time'



Satyaprem Ki Katha is the film everyone is waiting for. Kartik Aaryan and Kiara Advani have come together once again after the bumper success of Bhool Bhulaiya 2. The film is an emotional ride all through going by the trailers. Yesterday, a party was held where the movie was shown to a select few. The songs of Satyaprem Ki Katha have caught on with the audience. However, the remake of Pasoori is getting a mixed response. Ashvini Yardi who worked with Kiara Advani on the film Fugly has apparently watched the film. She said she was proud of Kiara Advani who is her protege.

Satyaprem Ki Katha is an emotional love story. We can understand that Kartik Aaryan plays a character who is kind of good for nothing as said by his family. Ashvini Yardi wrote, "Take a bow Team #satyapremkikatha for making a movie that will remain people's heart for a long long long time. Releasing on the 29th of June., please go with your entire family and yes take a few tissues too. Kiara my baby, you make me proud every time."

Five interior design ideas to improve your mental health



Nothing is more valuable than your mental health; life today can be stressful. A high-stress job, a lack of "me time," and feelings of isolation or loneliness can all impact your well-being. In reality, many factors contribute, so discovering new methods to boost mental health wherever possible is extremely important. Our house is supposed to be a haven from the outside world, where we can unwind and let our worries fade away.

Let the Light Shine In

Since we're on the theme of nature, you may need to realize that sun daylight is one of our best friends. Daylight makes a space feel less restricted and strengthens our overall mood. This is because sunlight is thought to boost the amount of serotonin released by your body, making you feel calm and focused. To improve your mental health, incorporate as much natural light as possible when designing a home. This could entail installing massive windows,

extra lamps, lighting or skylights, and positioning furniture in areas where it will receive the most light.

Opt for Richness through Art

The sight of blank walls can be saddening. If your walls feel bare, consider purchasing a few frames, murals, or decor that will brighten your day. Because art is subjective, find a style that speaks to your personality and fills you with joy. Consider adding other decorative items. On an empty hall table, place a small sculpture. Decorate your bathroom vanity with lovely drawers. Put a beautiful vase between the books on your bookshelf. To bring you joy, art does not have to be large or expensive. Find stuff that speaks to you and reflects how you want to live and feel in your home.

Go Green with Nature Elements

Plants can completely change the mood of a room, transforming it from grey and lifeless to dreamy and inviting. They improve the environment, reduce anxiety and stress, and can generally boost your mood. Plants add color, interest, and elegance and are surprisingly simple to integrate by hanging planters or a kitchen vegetable garden. The effect of biophilic design on our emotions and well-being is well known. Many studies have shown that biophilic interior design can even improve our cognitive abilities, which is why it is popular in office spaces too.

Lean on to Color Palette

Color is one of the essential aspects of any design, especially when it comes to interior design and mental well-being. The ancient Egyptians examined the impact of hues on mood, and there's no doubt that the colors we choose can influence a person's state of mind and overall personality. A simple change in walls and ceiling colors can turn a bright, open space into a dramatic, moody cocoon.

When it comes to colors that promote good mental health, cool, calming colors are your best bet.

Tips to get fuss-free hair in monsoon

Managing hair during the monsoon season can be a bit challenging due to increased humidity and dampness. However, there are several tips you can follow to maintain fuss-free hair during this time. Here are some suggestions:

Keep your hair clean: Wash your hair regularly with a mild shampoo to remove any excess oil, sweat, or dirt that may accumulate due to humidity. Clean hair is less prone to frizz and tangles.

Condition well: After shampooing, use a good quality conditioner to keep your hair moisturized and manageable. Focus on the lengths and ends while applying the conditioner and rinse thoroughly.

Avoid heavy styling products: During the monsoon, it's best to keep your hair lightweight and avoid heavy styling products that can weigh it down and make it look greasy. Opt for lighter serums or leave-in conditioners that provide moisture without adding excessive weight.

Minimize heat styling: Excessive heat styling can lead to frizz and damage, so try to minimize the use of heat-based tools like hair dryers, straighteners, and curling irons. Instead, let your hair air dry whenever possible.

Tie up your hair: Keeping your hair tied up in a loose bun, ponytail, or braid can help prevent it from getting excessively wet and tangled in the rain. This can also help



reduce frizz and make it easier to manage.

Use anti-frizz products: Invest in anti-frizz hair products such as serums, sprays, or creams specifically designed to control frizz in humid conditions. Apply a small amount to your hair, focusing on the ends and areas prone to frizz.

Regularly trim your hair: Trimming your hair every 6 to 8 weeks helps remove split ends and keeps your hair healthy. This prevents further damage and breakage, making it easier to manage.

Protect your hair from rain: If you know you'll be exposed to rain, consider using a waterproof hat, umbrella, or a rain hood to protect your hair from getting excessively wet. You can also use a scarf or a headband to cover your hair.

Stay hydrated and maintain a healthy diet: Drinking an adequate amount of water and maintaining a balanced diet rich in vitamins and minerals can help improve the health of your hair, making it more resilient to external factors.

Seek professional help: If you're facing persistent hair problems during the monsoon, it may be helpful to consult a professional hairstylist who can recommend personalized solutions based on your hair type and concerns.

General Knowledge Question


- 1 Q : Which law was passed by the British to curtail the nationalist and revolutionary extremist activities especially for targeting Ghadr party activists?
- (A) Monte Marlo Reforms
(B) GOI Act 1919
(C) Defence of India Act, 1915
(D) Public Safety Act, 1909
- 2 Q : India's first mission to the moon was launched in which year?
- (A) 1969
(B) 2005
(C) 2008
(D) 1998
- 3 Q : Who was the first interim President of the constitutional assembly, in whose leadership the first meeting of the constitutional assembly took place on 9 Dec 1946?
- (A) Sachidanand Sinha
(B) J.L Nehru
(C) BR Ambedkar
(D) Rajendra Prasad
- 4 Q : Pietra Dura, the inlay technique of architecture can be found in which of the following monuments?
- (A) Taj Mahal
(B) India Gate
(C) Char Minar
(D) Gateway of India
- 5 Q : _____ is also known as 'The Light of Asia'.

- (A) Rumi
(B) Buddha
(C) Gandhi
(D) Swami Vivekananda
- 6 Q : When was the battle of Haldighati fought?
- (A) 1550
(B) 1576
(C) 1650
(D) 1701
- 7 Q : Who was adorned with the title of 'Jarikalam' by Emperor Akbar?
- (A) Muhammad Khan
(B) Mir Syed Ali
(C) Abdusamad
(D) Mohammad Hussain
- 8 Q : Which Mughal ruler was called 'Alamgir'?
- (A) Aurangzeb
(B) Jahangir
(C) Akbar
(D) Shah Jahan
- 9 Q : Which Rajput dynasty did not surrender to Akbar?
- (A) Parmar dynasty
(B) Chauhan dynasty
(C) Chandela dynasty
(D) Sisodia dynasty
- 10 Q : Guru Arjun Dev was a contemporary off

- (A) Babur
(B) Shah Jahan
(C) Akbar's
(D) Jahangir's
- 11 Q : Which court exercises the jurisdiction of the Union Territory of Lakshadweep?
- (A) Kerala High Court
(B) Tamil Nadu High Court
(C) Bombay High Court
(D) Calcutta High Court
- 12 Q : Who can change the number of judges of the Supreme Court?
- (A) Parliament by law
(B) Presidential Order
(C) Notification of the Central Government
(D) Supreme Court notification
- 13 Q : By which amendment of the constitution of Delhi was made NCT (National Capital Territory)?
- (A) 63rd Amendment
(B) 69th Amendment
(C) 76th Amendment
(D) 74th Amendment
- 14 Q : Three tier Panchayati system in India is in the states with above how many population?
- (A) 15 lakh
(B) 20 lakhs
(C) 30 lakhs
(D) 25 lakhs

ASTRO SPEAK


ARIES



MAR 21 - APR 20

The moon migrates into Scorpio with the Nodes of Fate as dawn breaks. This cosmic climate will put you in a grounded yet serious mood, helping you release any stress, grief, or drama you'd rather not hold onto. Good vibes continue to flow when Mercury becomes active overhead, encouraging you to nurture your most intimate dynamics through the art of conversation and emotional exchange.


LIBRA



SEP 24 - OCT 22

The moon enters Scorpio helping you ground and appreciate the beauty that surrounds you. Lean into these vibes by moving slowly, embracing luxury, and creating stable foundations for your mind, body, and soul to operate. Good vibes will continue to flow when a grand trine graces our skies this afternoon, and new opportunities could emerge within your financial and career realms, so be sure to lead from a place of professional competency.

TAURUS



APR 21 - MAY 20

A harmonious and sweet energy will seep into the air this morning, dearest Taurus, as the moon creeps into Scorpio and the sector of your chart that governs love. Good vibes will continue to flow as Luna aligns with the Nodes of Fate and Mercury, bringing a flirty vibe to the table that's perfect for striking up a conversation with your latest crush. Venus and Chiron share a sweet exchange, bringing healing to your heart.


SCORPIO



OCT 23 - NOV 22

The moon migrates into your sign forming supportive connections with the Nodes of Fate and Mercury. This cosmic climate will ask you to lead with an open heart, and your intuition will also benefit from a boost when you engage the mystic within. A grand trine takes hold this afternoon, elevating your confidence while throwing some extra luck in your direction, so be sure to fight for your hopes and dreams.


GEMINI



MAY 21 - JUN 20

You should wake up feeling energized and ready to work, as the moon enters Scorpio while making connections with Mercury. Though you may not get immediate recognition for your efforts, the work you do now will pay off down the line. Themes around teamwork will come into play when a grand trine forms providing a stabilizing energy while encouraging you to ask for help if you need it.

SAGITTARIUS



NOV 23 - DEC 22

The moon enters elusive Scorpio and the sector of your chart that governs privacy, dear Archer, putting you in a secretive mood. Lean into these vibes by carving out some time for solitude and look for ways to nurture your heart, body, and mind. A grand trine graces our skies this afternoon, setting an intimate tone ideal for confiding in your most trusted allies. Meanwhile, Venus and Chiron share a supportive aspect, bringing a creative and intuitive vibe your way.

CANCER



JUN 22 - JUL 23

The stars will align to boost your confidence today, dear Cancer, as the Scorpio moon shares sweet connections with the Nodes of Fate and Mercury. Lean into your social side in honor of these good vibes, but try not to give your focus to anyone who might rain on your parade. Thanks to a rare grand trine overhead, a burst of auspicious energy will surround you this afternoon, marking the perfect excuse to be bold.


LEO



JUL 24 - AUG 23

The universe will ask you to get in touch with your emotions as the moon enters Scorpio and your solar fourth house. Luckily, the Nodes of Fate and Mercury will step in to promote release, so try not to fight tears if you're in need of a good cry. A grand trine manifests this afternoon, bringing a transformative energy to the table that's perfect for stepping into roles or opportunities you've been building toward behind the scenes.

VIRGO



AUG 24 - SEP 23

The moon creeps into Scorpio forming supportive connections with the Nodes of Fate and Mercury. Lean into these vibes by bringing thoughtfulness to your words, especially new connections, and business matters are concerned. A grand trine manifests bringing a flirtatious energy to the table that's perfect for letting down guards at a comfortable pace.

PISCES



FEB 20 - MAR 20

You'll wake up a darling of the universe, as the moon enters Scorpio. This cosmic climate is sure to have a lucky and spiritual effect on you, so be sure to operate from a place of faith while keeping an open mind. Good vibes continue to flow when a grand trine graces our skies this afternoon, helping you implement healthy structures that will boost your confidence on the path toward success.