

# J&K Pollution Control Committee organizes interactive cum awareness programme

**■ STATE TIMES NEWS**  
JAMMU: As a part of Mission LiFE Vehicular Pollution Wing of J&K Pollution Control Committee while elaborating a way of living based on Indian Environmental traditions and conservation practices organized an interactive cum awareness Programme on World Environment Day at Bhatia Filling Station, BC Road, here on Tuesday.

About 30 participants including Management Staff of Bhatia Filling Station, officials of Traffic Police, owners of Pollution Checking Centres and a few commuters were administered pledge for mission life.

Kuldeep Bhan I/c Vehicular Pollution Jammu province deliberated upon mission life and sensitized the gathering about harmful effects of Vehicular



Officials of Vehicular Pollution Wing of J&K Pollution Control Committee taking pledge.

Pollution. It was emphasized that vehicles through their emissions and noise cause air pollution. Rapid industrialization, urbanization, economic development and increase in number of motor vehicles in use have a definite correlation. There has been a phenomenal increase in the number of vehicles on our roads. The vehicle population which was just in lakhs in fifties is in crores now. Therefore,

automobiles have today become an important source of air pollution in urban atmosphere. Hence the need of hour for mankind is to preserve the environment which is under tremendous threat due to the pressure of increasing population and degradation due to human intervention.

Air Pollution and its control has emerged as an issue of major concern not only for the general public but

also to the regulatory agencies. Automobile exhaust emissions contribute significant pollutants to the atmosphere. The pollutants are Carbon Monoxide, Carbon Dioxide, Oxides of Sulphur, Nitrogen, unburnt Hydrocarbons and particulate matter in the form of smoke. It has been presumed that about 2/3rd of total Air Pollution in J&K is from vehicles and rest from industries and burning of

Biomass and Municipal Solid Waste. Apart from this vehicles are also a source of noise pollution as a result of pressure horns and old, outdated engines, Bhan added.

While emphasizing the importance of World Environment Day which provides a global platform to raise awareness about environmental issues and take remedial action Bhan said that we all must join hands at a local level for a Plastic Free Environment given the theme of this years world Environment day is Beat Plastic Pollution.

The programme was co-ordinate by Raman Gupta Field Inspector and Deepak Mattoo JSA and supported by Green Alternatives (Regd.). Refreshments were also served to the participants.

# Har Ghar Dhyam workshop organized at GGM Science College



GGM Science College students and faculty during a Har Ghar Dhyam workshop.

**■ STATE TIMES NEWS**  
JAMMU: GGM Science College Jammu in collaboration with Art of Living organized Har Ghar Dhyam workshop under the patronage of Principal Prof. Rajesh Kumar Gupta and supervision of NSS unit II Programme Officer Dr. Deepali Mahajan and Psychological Cell Convenor Dr. Shalsha Sharma.

The Art of Living Foundation is a volunteer-based, humanitarian and educational non-governmental organization (NGO) having its centres at 180 countries. The resource persons were Ajay Kapoor

State coordinator Art of Living Bureau of Communications and Projects J&K UT and Akshita Sharma a trainer with the Art of living who teaches stress-elimination and self-development programs. The workshop opened with the welcome address by Dr. Deepali Mahajan, meditation ambassador of the college. Akshita Sharma explained how the change in life style adopting meditation, pranayama and stress relieving kriyas help in boosting immunity and health, relieve stress, anxiety and depression. The students and faculty members felt relaxed

and positive after the meditation session. Dr. Anil Kumar Verma Vice Principal appreciated the efforts. Dr. Vandana Khajuria, Dr. Poonam Kamotra, Prof. Ajay Gupta presented planter to the Art of Living Team. Prof. Jyotdeep, Prof. Asha Sharnhal, Prof. Samita, Prof. Preeti attended the workshop. The event was coordinated by Aaghav Arora, Jatin Sharma, Damandeep Singh, Sukhpreet Singh, Pallav Singh, Himanshu Khajuria, Divyansh Nadi, Sanchit Sharma, Pulkit Prashar, Hritik, Aakriti Sharma, Mandeep Kumar and Kunal Chandan.

# JSS Kathua conducts Cyclothon to spread awareness "Beat Plastic Pollution"



Students posing with JSS Kathua faculty and other dignitaries.

**■ STATE TIMES NEWS**  
KATHUA: To commemorate World Environment Day, Jammu Sanskriti School (JSS) Kathua conducted a Cyclothon for the young Sanskritians to spread awareness about "Beat Plastic Pollution".

Nearly 100 young enthusiastic Sanskritians of the School rode their bicycles to take part in the 'Cycle Rally' organized by their school. The dignitaries present on

the occasion were Ranjeet Singh, Dy. Commissioner Enforcement, State Taxes Department Kathua as the Chief Guest while Tilak Raj Bhagat Chief Engineer (Retd.) District Vice President BJP as Guest of honour.

Other guests present were Parents, Rakesh Singh Sumbria, Naninder Tangri, Sanskritians, Police and Traffic Police officials along with the media fraternity.

The main purpose of the cycle rally was to bring awareness among the citizens, on making the youth aware of the advantages of cycling, with an objective to promote cycling, a good source of exercising to keep fit and healthy, along with preserving the environment.

The chief guest, other dignitaries and Mili. R. Sumbria, Principal of the School besides Coordinators flagged off cycle rally from the

Shaheed Bhagat Singh Park in the morning which after passing through Stadium, Govt. Women Degree College, Bhrama Kumari Ashram, Shaheedi Chowk, Govt. Degree College and later culminated back at the Shaheedi Bhagat Singh Park. All the Sanskritians made people of Kathua city aware of the campaign.

Fabric made handbags and clay pots with sapplings were gifted to the people of society in order to strike awareness about their campaign.

Ranjeet Singh and Tilak Raj Bhagat congratulated and appreciated the school's innovative initiative to spread awareness about plastic pollution and said conducting such campaigns are helpful for youth as well as the society.

At last, participants were honored by giving certificates.

# Retirees Police League holds meeting



Retirees Police League District Jammu members during a meeting.

**■ STATE TIMES NEWS**  
JAMMU: Monthly meeting of Retirees Police League District Jammu held in Tuesday in the office of Retirees Police League District Jammu.

SP City South was guest of honor and attended on behalf of District Police Jammu. Main issues raised were provisions of free life saving drugs for Retirees in Police Hospital Jammu and Srinagar including Government Hospitals.

Regarding welfare of Retirees and pending pension

cases of Retirees due to small issues may be resolved immediately. Senior Vice President visited some old pensioners and brought the matter in the notice of District administration Rajouri.

SSP Rajouri quickly taken up matter with Police Hdqr SP who assured of full cooperation wherever required.

SP South assured to put forward their issues for redressal. As demand for AC was raised to be purchased on contributory bases Makhani Lal Sharma SSP voluntarily given Rs 5000

and others will also decide to follow.

Retired Police officers including Ch Chirag Din SSP IPS Kr Ranjit Singh SSP Savita Parihar, Tabasm, Makhani Lal Sharma, Mukesh Kumar SSP, S R Datta, V S Kundal, SPs, DSP Mohinder Singh, Kuldeep Raj, Ch Vijay Singh, Parshotam Bali, Yoginder Singh, Ajay Punjabi, Insp Mohd Sadiq, Vice President Dhan Singh, Ved Raj Bali, Satpal Cashier Ashok Kumar SIs were present in the meeting.

# KIIT Jumps to 16th Position in NIRF Indian Rankings 2023

**■ STATE TIMES NEWS**  
JAMMU: KIIT Deemed to be University has achieved a remarkable milestone in 2023 by securing the 16th position in the prestigious NIRF India Rankings 2023, which was released on 5th June 2023. This annual ranking exercise, conducted by the Ministry of Education, Govt. of India, evaluates various universities and institutions.

This impressive jump in KIIT's parameter from last year's 20th rank at the national level showcases the institution's dedication to academic excellence and compassionate outreach. KIIT has also earned a place among the top 50 research universities in the country, securing the 44th position.

Expressing his happiness over this achievement, Prof. Achyuta Samanta, Founder, KIIT & KISS, said, "I firmly believe that slow and steady wins the race. Slowly but surely, KIIT has evolved into a qualitative institution." He credited the diligent students, dedicated faculty, and staff for their collective efforts in attaining this recognition.

# Shallinder Singh assumed charge of Director (Personnel) of THDC India Limited

**■ STATE TIMES NEWS**  
RISHIKESH: Shallinder Singh has been appointed Director (Personnel) of THDC India Limited, a Mini Ratna, Schedule 'A' Public Sector Undertaking, by Government of India.

Singh joined THDC India Limited as Director (Personnel) on Tuesday.

Prior to this, he was holding the position of Chief General Manager(HR) & Head of HR Department in Corporate Office, Shimla in SJVN, a Mini Ratna Schedule 'A' PSU under Ministry of Power, Govt. of India.

He has been selected for this position by Public Enterprises Selection Board, Department of Personnel and Training, Government of India.

Shallinder Singh was born on 19th August 1965 at Shimla, Himachal Pradesh and completed his early education from the prestigious St. Edward School in Shimla.

Sh. Shallinder Singh started his career in SJVN in the first batch of Executive Trainees in 1992. He has a great exposure of various advanced National as well as International Training Programs such as Global Business Leadership held at Amity, New York (USA), Modernizing the Human Resources Functions at Royal Institute of Public Administration, London(UK) and various Leadership and Management programs at ASCI, Hyderabad etc.

In recognition to his exemplary contribution to the growth of the company, Shallinder Singh has been conferred with coveted 'SJVN Star Award 2019' and 'Award of Honour 2022'.



# Painting competition held under Janbhagidari Events



Students participating in painting competition under Janbhagidari events.

**■ STATE TIMES NEWS**  
JAMMU: Under Janbhagidari events, Painting Competition in all schools of District Jammu was organised on Tuesday by Teachers where large number of students participated.

The themes of Painting Competition were NEP-2020, G-20, FLN and Digital Initiatives which are in alignment with the Janbhagidari events.

In one venue at GGHSS Bakshi Nagar, DIET Jammu organized competition where State Nodal Officer Janbhagidari events Ajeet Sharma monitored the event.

100 students participated at GGHSS Bakshi

Nagar and programme was coordinated by Principal DIET Jammu Nand Kishor, District Coordinator Rita Sharma, Tripta Manyal HOD, Asst Coordinator Sumeet Sawhney Sr. Leet, Sugandh Sr. Leet and Pardeep Khajuria Master. Teachers and students appreciated efforts of DIET Team for organizing painting competition.

Moreover ZNOs from all Zones also encouraged teachers and students of different schools to participate in these events making this initiative of Government of India a grand success.

Such type of events and activities help teachers and students for future endeavours.

# IIM organizes symposium on Drug Discovery

**■ STATE TIMES NEWS**  
JAMMU: As part of its One Week One Lab (OWOL) Campaign, CSIR-Indian Institute of Integrative Medicine (IIIM), Jammu, on Tuesday organized a symposium on drug discovery in hybrid mode here.

Dr. Sunil Kumar Dubey, General Manager, Medical Research, R&D Healthcare Division Emami Ltd. Kolkata was the Chief Guest in the inaugural session and delivered a plenary lecture on "Pharmacokinetic Pharmacodynamic Modelling and Simulation of Phytopharmaceuticals."

He shared his expertise in using pharmacokinetic and pharmacodynamic modeling and simulation to understand the behavior of phytopharmaceuticals in the body and to design new



drugs. Laudng the role of CSIR-IIIM, Jammu in the drug development from natural resources, he emphasized that while developing phytopharmaceutical as drug, we need to make actual costing involved and the availability of standardized raw material.

Earlier, Dr. Zabeer Ahmed, Director CSIR-IIIM Jammu

in his welcome address described Dr. Dubey as acclaimed scientist having more than 16 years' experience of teaching, research and administration.

Pertinently, Council of Scientific and Industrial research (CSIR) has 37 laboratories in 26 cities of India. During the technical sessions of symposium, Dr. Prasoon

Gupta, Principal Scientist, Dr. Parvinder Pal Singh, Principal Scientist and Dr. Qazi Naveed Ahmed, Principal Scientist of Natural Products & Medicinal Chemistry division were the lead speakers.

Dr. Gupta spoke on the Isolation, Identification & Characterization of Natural Products. Dr. Pal Singh dealt with Phytopharmaceutical Research: Scientific Validation of Traditional Knowledge whileas Dr. Qazi Naveed delivered talk on Modern Drug Discovery: A Rational Approach.

Er. Abdul Rahim, Chief Scientist & Head RMBD & IST was also present on the occasion. Dr. Deepika Singh conducted the proceedings and Dr. Qazi Naveed Ahmed, Co-ordinator of Symposium presented a vote of thanks.

# Ministry of Culture, Swar Dharohar Foundation organize event in Ramnagar Fort

**■ STATE TIMES NEWS**  
JAMMU: Ministry of Culture and Swar Dharohar Foundation on Tuesday organized an event in Ramnagar Fort wherein the country's renowned Qawwali artists, Folk artist and Dogri singer artists performed. Presentation on the first day of the festival was done by famous Quwwali singers Sameer Hayat and Saif Hayat and on the second day, the country's renowned Folk Artists from Punjab, Haryana, Jammu & Kashmir and Rajasthan give their folk

dance performances.

If the countrymen of the whole of India unite with love, then God is with us and this is also the message of Amrit Mahotsav of Independence i.e. Sabka Saath Sabka Vikas.

According to Ghulam Mohammad Khan, President of Swar Dharohar Foundation, India is an example of unity in diversity for the whole world. This is the truth. It is not a responsibility to save our heritage, but it is the duty of every Indian to follow the heritage.



Artists posing for photograph with dignitaries.

# Holy Presentation Convent School organises Capacity Building Programme

**■ STATE TIMES NEWS**  
KATHUA: Holy Presentation Convent School, Kathua, organised a "Capacity Building Programme" on Interpersonal Relationship Skills. The programme saw an overwhelming participation of more than 40 teachers of various CBSE schools across Kathua.

Dr. Anita Sharma from Presentation Convent School was the CBSE resource person and special guests were Ajeet Soni, Aman, Dr. Brij Bala Kohli, Academic Director of School was the Guest of Honour. The workshop started with the Principal, Seema Sambyal, reminding the participants about the need and importance of Interpersonal relationship skills training.

The resource person deliberated on the need of enhancing interpersonal relationship skill among

people. Different skills like thinking skills, social skills and emotional skills were discussed in detail.

The programme successfully inculcated in the teachers the perspective of giving students a humanistic system of education where they not only study the subject matter, but also grow into emotionally balanced and empathetic individuals.

Sushma Choudhary, presented the vote of thanks.



Holy Presentation Convent School, Kathua faculty honouring resource person.

# Rafting Trail inaugurated in Poonch

**■ STATE TIMES NEWS**  
POONCH: GoWild Adventures, in collaboration with the Poonch Development Authority and the District Administration on Tuesday organised a successful rafting trial in Poonch.

The rafting trial was inaugurated by Deputy Commissioner Poonch, Yasin. M. Choudhary, on the Suran-River bed near Sheromani Dera Santpura Nangali Sahib, passing through Bainch en-route to Sher-e-Kashmir Bridge Poonch.

The DC interacted with the participants of rafting trail that is expected to boost tourism in the region. The event was supported by the White Water Rafting Federation of J&K, which provided technical assistance and expertise.

During the course of the event, participants had the opportunity to rafting trail from Kalai to Sher-e-Kashmir Bridge, experiencing the thrill of rafting on the Poonch river and taking in the stunning views of the surrounding landscape.

Speaking at the event, the Deputy Commissioner lauded the efforts of GoWild Adventures, the Poonch Dev Authority and the White Water Rafting Federation of J&K for their outstanding collaboration and commitment to promoting adventure sports in the region. He said that district is blessed with perennial rivers like Suran river which hold great potential for adventure enthusiasts and



DC Poonch, Yasin. M. Choudhary inaugurating rafting at Suran-River bed.

adventure tourists from throughout the country. We are expecting a positive output on tourism front with such initiatives, he further added.

CEO Tourism (Poonch Dev. Authority), Dr. Mohd. Tanveer said that the trials were aimed at promoting adventure tourism in the region. The success of the event is expected to boost tourism in the region and attract more adventure enthusiasts to Poonch.

It is pertinent to mention that this is the first such initiative in the field of adventure tourism in general and water sports in particular in the district Poonch.