Congress holds protest against NEET Scam

JAMMU: As part of nationwide Congress campaign, Congress on Friday held a protest against massive bungling in the NEET Exam as well UGC NET and demanded action against the culprits. Led by the President PCC Vikar Rasool Wani, a large number of protestors raised slogans against Modi Govt. and burnt the effigy of the Govt. over the alleged scam in the examination and termed it great injustice with the students and youth of this country. Accompanied by Working President Raman Bhalla, Senior Vice Presidents Mula Ram, Th. Balwan Singh, Ravinder Sharma, Former MP & Former Minister Ch. Lal Singh besides senior func-



Congress leaders raising slogans during a protest at Jammu.

tionaries of PCC , DCC Presidents, frontal wings including Vice Presidents, General Secretaries, Dist. Presidents, Vikar Rasool Wani lashed out the BJP Govt. for its failure to check such huge scams in the premier examinations spoiling the future of the students and youth of this country. He demanded justice

to the 24 lakh youth of the country besides fixing responsibility for the same. He said that education Minister should resign and responsibility be fixed at all levels.

Vice Presidents T.S. Bajwa (Ex-MP), Indu Pawar, Th. Balbir Singh, Ved Mahajan, Yash Pal Kundal, Vinod Sharma, Smt. Gurbachan

Secretaries, Narinder Gupta (Org), Pawan Raina, Shashi Sharma, Naresh Sharma, Balbir Singh, Subash Bhagat, Satish Sharma, Thomas Khokhar, DCC Presidents Th. Manmohan Singh (Jammu Urban), Vinod Khajuria (Udhampur), Bhupinder Wani(Ramban).

Singh Jamwal (Reasi),Krishan Bhagat (Ex-MLA), Shiv Kumar Sharma (INTUC),Vijay Sharma (Seva Dal), Akash Bharat (PYC), Ajay Lakhotra (NSUI), Mahajan (Mahila Bhanu besides Sanieev Congress). Panda, Sharma Dwarka Choudhary, Kuldeep Raj Verma, Manjit Singh Jatt, Rajveer Singh, Michael Wazir, Vijay Shastri, Pankaj Sharma, Vijay Tagotra, Pawan Bhagat, Satish Sharma, Kapil Singh Chib, Sahil Sharma, Bhavishya Sudan, Jatin Raina, Daleep Kumar, Ajaib Motton, Ricky Dalotra, Nassir Masih, Sumit Magotra, Parshotam Mehra, Camres David Babloo, Charanjit Bhagat, Yog Raj, B.S. Wazir, Sham Mehra, Rakesh Sharma, Amit Syal were the prominent

NAUP celebrates Foundation Day

STATE TIMES NEWS

JAMMU: The National United Party Awami (NAUP) celebrated its Foundation Day at the party's headquarters. Sandeep Singh Manhas,

the founder and leader of NAUP, expressed gratitude to all members and supporters who have stood by the party since its inception. "We started this party with a vision to empower every deserving individual in politics, especially those overlooked by other parties due to nepotism and financial constraints," Manhas stated. He reiterated the party's motto, "Ab Har Gareeb Banega Leader" (now every poor person

Natrang Jammu celebrates World Music Day



NAUP members during Foundation Day celebration

will become a leader), emphasizing NAUP's commitment to inclusivity and meritocracy in political representation.

Manhas also announced NAUP's readiness to contest the upcoming assembly elections in Jammu and Kashmir, promising to provide opportunities to capable individuals who have been historically marginalized by other political

Verma,

Sharma,

Mehak

Dutta,

Sharma, Mahi

Pooja Thakur,

Sukriti

Richa

Aanchal

Sheetal Sharma, Palak Thappa, Prerna Sharma,

Simran Bhagat, Simran

Rajput, Pragi Sharma,

Meenu Sharma, Nandini

Khajuria, Geeta Thakur. Raina,

Tania,

10th International Yoga Day celebrated at High Court Complex



Justice Rahul Bharti, Judge, High Court of J&K and Ladakh and others performing Yoga.

■ STATE TIMES NEWS

JAMMU: 10th International Yoga Day was celebrated at the High Court Complex, Janipur, Jammu under the patronage of Justice N. Kotiswar Singh, Chief Justice, High Court of J&K and Ladakh and in compliance with the directions of the Registrar General, High Court with great enthusiasm and fervor. The event was held in the presence of Justice Rahul Bharti, Judge, High Court of J&K and Ladakh.

Rajni Sharma, Sub Judge. Joint Registrar Judicial (Incharge Protocol), Jammu organized the event which was participated by the

Gazetted Officers and non-Gazetted staff of High Court Wing Jammu. The one hour event was held in collaboration with the Bhartiya Yog Sansthan, whose experienced instructors led the session by demonstrating various aasnas and pranayams through the series of postures and breathing excercises. The Hon'ble Judge expressed gratitude to the Bhartiya Yoga Sansthan for their collaboration and emphasized the importance of integrating yoga into daily routines for a balanced and healthy lifestyle and gave the slogan of "Ghar-Ghar Yoga". The event concluded with a group meditation session, fostering

a sense of unity and peace among all participants.

Rajni Sharma expressed her gratitude to Justice Rahul Bharti, experts of Bhartiya Yoga Sansthan and all the staff members of High Court, Jammu Wing for wholeheartedly participating in the event and highlighting this year's theme "Yoga for Self and Society" by making commitment to make Yoga part of healthy and sustainanble lifestyle

celebration International Yoga Day at the Hon'ble High Court of J&K and Ladakh highlighted the Judiciary's dedication towards holistic wellness of

STATE TIMES NEWS

JAMMU: World Music Day was celebrated here today by Natrang at its Studio Theatre with the presentation of chorus singing by a group of over 30 young artists. Ranging from traditional to western, young singers enthralled the audience through their resonating soulful singing. Few presentations were supported by the synchronized movements which not only complimented but also supplemented the overall impact of the musical presentations.

Earlier Natrang Director Balwant Thakur dwelt in detail about the history and purpose of the celebrations of International day of music. On the occasion he informed that the celebrations of world music day were conceived in the year 1981 in France by Jack Lang the then French Minister of Culture with the aim to dedicate a day to music and its powerful universal language.

Now this day is celebrated with full fun and fare all over the world with full enthusiasm and gaiety... Balwant Thakur further

Students during Music Day celebration at Natrang Studio. informed that beauty of this world day lies in its inclusivity, It breaks down barriers and connects people from different walks of life through the shared experience of music. It is a day to appreciate the power of music which tran-

and peace. By celebrating world music day, we acknowledge the vital role music plays in our society and in our personal lives. "Music is the universal language of mankind and it has the magical power to change the world as it can change people" he concluded.

scends all boundaries and

spreads the message of love

The artists who participated in the celebrations World Music Day

included Deeksha Thakur, Navjot Kour, Muskhan Manhas, Anshu Sharma, Iruvantika Gurang,

Sudan, Rashmi Bhagat, Akriti Jamwal, Ayushika Raiput, Harman Deep Paratishtha Kour, Vishakha Devi,

Sharma, Lakshita Devi, Pratibha Verma, Anshika Mangoch, Anshika Choudhary, Parul Magotra, Nandini Sharma, Lovish Mahajan, Bhumika Manhas, Aparna Singh and Kibriya Gohar.

DGP greets people on Guru Hargobind Singh's birth anniversary, Kabir Jayanti

SRINAGAR: On the auspicious occasion of the birth anniversary of Guru Hargobind Singh and Sant Kabir Jayanti, the Director General of Police J&K, R. R. Swain has extended heartfelt greetings and best wishes to members of Police Pariwar, families of martyrs and people of Jammu and Kashmir.

The DGP in his message said that the Guru Hargobind Singh Ji, the sixth Sikh Guru, a remarkable spiritual leader, warrior and visionary, is revered for his teachings of valour, righteousness, and compassion. His life and legacy continue to inspire millions around the world. "Let us draw inspiration from Guru Hargobind Singh Ji's teachings and work with unwavering dedication, courage, and integrity. Let us uphold the values of justice and sacrifices, ensuring the safety and well-being of our peo-

He said that Sant Kabir Ji, the great saint and poet, is celebrated for his profound teachings of love, harmony, and humanity. His timeless wisdom continues to guide us towards a path of righteousness and unity. Kabir Jayanti is a day to reflect on the values of compassion, equality, and brotherhood. His teachings remind us of the importance of living a life of simplicity, integrity, and service to others, he

May we all come together to celebrate the day with joy and devotion, while also committing ourselves to the welfare, prosperity and protection of our society, the DGP said. May the blessings of Guru Hargobind Singh Ji and Sant Kabir Ji guide us in our endeavors and strengthen our resolve to serve and protect with honor and compassion, he added.

DLSA Jammu organizes awareness programme on International Yoga Day

STATE TIMES NEWS

JAMMU: District Legal Services Authority Jammu under the guidance of Chairman, District Legal Services Authority Jammu, Sanjay Parihar, (Pr. Distt. & Sessions Judge) Jammu and supervision overall Secretary, District Legal Services Authority Jammu, Smriti Sharma. District Legal Services Authority Jammi organized an awareness program on International Yoga

The awareness programme was organized today on 21st of District Jammu also took



DLSA members performing Yoga Asanas

June 2024 at Conference Hall, District Court Complex Jammu. Panel Lawyers, PLV's and the allied staff of the courts part in the celebration of International Yoga Day. The theme for this year, International Yoga Day is "Yoga for Self and Society." It

emphasizes the spirit of Yoga, which unites and takes everyone along. The aim of Yoga is to join or to unite, it symbolizes the union of body and consciousness.

The different yoga asanas were performed under the guidance of a yoga team who were called from Bhartiya Yog Sansthan Jammu which was followed by participants including Chairman District Legal Services Authority (Pr. Distt. & Sessions Judge) Jammu, Secretary District Legal Services Authority) Jammu, other judicial offi-

cers of District Court, LADCs, Panel Lawyers, Staff of Court and PLVs of DLSA Jammu. Further Yoga Experts highlighted the efficiency of the event and stress upon the participants to be habitual to perform yoga which can support the healing process and help the person experience symptoms with more centeredness and less

Similar Programmes were also organized by TLSC Bishnah, TLSC R.S.Pura and TLSC Akhnoor in their respec-

ADGP Jammu takes stock of upcoming Shri Amarnathji Yatra 2024

duties, stressing the impor-

tance of a coordinated and peo-

ple-friendly approach to ensure

the comfort and security of pil-

He also emphasized the need

for highest level of alertness,

urging officers to keep a close

watch on any suspicious activi-

ties and maintain round-the-

clock vigilance. He instructed

that the welfare of the Jawans

be prioritized and all necessary

assistance be provided to the

Central Paramilitary Forces

(CPMF) reporting for duty.

ADGP Jammu also gave

STATE TIMES NEWS JAMMU: The Additional

Director General of Police (ADGP) of the Jammu Zone, Anand Jain, accompanied by Police officers including DIG Doda-Kishtwar-Ramban Range Shridhar Patil, DIG Traffic Jammu Dr. Haseeb Mughal, SSP Ramban Anuj Kumar, SSP Traffic National Highway Ramban Rohit Baskotra, and Additional SP Ramban Gourav Mahajan, conducted an extensive review of the security arrangements for the upcoming Shri Amarnathji Yatra 2024. The review covered key locations such as Jawahar Tunnel, Chanderkote Yatri Niwas, and other critical points along the route. During his visit, ADGP Jammu inspected the security measures implemented on the Highway, at Langers, Lodgment centers, and nakas. He provided on-the-spot directions to officers and officials stationed at sensitive points, emphasizing the need for vigilance in light of the current



ADGPJammu Zone, Anand Jain visiting Ramban. Jammu briefed officers on their rescue operations in case of any

unexpected mishaps due to nat-

ural or man-made calamities. ADGP Jammu checked the

functionality of CCTV cam-

eras, morchas, the communica-

tion network, and transport

arrangements for Security

Forces (SFs). While speaking

to media, the ADGP Jammu

Anand Jain says, "We are

reviewing the arrangements

made for the Amarnath Yatra.

We will ensure the implementa-

tion of the cut-off timings so

that the flow of that yatra to

and from Jammu and Kashmir

is smooth. More police and traf-

Modi Govt to fulfill all promises made with people of J&K: Kavinder Says PM Modi has a special space in his heart for J&K

STATE TIMES NEWS

JAMMU: Senior BJP leader and former Deputy Chief Minister, Kavinder Gupta on Friday said that BJP Government-led by PM Narendra Modi has fulfilled all promises made with the people of J&K. The BJP stalwart leader was addressing the media persons at the sidelines of the International Yoga Day celebrations in Jammu.

He said that assurance given by the PM Modi in Srinagar on early Assembly polls and restoration of statehood to J&K is the testimony to the fact that Modi Government is committed to accomplish everything

which has been promised. It is pertinent to mention that on the occasion of International Yoga Day, Prime Minister Narendra Modi, in a historic address from Srinagar, reiterated his unwavering commitment of being steadfast in its promise to conduct assembly polls and restore statehood to the region. Kavinder Gupta while welcoming the statement of PM Modi asserted that the commitment of party is aligned with its leadership's long-standing dedication to the development and prosperity of the region. "The promise of assembly polls and statehood is a testament to the govple and ensure democratic governance in the region", he said adding that the abrogation of Article 370, the introduction of progressive policies, and the implementation of development projects have brought unprecedented growth and stability in J&K. He said in past also, BJP had run and relied on the democratic processes and now again it is committed to hold Assembly polls. He said that in total, the Modi Government has held 13 elections successfully with maiden run of ULB and Panchayat polls in a flawless manner. The former deputy Chief Minister said that PM Modi has

The day concluded with a reflection on yoga's impor-

tance in daily life, fostering inner peace and physical

Jammu and Kashmir and that is the reason behind selecting Srinagar to lead the International yoga Day celebrations. He noted that this decision underlined the Prime Minister's commitment to Kashmir's cultural and spiritual heritage, enhancing its global visibility. Regarding PM Modi's upcoming visit to Jammu and Kashmir, Kavinder highlighted its potential to uplift the morale of the party cadre significantly. He called upon party workers to prepare ardently for the upcoming elections in the Union Territory, urging them to be fully committed to securing a

instructions to the UTDRF fic police will be deployed on the personnel to remain extra vigiroads that are under construclant and responsive to any tion are manned for smooth emergencies, ensuring prompt movement of Yatra.

resounding victory for the BJP. ernment's resolve to empower the peoa special space in his heart for security scenario. ADGP Educational institutions celebrate International Yoga Day

STATE TIMES NEWS

Educational institutions celebrated International Yoga Day with enthusiastic participation. Army Public School Ratnuchak celebrated International Yoga Day. The event saw active participation from students, staff, and NCC Cadets of the 2 J&K Girls and Boys Battalion. It began with an introduction



APS Ratnuchak students and faculty performing Yoga.

to yogic kriyas for holistic well-being, followed by a ses-

sion encompassing various voga exercises and postures.

Shiksha Niketan Senior Secondary School joined the global celebration of International Yoga Day, emphasizing yoga's profound benefits for mind, body, and spirit. Led by Principal Rameshwar Mengi and Headmaster Harish Sharma, staff members and students engaged in yoga practices to alleviate stress and

SNS School faculty performing Yoga.

promote mental clarity, echoing the universal appeal of

yoga as a path to harmony. At the Hockey Playfield in Simbal Camp, Jammu. athletes from Hockey Jammu & Kashmir celebrated International Yoga Day with enthusiasm.

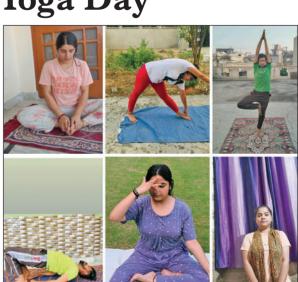
Their participation underscored the holistic benefits of yoga in promoting physical fitness and mental

The event not only celebrated yoga's positive impact but also emphasized its role in combating negative habits like drug addiction, embodying the spirit of wellness and resilience.

The NSS unit of KC College of Education commemorated International Yoga Day under the theme "Yoga for self and society". Principal Dr. Sanjay Tickoo highlighted yoga's adapt-

ability and significance in modern life, encouraging students and staff to embrace its transformative power. The event featured demonstrations of yogasanas like Kapalbhati, Pranayama, and meditation, reinforcing yoga's role in fostering personal and communal well-

Whole program was organized by Priya Gupta, NSS Program Officer of the college.



Students of KC College of Education performing Yoga