

NICU Unit of SVMMC Hospital saves lives of premature, underweight babies

■ STATE TIMES NEWS

JAMMU: The NICU Unit of Swami Vivekananda Medical Mission Charitable (SVMMC) Hospital in Ambphalla, Jammu has achieved a remarkable feat by saving the lives of premature and underweight babies.

Under the leadership of Anil Gupta and with the expertise of specialist doctors like Neonatologist Dr. Deepak Sharma, along with Dr. Shivam Parihar and Dr. Ravi Parihar, the NICU Unit has been recognized as a leading facility in the Jammu region.

Recently, the unit cared for



Doctors with babies after treatment at SVMMC Hospital.

two babies born prematurely at just six weeks of pregnancy, each weighing less than 600 grams.

Over a period of two months under the supervision of Dr. Deepak Sharma and his team, both babies

thrived and reached a healthy weight of one kilogram each.

The successful treatment culminated in their discharge, bringing immense joy to their parents and earning high praise for the

hospital's management, administration, and skilled medical team.

In addition to this medical milestone, Swami Vivekananda Medical Mission Charitable Hospital Ambphalla, Jammu has further upgraded its Gynae and Surgical wards.

This enhancement includes the installation of new Semi Fowler Beds and Bed Side Lockers, aimed at improving patient comfort and convenience.

The inauguration ceremony for these upgrades took place on Tuesday, attended by the Chief Patron of the Hospital Dr Subash Gupta

former Principal Government Medical College Jammu in association of Senior Vice President, Amar Chand Gupta, Vice President, Atma Saroop Gupta, General Secretary, B.B Gupta, Secretary, B.S Jamwal, Subash Gupta, Member, Dr Sachin Gupta, Member and Dr Romesh Gupta, Administrator under the Presidentship of Anil Gupta.

This series of achievements underscores the hospital's commitment to providing advanced medical care and enhancing facilities for the benefit of the community in Jammu.

Varun Jamwal appointed as Secretary (Org) Youth Wing of SSP

■ STATE TIMES NEWS

JAMMU: Col SS Pathania, President Sainik Samaj Party (SSP) JK UT, nominated Varun Jamwal as Secretary (Organisation) of Youth Wing, Jammu District. Varun Jamwal an entrepreneur has proved his mettle in marketing and public relations and will prove an great asset in build up and expansion of party.

Son of a veteran, he has great concern for nation and fraternity of armed forces. His job envisages the spread of ideology amongst the youth, having power of building and transforming our great nation, to the pinnacle of our erstwhile glory.



President SSP JK UT, Col SS Pathania nominating Varun Jamwal as Secretary (Organisation) of Youth Wing.

Pathania also congratulated Varun Jamwal on behalf of all members of Sainik Samaj Party, JK UT and wished him a glorious journey in field of constructive politics.

He also urged all members

of the party, to move in vigorously in identifying the candidates for assembly elections and corporators, as in all possibilities assembly and urban local bodies elections will be held in and around September 2024.

Army Hospital (R&R) launches skin bank facility



Army Hospital (R&R) New Delhi staff with officer at newly open skin bank facility.

■ STATE TIMES NEWS

NEW DELHI: Army Hospital (Research & Referral), New Delhi, on Tuesday, announced the opening of a state-of-the-art skin bank facility, a first-of-its-kind to be established within the Armed Forces Medical Services. This landmark initiative aims to revolutionise the treatment of severe burn injuries and other skin-related conditions among service members and their families.

The new skin bank will serve as a centralised hub for the collection, processing, storage, and distribution of skin grafts, providing a critical resource for military medical centers across the country.

By establishing this facility, the Armed Forces are ensuring that the personnel & their families have access to the most advanced skin replacement therapies. The skin bank will be staffed by a team of highly-trained medical professionals,

including plastic surgeons, tissue engineers, and specialised technicians. The facility will adhere to the highest standards of quality control and safety, ensuring the integrity and reliability of the skin grafts. DGMS(Army) & Col Comdt Lt Gen Arindam Chatterjee termed the launch of this skin bank as a testament to the unwavering commitment to the health and well-being of service members.

He added that the facility will not only enhance the quality of care, but also strengthen the ability to support those who have been affected by serious injuries.

"By having a dedicated resource for skin tissue, we can provide our patients with the most effective and personalised treatments, ultimately improving their chances of recovery and rehabilitation," said Commandant, Army Hospital (R&R) Lt Gen Ajith Nilakantan.

Summer Camp of 5.7 Dance Academy Jammu concludes

■ STATE TIMES NEWS

JAMMU: The Summer Camp for Children organized by 5.7 Dance Academy Jammu concluded on Tuesday at 5.7 Dance Academy Campus, Udhaywala with scintillating performances by children which they had prepared during the camp.

Dr. Rohit Koul, Director and CEO at People's Hut Foundation was the Chief Guest at the occasion who appreciated the endeavours of Vimal Koul and his team came up with such a wonderful programme.

Children were given training in Theatre, Fine Arts and Dance by the experts in this camp and experts from different fields were the resource persons of the camp who inculcated creative skills amongst the participants. All students were facilitated with gift hampers and participation certificates were awarded to all 45 participants from the academy. A.D Singh,



Participating students posing for a photograph with dignitaries.

Chairman Diva International Foundation who was the Special Guest expressed his gladness on watching soulful performances by the children. He along with Dr. Rohit Koul and Ritu Koul felicitated the participants and appreciated the efforts of 5.7 Dance Academy Management specially Vimal Koul, Managing Director 5.7 Dance Academy and Komal

Koul, Administrator at 5.7 Dance Academy.

Earlier, in the address, Ritu Koul Director and COO at People's Hut Foundation who was the Guest of Honour shared that other than organizing several programmes of cultural and literary importance for the students, the 5.7 Dance Academy has been regularly organising the events like

Summer Camp and provides an opportunity to the students to sharpen their skills. Moreover, it is during such camps, children get an atmosphere where in addition to learning, they get a chance to interact with each other and share their ideas. Best efforts are being put in to make this event a unique fun and learning experience for the children.

Adding to the excitement, the Punjabi dance group enthralled the audience with a dynamic and well-choreographed performance. Their graceful movements and vibrant expressions showcased the hard work and creativity invested during the camp sessions.

The ceremony concluded with the distribution of certificates to all the participants, acknowledging their dedication and accomplishments. Parents and attendees left with a sense of pride and satisfaction, looking forward to the next edition of the summer camp, which promises to be even more enriching and enjoyable. The event was witnessed by faculty members of 5.7 Dance Academy, officials of the People's Hut Foundation, Diva International Foundation along with parents. Vimal Koul presented the vote of thanks. The event was coordinated by Ms. Komal Koul.

Devotional Album "Mindal Wali De Dulare Tirath Ram" released

■ STATE TIMES NEWS

JAMMU: Sahil Mahajan, Co-Convenor of the BJP's J&K Sanskriti Art and Culture Cell, released a devotional song album titled "Mindal Wali De Dulare Tirath Ram" near the DC Office in Jammu on Tuesday.

The album release event was organized by Maa Bawe Wali Records, where Sahil Mahajan was joined by singer Manish Mangotra, and Geeta.

The song, "Mindal Wali De Dulare Tirath Ram," was performed by singer Abhishek Abhi and composed by NB Naresh.

The video production was handled by Rohit and Neeraj, with lyrics by Abhishek Abhi. Special acknowledgments were given to Guru Tirath Ram Manhas and Sahil Mahajan. The album is available on the YouTube channel Maa Kangre Wali Records.

During the event, Sahil Mahajan praised the efforts of the BJP Sanskriti Art and Culture Cell J&K in promoting young talent. He emphasized the importance of supporting and nurturing young artists, which he believes will bring pride to the entire Jammu & Kashmir region.

Manish Mangotra also spoke about the growing opportunities for innovative minds and highlighted the rich cultural heritage of India. He encouraged the youth to direct their creative energies towards developing their skills positively.

Nirjala Ekadashi celebrated in Shiv Mandir

■ STATE TIMES NEWS

JAMMU: Nirjala Ekadashi celebrated on Tuesday in Shiv Mandir Sector 7 Trikuta Nagar Jammu. The term 'Nirjala' translates to 'without water' in Sanskrit.

Shiv Kumar Jolly President Shiv Mandir Sector 7 Trikuta Nagar Jammu made all arrangements of cold drinks and Prasad for general public.

"Nirjala Ekadashi holds a great religious and spiritual significance in Hindu religion. This day is considered as one of the most sacred day which is dedicated to Lord Vishnu. Devotees observe strict fast without food and water from sunrise till next



Shiv Mandir Sector 7 Trikuta Nagar members celebrating Nirjala Ekadashi.

morning and offer prayers to Lord Vishnu with immense devotion.

Devotees perform special prayers to the sacred tulsi plant, symbolizing purity

and devotion in Hindu tradition," said Shiv Kumar.

Prominent among those present Vijay Vaid, Urmil Arora, Vikas Jolly and Pandit Mohinder.

Sant Shri Asharamji Bapu Ashram celebrates Nirjala Ekadashi

■ STATE TIMES NEWS

JAMMU: On the pious occasion of Nirjala Ekadashi, watermelon distributed at Jewel Chowk by Sant Shri Asharamji Ashram Jammu. This distribution came as a relief to many amid scorching temperatures exceeding 45°C.

Various organizations such as Shri Yog Vedant Seva Samiti, Mahila Utthan Mandal, Rishi Prasad, Bal Sanskar, and Yuva Seva Sang were actively involved in managing this service event. Speaking to a correspondent, NS Chib, President, highlighted that such service activities are regularly organized by Sant



Sant Shri Asharamji Bapu Ashram members distributing watermelons on Nirjala Ekadashi.

Shri Asharamji Bapu Ashrams across different locations throughout the year.

He emphasized the ashram's commitment to training children to dedicate their lives to societal upliftment.

Additionally, a summer

camp named 'Vidyarthi Ujjwal Bhavishya Nirman Shivar' was organized at Bhagwati Nagar Ashram on June 16th and 17th.

This camp saw the participation of thousands of children who pledged to engage in social service activities in their respective communities.

Establishment of Satellite Duggar Channel: DADAA continues signature campaign

■ STATE TIMES NEWS

JAMMU: Doordarshan Approved Drama Artists Association (DADAA) on Tuesday continued their signature campaign at Shiva Ji Chowk, Railway Road, Nanak Nagar, here, as part of their ongoing efforts to advocate for the establishment of a Satellite Duggar Channel.

This initiative aims to preserve the cultural heritage, arts, and languages of Duggar Pardesh, while also supporting the welfare of artists in the region.

A significant number of people from various walks of life participated in the campaign, expressing their



People putting signs at DADAA signature campaign.

solidarity by signing in support of the Satellite Duggar

Channel. Participants praised DADAA's dedication in organizing the signature

campaign and pledged their full support towards achieving the goal.

J.S. Babi, the President of DADAA, affirmed their commitment to continue the struggle until their objectives are met. He urged all residents of Duggar land to unite in this cause and called upon organizations to vocally support the establishment of the channel.

Vice President Madan Rangila announced that the next signature campaign will be held in Vijaypur District, Samba, on June 19, 2024. Additionally, he shared plans to inaugurate a new

chapter of DADAA in District Samba, extending the association's reach and influence. Among those present at the campaign were Dr. Kamal Sharma, Rajinder Narang, Subhas Jamwal, Harbans Sharma, and S. Kumar, demonstrating widespread community support and engagement in advocating for the Satellite Duggar Channel.

This ongoing initiative highlights DADAA's proactive role in promoting regional cultural identity and supporting local artists, aiming to ensure broader representation and recognition through a dedicated satellite channel.

SNM to celebrate International Yoga Day on June 21

■ STATE TIMES NEWS

JAMMU: The Sant Nirankari Mission will enthusiastically celebrate 'International Yoga Day' on Friday, June 21, at 6:00 am in open spaces and parks across various branches throughout India. This event will be conducted under the guidance of local yoga instructors. The United Nations has themed this year's International Yoga Day as 'Yoga for Women Empowerment', recognizing the importance of empowering women in today's society.

The Sant Nirankari Mission supports this initiative by implementing numerous welfare schemes aimed at empowering women, including sewing and embroidery centers, beautician courses, and tuition centers.

Joginder Sukhija, the social welfare in-charge of the Sant Nirankari Mandal, noted that since 2015, the Sant Nirankari Charitable Foundation has organized Yoga Day pro-

grams. This year, the event will be celebrated on a grand scale across cities in nearly every province of India.

Yoga, an ancient Indian practice, harmonizes spiritual, physical, mental, and emotional health. Regular yoga practice promotes a stress-free life and is particularly significant in empowering women. In modern times, where women juggle both domestic and professional responsibilities, yoga serves as a crucial activity that helps them manage their roles effectively.

Satguru Mata Sudiksha Ji Maharaj has emphasized the importance of maintaining a 'healthy mind, easy life,' urging everyone to value their health as a precious gift from Nirankar God. The goal of such health programs is to ensure that people can lead healthier and more fulfilling lives by prioritizing their well-being amidst their busy schedules.

■ STATE TIMES NEWS

JAMMU: For the first time in Jammu a girls exclusive theatre camp started here today at Natrang with the lighting of a traditional lamp by the Director Natrang, Padma Shri Balwant Thakur at Natrang Studio Theatre.

This Summer Theatre camp is a part of the internship programme being offered by Natrang in which very selected girl students from three major colleges viz GCW Parade, GCW Gandhi Nagar and Government MAM College are participating.

Aimed at the holistic development of the personalities

through the most latest developed techniques and devices of theatre, the methodology of this camp will later be replicated exclusively in all the colleges.

Addressing the participants, Balwant Thakur dwelt in detail about the magical power of theatre and performing arts which have the immense capacity and capabilities of transforming a personality.

The art of communication skills, the confidence of public speaking, the courage to face and address larger audiences and mastery of spontaneity in decision making comes through the practice



Director Natrang, Padma Shri Balwant Thakur with participating girls at inaugural ceremony of theatre camp.

of theatre and performing arts. Sharing his experiences of working in endless countries abroad, Balwant Thakur said that theatre in the developed world is

utilised in transforming societies. Even watching theatre is considered to be the most sought after high standard activity of the developed nations and societies.

Creating theatre and being a part of its creation process is considered to be the most regarded and respected activity being done for the larger welfare of those societies.

Here in Jammu Natrang has destined and pledged to bring and offer all such opportunities which amazingly will bring a new revolution in the education system and civic

life of Jammu. The present Theatre Camp will be a role model and its participants will be the ambassadors of new change in Jammu.

This is the high-time that we generate such occasions aimed at transforming the intellectual health of Jammu thus making the real Jammu Smart City.

The young artists who are going to be benefited in this camp include Deeksha Thakur, Navjot Kour, Muskan Manhas, Anshu Sharma, Irvantika Gurang, Shalini, Aaradhana Sudan, Rashmi Bhagat, Akriti Jamwal, Ayushika Rajput, Harman Deep Kour,

Paratishtha Sharma, Vishakha Devi, Ayushi Sharma, Mahi Verma, Pooja Thakur, Sheetal Sharma, Palak Thappa, Purna Sharma, Simran Bhagat, Simran Rajput, Pragi Sharma, Meenu Sharma, Nandini Sharma, Sukriti Khajuria, Geeta Thakur, Mehak Raina, Richa Dutta, Tania, Aanchal Sharma, Lakshita Devi, Pratibha Verma, Anshika Mangoch, Anshika Choudhary, Parul Magotra, Nandini Sharma, Lovish Mahajan, Bhunika Manhas, Aparna Singh and Kibriya Gohar. The camp is being coordinated by Mohd. Yaseen and Payal Khanna.