

Inform police immediately on any suspicious activities: SP Hqrs to border dwellers

STATE TIMES NEWS
JAMMU: As a part of a public outreach programme and to improve the Police- Public relations, efficiency, transparency and accountability in Policing at the grass root and to develop confidence and synergy with citizens on Wednesday, Police held a Police-public meeting chaired by SP Hqrs, Jammu in Agra Chak/ Badyal Brahmana area falling under the jurisdiction of Police Station R.S.Pura, in which Police Officers including SDPO R.S.Pura, SHO R.S.Pura, I/C BPP Agra Chak, I/C BPP Badyal Brahmana, other Police Officer were present. About 150-200 persons including prominent/senior Citizens also participated in the said meeting.

At the very outset of the meeting, SP Hqrs Jammu briefed the participants regarding importance of good Police-Public relations in maintaining peace, tranquility and public order for welfare of society at large, at the same juncture it was lucidly conveyed to them that the Police will walk an extra mile for ensuring effective Policing in the area.

A patient hearing was given to the issues of the participants during the course of meeting. Participants demanded strengthening of VDG's/BPP's and also raised several



Police officers and locals during police-public meeting at R S Pura.

issues pertaining to civil administration. While on one hand the participants were assured that their genuine grievances will be redressed on priority at the same juncture they were appealed to extend their whole hearted co-operation in ensuring effective Policing in the area for maintenance of law and order, peace and tranquility in the area. SP Hqrs, Jammu urged the participants to cooperate with Police and Administration in maintaining Law & Order in their areas as well as in identifying Anti-Social elements like drugs peddler, bootleggers, thieves, etc

Moreover, the public was also sensitized that the area falls near IB and in

view of present security scenario, drone activity/tunnels is the immediate challenge and the enemy is hell bent to spoil the peaceful environment in the area.

The participants were further briefed that keeping in view of sensitivity of the area, remain extra vigilant in their area and were also advised that if they notice anything suspicious or any suspicious person/vehicles roaming in their respective areas, bring immediately to the notice of the nearest Police unit.

The participants were also briefed/advised to keep a supervision over the routine activities of their children and they If notice any thing unusual immediately try to cross check it. They were also informed that if any one who is drug addict and wants treatment can come to Police Drug De-addiction Centre Channi Jammu and all assistance/treatment shall be provided to the addict persons.

The participants were also advised to share the information of drug peddler if noticed in their area to the concerned Police immediately.

Follow the traffic rules and also don't hand over their vehicles to minors/unknown persons and always use Seat belts while driving their vehicles, also use helmets while riding two wheelers and avoid triple ridding/rash driving etc.

Participants were assured by SP Hqrs Jammu that issues pertaining to police will be redressed on priority and those pertaining to civil administration will be taken up with the concerned quarters for the speedy disposal. It deserves to be mentioned here that towards the end of the meet, the public was fervently urged to become stake holders in Policing by coming up with fruitful ideas, so as to refine Policing in the larger interest of general public. The meeting ended with positive gestures and the public was thankful for organizing such interaction meets.

Ramban Admn welcomes Mata Kheer Bhawani Ji Yatra-2024 at Chanderkote



Langar being served to pilgrims at Ramban.

STATE TIMES NEWS
RAMBAN: The District Administration Ramban extended a warm welcome to the devotees participating in the Shri Mata Kheer Bhawani Ji Yatra, 2024 here at Chanderkote.

Deputy Commissioner Baseer-Ul-Haq Chaudhary, alongside SSP, Anuj Kumar; Addl. SP Gaurav Mahajan;

ACR, S. Harpal Singh; Tehsildar Deep Kumar' Dy. SP Om Prakash, religious leaders, and prominent citizens of the area welcomed the pilgrimage. The yatra saw the enthusiastic participation of about more than 6,000 devotees, including members of the Kashmiri Pandit community, who commenced their journey

from Jammu to attend the annual Kheer Bhawani Mela in Kashmir.

The Deputy Commissioner, along with other officials, interacted with the pilgrims to get feedback on the facilities provided at the Langar. He assured the devotees that the District and Police Administration, in collaboration with Langar organization, social, and religious groups, have made comprehensive arrangements to ensure their comfort and safety. This included adequate provisions for meals, health services, sanitation, security, and other essential services for the Yatries.

After enjoying their meal at Chanderkote, the devotees continued onward journey towards Tulmulla, Kashmir.

'Shri Ram-Sitaji Vivah' celebrated during ongoing Shri Anand Ramayan Katha

STATE TIMES NEWS
NEWSHERA: Shri Ram - Sita Ji Vivah was celebrated with full enthusiasm and religious zeal in an ongoing "Shri Anand Ramayan Katha" at SVS Gyan Ganga Ashram, Rajouri under the supervision of His Holiness Atal Pithadhiswar Rajguru Acharya Mahamandaleswar Shri Shri 1008 Shri Swami Vishwatmanand Saraswati Ji Maharaj. While describing the characteristics of Lord Shri Rama, Swami Vishwatmanand Saraswati Ji Maharaj said that Lord Shri Rama was the best king. He ruled following the path of dignity, compassion, mercy, truth, morality and religion. For this reason he is also called an ideal man and "Maryada Purushottam". Lord Rama has many qualities, which every person must have. Swami Ji further said that Lord Shri Rama has the special quality of extreme tolerance and patience. This is evident from the fact that with the wish and permission of Kaikeyi, he went into exile for 14 years. Despite being the king of Ayodhya, he lived the life of a monk. Lord Rama had many friends. Lord Rama had the same sense of friendship with Kevat, Sugriva, Nishadraj and Vibhishana. Ramji himself faced troubles many times for his friends. Everyone should have the quality of maintaining friendship like Lord Rama. Lord Rama also had the quality of kindness, which everyone should have and it is more needed today. Lord Rama, due to his kindness, gave birds, humans and demons all the opportunity to move forward. Like other courses in colleges and universities in India and around the world, research on the great epic Ramayana should also be done. This will definitely help in reducing crime, depression and other evils in the society", added Shri Swami Ji.

Group of 80 women completes 3 month tailoring course organised by SWD Samba



STATE TIMES NEWS
SAMBA: Hub for Empowerment of Women, Mission Shakti Samba presented Certificates to women trainees who completed a 3 month Livelihood Training Programme in cutting and tailoring conducted from March 2024 to May 2024.

The training course was conducted by Social Welfare Department, in

Collaboration with Nokia Smartpur Centre Dhora and Sarain Panchayat to facilitate Skill development of Rural Women to enable them to avail self employment schemes for women Entrepreneurs.

District Social Welfare Officer Nawaz Sharif; District Mission Coordinator, SANKALP-HEW Dr. Ruchi Thakur and Assistant Manager (NOKIA)-Bal Raksha Bharat) Isha Bali handed over certificates to 80 trainees. Mansi Abrol and Ritika Banotra (Gender Specialists) were also present on the occasion.

Later, the SANKALP team imparted awareness on the "Beti Bachao Beti Padhao" campaign among women and girls, explaining various Women Centric schemes.

SKPA organises Yoga Classes

STATE TIMES NEWS
UDHMAPUR: Sher-i-Kashmir Police Academy Udhampur organized Yoga Classes under the overall supervision of Sh. Garib Dass, IPS, ADGP, the Director of SKPA Udhampur. The event took place at the main Parade ground where GOs, NGOs, other Police personnel, and trainees from various ongoing courses assembled at the ground at around 05:45 hrs to attend the yoga session in nature's lap.



SKPA officials participating in Yoga Session.

At the beginning the Academy welcomed the guest faculty and introduced themselves to all the participants and briefed them by yoga experts. Subsequently all the participants starts to perform yoga exercises as offered under the supervision of yoga experts Shri. Narinder Anand and Smt. Shweta Anand, National Coordinators of the Youth Empowerment Group, Amrita Vishwa Vidyaapeetham, Kerala. The Yoga experts also delivered a lecture to the participants, highlighting the benefits of yoga exercises for maintaining physical and mental health about significance of yoga which becoming more popular among all age groups, it employs a broad

holistic approach that focuses on teaching people a new lifestyle, way of thinking, and way of being in the world. In the process, however, it is also found to bring a myriad of healing effects. By attending to practices for improving, regaining or retaining general good health, a person is likely to find that some of his more specific difficulties tend to disappear. Many of the healing effects of yoga are clinically verified. The most important benefits of yoga is its application in relieving stress, fatigue, invigoration and vitality and its anti-aging properties and its application for relaxation therapy. The Nation also celebrates and organizes various yoga events worldwide on the 21st of June every year as "International Yoga Day" to raise public awareness about the benefits of yoga, especially in addressing current health issues. Multiple organizations are engaged in organizing yoga events in every nook and corner to address health issues during the present and future lives of human beings.

The yoga classes started on June 12 and scheduled to be culminated on June 13 within the premises of SKPA Udhampur. The Academy also provided basic amenities, suitable accommodation, and transport facilities for the guest faculty from the aforementioned organization from Udhampur to Jammu and vice versa. The techniques and procedures to be adopted has been taught by the yoga faculty during yoga exercises with the aim to given relief and stress-free life especially Police Personnel and the same required to be continuously for betterment of the department.

ABGRF condemns heinous murder of Amarjit Singh

STATE TIMES NEWS
JAMMU: The Akhil Bhartiya Gausahala Research Foundation (ABGRF), Jammu and Kashmir, has strongly condemned the brutal murder of the Amarjit Singh, a devoted servant of Gau Mata, who was savagely killed by cattle smugglers last night in Kathua.

In a statement issued here today, Advocate P.S. Chandel, In-charge of ABGRF, J&K UT, stated that Amarjit Singh was mercilessly killed for his efforts to thwart cattle smuggling in Kathua district, which highlights the audacity and fearlessness of these criminals. He pointed out that despite the ban on cow smuggling from one district to another, bovine smuggling still continues unabated, with smugglers operating without fear. "If anyone raises their voice and attempts to stop cow smuggling, they are silenced and killed, just like Amarjit Singh," he added.

He asserted that the murder of a Gau Sevak will not be tolerated and will have serious consequences. The martyrdom of Amarjit Singh will not go in vain."

He urged the Police Department to swiftly identify the killers of Amarjit Singh and bring them to justice. He also demanded the imposition of the Public Safety Act (PSA) against those involved in cow smuggling, emphasizing that such stringent measures are necessary to deter these heinous activities. Vikas Bhardwaj, State President, ABGRF, J&K, and Sunil Kumar General Secretary, ABGRF, spoke with Ravi Abrol, State Vice President and In-charge of Kathua District, and Ravindra Singh, District President of Kathua, assuring them of the organization's full support. He urged everyone to vehemently oppose this barbaric act and stand united against such heinous crimes.

Admin Secretary Disaster Management Relief & Rehabilitation chairs public Darbar

STATE TIMES NEWS
POONCH: In a proactive move to connect with the citizens and address their concerns, Administrative Secretary disaster management Relief & Rehabilitation, Anil Koul, chaired a public darbar cum Grievance Redressal Camp at sathra block of District. The event provided a platform for residents to voice their grievances, seek redressal, and engage directly with the administrative authorities.



Admn Secy Anil Koul chairing public darbar at Poonch.

Administrative Secretary disaster management Relief & Rehabilitation Anil Koul, accompanied by Tazeem Akhter, DDC Chairperson, Sudesh Kumar, ADDC Poonch and other District officials, arrived here to hear the concerns of the public. The darbar, held at Polytechnic College sathra, which saw a significant

turnout of local residents of 13 panchayats of sathra eager to interact with the administration and share their issues related to public infrastructure, road maintenance, and other PWD-related matters.

During the darbar, Anil Koul actively listened to the grievances raised by the attendees. He assured the public of prompt action on the issues within the jurisdiction of the

Administration. Koul emphasized the importance of collaborative efforts between the administration and the community to ensure the development and maintenance of public infrastructure that meets the needs of the people.

Several residents highlighted the need for immediate attention to, Construction of Bridge at sathra, maintenance of Poonch mandi Road, citing

concerns about potholes and uneven surfaces. Koul acknowledged the importance of well-maintained roads and assured the public of swift action in addressing these concerns.

Discussions also revolved around upcoming infrastructure projects in Poonch. Koul shared insights into the ongoing and upcoming projects, ensuring transparency in the developmental initiatives taken by the PWD. He asked District administrator to prepare an Officers committee to review the progress of works and to interact with peoples every fortnightly.

Interacting with Locals Koul encouraged active participation from the community in maintaining public spaces and infrastructure. He urged the residents to report issues promptly, emphasizing the role of collaborative efforts in creating a more liveable and sustainable environment. He expressed gratitude for the active participation of the residents in the darbar. He reiterated the commitment of the administration to address the concerns raised and assured that such interactions would be held regularly to foster a stronger connection between the government and the public.

SMVDU Katra Alumni commissioned into Indian Army

STATE TIMES NEWS
KATRA: Nikhil Sharma a former student of the School of ECE 2018-22 batch got commissioned into the Indian army as an officer on 08 June 2024 from Indian Military Academy, Dehradun. The POP of the 154th Regular and 137th Technical Graduate Course was held at IMA on Saturday morning. After the oath ceremony at IMA, they took their first step of serving in the army as lieutenants. Out of the total 394 cadets



who passed out from IMA, 39 were foreign cadets. 355 Indian cadets will join different corps of the army and go to serve in every corner of the country. SMVDU alumni Nikhil Sharma was also one of these cadets, who made the university proud with his success. 355 Gentleman Cadets took a pledge to maintain the rich traditions of the Indian Army and always keep the national flag high before being appointed as officers of the Indian Army. The SMVDU continuously keeps honing the talent of its students. Students passing out from SMVDU are making the university proud by getting posted in various institutions in the country and abroad. This achievement of Lt. Nikhil Sharma has made the university family proud. SMVDU Vice Chancellor Prof. Pragati Kumar sent his best wishes to the alumni. Lt. Nikhil Sharma thanked his professors and University for guiding him to make this possible.

DC Rajouri finalises arrangements for Eid Ul Azha



STATE TIMES NEWS
RAJOURI: The necessary arrangements for Eid- Ul- Azha were today finalized here at a meeting chaired by Deputy Commissioner Om Prakash Bhagat. The meeting was attended by all stakeholders, including concerned officers, traders and representatives from religious organizations. The essential aspects were deliberated upon with main focus on power and water supply, regulation of prices of essential commodities, sanitation, traffic management, security, electricity, health facilities, and other logistics crucial for the auspicious occasion. The Deputy Commissioner issued directions to the concerned officers of Jal Shakti and the Power Development Department (PDD) to ensure uninterrupted water and power supply throughout the festival. Furthermore, stringent measures were outlined to curb black-marketing and overpricing of essential commodities. The Deputy Commissioner mandated regular market inspections by officials from the Food, Civil Supplies, and Consumer Affairs (FCS&CA), Food Safety, Police and Legal Metrology departments to uphold fair practices and prevent exploitation of consumers during this period of heightened demand. The officers of Municipality were asked to uphold standards of cleanliness and sanitation within the town. The meeting decided to conduct special cleanliness drives with special focus on religious places to ensure pristine surroundings conducive to spiritual observances. The Fire Services Department was instructed to maintain

readiness and deploy fire tenders to promptly address any fire-related incidents. In addition, the Health Department was asked to ensure availability of comprehensive medicare facilities throughout the festival. The concerned officers were directed to maintain proper healthcare facilities, including adequate medical supplies, staff, and emergency response protocols.

During the meeting, members of the religious organizations actively highlighted important issues and gave valuable suggestions for the smooth and successful celebration of the holy festival.

The meeting was attended by the ASP, Musadiq Majid Basu; ADC Rajouri, Rajeev Kumar Khajuria; ACR, Mohammad Jhangir Khan; CAHO, Dr. Khalid Hussain; DSHO, PP Sagotra; AD FCS&CA, Rohit Kumar; EXEN PDD Rajouri, Mohammad Rashid and other concerned officers.

Besides, the meeting was attended by traders and members of the religious organizations including President Beopar Mandal, Rajesh Gupta; Molvi Farooq; Shafiqat Mir; Asief Bhatt; Mohd Yousaf and others.

ADC Udhampur flags off Mata Kheer Bhawani Yatra



ADC Udhampur, Joginder Singh flagging off pilgrims.

STATE TIMES NEWS
UDHAMPUR: Additional Deputy Commissioner Udhampur, Joginder Singh Jasrotia, flagged off a batch of 66 pilgrims for the Kheer Bhawani Yatra 2024 to the Kashmir Valley. The event took place at the DC Office Complex in Udhampur.

The pilgrims, travelling in two buses, embarked on their spiritual journey amidst an atmosphere of reverence and enthusiasm.

The ADC also interacted with the pilgrims, extending his best wishes and urged them to pray for peace, prosperity, and brotherhood in the District.

DISCLAIMER
 "STATE TIMES" does not take responsibility for the contents of the advertisements (Display/Classified) carried in this newspaper. The paper does not endorse the same. Readers are requested to verify the contents on their own before acting there upon."