#### Human Genetics Research Group, SMVDU investigates multiple Muscular Dystrophy cases

**STATE TIMES NEWS** 

REASI: In response to reports of a mysterious disease affecting several families in the Panasa area of Reasi district, the Human Genetics Research Group from Shri Mata Vaishno Devi University (SMVDU) in Katra has launched a detailed investigation. The disease, presumed to be a type of muscular dystrophy, has alarmed both local residents and healthcare authorities. A team comprising researchers from SMVDU, District Doctors from Hospital Reasi, World Health Organization (WHO) officials, and aided by the District Legal Service Authority (DLSA), visited the affected families to conduct an extensive assessment. This collaborative effort aimed to gather essential data and offer immediate support to the patients.

During their visit, the team conducted thorough examinations of the patients, documenting symptoms and medical histories. They also carried out pedigree analyses to understand the hereditary



Team inspecting the patients during the camp.

patterns of the disease, a crucial step in uncovering potential genetic links. Samples were collected for further genetic testing and analysis. Dr. Rakesh Kumar, head of the Human Genetics Research Group at SMVDU. highlighted the significance

this "Understanding the genetic basis of muscular dystrophy in these families is crucial. Our goal is to identify prominent mutations and other genetic factors contributing to the disease. This will not only help in providing accurate diagnoses but also pave the way for potential treatments and interventions."The samples collected are set to undergo rigorous genetic analysis at SMVDU's advanced laboratory. Researchers aim to identify specific genetic mutations associated with the disease, providing valuable insights into its cause and progression.

This data will also contribute to the broader scientific understanding of muscular dystrophy, potentially benefiting affected individuals globally. The cooperative approach,

involving local authorities, healthcare professionals, international organizations like the WHO, and support from Mr. Revaz and Mr. Balbir from DLSA, Reasi,

underscores a strong commitment to addressing this health crisis. The support from District Hospital Reasi comprising Dr. Yusuf Khan, Dv CMO, Dr. Bilal, Dr. Adil, Dr.Meenali Rajput, has been pivotal in facilitating fieldwork and ensuring patients receive necessary medical attention. Dr.AjmatFrom WHO did further investigation from disease perspective. As the investigation continues, there is hope that the findings will lead to sig-

nificant breakthroughs in

understanding and combat-

The dedication of the

ing muscular dystrophy.

research team is expected to bring new insights into the genetic underpinnings of this disease, offering hope to the affected families and contributing to global medical knowledge.Dr. Rakesh along with his team of Dr. Ruchi, Rajeshwer and Bhawani thanked prompt action of CMO ReasiDr. Ravinder Singh and Prof. Pragati Kumar, Vice chancellor of SMVDU, Katra for mitigating this local health burden.

# **STATE TIMES NEWS**

REASI: Professionally untrained but highly committed for self & community defense against terrorists equipped with sophisticated arms, VDGs have proved themselves as wall of defense against millitancy in remote hilly inhabitations in Jammu zone of

Considering it an invaluable asset to the department and a force multiplier for security of the region, District Police Reasi chalked out a detailed strategy for practice fire for the members of village defence guard of district Reasi. Under this schedule, range classification has been initiated at firing butt for the members of Village Defence Guards of Reasi.

Under this exercise all VDG members are called at the nearest firing butts of their areas and fire practice has been done after cleaning and zeroing their

VDG members are swarming on firing butts with zest and zeal and are excited to



Week-long firing practice for over 5,500

Police officials imparting firing training to VDGs at Reasi.

check their capabilities in firing with their .303 weapons and are welcoming this step of Reasi Police.

Considering it an important exercise for those who didn't check their weapons and fired since long, SSP Reasi Conveyed that a schedule of one week will be helpful for nearly 5547 members including 20 women members of district Reasi who are deployed in their own villages for safety and security of the villagers.

VDG being a force Multiplier considered as first response to thwart any nefarious designs of anti national element in remote areas. Mohita Sharma, Senior Superintendent of Police Reasi further stressed that since VDG played a pivotal role in safety and security in the villages, to rejuvenate them, it is necessary to exercise & practice the firing by their weapons which can only be done with such exercises from time to time and conveyed that Reasi Police will conduct many other exercises with the involvement of

VDG members of district.

vacation dates STATE TIMES NEWS JAMMU: The Executive Body of the Association of Electric Dealers, Jammu convened on June 3, 2024. to address the upcoming annual summer vacations. In a unanimous decision, it was agreed that all Electric Shops under the association's purview will remain closed on June 20th, 21st, and 22nd, 2024, correspon-

EDA announces

annual summer

and Saturday respectively. This decision aligns with the longstanding tradition observed by the association during the summer break. Members of the association are urged to comply with this directive, ensuring the closure of their shops and establishments on the aforementioned dates.

ding to Thursday, Friday,

The Association extends its sincere request to the general public to plan their purchases accordingly, taking into account the closure dates of Electric Shops.

The meeting, presided over by Sh. Dinesh Gupta (President), and attended by esteemed members including Sd. Kanwaljeet Singh Bindra (Vice President), Sh. Atul Sharma (General Secretary), Vishal Mahajan (Treasurer), and Lekh Raj Gupta (Patron), concluded with the firm resolution to uphold the association's commitments and tradi-

## Child Line celebrates Int'l Day of 'Innocent Children victim of Aggression'

RAMBAN: On the direction of District Child Protection Officer Ramban, Rahul Child Helpline Ramban Conducted an awareness program on international Day of 'Innocent Victim Children Aggression' at New Convent High School Ramban.

The Program was celebrated with the aim to highlight the pain suffered by children through mental, physical and emotional abuse across the world. Through this program student's were sensitized to prevent children from becoming the victim of

During the program JJB Anjum Shafi Member briefed the Children about Celebration International Day

# Army holds

**Motivational Lecture STATE TIMES NEWS** 

KISHTWAR: A motivational lecture was organised aimed at inspiring the students of Chhatru village to consider a career in the Indian Army. The event highlighted the high moral standards, sense of obligation and unparalleled opportunities that come with a career in the Indian Army. The goal of lecture was to ignite the spirit of patriotism and encourage young minds to envision themselves as future defenders of the nation. A total 67 students from village Chhatru participated in the event. The Indian Army is dedicated to building a close relationship with all communities around the nation, promoting a feeling of patriotism and motivating youth to actively participate in the defense of country.

Aggression and also made them aware about the working of Child welfare Committee, Juvenile Justice Board and District Child Protection Unit at the District for the welfare of Children.

Suneha Pran made participants aware about the services of the special cell, its location in the police station and the role of social workers. Social workers also awared the participants regarding the daily abuse faced by the children and discussed gender sensitization, Cyber Safety, Cyber informed them about various government running schemes for children and shared the contact number of the Special Cell for

Project Coordinator Child Helpline Highlighted the significance of safeguarding children from various forms of exploitation, abuse, and neglect and also Sensitized Children about working of Child Helpline and 24x7 Child Helpline No. 1098 and urged them to call anytime

whenever the help is needed. The officials present during the program were Shahnaz Wani JJB Member, Pooja Devi Counsellor, CHL Zaheer Abass Supervisor, and Tasleema Akhter Social Worker Special Cell for Women. Moreover, the Head of the Institution commended the efforts of the Child Helpline team and acknowledged the importance of such programs in educating and empowering children.

SAMBA: A delegation of Akhil Bhartiya Gaushala Research Foundation (ABGRF), Jammu and Kashmir, met with the Deputy Commissioner (DC) Samba and Senior Superintendent of Police (SSP) Samba under the direction of Advocate P.S Chandel, In-charge ABGRF, J&K UT.

The delegation was led by State President Dr. Vikas Bhardwaj and State General Secretary Sunil Magotra, along with DDC Gagwal Suresh Kumar, former Sarpanch Sudarshan Khajuria, ABGRF State Vice President Ravi Abrol, District President Kathua Ravindra Singh, and State Youth President Vikram Mahajan, accompanied by a large number of youth supporters.

The delegation presented a memorandum to DC Samba and SSP Samba, demanding stringent action against cattle smuggling and the cessation of related permissions. This



Delegation members calling on SSP Samba, Vinay Sharma.

marks the second major success for the ABGRF, which previously succeeded in halting permissions in Kathua.

ABGRF delegation meets DC Samba, SSP Samba;

Dr. Vikas Bhardwaj raised serious concern over the recent surge in cow smuggling activities. He emphasized the necessity for decisive action against this illegal trade. "For us Hindus, Gaumata (Mother Cow) holds

Foundation is dedicated to fighting for protection of cows. Following the meeting with DC Samba, a detailed discussion was held with SSP Samba, Vinay Sharma, who assured that no offender would be spared," he added. The ABGRF expressed gratitude to

both DC Samba and SSP Samba for their commitment to stopping the per-

# missions and taking strict actions Army holds motivational lecture

### Army organizes awareness on women health issues and preventive measures

**STATE TIMES NEWS** 

RAJOURI: The discrimination against girl child in remote areas of Pir Panjal plays an important role towards ignoring the health of the females. In many families limited resources available to pay for medical treatment are spent on the men of the household rather than the women. Women are taught to be patient and shy.

They were told to endure pains and stress. This leads to serious consequences as the medical fitness complicate to a stage where they are difficult to be cured. To spread awareness about women health issues and preventative measure, Indian Army organized a lecture at Thanamandi, for spreading awareness amongst girls and women regarding multiple unpredictable health issues that go undiagnosed most of the time. Aim of the event was to spread awareness amongst girls and women about



Army officials along with participants during the programme.

health care in the entire spectrum of a woman's life.

At each stage of a woman's life, there are important preventive health care steps to follow in order to provide early detection of medical problems or to prevent them. Refreshments were also offered to the invitees. This gesture and effort by Army were highly appreciated by

This endeavor by Army to reach out to the population residing in remote areas, where civil administration has limited accessibility, will go a long way in developing and strengthening trust JAWAN and AWAM.

# by gallantry awardee

**STATE TIMES NEWS** RAJOURI: With an aim to

motivate the future of the nation, the school children. towards joining Armed Forces and to instill a sense of patriotism, the Indian Army organized a motivational talkGallantry Awardees on the occasion of 25th Kargil Vijav Divas at Higher Secondary School. Thanamandi. The gallantry awardees delivered inspiring motivational talk where in, first-hand experience of the saga of bravery and undoubting spirit of valour that the soldier of Indian Army exhibit when called for duty to protect their motherland was shared, the journey and life stories which



Army officials along with participants.

involved the accounts of dedication and courage motivated the student. This event also served as tribute to the heroes of Kargil War, who defended our country. This motivational talk acted as a source of motivation for the aspiring youth who aim to join the Armed Forces. A sense of patriot-

ism was felt in the environment while motivational talk was being delivered by the Gallantry Awardee. Motivational talk had a deep impact on young generation and motivated them to work hard and overcome all odds to be successful in their lives and become responsible citizens of our country.

# Army conducts yoga camp

**STATE TIMES NEWS** 

DODA: Yoga has emerged as one of the most trusted means to boost physical and mental well-being. Regular practice of yoga can also alleviate chronic pain and improve posture. To promote 'Yoga' Indian Army organised a Yoga Camp for youth at Doda. People from all walks of life were invited to take part in the celebration to perform yoga exercises, asanas and pranayama to celebrate the day. Plans were afoot to involve maximum number of people in Yoga Day celebration in

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Youth participating in Yoda session.

the district. 36 civilians took part in the said event. The Yoga Camp featured sessions led by experienced yoga instructors, designed to cater to both beginners and seasoned practitioners. Attendees had the opportunity to engage in a variety of yoga practices aimed at improving flexibility, strength, mental clarity and relaxation. The session was later followed by an interaction between the participants and representative of Indian Army in which various health benefits of yoga

were discussed. The Yoga Instructors shared with the gathering that Yoga embodies unity of mind, body, thought and action. It not brings harmony only between man and nature but also inculcates holistic approach to health and well-being. They also shared that the benefit of Yoga is not restricted at the physical level, but is an ideal unification of the mind, body and breath. Yoga could significantly contribute to peace and development globally.

#### **STATE TIMES NEWS**

SAMBA: Police has foiled two bovine smuggling attemptsduring the early morning hours in the jurisdiction of Police Station Ghagwaland Police Station Samba, arrested two bovine smugglers and rescued eight bovine from the clutches of bovine smugglers.

A police party of Police Post Goran headed by Incharge Police Post Goran has successfully foiled bovine smuggling attempt, arrested two bovine smugglers and rescued six bovines which were being smuggled by foot via DhaloteKhad.

The arrested bovine smugglers have been identified as Janid Ali, son of Mohd Hussain, resident of Plai tehsil & district Samba and Muneer Ahmed, son of Gugar Din, resident of Ramkote tehsil Ramkote district Kathua.

A case FIR No. 154/2024 u/s 188IPC has been registered at Police Station Samba and investigation

Similarly, a Police team of Police Station Ghagwal headed by SHO PS Ghagwal while performing vehicle checking duty at naka established at main chowk Ghagwal, intercepted a Mahindra Pickup

registration jk02DD/5314coming via border road for checking. During checking of the vehicle, two bovines were found laden inside which were tied in a cruel manner and were being transported illegally without any valid permission.

A case FIR No. 84/2024 u/s 188 IPC, 11 PCA Act has been registered at Police Station Ghagwal and investigation started. Police Post Dhansal successfully foiled an attempt at bovine smuggling in the Lapri Top area. Acting on a tip-off from a reliable source, the police received information that some individuals were transporting bovine animals on foot from Lapri Top towards Kashmir for illegal

Upon receiving this crucial information, a police team was immediately dispatched to the location. The police party arrived promptly and apprehended two individuals involved in the smuggling operation. The suspects were identified as Mohd Nazir, son of Mohd Shafi, resident of Khandihar, Tehsil Katra, District Reasi, and Parviaz Ahmed, son of Abdul Rashid, resident of Dugga, Tehsil Arnas, District Reasi.

The suspects were found in possession of five bovine animals, which they were transporting without any valid permission from the concerned authorities. The police have taken the animals into custody and are conducting further investigations to ascertain the full extent of the smuggling operation.

This successful interception underscores the commitment of the Dhansal police to combating illegal activities and ensuring the rule of law. The police urge the public to continue providing valuable information that can help in preventing such unlawful activities.

On this, Case FIR No. 44/2024 U/S 188 IPC 11 (1) PCA Act stands registered at P/S Arnas and investigation initiated to unearth the forward and backward link-

In a continued crackdown on illegal bovine smuggling, the Police Post Dhansal has successfully thwarted another attempt in the Lapri Top area. Acting on a reliable tip-off, the police received information that bovine smugglers were transporting animals on foot from Lapri Top towards Kashmir

for illicit sale. Promptly responding to the infor-

6 bovine smugglers arrested, 21 bovines rescued mation, the police team reached the spot and apprehended two individuals involved in the smuggling operation. The suspects have been identified as Zakir Hussain, son of Gulam Mohd, resident of Dheeda, Gool, District Ramban, and Mohd Rafi, son of Ali Mohd, resident of Dehdah. Khallah.

Ramban. The suspects were found transporting eight bovine animals without any valid permission from the concerned authorities. The police have taken the animals into custody and are conducting further investigations to uncover more details about the smuggling net-

This operation highlights the relentless efforts of the Dhansal Police Post to combat illegal activities and uphold the law. The police commend the public for their continued cooperation and encourage them to report any suspicious activities that may help in prevent-

On this, Case FIR No. 45/2024 U/S 188 IPC 11 (1) PCA Act stands registered at P/S Arnas and investigation initiated to unearth the forward and backward linkages.