NCC always served society with commitment, dedication: LG Sinha

SRINAGAR: Lieutenant Governor Manoj Sinha on Saturday said that National Cadet Corps (NCC) has always served the society with commitment, efficiency and complete dedication in accordance with its motto "Unity and Discipline",

"The NCC has made immense contribution in nation-building", Lieutenant Governor said while addressing senior wing Cadets of National Cadet Corps at Special National Integration Camp, at JAKLI Regimental Rangreth.

He appreciated the NCC Directorate, Jammu Kashmir and Ladakh for providing opportunity to young cadets to forge lifelong friendships, understand and value the rich heritage of cultures that force unity despite the diverse languages and traditions.

He said the Special National Integration Camp promotes the spirit of 'Ek Bharat Shreshtha Bharat' and has brought together cadets from 17 directorates of the country to foster common values of patriotism, integrity and selfless service. The activities at the camp

truly symbolize the spirit of



Lieutenant Governor Manoj Sinha along with senior wing Cadets of National Cadet Corps at Special National Integration Camp at JAKLI Regimental Centre, Rangreth.

unity in diversity. It instils in cadets the values of discipline, integrity and camaraderie, he added.

The Lt Governor lauded the major role of National Cadet Corps in promoting the fundamental values and propagating principles of human dignity and equality in the society transcending the boundary of race, religion and gender. These core values bind us to a shared vision for a brighter future, he

He observed that the Special National Integration Camp will enable NCC cadets to appreciate and share the common aspirations of the youth of Kashmir Valley vis a vis the

restof $_{
m the}$ country. Addressing the cadets, the Lt Governor reiterated the commitment of the UT Administration towards the empowerment of youth of Jammu Kashmir.

The Lt Governor called upon the youth to join the NCC in large number and selflessly serve the society and the nation.

Directorate of Kashmir and Jammu Ladakh is establishing three new NCC units. It has already established state-ofthe-art training academies in Nagrota and Leh and also started programmes to connect the youth with innovation and start-ups.

As part of Ek Bharat

sage remains relevant in all ages for whole of the world. In order to gift a life full of

She said that the great

boon for humanity which leads to a blissful and inclusive life. "We can simply come out of the myopic fragmented thought processes by fol-

Mohammed life ahead. "The prophet of Islam Waqf Chairperson

from 17 directorates of the country participated in the camp organised by NCC Directorate, Kashmir and Ladakh.

On the occasion, the cadets showcased the rich and diverse cultures of India through their performances. Major General Sachdeva, Additional Director General, NCC Directorate Jammu Kashmir and Ladakh, Brig. Deepak Sajjanhar, Group Commander NCC Group Srinagar and other senior



Dr Jitendra presents 'Times Now' Doctor's Awards, emphasises preventive healthcare for young

STATE TIMES NEWS

NEW DELHI: Minister, Dr Jitendra Singh, as chief guest, on Saturday presented "Times Now" Doctor Awards to eminent medical professionals in different specialities from across the country. The programme was organised by 'Times Now" media group on the eve of Doctor's Day.

Speaking on the occasion and later in an exclusive meia interaction with "Times Now", Dr Jitendra Singh preventive emphasised healthcare in young. He said, increasing prevalence of morbities of later age happening in younger age like, Type 2 Diabetes Mellitus, young Heart attacks, malignancies etc are not only a health challenge but also threaten to drain away the vital youth energy and youth potential which would otherwise be contributing to the task of nation building and realising the vision of India 2047.

"Doctors are prime movers of Prime Minister Narendra Modi' vision of Universal

Healthcare for all," said Union Minister Dr. Singh. Dr. Jitendra said "It's a rare occasion to have some of

the best brains in medicine coming together under one Dr. Singh, who is himself a

professor of medicine & endocrinology, expressed gratitude on meeting his teacher B.C. Roy award winner Prof Dr V. Seshiah, founder-head of India's first-Department Diabetology that was started at Madras Medical College,

at the event. He also appreciated the

Chennai, who was felicitated

organisers for bringing three generations of doctors together under the same room. The Union minister Highlighting also felicitated the doctors in 'Legends of Medicine'

Union Minister Dr Jitendra Singh, flanked by a group of nationally distinguished medical specialists, who received "Time

Now" Doctor's Award from him at a ceremony at Hotel Taj, New Delhi on Saturday.

Category. Science Technology Minister said "India acknowledges the sacrifices made by doctors, especially during challenging times such as the COVID-19 pandemic" and Doctors' Day is a special occasion to honour the tireless dedication and invaluable contributions of our doctors and medical professionals, he added.He

role that doctors play in ensuring the health and wellbeing of our society.

progress in the last decade in the health sector Dr Jitendra Singh said "India became a global leader not just in curative healthcare but also in preventive health-

Emphasizing the cooperation and collaboration of both the Government and Private sector to provide best services to citizens and promote ease of healthy living. He also highlighted the government's initiatives and policies aimed at supporting and improving the healthcare system.

Speaking on development of medical infrastructure the minister recalled the number of AIIMS before 2014 compared to the number in 2024, he shared that health care should not limit itself to allopathic medicine but it should be seen holistically with integration of AYUSH and other systems. He also mentioned that the government is committed to providing better working conditions, continuous education and research opportunities

Dr Darakhshan addresses Seerat Conference at Srinagar Prophet of Islam gave message of peace and harmony to humanity: Andrabi



addressing Seerat Conference.

STATE TIMES NEWS

SRINAGAR: Chairperson of J&K Waqf Board (MoS), Sved Darakhshan Saturday $_{
m the}$ Conference as the Chief Guest at New Bonvivant English School at Aali Masjid Hawal in Srinagar.

A large number of invited delegates, staff and the students of the School participated in the Conference.

STATE TIMES NEWS

relationship

decades

Goddess

BHALWAL: Senior BJP

leader Devender Singh Rana

on Saturday underscored

the need for harmonious

humans and nature, saying

the civilized world might

have awakened to the crucial

significance of ecological balance since the past few

but

Dharma has been focusing

"The earth, rivers, moun-

tains, and forests are

revered and worshipped

since the inception of

Sanatan civilization as

Devender Rana said while

addressing Shri Gou Gopal

Paryavaran Sammelan at

Rana extended warm

birthday wishes to His

Holiness Shri Gangadhar

Shastri Ji Maharaj, express-

ing hope that his enlighten-

ing discourses will keep

guiding the society and

Seeri Paanditan here.

on it from Vedic times.

between

Sanatan

Prakrati".

Dr Andrabi address emphasised on the need to disseminate the message of brotherhood and moral excellence of the (SAW) among the new generation so that they are led to a blissful and impactful

gave the message of peace and harmony to whole of the humanity and this mes-

Shri Gou Gopal Paryavaran Sammelan

Ecological balance remained priority

for humanity since Vedic times: Rana

enior BJP leader Devender Singh Rana addressing a gathering

ty, as a congenial and clean

environment is indispensa-

ble for a healthy life. Abuse

of the ecosystem like extinc-

tion of greenery particularly

trees and damage to biodi-

versity can prove disastrous

for the very existence of the

human race. He, however,

expressed satisfaction over

growing awareness about

the importance of the envi-

ronment across continents

and dialogue between global

communities is promoting

Rana also lauded the mass

campaign initiated by the

Shri Gou Gopal Paryavaran

Samiti and hoped that the

reach out programme will be

intensified in a big way for

generating awareness about

maintaining ecological bal-

ance. The need for such an

initiative is all the more

imperative because of the

depleting green gold and

He said the relentless

efforts of spreading environ-

mental awareness through

religious awakening dis-

courses is bound to have a

lasting impact on the people

and motivating them to be

part of this noble mission for

growing population.

ecological balance.

peace, compassion and tolerance to our new generation, we need to teach them the messages from Prophet Mohammed (SAW)", said Dr Andrabi.

prophet's teachings are a

lowing the teachings of the Prophet of Peace. Such interactive programmes involving the young minds are of great importance for a just and peaceful and progressive society where morality and spirituality are in the driving seat", Board

the greater good of humani-

ty. The youth in particular

should be a focal point in

such discourses to make

them understand the crucial

importance of a healthy and

fit body for having a calm

mind. Taking care of health

is imperative before it is too

late and to make it achiev-

able, the awakening cam-

paigns are of immense

He said the Samiti has

made a niche for itself in the

wake of its selfless services

Samelans, which will cer-

tainly help in generating

mass awareness about the

evils encountered by the

account of depleting forest

resources and the other

sources of environment

ana urged the people, espe-

cially the youth, to adopt a

healthy lifestyle, saying

health is the first and fore-

most prerequisite for a

healthy society. He sought

carving out of an enabling

environment so that people

lead a healthy and stressless

life in a healthy environment

that is the need of the time.

degradation.

mankind through

especially

importance, he added.

ZPHQ Jammu organises training programme on New Criminal Laws Gurpreet Kour, JKPS, from DPO

also highlighted the critical

STATE TIMES NEWS

JAMMU: The Zonal Police Headquarters (ZPHQ) Jammu organized a one-day training programme on New Criminal Laws namely the Bharatiya Nyaya Sanhita (BNS), Bharativa Nagrik Suraksha Sanhita (BNSS) and Bharativa Sakshya Adhiniyam (BSA), aimed at educating Police officers and officials of Jammu Zone, was held in the Conference Hall of PHQ ,J&K, Jammu today.

This initiative is a part of ZPHQ's continuous efforts to keep the police force undated on legal advancements and ensuring effective law enforce-

The training programme was attended by all Range Deputy Inspectors General (DIsG), Senior Superintendents of Police (SSsP) from districts of Jammu province, senior Police officers based in Jammu, and Commandants of IRP and Armed Battalions based in Jammu Zone.

The programme was conducted under the guidance of Additional Director General of Police (ADGP) Jammu Zone, Anand Jain.

The primary objective of the session was to sensitise and educate police officers about the three new criminal laws scheduled to be implemented from July 01, 2024, and ensuring that they are well-versed with the new legal framework.



ADGP Jammu Zone, Anand Jain speaking at training programme.

The event witnessed active particied with the latest legal reforms to province who interacted and engaged during the sessions, sought clarifications, and raised their queries. This interactive approach facilitated a thorough understanding of the new

?At the outset, DIG Training PHQ Sarah Rizvi, welcomed all participants and encouraged them to actively engage in the programme. She emphasized the importance of the training mission and urged the officers to disseminate the knowledge gained to their respective districts and units amongst their personnel for effective implementation of the new criminal laws while integrating them with the Crime and Criminal Tracking Network and Systems (CCTNS).

?During his address, ADGP Jammu Zone, Anand Jain, underscored the necessity of staying updat-

pation from police officers of Jammu ensure that justice and law enforcement are in alignment with current legal standards. He highlighted the role of the police force in implementing these changes effectively.

?Senior Prosecuting Officer Hemanshu Mahajan, provided an indepth explanation of the new laws, offering clarity on their implementation and highlighting the significance of adhering to legal statutes for maintaining law and order. Emphasis was placed on understanding and implementing the reforms introduced vide the new criminal laws.

?Senior Superintendent of Police (SSP) Mubassir Latifi, CO of IRP 10th Battalion, spoke on the BNS, shedding light on its provisions and the changes it introduces. Chief Prosecuting Officer Rajeshwar Basotra, from District Police Office (DPO) Udhampur and Senior Prosecuting Officer (Sr. PO) Samba, elaborated on the BNSS, providing insights into its implications for citizen safety and security. Sr. PO Rohit Tidyal, DPO Jammu provided an in-depth analysis of the BSA, elaborating on its significance and implications for law enforcement ?A notable feature of the pro-

gramme was the demonstration on the collection of digital evidence. This session was conducted by PSI Arjun Singh, In-Charge Police Post Kullian, PSI Amreek Singh, In-Charge Police Post Sainik Colony, and PSI Sandeen Kumar Raju.

Their practical demonstrations provided valuable insights into the methods and techniques for effectively gathering digital evidence, which is crucial in modern criminal investiga-

?The event concluded with a vote of thanks delivered by Vishal Manhas, SO to ADGP Jammu Zone. He expressed gratitude to all the participants, speakers, and organizers for their contributions to making the training programme a success.

This training programme marks a significant step towards equipping the police force with the necessary knowledge and skills to implement the new criminal laws effectively, ensuring a more robust and compliant law enforcement mechanism in Jammu Zone.

Vehicle growth in Kashmir outpaces road expansion

■ MASROOR AHMAD

SRINAGAR: Kashmir is grappling with a growing traffic crisis that is costing residents hundreds of hours every day and threatening the Valley's economic life. The root cause of the problem is the rapidly growing vehicle population which far outpaces the development of road infrastructure, particularly in the summer capital Srinagar.

According to rough estimates, Srinagar residents lose an average of one to two hours daily in traffic jams. When calculated annually, this translates to a staggering 365 to 700 hours lost per individual. This significant loss of time not only disrupts personal schedules but also has broader implications for Kashmir's economic productivity and overall quality of life.

The scale of the problem is evident in the numbers. Kashmir currently has over



900,000 registered vehicles with approximately 75,000 new vehicles added to the roads each vear

This influx, which includes both public and private vehicles as well as two-wheelers, is putting immense pressure on the existing road network.

A senior Public Works Department official highlighted the challenges in addressing

"Road length in Kashmir is

over 25,000 Kms, but more than road length, it's the widening of roads where the bottlenecks are," the official He pointed out that while

many buildings and shops earmarked for demolition to facilitate road widening were identified a decade ago, the cost of compensation has skyrocketed. "If a house which comes under road widening was estimated at Rs 10 lakh ten years back, now the government has to pay a compensation of minimum Rs 1 crore," he explained.

The situation in Srinagar is particularly dire. Three crucial road widening projects - the Khanyar-Zadibal-Pandach road, Syed Meerak Shah Road, and the semi-ring road remain pending, adding to traffic woes in the city.

Adding to the complexity, recent Smart City initiatives have expanded footpaths in some areas, inadvertently reducing available road space for vehicles.

The impact of this crisis extends beyond mere inconvenience. It affects business efficiency, public transportation reliability, emergency service response times, and the

tourism industry. The rapid urbanization and growth in vehicle ownership have overwhelmed the existing urban transport system. registrations in Vehicle Srinagar have risen from 17,000 per year in 2011 to 24,000 in 2018. The city now sees a total of

4.056 million daily trips, with a per capita trip rate of 1.80 (including walking) and 1.5 (excluding walking). According to

addressing Kashmir's traffic crisis will require a comprehensive approach.

Potential solutions include accelerating pending road widening projects, implementing intelligent traffic management systems, and encouraging alternative transportation

However, with the average monthly household income in Srinagar at about Rs 26,384, the affordability of private vehicles remains high, further complicating the issue.

inspire people to participate in his noble mission for the greater good of humanity. He said maintaining an ecosystem is imperative for the overall good of humani-