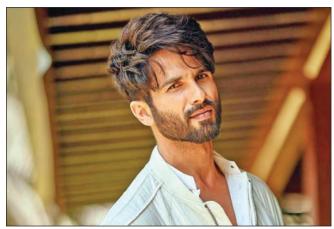
Shahid Kapoor strongly replies to those who think it's easy for him because of Pankaj Kapur, 'You don't know my struggle'



hahid Kapoor, who will be next seen in Bloody Daddy, recently tolked about the 'N' word data to find a lovely poster.

Featuring Kartik Aaryan and Kiara Advani, the poster ly talked about the 'N' word debate (as in nepotism). He gave a befitting reply to people who think that he got it very easy just because of his parents, veteran actors Pankaj Kapur and Neelima Azeem. Calling himself a "self-made" guy, the actor stated how both he and his father were "proud people" to seek help.

"I'm one of those self-made guys who people think, because his papa was an actor, got it easy or something. I get very upset with that because I'm like, 'hey guys, you don't know my struggle'," Shahid told. Shahid Kapoor revealed that he struggled his way up as his father Pankaj Kapur never helped him with his career because he ting her ready in an English colour kurta pyjama and a was "a proud man." The actor also mentioned that he always lived with his mother.

easy because I didn't even live with him. I lived with my mom. He is also a very proud man. He would never say I will call this person and go meet him. He was not like that," Shahid said. He also added how he himself was "too proud" to ask his father for any support.

Recalling how he has struggled his way up, the actor added "it has been 20 years of a lot of work. And that is just acting. Before that it films @endemolshineind & the MOST AMAZING CAST & was a five-year journey from the age of 16 or 17." Actors Pankaj Kapur and Neliima Azeem separated when Shahid was just three years old. Shahid didn't always have the best relationship with his as well. "Thank you #aaryafamily Warmest hug ever dad, but with time it became better. Neliima went to tie the knot Daulat @sikandarkher... I love you guys!!! #duggadugga,' with Rajesh Khattar, with whom she has a son, Ishaan Khattar. However, the couple parted ways after 11 years in 2001.

## Satyaprem Ki Katha: Kartik Aaryan and Kiara Advani's new loved up poster will make you restless to watch the film

**ENTERTAINMENT** 

ust look at their crackling chemistry, The new poster of Kiara Advani and Kartik Aaryan's from their film Satyaprem Ki Katha is making fans go bonkers and how, After a long wait, the trailer for Sajid Nadiadwala and Namah Pictures' 'Satyaprem Ki Katha' is all set for release tomorrow. After giving a glimpse of this upcoming romantic musical love saga with the teaser and 'Naseeb Se' song, the makers dropped a beautiful poster just a day before the release of the trailer. This has surely raised excitement for the release of the film.

'Satyaprem Ki Katha' is one of the most talked-about films currently. Ever since the teaser of the film was released, it has fondly stated the beginning of the love season. Bringing the blockbuster Jodi of Kartik Aaryan and Kiara Advani back on the screen after Bhool Bhulaiyaa 2, the film is ruling the hearts of audiences with its soulful music and mesmerising larger-than-life visuals. While all this has compiled to raise the excitement of the audience to have more of this romantic love story, the makers brought an absolute surprise for the audience with a lovely poster.



showed the chemistry of this magical couple. The trailer of the film is said to be even more amazing, and it is the most awaited Indian film after a long time.

## Aarya 3 Wrap: Sushmita Sen has a special message for 'Daulat' aka Sikandar Kher

t's a wrap" for Sushmita Sen's Aarya 3. The actress announced it on Instagram with a heartwarming post. The video opens with her makeup and styling team getblack shawl. Sushmita walks down the stairs and does a little dance with director Ram Madhvani as they have a hearty "Just because my father was Pankaj Kapur doesn't mean I had it laugh. Sushmita also gives a warm hug to Sikander Kher, who has been a part of the ensemble star cast since the first season. He plays the role of Daulat in the web series.

In the caption, Sushmita Sen wrote, "And it's a wrap!!!!! #Aarya3... Here's to @amitamadhvani @madhvaniram #kapilsharma #Shradha @disneyplushotstar @officialrm-

She had a special mention for her co-star Sikandar Kher she further added. Reacting to the post, actor Sikandar Kher wrote, "As they say .. Congo to all of us!"





## **Banana Walnut Pancake**



### Ingredients

- 1 large mango 1/4 cup blueberry
- 2 tablespoon granulated sugar
- $1\ 1/3$  cup low fat milk 1/2 cup chopped walnuts
- 1/4 teaspoon salt 1 teaspoon virgin olive oil
- 1/4 cup strawberry  $1\ 1/2$  cup all purpose flour
- 1 teaspoon baking powder
- 1/2 cup mashed banana

### maple syrup as required Method:

Peel the mango and then slice the fruit into chunks. Also cut the strawberries and blueberries into pieces. Mix all the fruits well and set aside. In a bowl, mix together flour, sugar, baking powder and salt. In another bowl, mash the banana well and mix in milk, egg and chopped walnuts. Now add the dry ingredients mixture to this mixture and mix well. If the mixture seems too thick, add little bit of milk.

Heat griddle or skillet, preferably nonstick, until medium hot. Brush it properly with oil. Pour the batter on the pan, using 1/4 cup per pancake. Cook the pancake for about 2 minutes, then flip it and cook up to 1 minute or until golden in colour. Make more such pancakes with the leftover batter.

Serve the pancakes with the prepared fruit medley and drizzle them with maple syrup or honey, if desired.

# Stylish rooftop decorations: How to create a beautiful cafe-like terrace at home

f you have a balcony, terrace, or rooftop, you will love to find amazing decorating ideas for your rooftop terrace. Raghunandan Saraf. founder of a luxurious furnishing brand, has compiled a list of fun and simple ways to give your rooftop terrace home design the feel of a

### Add Convenience to the Seating The cafes' flowy and con-

venient layout adds an incredible amount of ease to atmosphere. Additionally, folding wooden chairs are the most costeffective and straightfor-

ward rooftop design idea for providing comfortable seating. They are easy to incorporate into a cafe terrace because they are adaptable and come in a variety of styles. You will need seating in addition to a table and chairs in order to host enjoyable gatherings on

### Welcome Double Duty Details

add more ease and convenience to the view. A wall organizer can be a beautiful addition to your modern rooftop terrace design that can also be used to store essentials and give the space the vibe of a lively cafe. When purchasing cutlery holders or other high-quality storage items for your terrace, ensure

that they appeal to art lovers. Your balcony or terrace will undoubtedly take on the atmosphere of a bustling cafe if artistic detail is included in these rooftop decorations.

## Create a Background

Most of us only have one accent wall on our balcony or terrace, so make use of it. You can really make your space look like a cafe by using wallpaper that is quirky and textured. The majority of raw-looking cafes have the most authentic and aesthetic vibes, so incorporate the same vibe with brick print wallpaper. Another low-cost, easy rooftop decoration to add a cafe-like atmos-

phere to your terrace is this one. Cafe Vibe through Cafe Light

Lighting is a game-changer and the most important component for creating your preferred atmosphere. You can choose from a ful rays by wearing sunscreen with a high SPF on a daily variety of pendant lights with vibrant bohemian mosaic or sophis- basis. This will prevent further damage and reduce the ticated, sleek lines. This section of roofton decorations is entirely up to you. The most common cafe theme lights are tungsten lights, but if you want your favorite cafe to feel like an antique haveli or a natural wonder, you can also try lantern-style pendant lights or lights made of cane.

# Beauty hacks for women above 40



kincare is important after the age of 40 because the skin undergoes various changes as a part of the Onatural aging process. Here are some reasons why skincare becomes especially crucial during this stage:

Skincare Routine: Invest in a good skincare routine that includes cleansing, toning, and moisturizing. Use products that target specific concerns like fine lines, wrinkles, and age spots. Incorporate serums and face oils to boost hydration and nourishment.

Sun Protection: Protect your skin from the sun's harmappearance of age spots and wrinkles

Hydration: Hydrate your skin from the inside out by drinking plenty of water throughout the day. This helps maintain skin elasticity and a youthful glow.

Eye Care: Pay special attention to the delicate skin

around the eyes. Use a hydrating eye cream to reduce puffiness, dark circles, and fine lines. Applying cold cucumber slices or chilled tea bags can also help soothe and refresh tired eyes.

Makeup Techniques: Adjust your makeup techniques to enhance your features and create a youthful appearance. Use lightweight, moisturizing foundations or tinted moisturizers for a natural look. Avoid heavy powders that can settle into fine lines. Focus on defining your eyes and brows to frame your face.

Hair Care: As you age, your hair may become thinner

and more brittle. Use volumizing shampoos and conditioners to add body and texture. Consider a shorter haircut or layers to give the illusion of fuller hair. Regular trims can help keep your hair looking healthy and vibrant. Teeth Whitening: Brighten your smile by using teethwhitening toothpaste or seeking professional teeth whiten-

ing treatments. This can instantly freshen your appearance and make you look younger. Healthy Lifestyle: Maintain a healthy lifestyle by eating a balanced diet rich in fruits, vegetables, and lean pro-

teins. Regular exercise and sufficient sleep also contribute to a youthful appearance by boosting circulation and reducing stress. Posture and Confidence: Stand tall with good posture, as

it can instantly take years off your appearance. Additionally, exude confidence and embrace your age gracefully. A positive mindset can greatly impact how you look and feel.

Remember everyone's skin and needs are different, so it's important to find what works best for you. Consulting with a dermatologist or skincare professional can provide personalized advice tailored to your specific concerns and

and allure.

# General Knowledge Question Answers

## 1. What is the capital of France?

- a) Berlin b) Madrid
- c) Paris d) London

c) Asia

- 2. What is the largest continent in the world?
- a) North America b) Europe
- 3. Who is known as the father of the Indian Constitution?

d) Australia

- a) Mahatma Gandhi
- b) B.R. Ambedkar c) Jawaharlal Nehru d) Sardar Vallabhbhai Patel

# 4. Which planet is known as the Red Planet?

- a) Venus b) Mars
- c) Saturn
- d) Jupiter

### 5. Who wrote the famous novel, "To Kill a Mockingbird"?

- a) Harper Lee
- b) J.K. Rowling
- c) Charles Dickens d) William Shakespeare
- 6. Which country is known as the Land of the

## Rising Sun?

- b) China
- c) Thailand

## 7. Who discovered the theory of relativity?

- a) Isaac Newton
- c) Galileo Galilei

## 8. What is the capital of Canada?

- b) Ottawa
- c) Vancouver
- a) Europe
- b) South America
- c) Antarctica
- d) Australia
- 10. Who was the first person to walk on the moon?
- c) Yuri Gagarin
- d) Alan Shepard
- 11. Which river is the longest river in the world?
- b) Nile River

- a) Japan
- d) South Korea

- b) Albert Einstein
- d) Stephen Hawking
- a) Toronto
- d) Montreal

9. Which is the smallest continent in the world?

- a) Neil Armstrong
- b) Buzz Aldrin

- a) Amazon River

- c) Yangtze River
  - d) Mississippi River

## 12. Who was the first Indian astronaut in space?

- a) Rakesh Sharma
- b) Kalpana Chawla c) Sunita Williams
- d) Abdul Kalam

## 13. Who invented the telephone?

- a) Alexander Graham Bell
- b) Thomas Edison c) Benjamin Franklin
- d) James Watt

## 14. What is the currency of Japan?

- a) Yen b) Yuan
- c) Euro
- d) Pound
- 15. Which is the largest desert in the world?

- a) Sahara Desert b) Gobi Desert
- c) Arabian Desert d) Australian Desert
- 16. Who painted the famous painting "Mona
- a) Leonardo da Vinci

d) Vincent van Gogh

b) Michelangelo

c) Pablo Picasso

9. Australia

ing your drive for success



You may feel a bit preoccupied with your own thoughts today, dear Aries, as the Sagittarius moon squares off with hazy Neptune. Though these vibes could conjure your optimistic and fanciful side, try not to get caught up in day-dreams if you have work that needs tending to. The energy will shift just before evening when MAR 21 - APR 20 the moon migrates into Capricorn, reinvigorat-



An excitable yet confusing energy will take hold as the Sagittarius moon squares off with hazy Neptune. Try not to get ahead of yourself when it comes to executing ideas, or you could end up contending with errors later. A sweetness will sur-round you this afternoon when Jupiter becomes active in your solar seventh house, elevating your love life while infusing your aura with grace



Watch out for phony friends, power struggles, and unnecessary drama as the Sagittarius moon squares off with Neptune. This cosmic climate may cause others to project their emotions freely; whether positive or negative will vary from person to person. Consider escaping into your own little world when Jupiter becomes active this afternoon, helping you find peace and tranquility



Avoid taking on too many dreams today, dear Scorpio, as the Sagittarius moon squares off with hazy Neptune. Though this cosmic climate could leave you inspired to do more, your confidence may waiver if you overburden yourself with too many goals. Luckily, you'll have a chance to get organized within these aspirations later in the afternoonwhen Jupiter becomes active.



CANCER

JUN 22 - JUL 23

afternoon.

You'll need to strike a balance between wishful thinking and reality as the Sagittarius moon squares off with Neptune. While you should certainly keep an optimistic mindset, ignoring restrictions or challenges in your path could lead to disappointment. A joyous and social energy will take hold later in the afternoon, so MAY 21 - JUN 20 be sure to connect with those special people

The vibe will be cheery yet disorganized this

morning, dear Cancer, as the Sagittarius moon squares off with hazy Neptune. Though frustra-

tions could emerge if plans don't pan out exact-

ly how you'd envisioned them, accepting that

you can't control everything will give you the freedom to laugh such instances off. Good vibes will flow when Jupiter becomes active this



Try not to let your feelings cloud your judgment as the moon and Neptune square off overhead. Though you may find yourself in good spirits, your open heart could leave you susceptible to deception. Luckily, a more honest and joyful ambiance will take hold later in the afternoon when Jupiter becomes active, and you'll feel exceptionally grateful for the kindred spirits in

Take a moment to think through your words

before speaking today, dear Capricorn, as a square between the Sagittarius moon and Neptune could lead to confusion or miscommu-

nications. Take a moment for simple pleasures

and joy when Jupiter becomes active later in the

day, encouraging you to open your heart to all



Your energy will be big, bright, and sparkling as the moon continues its journey through Sagittarius. Unfortunately, a harsh connection to Neptune could conjure envy from those around you, and you may want to avoid gloating or bragging in front of others. Luckily, the energy will fee lighter and more accepting when Jupiter

becomes active this afternoon, and you may

notice a boost to your spiritual mind.



DEC 23 - JUL 20

things good.

Watch out for targeted ads, get-rich-quick schemes, and anything else that sounds too good to be true as the Sagittarius moon squares off with Jupiter. This exchange could lead to deception and confusion, making it vital to gravitate toward who and what you know is real. The energy will elevate later in the afternoon when Jupiter becomes active putting you in a social mood perfect for expanding your network.



You may find yourself caught up in romance and fantasy as the Sagittarius moon squares off with dreamy Neptune. While it's certainly okay to lean into optimism, try not to set yourself up with expectations around love. Luckily, you'll have a chance to appreciate what's real when AUG 24 - SEP 23 forth authentic and meaningful exchanges



You may feel that others aren't respecting your status or authority this morning, dearest Pisces, due to a harsh connection between the Sagittarius moon and Neptune. Luckily, you'll have a chance to hold your ground later in the afternoon when Jupiter becomes active, so you may want to hold off on any major moves or important discussions until then

16. Leonardo da Vinci 15. Sahara Desert

13. James Watt 12. Rakesh Sharma 11. Nile River 10. Neil Armstrong

14. Yen

8. Ottawa 7. Albert Einstein о. Јарап 5. Harper Lee

3. В.К. Атредкат Sish .2. 1. Paris Answers:

4. Mars