

Budgam MTB Cycling Championship concludes

STATE TIMES NEWS
SRINAGAR: The 3rd edition of the Open Mountain Terrain Biking (MTB) Cycling championship was held on Sunday at Syedabad Ompora, Budgam, where around 90 cyclists participated.

In the senior category, Parvaiz Hussain secured the first position, while Waheed Ahmed and Jehangir Ahanger secured the second and third positions, respectively.

In the youth boys category, Ikhak Hussain of Khelo India cycling centre Budgam finished first, followed by Tajamul Rashid, Imdad Ali from the same centre who secured second and third positions, respectively.

In the sub-junior boys category, Azan Ali of Khelo India cycling centre Budgam, Arsalan of Khelo India cycling centre Budgam, and Mansoor Majeed secured the first, second, and third positions, respectively.

In the kids' category, Aleena Tahir of RP school HMT, Mohammad Mekail of Selvitor International School Shadipora and Mohamad Zaidan of Doon International School secured the first, second, and third



Secretary JKSC Nuzhat Gul posing for photograph with winners during closing ceremony.

positions, respectively.

The Secretary J&K Sports Council Nuzhat Gul presided over the function as the chief guest on the closing ceremony, she alongwith Mohammad Akbar Khan, Member Sports Council, distributed the prizes among the winners.

Speaking on the occasion, Nuzhat Gul highlighted the importance of cycling and participation in games and sports among the youth, assuring

the cyclists that the Sports Council would take every possible step to build modern cycling tracks and walkways in all the districts of J&K.

Nuzhat Gul applauded the role of cyclist Mohammad Akbar Khan playing an important role in inspiring and creating a favourable atmosphere for this sport in the district.

In another sports event, the fifth edition of the Vermul cup cricket match was held at Jhelum Stadium

Janbazpora Baramulla. The match was played between Shining Star Khanpora Baramulla and Blue Star jetty Baramulla, and the latter won the match by 6 wickets.

Meanwhile, the four junior trainees of Rugby Khelo India Centre Bandipora who participated in the state championship 2023 held in Srinagar have been selected for the 8th National Championship to be held at Pune, Maharashtra, along with two senior players who have also been selected for the National games.

The trials for selection to the U-16 National team for SAFF games were conducted successfully with the collaboration of J&K Sports Council and AIFF. The event saw the participation by footballers from across the J&K. The event aimed to select the best talent who will later represent their respective zones in the national trials.

"It is a great opportunity for the footballers to showcase their skills and make a mark on the national level", said Ahmad Ishfaq former International footballer and Pro Licence coach.

DSRS JU organises field-visit to border area



DSRS, JU faculty with students and BSF official during visit to Border Post of Suchetgarh.

STATE TIMES NEWS
JAMMU: The Department of Strategic and Regional Studies (DSRS), University of Jammu (JU) organised a field cum study visit for the PG students and scholars to the Border Post of Suchetgarh.

The purpose of the visit was to get the first hand experience of border management by the security agencies especially Border Security Force, at international border (IB), Suchetgarh, Jammu.

After reaching at the border, faculty members, scholars and the PG students were welcomed by the Company Commander, Pradeep Sharma at Octroi

Border Out-Post (BOP). The officer from BSF gave detailed description regarding the management of the border. BSF has been managing IB since its inception in 1965.

BSF commander mentioned that drone and tunnelling are the threats in managing border. He also gave brief accounts of few infiltration and smuggling bids from the Pakistani side. Pradeep Sharma has provided the information regarding the counter-measures of infiltration bids.

The students and scholars interacted with Jawans, locals and other people present there and also enquired about the deployment as

well as other strategic aspects of managing IB. They will submit their detailed report of this visit to the Department.

The Faculty members, Scholars and PG students also witnessed the Beating Retreat ceremony at the outpost. These types of field and Study visits will help the Scholars and students to pursue their career in Defence and Strategic studies.

The Director, DSRS, Prof. Virender Koundal, faculty members of the department Dr. Mohd. Monir Alam, Dr. Ganesh Malhotra and Dr. Ranjan Sharma also accompanied the students in field-visit.

JSS Jammu commemorates Investiture Ceremony 2023-24



Chief Guest with faculty and newly elected students council members.

STATE TIMES NEWS
JAMMU: The Investiture Ceremony of Jammu Sanskriti School (JSS), Jammu for the academic session 2023-24 was held in a special ceremony in the presence of Harvinder Singh-ADC Jammu, Bhawani Atri-Tehsildar Bishnah and Girish Kumar Principal, Jodhamal Public School.

At this ceremony, the school prefectural board is formed after scrutiny, interviewing and selection by democratic voting and prior to that campaigning was done in which students nominated for myriad portfolios campaigned

which gave them a feel of functioning of an official administrative body.

The highlight of the event was the pinning of badges by Harvinder Singh, Bhawani Atri and other dignitaries. The student council members vowed an oath to work faithfully for the school.

The students' council took the pledge to hold the school motto 'Learn for Life' in high esteem.

Principal-cum-Vice Chairperson of the School, Rohini Aima congratulated the newly elected student council and admonished them to be impartial and honest in

fulfilling their duties.

She also exhorted them to uphold the values and also reminded them that with position comes responsibility towards themselves, their school and peers and struggles help one to achieve heights.

The Chief Guest also appreciated and congratulated them. He advised them to be role models and also encouraged them to put in honest efforts for every endeavor and become an inspiration for others.

The function concluded with vote of thanks by Vice Principal, Avneet Bhudhrajia.

GDC Kathua organises meditation session in Girls Hostel

STATE TIMES NEWS
KATHUA: Government Degree College (GDC) Kathua hosted a rejuvenating meditation session at Girls Hostel under the patronage and guidance of Principal Prof. Seema Mir.

This session was to alleviate the mental pressure faced by the boarders during ongoing examinations.

The event commenced with a welcome address by the Convener of Girl's Hostel, Prof. Rajkiran Sharma.

This empowering initiative was organised in collaboration with Art of Living under the banner of "Har Ghar Dhayan" featuring meditation session conducted by experts Simmy Bhadwal and Shivalika Sharma.

More than 100 boarders enthusiastically participated in meditation exercises. The experts physically provided various

meditation techniques and elaborated on their health benefits.

A key highlight of the session was questionnaire round, where the girls had the opportunity to address their queries and concerns. The experts skillfully addressed each doubt, ensuring complete satisfaction among the participants.

During the event, boarders expressed their desire for more such camps in the Girls Hostel. The experts accompanied by the faculty reassured them that future camps would be organised on a regular basis.

The programme was culminated with a vote of thanks presented by Dr. Nitu Sharma, Warden Girls Hostel.

The programme was graced by the dedicated hostel employees who actively supported the event.

Double title for Samanyu in U-18 Lawn Tennis



Winner players posing with dignitaries during prize distribution ceremony.

STATE TIMES NEWS
JAMMU: Samanyu Cyrish made it a double title win taking away boys singles and doubles trophies in the three-day Jammu District Under-18 Lawn Tennis Championship which was organised by the J&K Lawn Tennis Association (JKLTA) at MA Stadium, here on Sunday.

Earlier, in the doubles final, Samanyu Cyrish pairing with Abhirath Thappa defeated the duo of Ranveer Choudhary and Saksham Amla in straight sets of 6-3, 6-2.

In boys' singles title clash, Samanyu trounced Ranveer Choudhary 2-0 (6-3, 6-4) to make it a double title win.

In girls' doubles final, Antekshika and Mehreen Kour emerged champions beating the duo of Myra Vashisht and Tanishka Thusoo 6-1, 6-3. In girls' singles event, Antekshika defeating Myra Vashisht 6-2, 6-3 to take home the title trophy.

In the meantime, an exhibition Mixed Doubles match also played. Suraj Bhan Singh, Manager of Indoor Complex M A Stadium was the chief guest, who along with office bearers of the Association presented the title trophies.

Speaking on the occasion, Suraj Bhan Singh appreciated the efforts of the JKLTA for its determination to take this sport to every nook and corner of the UT of Jammu and Kashmir. He also congratulated the winners and wished them success in future events too.

Meanwhile, the JKLTA president, Captain Murti Gupta informed that more than 50 participants from across the Jammu district showcased their talent in this tournament.

General secretary of the Association, BS Jaggi thanked the parents and officials of J&K Sports Council for all the help and support.

Maiden 7-Day CVPPL Football Cup-2023 begins

STATE TIMES NEWS
KISHTWAR: The maiden 7-Day CVPPL Kishtwar Football Cup-2023, organized by the District Administration Kishtwar, in collaboration with the District Youth Services and Sports Department and sponsored by Chenab Valley Power Projects (CVPPL), was officially inaugurated here on Sunday in the Chowgan Grounds.



DC Kishtwar, Dr. Devansh Yadav with participating teams and other dignitaries.

Roshan Lal Parihar and SHO Abid Bukhari.

Besides all teams, the sports fraternity of DYSSO office, Students of Kishtwar Heritage School, and prominent citizens and sports lovers attended the event.

At the opening ceremony, DYSSO, K.L. Sharma, along with the sports staff, warmly welcomed the Chief Guest and other dignitaries by presenting bouquets.

The program commenced with the lighting of the lamp by the dignitaries, symbolizing the inauguration followed by speeches by dignitaries.

The DYSSO gave an introductory briefing about the tournament, highlighting the initiatives undertaken by the District Administration, particularly the efforts put in by Dr. Devansh Yadav, to promote cricket and football sports in the district.

These initiatives include

the construction of turf pitches in remote areas of Kishtwar, special coaching and guidance sessions by UT level sports experts and recent visits to Kishtwar by renowned players such as Shubham Khajuria. These endeavors provided an appropriate platform to the youth to showcase and nurture their talents.

In his address, Deputy Commissioner Kishtwar expressed his heartfelt welcome to all the teams from Kashmir, Jammu, Delhi, and Uttar Pradesh. He emphasized that this historic interstate sports event is a significant milestone for Kishtwar and announced that the Inter State football tournament will be held annually from now on to bring Kishtwar on the national football map. He said sprawling Chowgan grounds provided an advantage for holding such sports

events in the region.

He further stressed the importance of sportsmanship and discipline, considering these events as great opportunities for the development of such qualities among the participants.

The Deputy Commissioner extended his appreciation to the Sports Department, CVPPL and all other stakeholders for the efficient organization of the event within a short span of time. Furthermore, he administered the World Environment Day pledge to all present, highlighting the significance of environmental conservation.

Speaking on the occasion, SSP Kishtwar commended the initiative of the District Administration and shed light on the numerous health benefits of sports in an individual's life. He emphasized the importance of games in

shaping careers and encouraged the youth to avail themselves of such opportunities to acquire valuable skills. The SSP also informed the audience about an upcoming Weightlifting Championship scheduled to be held by the Police Administration on 10th and 11th June, urging everyone to participate.

Recognizing the initiative of the District Administration to promote sports to curb the menace of drug abuse, President Municipal Council Kishtwar Sajjad Najjar assured full support from the Municipal Body. He also appealed to the citizens of Kishtwar to cooperate with the authorities in making Kishtwar a plastic-free city.

As part of the ceremony, a patriotic Song was presented by Banshi Lalji, a local Singer and mentor of Kishtwar Idol.

Later, the dignitaries interacted with team members, offering their best wishes for the matches.

Two matches were played today between Lone Star Kashmir and Jammu FC in the first session and between Kashmir FC and Sudeva Delhi FC in the 2nd session.

The inauguration ceremony was officiated by Zorawar Singh and Javed Sheikh (PET) of Sports Department.

PSPS GCW Gandhi Nagar organises 'Beat the Plastic Pollution' Rally



NCC cadets posing for photograph with faculty members during a rally.

STATE TIMES NEWS
JAMMU: A part of the special series of awareness activities being organised to commemorate World Environment Day-2023 under Puneet Sagar Abhiyaan from 30th May to 5th June, 2023, the 2 J&K Girls Bn. NCC wing of Padma Shri Padma Sachdev Govt. College For Women on Sunday took out an awareness rally "Beat the Plastic Pollution."

As many as 44 zealous cadets participated in the awareness rally with the agenda of Plastic Free India to beat Plastic

Pollution.

Prof. Minu Mahajan, the Principal of the College along with other senior faculty members flagged off the Rally from the College Premises and the same culminated near Vikram Chowk after passing through Warehouse.

Lt. Suman Bala, ANO along with the cadets raised slogans like 'Hum Sab ne yeh Thana hai', 'Plastic ko hatana hai'; 'Say No to Plastic'; 'Don't be Elastic, Say No to Plastic' to sensitize the public about this menace.

In another activity, the cadets spread awareness

about Plastic, a ban for the future. The cadets interacted with the shopkeepers at Warehouse, Vikram chowk and sensitized them about the hazardous effects of using single use plastic in our daily lives. They also reiterated the pertinence of being aware about ill effects of Plastic on Environment.

Meanwhile, 74 cadets took an online pledge - "Lifestyle for Environment" to mark the significance of the day.

All the events were coordinated by ANO Lt. Suman Bala along with Senior Cadets.

J&K LG Manoj Sinha pays obeisance to Jagadguru

Various members call on LG

STATE TIMES NEWS
SRINAGAR: Lieutenant Governor Manoj Sinha paid obeisance to Jagadguru Sri Sri Sri Vidhushekhara Bharati Mahaswamiji, 37th head of Dakshinamnaya Sri Sharda Peetham, Sringeri at Srinagar.

Jagadguru Sri Sri Sri Vidhushekhara Bharati Mahaswamiji will be performing Pran Pratistha of Maa Sharda Murti at Maa Sharda Devi Temple at Teetwal, Kupwara, tomorrow on June 05.

Meanwhile, Civil Services qualifiers Waseem Ahmad Bhat and Manan Bhat called on Lieutenant Governor Manoj Sinha. The Lt Governor congratulated and extended his best wishes to them.

Syed Basharat A



Lt Governor Manoj Sinha paying obeisance to Jagadguru Sri Sri Sri Vidhushekhara Bharati Mahaswamiji and interacting with N. Venkataraman, Additional Solicitor General Supreme Court.

The Lt Governor said that their achievement will inspire other youngsters from UT of J&K.

He called upon them to be committed and confident, as they will form the backbone of the public administration in the future.

Later N. Venkataraman, Additional Solicitor General (ASG) Supreme Court called on Lieutenant Governor Manoj Sinha.

Bukhari, Former Minister J&K also called on Lieutenant Governor Manoj Sinha.

He discussed several issues related to the public welfare and also submitted a memorandum of demands pertaining to development projects.

The Lt Governor assured the former minister and the Youth Provincial President of appropriate action on the genuine issues and matters apprised by them.