

Upskilling Training Programme on Social Media Executive inaugurated



First batch of the "Social Media Executive" course posing with faculty.

STATE TIMES NEWS
JAMMU: Cluster University of Jammu (CLUJ), in collaboration with Central University of Jammu (CUJ), inaugurated an Upskilling Training Programme under the patronage of Prof. Bechan Lal, Vice-Chancellor CLUJ, and Prof. Sanjeev Jain, Vice-Chancellor CUJ.

The first batch of the "Social Media Executive" course commenced on Friday, marking the beginning of this initiative aimed at enhancing students' skills in the field of social media management.

The inaugural ceremony witnessed the esteemed presence of distinguished speakers,

educators, and resource persons. Nearly 65 students from various schools and constituent colleges of Cluster University of Jammu and University of Jammu registered for the workshop, reflecting the widespread interest in acquiring expertise in social media management.

Ankur Mahajan, Registrar of Cluster University of Jammu, graced the event as the Chief Guest of the inaugural session and applauded the efforts of the Department of Commerce, School of Social Sciences, Cluster University of Jammu, for launching this upskilling training program for the benefit of students.

The resource persons for the training program were carefully selected from academia and the corporate sector. Naman Chibber, a certified Trainer with corporate experience, conducted a session as the resource person of the day. Dr. Neelika Arora, Director of UGMMTTC at Central University of Jammu, also shared insights during the workshop.

In her welcome address, Dr. Neetu Kumari, HoD of the Department of Commerce, provided an overview of the certificate course on Social Media Executive and extended a warm welcome to all dignitaries and participants. Dr.

Vishal Sharma, Dean of School of Social Sciences, Cluster University of Jammu, discussed the relevance of the program in the current scenario.

Prof. Jaya Bhasin emphasized the importance of skill development in alignment with the new educational policy, highlighting the significance of self-reliance, especially for women, in the emerging context. Dr. Shahid Mushtaq motivated participants to acquire skills by joining such programs to meet the changing demands of the job market.

Dr. Ajay Kumar Chalotra delivered the formal vote of thanks, expressing gratitude to all contributors and supporters of the workshop. The proceedings of the workshop were efficiently conducted by Dr. Parul Chhibber, ensuring a smooth and productive session.

Sahitya Akademi organizes literary programme



Female writers and Mohan Singh, convener Dogri Advisory Board at Sahitya Akademi New Delhi at literary programme in Jammu on Friday.

STATE TIMES NEWS
JAMMU: Sahitya Akademi New Delhi organized two insightful literary programs consecutively at the Writers Club in Jammu.

The programs, titled "Through My Window" and "Asmita," provided a platform for eminent writers to celebrate literary excellence and showcase their creative works.

The first program, "Through My Window," was

dedicated to the late Mohan Lal Sapolia, a distinguished poet and Sahitya Akademi award winner. Dr. Gian Singh eloquently spoke about Mohan Lal Sapolia, highlighting his contributions to literature with deep concern and zeal.

Dr. Singh offered unique and original viewpoints, captivating the audience with his lecture, which was well-received and appreciated by all present.

The second program, "Asmita," provided a stage for women writers to express their literary prowess, with a focus on poetry for this particular edition.

Five prominent female writers, Sarita Khajuria, Sushma Rani Rajput, Nirmal Vikram Jain, Vijaya Thakur, and Usha Kiran Kiran, presented their best poetry, mesmerizing the audience with their eloquence and creativity.

Mohan Singh, the convener of the Dogri Advisory Board at Sahitya Akademi New Delhi, chaired both programs.

He shared insights into Sahitya Akademi's initiatives and schemes, emphasizing its commitment to the development of Indian literature across 24 languages, including Dogri. Singh highlighted the various schemes available for the promotion of young and women writers, encouraging them to seize the opportunities provided by Sahitya Akademi for their literary growth and recognition.

The programs organized by Sahitya Akademi served as a testament to the organization's dedication to fostering literary talent and promoting cultural diversity across India. The event provided a platform for writers to celebrate their craft, honor their peers, and inspire the next generation of literary enthusiasts.

Yoga camp organized at Shastri Nagar



Participants performing Yoga Asana in a camp at Shastri Nagar Jammu.

STATE TIMES NEWS

JAMMU: A rejuvenating yoga camp was organized at Shastri Nagar, Jammu, aimed at promoting holistic well-being and fostering a deeper understanding of yoga as a way of life. Ashok Gupta, Vice President of Vichar Kranti Manch International & Founder Chairman of Sarvathan Trust, eloquently described yoga as a comprehensive science encompassing the physical, mental, emotional, and spiritual facets of human health.

He emphasized yoga's transformative power to transcend worldly chaos and attain inner peace, highlighting the rare opportunity it offers for personal and societal well-being.

The event, organized by Bharat Vikas Parishad Trivedi Branch with support from Vichar Kranti Manch International & Indian Yoga Association, unfolded under the meticulous planning of M.L. Padha (President), B.R. Sharma (Secretary), J.S. Sathiyra (Finance Secretary), Shivram Sharma (State General Secretary), and B.B. Sharma (State President), who dedicatedly orchestrated the camp's arrangements.

Dr. Shreyanshi Kumar Jain, State Yoga Commissioner, State Chairman of Indian Yoga Association, and President of Vichar Kranti Manch International, graced the occasion as a special invitee and keynote speaker.

Dr. Jain enlightened the audience on yoga's intrinsic connection to Indian cultural heritage and its profound role as a holistic mind-body medicine.

He elucidated on the yogic lifestyle, diet, attitude, and practices, underscoring their role in fostering positive health and stress management.

Dr. Jain emphasized that yoga is a continuous journey, transcending mere physical exercises to encompass a harmonious alignment with Dharma. During the session, Dr. Jain led participants through various yogic practices, including Vajrasana, Padmasana, Bhujangasana, Marjri asana, Shashankasana, Pawanmuktasana, and Ustrasana, elucidating their techniques and benefits.

The importance of long and deep breathing, as well as Pranayama, was emphasized as integral components of the yogic regimen.

HC Vaid, President of BVP Shivalik, demonstrated Yogasana, further enriching the practical experience for attendees.

Madanlal Padha, President, extended a warm welcome to all

participants and dignitaries, briefing them on the program's agenda.

The event was graced by the presence of Devraj Sharma (National Chairman, Environment), Arun Sharma (National Committee Member, National Group Song Competition), Yashpal Sharma (Director, Skill Development and Financial Solutions), and Monika Khajuria (LM VKMI), who added to the occasion's charm with their gracious presence.

Shiv Ram Sharma concluded the session with a vote of thanks, expressing gratitude to all contributors and outlining plans for the upcoming International Day of Yoga celebrations.

The event concluded on a note of inspiration and commitment to embracing yoga as a lifelong journey towards holistic well-being.

JYBT condoles demise of Vice-President Pandhotra



JYBT President Pawan Kumar Shastri and other members paying floral tributes to late Sardari Lal Pandhotra.

STATE TIMES NEWS
JAMMU: A condolence meeting was convened at BC Road, here on Friday to mourn the passing of Sardari Lal Pandhotra, the Vice-President of the Jammu Yatri Bhawan Trust (JYBT), who passed away on June 6, 2024 in his native village Ghagwal, District Samba.

Pawan Kumar Shastri, the President of the Trust, spoke during the gathering, shedding light on the invaluable contributions of Sardari Lal Pandhotra towards the advancement and betterment of the Jammu Yatri Bhawan Trust across all domains.

Shastri emphasized that Sardari Lal Pandhotra had been an integral part of the Trust for over two decades. He was initially appointed as a Trustee on October 24, 2012, and later elevated to the esteemed position of Vice-President on November 1, 2012.

Shastri lamented the irreplaceable loss caused by the sudden demise of Sardari Lal Pandhotra, asserting that his departure leaves a significant void within the Trust that will be challenging to fill.

He commended Pandhotra's integrity and unwavering commitment to the Trust's positive initiatives, underscoring his straightforward approach and dedication to the Trust's welfare.

Gurdas Sharma, the

General Secretary and Treasurer, also spoke during the meeting, echoing sentiments of profound grief and highlighting Sardari Lal Pandhotra's selfless service

and enduring legacy, which will be cherished in the years to come.

The condolence gathering was attended by several dignitaries, including Raj Kumar Gupta, and Koshal Kumar, among others, along with Sukhdev Sharma and all Head Office staff.

The entire assembly expressed deep sorrow and mourning over the loss of Sardari Lal Pandhotra, observing two minutes of silence in his memory and honour.

They collectively prayed for the departed soul's eternal peace and extended their heartfelt condolences to the bereaved family, seeking strength and solace during this difficult time.

SKUAST-J conducts capacity building program on Nanotechnology in Agriculture



A dignitary addressing students at SKUAST-Jammu on Friday.

STATE TIMES NEWS

JAMMU: Under the guidance of Vice Chancellor, Dr. B.N. Tripathi, SKUAST Jammu organized a two-day capacity building program on "Nanotechnology in Agriculture" for the university students.

This program, facilitated by the National Agricultural Higher Education Project - Institutional Development Project (NAHEP-IDP) at SKUAST-Jammu, aimed to delve into applications of nanotechnology in agriculture.

Prof Anil Kumar, Dean,

Faculty of Agriculture emphasized that nanotechnology stands at the forefront of technological advancements in agriculture, offering numerous benefits such as reduced reliance on herbicides, pesticides, and fertilizers, alongside enhanced efficiency, controlled release, and targeted delivery of agricultural inputs.

Recognizing the increasing significance of nanotechnology in agriculture, the training sought to equip students with the latest technical expertise in this field. The

training encompassed a wide array of pertinent topics including green synthesis of nanomaterials and their applications, nanotechnology solutions for sustainable agriculture and food security, application of nano biosensors in agriculture, analytical techniques for characterization of nanomaterials for agricultural applications, and nanofertilizers for nutrient use efficiency and environmental security, among others.

Experts from prestigious institutions across the country, such as Dr. K.M.

Manjiah from Pusa ICAR-IARI, New Delhi, Dr. Gaurav A Bhaduri, Dr. Y.S. Shivay from Pusa ICAR-IARI, New Delhi, Dr. Madhulika Bhagat Professor, School of Biotechnology, University of Jammu, Dr. Vishal Singh, Assistant Professor, Department of Nanosciences & Materials, Central University of Jammu and Dr. Mehra Singh Sidhu from Punjab Agricultural University, Ludhiana, delivered insightful lectures during the program.

The two-day capacity building program under patronship of Dr. B.N. Tripathi, Vice Chancellor, SKUAST-J, with co-patronage from Dr. Rajinder Peshin, Convener, Prof Vikas Sharma was coordinated by Prof. Vikas Abrol and co-coordinators Prof. Peeyush Sharma, Dr. Vivak Arya, and Dr. Vijay.

The participating students expressed their appreciation for the comprehensive content and topics covered in the training, and expressed a desire for more such programs in the future.

STATE TIMES NEWS

JAMMU: Rattan Lal Gupta, Provincial President of J&K National Conference on Friday pointed out that the drastic decline in BJP's vote share from 46.2% to 24.36% in the recent concluded Lok Sabha elections in Jammu and Kashmir, signaling a major shift in the region's political landscape.

In statement issued to media persons, the Provincial President emphasized that this sharp decline is a clear indicator of the changing public sentiment and dissatisfaction with the BJP's governance. "This significant fall in vote share should serve as a wake-up call for the BJP."

It is evident that the people of Jammu and Kashmir are seeking change and are increasingly supporting National Conference more closely with their needs and aspirations," he remarked.

Rattan Lal Gupta said that people have once again reposed faith in NC leadership giving signals for sending its leaders in the upcoming Assembly in J&K.

While thanking the party cadre and the leadership for remaining proactive in the LS elections, he asked them for showing same spirit which ensured NC's decisive victory in Anantnag - Rajouri and Srinagar LS seats.

Gupta sluts and congratulates the people of Districts Poonch and Rajouri to give massive mandate in all the seven assembly constituencies to NC Candidate Mian Altaf Ahmed in Jammu region.

Gupta asserted that NC's legacy of service and dedication towards the people will guide the party to triumph. "The support we have garnered across the region reflects the trust and faith that the people have in the National Conference", he

Redressal Programme. This program has been widely acclaimed for its effectiveness in addressing citizen grievances and promoting transparency and accountability in policing.

The upcoming programme is scheduled to take place on June 8, 2024 (Saturday) at 12:00 hrs at the District Police Lines Pulwama. We extend a warm invitation to all residents of Pulwama district to participate in this important initiative.

The People's Grievance Redressal Programme provides a platform for individuals to voice their concerns and seek resolution for issues related to police investigations, inquiries, delays in verifications, and other service-related matters.

To participate in the programme, individuals with grievances related to police services should visit the District Police Line (DPL) and register at the help desk established for this purpose. Additionally, those wishing to bring their grievances directly to the attention of DGP J&K should submit a written application containing detailed information, including a working mobile number:

DGP J&K to resume People's Grievance Redressal Programme today

STATE TIMES NEWS
JAMMU: Director General of Police (DGP), Jammu and Kashmir, and R.R Swain has announced the resumption of the People's Grievance

Redressal Programme. This program has been widely acclaimed for its effectiveness in addressing citizen grievances and promoting transparency and accountability in policing.

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BLSKS celebrates World Food Safety Day 2024 with Dogri Musical Play

STATE TIMES NEWS
JAMMU: Bhartiya Lok Sangeet Kala Sansthan (BLSKS) in collaboration with Sangam Tru Art production celebrated World Food Safety Day 2024 with a special presentation of their 432nd Friday series Dogri musical play titled "Shud Khana Sabne Khana" at the Open Air Theatre, Durga Bhawan Janipur, Jammu.

The theme of this year's celebration was "Food Safety: Prepare for the Unexpected." The program was inaugurated by Chief Guest V.K. Magotra, former Regional

Director of Directorate of Field Publicity, Ministry of Information and Broadcasting, Government of India. J.K. Raina, Producer, Director Films, and Mukesh Singh, Media Person, were honored as Guests of Honor.

The event aimed to rejuvenate the traditional folk art and culture of the Jammu and Kashmir region and raise awareness about food safety through various artistic mediums. Skits, slogans, songs, and dances were presented to educate the audience about the importance of food safety. The musical compositions



BLSKS members presenting Dogri musical play "Shud Khana Sabne Khana".

were orchestrated by Music Director Mahesh Kotwal. Chief Guest V.K. Magotra

highlighted the significance of World Food Safety Day in promoting actions to prevent,

detect, and manage foodborne risks. He praised the organizers for their efforts in making

the awareness program effective and colorful through music and performances by children from music and computer institutions.

Dr. M.L. Dogra, Chairman of Bhartiya Lok Sangeet Kala Sansthan, emphasized the importance of being prepared for food safety incidents and outlined preventive measures that consumers can take to ensure food safety. He announced that BLSKS will conduct over 200 awareness programs this year through folk media in remote villages of Jammu Province.

The performances by

singers, musicians, and actors including Usha Raina, K K Joshi, Rajni Gupta, Bindia Okheda, Chahat Chadha, Rahul Kumar, Rajeev Salotra, Zulekha Bano, Naiya Digra, and Renu Bala captivated the audience.

Deepak Kumar conveyed a vote of thanks for the successful organization of the program, marking it as a significant contribution to raising awareness about food safety and preserving folk culture.

The event was recorded and uploaded online on social media platforms for the benefit of a wider audience.