

Annual Camp for B.P.Ed & M.P.Ed students 2025-26 commences at JU's Bhandarwah Campus

STATE TIMES NEWS
BHADERWAH: The Directorate of Sports and Physical Education, University of Jammu (JU), inaugurated the Annual Camp for B.P.Ed & M.P.Ed students 2025-26 at the picturesque Bhandarwah Campus, University of Jammu.



Director Sports JU, Dr. Daud Iqbal Baba posing with other dignitaries and winner team.

and encouraged the students to make the most of the enriching experiences offered by the camp. He also stressed upon the hard work persistence are the key for success.

Dr. Daud Iqbal Baba, Director, Directorate of Sports and Physical Education, JU, addressed the gathering and highlighted the critical role such camps play in shaping a vibrant and holistic educational environment.

He reiterated that sports not only enhance physical abilities but also improve mental well-being, stress management, and overall personality development.

The camp includes a wide range of events and activities such as daily morning and evening physical training, trekking expeditions, tent pitching and competitive sports all integral components of the curriculum for professional preparation in Physical Education.

The Chief Guest of the opening ceremony of sports activities was Colonel Yogesh Chauhan (4RR).

In his address, Col. Chauhan emphasized the significance of discipline, physical readiness, and teamwork,

Various institutions participated in the inter-institutional sports competitions held during the camp, including PG Department JU, Government Degree College Bhandarwah, Govt. Higher Secondary School (GHSS) Nichla Thara Gatha, GHSS Sartangal, and GHSS Boys Bhandarwah.

Athletics Results
Shot-Put (M&W): PG Dept. JU, gold, PG Dept. JU, silver and GDC Bhandarwah, bronze.

(M) 100 mtrs: GDC Bhandarwah, gold, PG Dept. JU, silver and PG Dept. JU, bronze. 200 mtrs: GDC

Bhandarwah, gold, PG Dept. JU, silver and PG Dept. JU, bronze. 4x100 Relay: PG Dept. JU, gold, GDC Bhandarwah, silver and GHSS Nichla Tharagata, bronze.

(W) 100 (W): PG Dept. JU, gold, GDC Bhandarwah, silver and PG Dept. JU, bronze. 200 mtrs: PG Dept. JU, gold, GDC Bhandarwah, silver and GDC Bhandarwah, bronze.

4x100 Relay: GDC Bhandarwah, gold, and PG Dept. JU, silver.

Volleyball League Matches: GHSS Sartangal beat GDC Bhandarwah by 2-0 sets; University of Jammu beat GHSS Sartangal by 2-0;

GDC Bhandarwah beat Boys Hr. Sec. School Bhandarwah.

In the final match of volleyball, the PG Department, JU defeated GHSS Sartangal in a thrilling three-set match by 2-1, demonstrating resilience and tactical superiority on the court.

The camp is conducted under the overall supervision of Dr. Daud Iqbal Baba, Director Directorate of Sports and Physical Education JU, and is efficiently coordinated by Vimal Kishore, Raj Kumar Bakshi, Ravish Vaid, Vikas Karlopa, Gagan Kumar, Jai Bharat, Harinderpal Singh, Dr. Inderjeet Singh, Manjeet Kotwal, Rishiv Sharma, Richa Mandla and other accompanying staff of the Directorate.

This annual camp continues to be a cornerstone of holistic professional training, offering students a valuable platform to grow physically, mentally, and emotionally. The Directorate remains committed to delivering transformative learning experiences in challenging yet nurturing environments.

Sports passion overwhelms Chowgan Ground Kishtwar amid inauguration of Inter-Zonal District Tournament



Additional Deputy Commissioner Pawan Kotwal inaugurating the tournament.

STATE TIMES NEWS
KISHTWAR: The Department of Youth Services & Sports Officer Jaffer Haider Sheikh.

Kishtwar on Friday declared open the much-anticipated Inter Zonal District Level Tournament for U/14 and U/17 Boys and Girls amid a vibrant inaugural ceremony held here on the historic Chowgan Grounds.

The tournament would feature multiple competitions across multiple sports disciplines. Additional Deputy Commissioner Pawan Kotwal inaugurated the tournament as the Chief Guest amid cheers from hundreds of participating student-athletes, officials and spectators.

The inaugural event was

held under the overall supervision of District Youth Services & Sports Officer Jaffer Haider Sheikh.

A well-coordinated march past by teams from different zones of the district marked the ceremonial start, followed by National Anthem, oath-taking ceremony led by young athletes, pledging commitment to sportsmanship and fair play.

The atmosphere was charged with patriotic fervor and youthful energy as cultural performances and motivational addresses inspired the gathering.

In his address, ADDC Pawan Kotwal emphasized the role of sports in holistic development of youth stat-

ing, "Sports events not only promote physical fitness and discipline but also foster unity and cultural exchange among students from all corners of the district. The administration is committed to strengthening sports infrastructure and opportunities for our youth."

The Inter-Zonal Tournament features a wide array of sports including Kho-Kho, Kabaddi, among others, with both boys and girls participating in U/14 and U/17 age categories.

Matches and events are scheduled to take place across various venues including GHSS Vemys, ITI Indoor Stadium and Chowgan Ground for a full week.

CLUJ inaugurates 7 days Stock Market Training and Financial Literacy Program

STATE TIMES NEWS
JAMMU: The Department of Commerce, School of Social Sciences, Cluster University of Jammu, in collaboration with Zerodha Varsity, inaugurated the transformative "Stock Market Training and Financial Literacy Program for the Nxt-Gen Investor" on Friday.

Organized under the patronage of Vice Chancellor Prof. (Dr.) K. S. Chandrasekar and guidance of Dr. Vishal Sharma, Dean, School of Social Sciences, the program is a major initiative aimed at equipping students with crucial financial knowledge and investment skills essential in

today's rapidly evolving economic environment. Offered free of cost to all students of the university, the program emphasizes financial literacy as a vital life skill.

Spanning over 25 hours of live interactive sessions, the program covers comprehensive modules on stock market fundamentals, personal finance, technical analysis, and fundamental analysis. These sessions will be conducted by industry experts and delivered online.

The inaugural session was graced by faculty members, industry professionals, and over 85 students from various schools and colleges affiliated with the university, demonstrating keen

interest in enhancing their financial acumen.

The keynote address, delivered by Salman, Resource person from Zerodha Varsity, focused on the core principles of personal finance and investment, stressing the importance of early financial planning and informed decision-making.

This initiative showcases the Cluster University of Jammu's commitment to empowering students with real-world, career-oriented skills, and nurturing a generation of financially literate, future-ready investors prepared to navigate the complexities of modern financial markets.

Rishu of J&K bags 60th Aghar Jitto Dangal title

STATE TIMES NEWS
JAMMU: Wrestler Rishu of Kathua lifted the 60th annual Aghar Jitto Kesari Dangal title defeating Shakti of Noida in Uttar Pradesh in the title bout that took place at village Aghar Jitto in district Reasi.

Winner of the title bout bagged a cash prize of Rs 20,000 while runners-up, Shakti presented Rs 11,000 cash prize.

Dangal was organised by Baba Jitto Dangal Committee on the last day of three days historic and famous mela held annual in memory of the great revolutionary farmer, Baba Jitto and Bua Kouri in association with J&K Indian Style Wrestling Association under the overall supervision of Sunil Kohli, president Awardee; Gopal Krishan Komal and



Dignitaries posing for a photograph with winner wrestler at Katra.

Jugal Kishore Sharma (Bunty).

Assistant Deputy Commissioner Reasi, Rakesh Kumar graced the occasion as chief guest who gave away cash prizes worth Rs. Two lakh to the winners and runner up wrestlers.

Former Joint secretary of J&K Sports Council and president J&K Indian Style Wrestling Association, Shiv Kumar Sharma presided. Tehsildar Katra, Jatinder Singh, who was also Mela officer, was guest of honour.

Jugal Kishore Sharma, leading businessman, social activist and president Mela Committee Aghar Jitto and a resident of Delhi contributed Rs.35,000

the prize money. Retired social welfare officer, Mohan Lal Kohli also contributed Rs. 15,000. The second main bout went to Surjit Singh (Rs 10,000) of J&K Police and a resident of Reasi defeated Utkar Pant (Rs 7,000) of Akhara Ram Avtar Gurgoan.

The third bout won by Amir Khan (Rs 8,000) of J&K Police, who outplayed Madan Singh (Rs 6,000) of Reasi.

Another contest for the third bout won by Anil Kumar of Reasi beating Sanjay of J&K to get Rs 8,000 and Rs 6,000 cash prizes respectively. The fourth main bout won by Chain Singh (Rs 6,000) of Reasi, who defeated Sourab (Rs 4,000) of Delhi.

In total, 37 bouts took place in this day-long dangal which was officiated by Naresh Kumar (Pappu Lakri). The organising committee included Om Parkash Verma, Lochan Singh, Raj Singh, Pawan Kumar and Tulinder Kumar as also Chela Mohan Lal Sharma (chairman), Sunil Kohli (president), Gopal Krishan Komal, Jugal Kishore (Bunty) Romewsh Chander Sharma, Gopal Krishan, Mohinder Kumar, Sohan Lal Raina, Vinod Verma and Sunil Raina.

Prominent among others present on included Kaka Ram Dogra, Channey Ram, Chuni Lal and Amar Nath.

VC, CUJ attends Akhil Bharatiya Prant Pramukh Baithak of BSM at Hyderabad

STATE TIMES NEWS
JAMMU: Vice Chancellor Central University of Jammu, Prof. Sanjeev Jain who is also president of Jammu Kashmir and Ladakh Prant of Bhartiya Shikshan Mandal attended Akhil Bharatiya Prant Pramukh Baithak held at Hyderabad during 13-15 June 2025 along with other members of Prant committee.



VC CUJ, Prof. Sanjeev Jain with other participants at Akhil Bharatiya Prant Pramukh Baithak held at Hyderabad.

Prof. Jain and his Karyakarini members who attended the meet are, Prof Vandana Sharma, Dr Rajinder Singh Charak, Prof Bharat Bhushan, Prof Suram Singh. The team is working consistently to make Bharatiya Shikshan Mandal emerge as a transformative force that is leading the transition of education in Bharat from the colonial Macaulay model to a Bharat-centric approach.

He expressed confidence that the twenty-first century belongs to Bharat and

that the education sector will be central to the nation's emergence as a global leader in the coming decade.

On this occasion, Dr G Satheesh Reddy, former Chairman of DRDO, who was present as the Guest of Honour, said that Bharatiya Shikshan Mandal is playing a vital role in reshaping the education system of Bharat during this transformative phase led by science and technology. He underlined that technology is a key indicator of any nation's develop-

ment, and the foundation of technology lies in the strength of a nation's education system.

Referring to Operation Sindoor, he stated that India has successfully demonstrated its technological capability on the global stage, and this has now become part of the global narrative.

In his welcome address, Dr Sachehidanand Joshi, All-Bharatiya Adhyaksh of Bharatiya Shikshan Mandal, said that the organisation is actively engaged in mentoring the youth and

preparing them as intellectual warriors for the cause of nation-building. He further stated that 70% suggestions of BSM have been duly incorporated in the NEP-2020.

He remarked that without good teachers, the vision of a well-developed society cannot be achieved. Bharatiya Shikshan Mandal is continuously engaged in orienting teachers through its various Anandshalas across the country.

It is noteworthy that the Akhil Bharatiya Prant Pramukh Baithak of Bharatiya Shikshan Mandal is being held from 13 to 15 June at Kanha Shanti Vanam, Hyderabad (Bhaganagar).

A total of 274 participants from 11 regions of the country are participating in this meeting. The objective of the meeting is to review the activities carried out during the past year and to formulate a roadmap for future initiatives.

Third batch of Tawi Trekkers leaves for HP



Group of trekkers of MHAC School, Nagbani, Jammu with the dignitaries before leaving for Dharamshala Himalayan Trekking Programme at Jammu on Friday.

STATE TIMES NEWS
JAMMU: The third batch of Tawi Trekkers J&K, comprising 90 students, including 32 girls, of MHAC School, Nagbani, here left today for Dharamshala to participate in the Dharamshala Himalayan Trekking Programme being organized by 'Tawi Trekkers under the overall supervision of Shawetika Khajuria, president of the club.

Shashi Kant Sharma, a trained mountaineer and a seasoned trekker along with Hari Khajuria and four teachers of the school Sanjay Nayyar, Anuradha Sharma and Sarika Billowria escorted the group.

Meanwhile, activists of the club led by Sonam Sidharth, Field Director of the programme, Sourav Deep Singh

and others have already made proper boarding, lodging and other necessary arrangements at Chamunda and Maceodganj area for the smooth conduct of the trekking venture.

Earlier, the group was flagged off by Parveen Sharma, Chairman of The Citizens' Co-operative Bank Ltd, Jammu; Rahul Sharma, Patron of the club and Sonia Anand Principal of MHAC School, Nagbani. Interacting with the students, the chief guest advised them to respect and love nature by keeping the camp site as well as the trekking trail neat and clean.

The programme is being organized in cooperation with J&K Sports Council, Mountaineering Association of J&K, Sprawling Buds ICSE

School, Bantabal, Jammu, Adventure Holidays India, Jammu and Northernland Hikes, Jammu.

Meanwhile, the 1st group of trekkers of MHAC School, Nagbani School, Jammu has reached back Jammu after a memorial experience of trekking in the calm and cool forests of Maceodganj area. The next group of about 150 trekkers shall leave on June 16.

It may be mentioned that 'Tawi Trekkers J&K is a voluntary, non profit making, social service and sports organisation run by a group of highly dedicated young boys and girls whose only motive is to spread spirit of adventure and love of nature among all strata of society without distinction of colour, caste and creed.

JPS' aquatic prodigies qualify for 78th Senior National Aquatic C'ship

STATE TIMES NEWS
JAMMU: Jodhamal Public School (JPS) announced the prestigious selection of its outstanding student-athletes, Avni Aethmea and Tanisha Jaggi, for the 78th Senior National Aquatic Championship, to be held from 22 to 26 June 2025, at the Kalinga Stadium, Bhubaneswar.



Selected swimmers Avni Aethmea and Tanisha Jaggi posing with faculty.

Avni Aethmea, an emerging force in backstroke, has secured her position in the highly competitive 50-meter backstroke event. Known for her fluid tech-

nique, explosive power, and strategic race execution, she continues to stand out as a top contender in her category.

Tanisha Jaggi, a rising talent in breaststroke, will

compete in the 50-meter breaststroke event. Her precision, strong starts and powerful underwater phases have consistently placed her at the forefront of competitive swimming.

Their qualification underscores the school's continued emphasis on excellence in sports alongside academics. The achievement is also a tribute to the unwavering efforts of their coaches - Pooja Basson, Romesh Chander, and Malkeet Kour - whose expert guidance and mentorship have played a crucial role in their success.

This accomplishment not only showcases individual brilliance but also highlights the effectiveness of the school's holistic approach to student development. The entire Jodhamal community celebrates this moment of pride and extends best wishes to Avni and Tanisha as they prepare to represent at the national level.

Their journey to the national stage has been supported by the visionary leadership of the Trustees, Nandan Kuthiala, whose unwavering commitment to holistic education has been instrumental in promoting excellence in both academics and sports. The consistent support and encouragement of Director, Arati Kuthiala, has further elevated the school's sporting initiatives, ensuring access to expert training and state-of-the-art facilities. The relentless efforts and focused mentorship of Vice Principal, Amita Arora, have played a crucial role in fostering discipline, motivation, and excellence among students, contributing significantly to their overall growth and success.

YSS champions youth engagement in sports to combat screen addiction, drug menace: Anuradha

STATE TIMES NEWS
SRINAGAR: The Department of Youth Services and Sports (YSS) J&K took a significant step today towards revitalizing youth engagement in sports and recreational activities, with Director General Anuradha Gupta chairing her maiden meeting with District Youth Services and Sports Officers (DYSSOs) of the Kashmir division.

The meeting, held in the office chamber of the DG YSS here, focused on ensuring holistic youth development through active participation in sports, curbing rising screen addiction, and addressing the growing drug menace among young boys and girls.

Anuradha emphasized that no school-going child should remain unattended when it comes to sports and physical activities. She urged the field staff of the Department to encourage students to participate in games of their choice, highlighting the crucial role of physical activity in today's digital age. "With increasing screen time and concerning trends of substance abuse, sports provide

a healthy and productive outlet for our youth," she said. The DG Sports conducted a detailed review of sports infrastructure across all Kashmir districts and discussed the popularity of various sports in different districts. Recognizing the efforts of her predecessors, she commended their work in shaping the YSS Department's mandate and called for continued progress in upgrading facilities to meet modern demands. In a move towards inclusive development, Gupta issued guidelines for organizing feasible sports activities for people with special needs. "Harmonious development means ensuring that everyone, including the differently-abled and elderly, gets opportunities to participate in recreational and sports activities," she stated. Acknowledging the importance of publicity, the DG praised the Department's Media & Publicity wing and thanked local sports editors for their consistent support in highlighting YSS initiatives. "Transparency and visibility are key to inspiring more youth to join sports," she remarked.