

Jammu Wrestler Dillar wins Kanjali Dangal title

STATE TIMES NEWS
REASI: Wrestler Dillar Khan of J&K Police lifted 68th Annual Kanjali (Reasi) Dangal title defeating Murad Ali of Nagrota in Jammu in the main bout that took place at village Kanjali in district Reasi.
 The day-long wrestling event was organized by Kanjali Dangal Committee in association with J&K Indian Style Wrestling Association under the overall supervision of former Sarpanch, Sukhdev Singh (president) and Ram Singh (chairman).
 Former Joint Secretary J&K State Sports Council



Former Jt Secy JKSC, Shiv Kumar Sharma with winner wrestler and organizers.

and president Kreedha Bharati J&K, Shiv Kumar Sharma was Chief Guest while Romesh Chander Sharma and Rashpaul Singh (Bittu) were Guests of Honour.
 The winner of the main bout Dillar Khan awarded with cash prize of Rs.10,000 while runners-up Murad Ali got Rs Rs. 7,000. The 2nd main bout won by Billu (Rs 8,000) of

Jagati Nagrota, who defeated Balwan Singh (Rs 6,000) of J&K Police. The third main bout won by Javed Khan of Akhnoor beating Subhu of Delhi, while fourth bout went to Balli of Jammu, who downed Teg Singh of Reasi. The bouts were officiated by Manjoor Hussain, Lal Singh, Punjab Singh, Vijay Singh and Murlidhar (Munna) and the proceedings were conducted by former Sarpanch, Sukhdev Singh and Manjoor Hussain.
 In all, total 41 bouts played in this Dangal with Rs 1.75 lakh prize money. Members of Kanjali

Dangal committee who helped for smooth conduct of Dangal included former Sarpanch Sukhdev Singh (president) former Naib Sarpanch, Ram Singh, (chairman) Rattan (Ex. Panch) Saleem Khan, Punjab Singh (Ex. Panch), Pritam Singh (Panch) Krishan Kishore Sharma.
 Prominent persons present on the occasion included BJP Dhansar Mandal General Secretary, Sudershan Singh, Youva Morcha, president Vipin Kumar, Contractor, Pawan Sharma, Rajinder Singh Numberdar, Janak Singh and Numberdar Rattan Singh.

Kathua Blue makes clean sweep in Kathua Rollball



Winner rollball team posing with National Rollball coach, Madhu Sharma.

STATE TIMES NEWS
KATHUA: Kathua Blue clinched both boys and girls titles respectively in the District Kathua Rollball Championship which held at Mini Stadium, here under the banner of Rollball Association of J&K.
 In the two-day event, Kathua Blue led by Bhanu defeated Kathua Orange 4-2 whereas in girls title clash, Kathua Blue, led by Komal, trounced Kathua Red 4-1. The sub-junior boys title went to Tanish led Kathua

Red, who beat Kathua Blue 9-7.
 Later, the winner and runners-up teams presented the title trophies and other individual prizes by National Rollball coach, Madhu Sharma.
 The event took place under the supervision of Manvijay Singh Sathia, International Rollball player in support with Abhay Singh, Bhavesh Bhardwaj and Dryva Jamba. The vote of thanks was presented by Dhruv Sharma.

Blood donation camp organised at Kulgam

STATE TIMES NEWS
KULGAM: To celebrate World Blood Donors Day and to commemorate 11th anniversary of Art of Giving (AOG), NGO founded by Ex President Volleyball Federation of India, founder of KIIT and Kiss University Bhubneshwar; Prof Achuta Samanta which falls on 17th June, a blood donation camp was organized at Kulgam on Friday.
 In the camp, 40 civilians, teachers, players, CRPF Jawans/ officials of Volleyball Association of Kulgam district donated blood which is one of noblest gestures of humanity.
 It's worth mentioning here that Nelofer Wani Secretary Volleyball Association of Kulgam donated blood for 25th times and upheld the honour of Volleyball Association of J&K under the auspices of Art of Giving organization.
 On the occasion, the concept of AOG as being advocated by its founder to promote peace, harmony and friendship all across the world was also highlighted.
 The office bearers of Volleyball Association of J&K hailed the initiative taken by Red Cross Society and Kulgam district Volleyball Association in celebrating the days in a befit-



Nelofer Wani, Secretary Kulam District Volleyball Association donating blood in the camp.

ting manner and disclosed that a week-long celebrations in JKUT are being organized by our district affiliated units and other organizations to mobilize the public for adopting the ideals of AOG.

Amir, Arshid made 'fitness trainers' for Kabaddi camp

STATE TIMES NEWS
JAMMU: Jammu and Kashmir Amateur Kabaddi Association today appointed men from J&K Police, Mohd. Amir and Arshid Ahmed as fitness trainers for proposed Summer Kabaddi Coaching camps, in collaboration with J&K Sports Council (JKSC) at two different venues of the Union Territory.
 The president of the Association, Anil Gupta has appreciated the efforts of secretary and his team for taking the game the rural districts on professional lines with expert guidance.
 Important to mention here that 70 Junior boys from Jammu Division and another 70 from Kashmir shall undergo a 21-day coaching camp at Mendhar in district Poonch and at Bandipora in Kashmir.
 The selected players in the age category of under-23 boys and below 80 kg weight group shall undergo a three-week camp.



BBSB Hockey Club Poonch lifts District Championship trophy

STATE TIMES NEWS
POONCH: The District Hockey Championship in Poonch culminated with an exhilarating final match between Baba Banda Singh Bahadur Hockey Club Poonch and Poonch XI, where BSB Hockey Club emerged victorious with a score of 3-1.
 Dr. Sushil Kumar Sharma, HOD Cardiology at GMCH Jammu and Super Speciality Hospital Jammu, graced the event as the Chief Guest, while Kulwant Singh from the Department of Youth Services and Sports was the Guest of Honour.
 The occasion was also adorned by the presence of



Participating teams posing with Dr. Sushil Sharma, HOD Cardiology at GMCH Jammu and others at Poonch on Friday.

several dignitaries including Narinder Singh, Amrish Kumar, Manjit Singh, Rajinder Singh, Parvinder Singh, Naresh Chander, Sanjay Khahuria, Mustaq Ahmed, Neeraj Sharma, Sourab Sharma, Rajinder Singh, Pardeep Sharma, Sarbjit Singh, and others.

The technical panel, comprising Ritika Sharma, Jasprit Kour, Ruchika Sharma, Jasmeet Singh, and Ramanjot Singh, ensured the smooth conduct of the event, with technical supervision by Ranveet Singh and Matinderpal Pal Singh. Parvinder Singh took charge

as the Organising Secretary of the tournament, which was impeccably organized by Hockey Jammu and Kashmir. This championship not only showcased the sporting talent of the region but also fostered a sense of camaraderie and sportsmanship among participants and spectators alike.

Ritvik, Nitya share U-15 TT titles

STATE TIMES NEWS
JAMMU: Ritvik Gupta and Nitya Arora won under-15 titles in boys and girls sections respectively in the ongoing Ist Ranking Table Tennis Tournament, organised by Table Tennis Association of J&K at Indoor Complex, MA Stadium, here on Friday.
 In the boys final, Ritvik trounced Gourav 3-0. In the semifinals, Ritvik defeated Saiyam Nischel 3-0 while Gourav outplayed Ayaan in straight 3-0 sets.
 Similarly, in girls final, Nitya Arora defeated Myrah Dewan 3-1. Semifinals: Nitya bt Syrah 3-0; Myrah bt Srishti 3-0.
 The matches officiated by the technical panel including Meenu Rajesh, Asad Sharma and Ankit Sharma.
 The Results: Under 15 Boys (Semifinals): Gourav bt Ahaan 3-0, Ritvik bt Saiyam 3-0. Under 15 Girls (Semifinals): Nitya bt Syrah 3-0, Myrah bt Srishti 3-0. Under 17 Girls (Round 1): Myrah bt Muskaan 3-0, Syrah bt Yasha 3-2, Nitya bt Saanvi 3-0, Mishti bt Anvi 3-0. Under-17 Boys (Semifinals): Ritvik Gupta bt Samarth 3 0, Hunny bt Gourav 3-1. Under- 19 Girls (Round 1): Mishti bt Muskaan 3-0, Nitya bt Saanvi 3-0, Myrah bt Himanika 3-0, Syrah bt Tuheena 3-1.

One-week workshop on 'Basic Skills in ICT' concludes at GCOE, Jammu

STATE TIMES NEWS
JAMMU: Department of ICT under the aegis of IQAC of Government College of Education (GCOE) has organized a one-week workshop on the theme "Basic Skills in ICT" from 6th to 14th June, 2024 for the non-teaching staff of the college.
 This initiative aimed at upskilling the non-teaching staff, providing them with essential competencies in Information and Communication Technology (ICT). The workshop was inaugurated by Dr. Jyoti Parihar, Principal of the college, who emphasized the importance of ICT proficiency in enhancing administrative efficiency and



GCOE faculty and resource persons at a workshop.

fostering a more technologically adept work environment. Week long training sessions covered a wide range of fundamental ICT skills, ensuring that participants are better equipped to handle the digital demands of their roles.
 The workshop was meticulously coordinated by Dr. Sonam Gandotra, Head of ICT, and Kiran Thapa, Assistant Professor of Education, who served as coordinator and co-

coordinator respectively. They, along with Dr. Ambica Sharma, acted as resource persons, delivering comprehensive and practical sessions throughout the week. The event concluded on Friday, with a valedictory ceremony where certificates were awarded to all participants, acknowledging their dedication and newly acquired skills.
 Dr. Jyoti Parihar applauded the efforts of the organising team for their excellent coordination and contributions. Shalini Rana, Convener of

IQAC, also appreciated the team's efforts and encouraged the organization of similar events in the future.
 This workshop reflects the college's commitment to continuous professional development and the empowerment of all its staff members. The program ended with the vote of thanks by Kiran Thapa. Seema Kotwal, Dr. Anuradha Chowdhary, Dr. Sushma Chouhan, Sarita Dogra, Roopa Kumari along with other faculty members also witnessed the event.

IHRSC skaters Puneesh, Ruhaan excel in 7th national ranking tourney at Raipur

STATE TIMES NEWS
JAMMU: Indian Hawks Roller Skating Club (IHRSC) skaters Puneesh Puri and Ruhaan Raina made a mark in 7th National Ranking Roller Skating Championship held recently in Raipur; Chhattisgarh by winning five coveted medals.
 The Roller Skating Federation of India (RSFI) has organized this prestigious tournament to sort out the top seeded players in the speed skating field. Puneesh Puri in one of his finest spells bagged two gold medals and a bronze in the three events under his age category while Ruhaan showcased maturity in his skillful performance by securing two bronze medals in this prestigious national level event. Another skater Achintya, who is also actively honing his skills under the realms of IHRSC, remained at the fourth place in one of the events held in the same tournament. Commenting the brilliant performance by the IHRSC skaters, President of the Club Ashok Gandotra (Retd Chief Engineer) said that the extraordinary spells of the skaters of this club have set new standards of the game at the national arena, which is a matter of pride for every sports lover of the UT of J&K. He asked the club's members to continue with the hard work to keep up the momentum and come up with flying colours in the upcoming tournaments. It is pertinent to mention that IHRSC has climbed the ladder of success in a very short span of time as it has its credit creation of many national champions and national medalists in both RSFI nationals and School Games Federation of India (SGFI) nationals.



10 students of Women Polytechnic offered placements by AM Hyundai



STATE TIMES NEWS
JAMMU: Govt. Polytechnic for Women, Jammu achieved a major breakthrough today when more than 70% students (10 out of 13 students) of final semester in 3-Years Diploma OM&CA were offered Placements by M/S A. M. Hyundai, Jammu.
 These students were undergoing Internship in the said concern and impressed by their performance A.M. Hyundai offered placements to these students in their

JCP organises fresher's party 'Fresco'

STATE TIMES NEWS
JAMMU: The seniors at the Jammu College of Physiotherapy (JCP) organized a vibrant fresher's party, "Fresco," to welcome the new batch of Bachelor of Physiotherapy (BPT) students. The event was graced by the presence of Dr. Navinderpal Singh, Principal of JCP, along with the principals of various other colleges under the Trikuta Group of Colleges, faculty members, and students. The celebration commenced with a traditional lamp lighting ceremony, followed by a welcome speech delivered by Dr. Navinderpal Singh. The event featured a colorful cultural program where both senior and new students showcased their talents through various performances and activities. These activities included a series of tasks for the freshers, culminating in the selection of Mr. and Miss Fresher. In his address, Dr. Singh congratulated the senior students for organizing a successful and engaging event. He also expressed his appreciation to the faculty members for their unwavering support and dedication in helping students organize such programs. Furthermore, Dr. Singh extended his gratitude to the management specially Chairperson Suman Sharma for her continuous support and encouragement. The function concluded with the announcement Zuhab and Suhani as Mr. and Miss Fresher, celebrating the spirit of camaraderie and the beginning of a new academic journey for the freshers.



1st phase of Distt Level Inter Zonal Tournament concludes



STATE TIMES NEWS
DODA: The first phase of the District Level Inter Zonal Tournament concluded on Friday with great fervor and enthusiasm at Sports Stadium Doda.
 The event, organized by the Youth Services and Sports Department Doda, saw participation from over 2000 athletes representing various zones.
 As per the approved Calendar of Activities issued by the Directorate of Youth Services and Sports, J&K, the tournament was conducted under the guidance of Director Youth Services & Sports J&K UT, Subash Chander Chhibber and Deputy Commissioner Doda, Harvinder Singh and overall supervision was led by DYSSO Doda, Sunil Kumar.
 The competition featured a wide array of disciplines including Kabaddi, Volleyball,

Kho-Kho, Tug-of-War, Chess, Carrom, Table Tennis, Fencing, Badminton, Taekwondo, Yoga, and Washu.
 These competitions serve as a platform to identify and select the best talents for future competitions.
 During his address, DYSSO Doda extended gratitude to all participants, officials, and supporters for their contributions towards making the event a resounding success. He emphasized the importance of fostering a culture of sports excellence and holistic development among the young athletes of District Doda.
 In the presence of ZIPEO Doda, Head Assistant Rajan, Activity Incharge Sanjay Sharma, and Vikram Chandail, DYSSO Doda distributed certificates, trophies, and medals among the winners and runner-ups.