

For general population

- Stay hydrated:**
 - Drink sufficient water whenever possible, even if you are not thirsty. Thirst is not a good indicator of dehydration.
 - Carry drinking water when traveling
 - Use Oral Rehydration Solution (ORS), and consume homemade drinks like lemon water, butter milk/lassi, fruit juices with some added salt.
 - Eat seasonal fruits and vegetables with high water content like water melon, musk melon, orange, grapes, pineapple, cucumber, lettuce or other locally available fruits and vegetables.
- Stay covered:**
 - Wear thin loose, cotton garments preferably light coloured
 - Cover your head: use umbrella, hat, cap, towel and other traditional head gears during exposure to direct sunlight
 - Wear shoes or chappals while going out in sun
- Stay alert:**
 - Listen to Radio; watch TV; read Newspaper for local weather news. Get the latest update of weather on India Meteorological Department (IMD) website at <https://mausam.imd.gov.in/>
- Stay indoors/in shade as much as possible:**
 - In well ventilated and cool places
 - Block direct sunlight and heat waves: Keep windows and curtains closed during the day, especially on the sunny side of your house. Open them up at night to let cooler air in.
 - If going outdoor, limit your outdoor activity to cooler times of the day i.e., morning and evening
 - Reschedule or plan outdoor activities during cooler parts of the day.

For vulnerable population

Although anyone at any time can suffer from the heat stress & heat-related illness, some people are at greater risk than others and should be given additional attention.

- These include:
- Infants and young children
 - Pregnant women
 - Physically ill, especially with heart disease or high blood pressure
 - Travelers from colder climate to a hot climate should allow one week's time for their bodies to acclimatized to heat, avoid overexertion, and should drink plenty of water. Acclimatization is achieved by gradual increase (over 10-15days) in exposure/physical activity in hot environment
 - People working outdoors
 - People who have a mental illness

Other precautions

- Elderly or sick people living alone should be supervised and their health monitored on a daily basis.
- Keep your home cool, use curtains, shutters or sunshade and open windows at night.
- Try to remain on lower floors during the day.
- Use fan, spray bottles, damp cloths, ice towels to cool down body.
- Immersing feet in 20°C water above ankle provides rapid cooling by reducing dehydration and thermal discomfort.

Don'ts

- Avoid getting out in the sun, especially between 12:00 noon and 03:00 pm
- Avoid strenuous activities when outside in the afternoon
- Do not go out barefoot
- Avoid cooking during peak summer hours. Open doors and windows to ventilate cooking area adequately
- Avoid alcohol, tea, coffee and carbonated soft drinks or drinks with large amount of sugar- as these actually, lead to loss of more body fluid or may cause stomach cramps
- Avoid high-protein food and do not eat stale food
- Do not leave children or pets in parked vehicle. Temperature inside a vehicle could get dangerous.

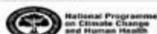
For Employers and workers

- Provide cool drinking water at work place and remind them to drink a cup of water every 20minutes or more frequently to stay hydrated
- Caution workers to avoid direct sunlight
- Provide shaded work area for workers. Temporary shelter can be created at work site.
- Schedule strenuous and outdoor jobs to cooler times of the day i.e., morning and evening hours
- Increase the frequency and length of rest breaks for outdoor activities- at least every 5 minutes after 1 hour of labour work
- Listen to Radio; watch TV; read Newspaper for local weather news and act accordingly. Get the latest update of weather on India Meteorological Department (IMD) website at <https://mausam.imd.gov.in/>
- Assign additional workers or slow down the pace of work
- Make sure everyone is properly acclimatized: it takes weeks to acclimatize to a hotter climate. Do not work for more than three hours in one day for the first five days of work. Gradually increase the amount and time of work.
- Train workers to recognize factors which may increase the risk of developing a heat related illness and the signs and symptoms of heat stress and start a "buddy system" since people are not likely to notice their own symptoms
- Trained First Aid providers should be available and an emergency response plan should be in place in the event of a heat-related illness.
- Pregnant workers and workers with a medical condition or those taking certain medications should discuss with their physicians about working in the heat.
- If working outdoors wear light-coloured clothing preferably long sleeve shirt and pants, and cover the head to prevent exposure to direct sunlight.
- Organize awareness campaigns for employees
- Install temperature and forecast display at the workplace.
- Distribute informational pamphlets and organize training for employers and workers regarding health impacts of extreme heat and recommendations to protect themselves during high temperatures.

Precautions During Mass gathering/Sport event

- Outdoor/indoor crowded situations increase risk of acute heat-related illnesses (HRI) even in absence of active heatwave alerts in the area.
- Physical exertion, direct sun exposure, overcrowding, and difficult access to water, food and shade may worsen health in vulnerable groups.
- Attendees should stay hydrated, cool, be aware of HRI signs, symptoms and seek medical care.

DIP/J-2083/25
Dated:- 12/06/2025



JALSHAKTI DEPARTMENT, JAMMU

OFFICE OF THE EXECUTIVE ENGINEER JAL SHAKTI (PHE) CITY DIVISION NO-1, JAMMU

0191-2543654(Fax) E-Mail:-xenphec1@gmail.com

SHORT NOTICE INVITING TENDER

E-NITNo.JS/PHECD-1/16of2025-26
Prev.E-NITNo.JS/PHECD-1/04of2025-26

For and on behalf of The Commissioner, Municipal Corporation, Jammu, of J&K Union Territory, E-Tender (Item Rate Based-Annual Maintenance) is invited by the Executive Engineer Jal Shakti (PHE) City Division No-1, Jammu, from approved and eligible contractor of appropriate class registered with UT of Jammu and Kashmir/ other UT's or State Govt./CPWD/MES/Railways, registered firms/contractors under two cover system, Cover 1 comprising of technical bid and cover 2 comprising of financial bid for the following work:-

S. No.	Name of work	Cost of Tender (In Rs)	Cost of Tender document (In Rs.)	Earnest Money Deposit	Class of Contractor	Time of Completion
1	Day to Day emergent nature of repairs, maintenance and restoration works in Janipur, New Plot and Patel Nagar section of PHE Sub-Division Bakshi Nagar (13.00lacs+ 10.00lacs 5.00lacs=28.00lacs)	Rs.28.00 lacs	Rs.1000 /-	Rs.56,000/-	A to B	Up to 31/03/2026or till finalized the next year allotment

Position of funds: Provision as per Annual Repair Statement 2025-26

- Date of publishing:-09/06/2025(1800Hrs)
 - Bid documents can be seen and downloaded from the website [www.jktenders.gov.in](http://jktenders.gov.in) from 09/06/2025(1800Hrs) onwards.
 - The bid shall be uploaded on the website [www.jktenders.gov.in](http://jktenders.gov.in) from 09/06/2025(1800Hrs) to 16/06/2025 upto (1200Hrs).
 - The complete bidding process shall be online.
 - The technical bids received shall be opened online on 16/06/2025 after (1500Hrs). or any other convenient later date in the office of The Executive Engineer Jal Shakti (PHE) City Division No-1, Jammu.
- No: JSPHECD-1/1244-49
Dated:-09-06-2025
DIP/J-2075/25
Dated:- 12/06/2025
- Sd/-
Executive Engineer
Jal Shakti (PHE) City Division No-1 Jammu



**UNION TERRITORY OF JAMMU & KASHMIR
OFFICE OF THE EXECUTIVE ENGINEER
JAMMU DEVELOPMENT AUTHORITY MEGA PROJECT DIVISION
GENERAL BUS STAND, JAMMU
E-NOTICE INVITING TENDER
(SHORT TERM)**

e-NITNo.JDA/MP/DIV/e-NIT/2025-26/07 Dated: 11-06-2025

Executive Engineer, JDA Mega Project Division General Bus Stand, Jammu on behalf of Vice Chairman, JDA, invites tenders through e-tendering mode on JK Tenders portal i.e. <http://jktenders.gov.in> for JDA Parking Lot at Multilevel Car/Bus Parking at General Bus Stand Jammu from approved and eligible CONTRACTORS/ FIRMS for the following work:-

S. No.	Name of Job	No. of Cars/Jeeps	No. of Two Wheelers	No. of Buses	Minimum reserved bid For one year	Security Deposit @10% of the Minimum Reserved bid	Cost of Tender Document (Non-refundable)	Period of contract
1	Collection of Parking charges in the JDA's Multi Level Car Parking	1312	177	---	Rs. 1,14,61,212/- PLUS (TAXES)	Rs. 13.75 Lacs	Rs.2500/-	One year
2	Ground Floor General Bus Stand	--	--	80				

- Date of Publishing:-11-06-2025.
- The Bidding documents can be seen and downloaded from the website <http://jktenders.gov.in> from 11-06-2025 (1800 Hrs) to 23-06-2025 (1300 Hrs)
- The Bids shall be submitted in electronic format on the website <http://jktenders.gov.in> From 11-06-2025 (1800Hrs) to 23-06-2025 (1300Hrs)
 - The bids received will be opened on 24-06-2025(1400Hrs)
 - The complete bidding process will be online.

JDA/MP/DIV/53-59
Dated :/06/2025

Sd/-
Executive Engineer
JDA Mega Project Division
Jammu

**DIP/J-794-P/25
Dated:- 12/06/2025**

E-mail:-chairmanffc@gmail.com
Website:- www.jkffc.in



Tele/Fax: Srinagar. 0194-4034841
Jmu. 0191-2956990

**Government of Jammu & Kashmir (UT)
Committee for Fixation of Fee Structure of Private Education Institutions of J&K UT
Old Assembly Complex Srinagar / Directorate of School Education, Muthi, Jammu**

Circular No: - 14/FFRC of 2025

Dated: 11/06/2025

Subject: Charging of Admission Fee by Private Schools.

Complaints from parents/students are pouring in regarding charging of admission fee by private schools in violation of the Jammu & Kashmir School Education Act, 2002 (as amended). Despite various orders/directions issued by the Committee from time to time regarding the subjects in light of provision(s) of ibid Act and rules made thereunder.

It has also come to fore that some private schools are still receiving admission fee and in most of the cases without providing proper receipt through methods other than the standard banking process, to hide the illegal transaction of money.

Pertinent to mention here proviso to Section 20E (1) of the Jammu and Kashmir School Education Act, 2002 (amended) provides as under:

"Provided that private schools shall not charge in any manner, any other fee including admission fee or any amount, by whatever name called than the fee mentioned above."

Charging of admission fee by private schools is grave violation of the Act and directions passed by the Committee from time to time and warrants strict action under law against the erring school.

In order to check the menace and stop the exploitation, the parents/students are requested to inform this office through official email (chairmanffc@gmail.com) or on official telephone numbers 0194-4034841/ 0191-2956990, so that necessary action is taken against such erring schools in accordance with law. The identity of such parents /students will be kept confidential.

No: 4452/2025
Dated:- 11/06/2025

DIP/J-2045/25
Dated:- 12/06/2025

Sd/-
Justice Sunil Hali
Chairperson, FFRC, J&K, UT.

ENIT NO. 02OF 2025-26 DATED 09-06-2025

**GOVERNMENT OF JAMMU AND KASHMIR
OFFICE OF THE EXECUTIVE ENGINEER JAL SHAKTI PHE
MECHANICAL DIVISION UDHAMPUR**

NOTICE INVITING TENDER

E-NIT JSPHEMUDHR/ 02 OF 2025-26 DATED 09-06-2025

Executive Engineer Jal Shakti PHE Mechanical Division, Udhampur, on behalf of the Lt. Governor of Jammu and Kashmir UT, invites tenders by e-tendering mode from registered firms who have sufficient experience in the relevant field of electro-mechanical/ electrical works.

Sl.	Name of the work	Qty	Name of Division	Cost of Tender Document / Tender Fee (in Rs)	Earnest Money (in Rs)	Bid validity
1	Replacement / repair to 50000 GPH x 130 meter head HC pump set unit no. 5 installed at pumping station Salmay stage-1 st (Old)	01 job	Jal Shakti PHE Mech. Division Udhampur	Rs. 200.00 (Non-refundable in shape of treasury challan in favour of the Executive Engineer Jal Shakti PHE Mech. Division Udhampur	(Rs. 1800.00) 2% (in case of non-registered firms) Or (Rs. 900.00) 1% (in case of firms registered with DIC / SSI / MSME)	90 days
2	Repair of 50000 GPH x 50 meter head HC pump set at pumping station Salmay stage-0 (Old)	01 job	Jal Shakti PHE Mech. Division Udhampur	Rs. 200.00 (Non-refundable in shape of treasury challan in favour of the Executive Engineer Jal Shakti PHE Mech. Division Udhampur	(Rs. 1000.00) 2% (in case of non-registered firms) Or (Rs. 500.00) 1% (in case of firms registered with DIC / SSI / MSME)	90 days
3	Repair of 50000 GPH x 130 meter head HC pump set at pumping station Salmay stage-2 nd (Old).	01 job	Jal Shakti PHE Mech. Division Udhampur	Rs. 200.00 (Non-refundable in shape of treasury challan in favour of the Executive Engineer Jal Shakti PHE Mech. Division Udhampur	(Rs. 1700.00) 2% (in case of non-registered firms) Or (Rs. 850.00) 1% (in case of firms registered with DIC / SSI / MSME)	90 days

- Bid documents can be seen at and downloaded from the website <http://jktenders.gov.in> from 09-06-2025 (18:00 Hrs.)
 - The Bids shall be deposited on the website <http://jktenders.gov.in> from 09-06-2025 (18:30Hrs) to 18-06-2025 (15:00 Hrs.).
 - After opening tender only successful bidder shall be asked for submitting the hard copies of documents with CDR and tender fee
 - The complete bidding process will be online <http://jktenders.gov.in>.
 - The technical bid will be opened on line on 19-06-2025 at 11.00 A.M or any other subsequent date in the office of the Executive Engineer Jal Shakti PHE Mechanical Division Udhampur.
 - The Financial bids of the bidders shall be opened online in the office of the Executive Engineer Jal Shakti PHE Mechanical Division Udhampur after evaluation of technical bids. The date shall be communicated separately.
- No. JSPHEMUDHR/2025-26/423-26
Dated:-09-06-2025
- DIP/J-2061/25
Dated:- 12/06/2025
- Sd/-
Executive Engineer
Jal Shakti PHE Mech. Division
Udhampur



**Government of Jammu & Kashmir
Directorate of Rural Sanitation, J&K, Jammu/Srinagar**

Ph./fax Ph. 0191-2438269 (Jammu), 0194-2470559 (Srinagar) Email: drsjk47@gmail.com

Subject: -Appointment of Junior Assistant, Divisional Cadre, Kashmir in Directorate of Rural Sanitation, J&K.

Reference: - 1. Letter No. JKSSB-Scry/2/2025-06(E-7628025) dated 30.04.2025 from J&K Service Selection Board.

2. Letter No RDD-Estt0NG/37/2025-12(E-7646503) dated 09.05.2025 from Department of Rural Development & PR, Civil Secretariat, J&K.

**Order No: -248 - DRS of 2025
Dated: -11-06-2025**

As recommended by the J&K Services Selection Board and forwarded by the Department of Rural Development & Panchayati Raj, Civil Secretariat, J&K, sanction is hereby accorded to the appointment of following candidate as Junior Assistant in the Pay Level-4 (Rs 25500-81100), with immediate effect in Directorate of Rural Sanitation, J&K against the available post of Division Cadre Kashmir:-

Name	Parentage	Address	Verification form No	Selection category/Cadre
Sahil Ahmad Tantary	Shahir Ahmad Tantary	300A, Rather Pora, Ranbir Grah, Central Shalteng Srinagar-190017	129153 dated 09.06.2025	OM (Divisional cadre Kashmir)

The appointee shall report in the office of Deputy Director, Rural Sanitation, Kashmir within a period of twenty one (21) days from the date of issuance of this order failing which he shall forego his right to appointment, and the same shall be deemed to have been cancelled ab-initio without any further notice.

The appointee shall be allowed to join only on the production of the following certificates (in original) to be verified subsequently:-

- Academic/Qualification certificates.
- Matriculation/Date of Birth Certificate.
- Health Certificate from the Concerned Chief Medical Officer of the District.
- Domicile Certificate issued by the Competent Authority.
- Valid relevant Category Certificate, if any, applicable.
- Any other certificate required under rules.

The appointment of the above candidate shall further be subject to the following conditions:-

- The appointee shall give an undertaking in the shape of an affidavit to the effect that if on verification, his qualification/Date of Birth/Reserved Category Certificates from the Concerned issuing authorities is found fake/forged, his appointment as Junior Assistant shall be cancelled ab-initio and the legal action as warranted under rules shall be initiated against him.
- That if the candidate has taken loan for self-employment from DIC/Employment Department, to be ascertained from the District Industries Centre (DIC) and the District Employment & Counselling Centre of the domicile District, he shall relinquish the proprietorship of unit/enterprise before joining the Government service. He shall be required to repay the entire loan liability in suitable EMIs to be worked out by the DDO concerned from his salary. DDO concerned shall obtain an affidavit from the concerned appointee regarding both relinquishment of proprietorship and stakes, if any, in such a self-employment unit/enterprise and recovery to be made and also personally monitor its recovery.
- The salary of the appointee shall not be drawn and disbursed to him unless the satisfactory reports in respect of genuineness of qualification/Date of Birth/Relevant Category Certificate are received from the concerned Authorities/Agency.
- The appointee shall be on probation for a period of two years.
- The appointment of the candidate shall be governed by the "New Pension Scheme" as notified vide SRO-400 of 2009 dated 24.12.2009.
- The inter-seniority of the appointee shall be determined as per the J&K Civil Services (Classification, Control and Appeal) Rules, 1956.
- The appointment of the above appointee shall be subject to outcome of writ petition(s), if any, pending before Competent Court of law.

No:- DRS/2025-26/Estt/2337-40
Dated:- 11-06-2025

**DIP/J-2071/25
Dated:- 12/06/2025**

Sd/-
Anoo Malhotra, JKAS
Director General Rural Sanitation,
J&K