Kalki 2898 AD: Prabhas, Deepika Padukone's Project K to release on May 9, 2024?



elugu cinema has been going places in recent times and thanks to Rajamouli for making it possible for his fellow directors. In recent times, Prabhas starrer and the muchanticipated Kalki 2898 AD Part 1, featuring Prabhas, was launched with great excitement at the San Diego Comic-Con (SDCC). The teaser release has already amassed nearly 20 million views, generating a significant buzz among fans. The film was initially slated for release on January 12, 2024. But now, the filmmakers are considering pushing the release date to May 9.

This is going to happen only because the production house, Vyjayanthi Movies, and producer Ashwini Dutt have a sentimental attachment to that particular date. Both of his earlier films, Jagadeka Veerudu Atiloka Sundari and Mahanati, the biggest blockbuster hits of all time were released on May 9 and proved to be massive hits. Besides these two, many movies were released on that date. Hence, the idea of releasing Kalki 2898 AD Part 1 on the same date appeals to him. However, there is still substantial postproduction work to be completed, especially involving intricate VFX. Considering the film's ambitious vision and the trolling that the first look of Prabhas received on the internet, the filmmakers as well. The makers of Bhool Bhulaiyaa 3 officially are determined to deliver the best possible experience to the audience. There has been a huge delay in production as Amitabh Bachchan underwent surgery after being injured on the sets of the

The visionary project, Kalki 2898 AD, is directed and written by Nag Ashwin, renowned for his work on the critically acclaimed Mahanati. The movie marks a significant milestone as it was announced on Vyjayanthi Movies' 50th anniversary and has been crafted on a staggering budget of Rs 600 crore, making it the most expensive Indian film ever made

Rocky Aur Rani Kii Prem Kahaani: Alia Bhatt reacts to censor board changes, 'the final cut is...'

ENTERTAINMENT

Rocky Aur Rani Kii Prem Kahaani is in full swing for the release this week. Advance booking of Alia Bhatt and Ranveer Singh starrer has also started. Well, ahead of the release Central Board of Film Certification made their interference and demanded a few changes. The Karan Johar directorial is a light-hearted family entertainer yet faced the wrath of the censor board. CBFC asked the makers to chop or alter a few dialogues which they find abusive. The board also asked to remove the dialogue Khela hobe a reference to West Bengal Chief Minister Mamta Banerjee. Khela Hobe which means Game On was a slogan of her party TMC during the 2021 Assembly elections.

Alia Bhatt who is headlining Rocky Aur Rani Kii Prem Kahaani alongside Ranveer Singh has now reacted to the changes demanded by the Central Board of Film Certification. She further added, "I think we should let everybody watch the film and not talk about what's been cut. The final cut of the film is seamlessly flowing regard-



Bhool Bhulaiyaa 3: Kartik Aaryan to start filming from THIS date; here's all about the third installment

-artik Aaryan is still enjoying the success of Bhool Bhulaiyaa 2. He was recently loved in Satyaprem Ki Katha but his character Rooh Baba became quite famous than any of his other characters. The movie resulted in a blockbuster hit during the post covid time. Soon Anees Bazmee announced that they will come up with Bhool Bhulaiyaa 3 and Kartik Aaryan will reunite with the director for the third installment of the horror comedy. Currently, the actor is busy shooting for Kabir Khan's Chandu Champion and will jump on to this project announced that they have locked Diwali 2024. To be ready before the release now the latest reports are a buzz about the filming details. According to Pinkvilla, the film is set to go on floors in February 2024. At the moment the film is in the scripting stage and the team has locked the basic plot line. Reportedly the third part of the horror comedy franchise will have a full-fledged story. Producer Bhushan Kumar is closely working on getting all aspects of this horror comedy right and is dedicated to starting the filming by February 2024.



Recipes

Paneer Bread Pakora



Ingredients

1 cup grated paneer 1/4 cup boiled, crushed lightly peas

1/2 teaspoon turmeric, 1/2 teaspoon asafoetida

2 tablespoon chopped coriander leaves

1/2 teaspoon black pepper, 1/4 cup grated carrot

1 teaspoon red chilli powder, 1 1/2 cup gram flour

8 slices whole wheat bread, salt as required

1 cup vegetable oil

Method:

In a bowl, add paneer, peas, carrot, coriander, 1/2 tsp chilli powder, 1/4 tsp turmeric powder, and salt. Mix everything well. Now, divide the stuffing into 4 parts.

Take one slice of bread and evenly spread the stuffing on it. Top the stuffing with another bread slice and press gently to enclose it. Now cut the bread slices with the stuffing into 2 equal parts.

In a bowl, add besan, 1 cup water, 1/4 tsp turmeric powder, 1/2 tsp chilli powder, salt, and asafoetida. Whisk the mixture gently to form a smooth batter. Now, dip the bread slices into the batter. Make sure the batter gets evenly coated on the slices.

Heat oil in a kadhai and then slowly add the stuffed bread pieces to it. Fry them until they turn slightly brown in colour. Repeat the step to fry all the pakoras Once they are crisp, transfer them to an absorbent paper.

Once done, line the bread pakoras on a serving plate. Your Paneer Bread Pakora is ready now. Serve it alongside mint chutney or tomato chutney.

Eating THESE foods can help you sleep better at night



he foods you eat can have an impact on your sleep – some promoting it while others making you more energetic and less sleepy than before.

Nutritionists and sleep experts have conducted different types of studies to discover the best foods for sleep. While these foods can help, if you have a sleeping disorder such as insomnia, it is better to consult your doctor first.

Kiwi fruit possesses numerous vitamins and minerals such as vitamins C and E as well as potassium and folate.

Some researchers have found that eating kiwi can improve sleep. In a study, people who ate two kiwis one hour before bedtime fell asleep faster, slept more, and had better sleep quality. According to researchers, the sleep quality in kiwis could relate to their antioxidant properties, ability to address folate deficiencies, and/or high concentration of serotonin.

Fatty Fish

A research study has found that fatty fish may help promote better sleep. The study found that people who ate salmon three times per week had better overall sleep as well as improved daytime functioning.

Researchers believe that fatty fish may help in better sleep by providing a healthy dose of vitamin D and omega-3 fatty acids, which help in the body's regulation of serotonin.

Nuts like almonds, walnuts, pistachios, and cashews are also considered good for sleep. Nuts contain melatonin as well as minerals like magnesium and zinc that are essential to a range of bodily processes, including sleep. A clinical trial using supplements found that a combination of melatonin, magnesium, and zinc helped older adults with insomnia sleep better.

A study of adults in Japan found that those who regularly ate rice reported having better sleep than those who ate more bread or noodles. This study only identified an association and cannot demonstrate causality. However, it does support prior research that showed that eating foods with a high glycemic index, such as carbs, around four hours before bedtime helps with falling asleep.

Dairy products

Dairy products like milk, yogurt and cheese have been shown to improve sleep in older adults, especially when paired with light exercise, according to studies.

A study looked at 421 community-dwelling older people aged 65 years and older living in Ibaraki prefecture The researchers found that participants who engaged in sufficient levels of leisure-time physical activity as well as consumed milk or cheese were less likely to complain of difficulty initiating sleep (DIS) -- which means needing 30 minutes or more to fall asleep.

7 ways to put a natural glow on your face



glow on the face can often be an indicator of healthy skin, but it's not the sole determining fac-Ltor. A healthy glow is generally associated with well-hydrated, nourished, and well-cared-for skin. When your skin is in good condition, it can reflect light more effectively, giving it a radiant and luminous appearance. Certainly! Here are seven ways to achieve a natural glow

Hydration: Drink plenty of water throughout the day to keep your skin hydrated. Hydrated skin looks plump and radiant, giving you a natural glow.

Healthy Diet: Consume a balanced diet rich in fruits, getables, and whole grains. Foods high in antioxidants such as berries, spinach, and nuts, can help protect your skin from damage and promote a healthy glow.

Skincare Routine: Establish a consistent skincare routine that includes cleansing, toning, and moisturizing. Use products suitable for your skin type to keep it clean and



Exfoliation: Regularly exfoliate your skin to remove dead skin cells and unclog pores. This helps your skin to better absorb skincare products and promotes a smoother, more radiant complexion.

Sun Protection: Protect your skin from harmful UV rays by using sunscreen with an appropriate SPF. Sunscreen helps prevent premature aging and maintains the natural radiance of your skin.

Facial Massage: Gently massage your face in circular motions to improve blood circulation and give your skin a healthy glow. You can use a facial roller or your fingertips

Natural Makeup: Opt for a natural makeup look that enhances your features without being heavy. Use a lightweight foundation or tinted moisturizer, a touch of blush, and a subtle highlighter on the high points of your face for a radiant glow.

General Knowledge Question Answers

1. Who is the author of "To Kill a Mockingbird"?

- A) F. Scott Fitzgerald
- B) Ernest Hemingway C) Harper Lee
- D) Jane Austen

2. Which author wrote the Harry Potter series?

- A) J.K. Rowling B) Stephen King
- C) George R.R. Martin
- D) J.R.R. Tolkien

3. Who wrote the novel "The Great Gatsby"?

- A) F. Scott Fitzgerald
- B) Ernest Hemingway C) Harper Lee
- D) Jane Austen

4. Who is the author of "The Catcher in the

- A) J.D. Salinger
- B) Ernest Hemingway C) Harper Lee
- D) Jane Austen

5. Which author wrote "The Chronicles of Narnia"?

- A) J.K. Rowling
- B) J.R.R. Tolkien
- C) C.S. Lewis (Answer) D) Roald Dahl

6. Who is the author of "1984"? A) George Orwell

- B) Aldous Huxley
- C) Ray Bradbury
- D) Margaret Atwood

7. Who wrote "The Diary of a Young Girl"?

- A) Anne Frank B) Elie Wiesel
- C) Primo Levi
- D) Viktor Frankl

8. Which author wrote "Pride and Prejudice"?

- A) F. Scott Fitzgerald B) Ernest Hemingway
- C) Jane Austen
- D) Virginia Woolf

9. Who is the author of "The Hobbit"?

- A) J.K. Rowling B) J.R.R. Tolkien
- C) C.S. Lewis
- D) Roald Dahl

10. Which author wrote "The Picture of Dorian

- A) Oscar Wilde
- B) Virginia Woolf
- C) James Joyce D) T.S. Eliot

11. Who is the author of "One Hundred Years of

11. Gabriel Garcia Marquez

Solitude"?

- A) Gabriel Garcia Marquez
- B) Pablo Neruda C) Jorge Luis Borges
- D) Octavio Paz

12. Who is the author of the novel "The God of Small Things"?

- a) Arundhati Roy b) Salman Rushdie
- c) Vikram Seth d) Kiran Desai

13. Who is the author of the novel "Wuthering Heights"?

- a) Charlotte Bronte
- b) Emily Bronte
- c) Jane Austen
- d) Virginia Woolf

14. Who is the author of "The Color Purple"?

- a) Toni Morrison
- b) Alice Walker
- c) Maya Angelou d) Zora Neale Hurston

15. Who is the author of "The Lord of the Rings" trilogy?

- a) J.K. Rowling b) J.R.R. Tolkien (Answer)
- c) C.S. Lewis d) Roald Dahl

6. C.S. Lewis (Answer) 4. J.D. Salinger 3. F. Scott Fitzgerald 2. J.K. Rowling 1. Harper Lee -Answers:



grade this morning, dearest Aries, blessing you with a little ego boost and cosmic permission to pursue fun. Unfortunately, tensions may rise as Luna forms a harsh t-square with the Nodes of Fate and Pluto, which could lead to sudden roadblocks or setbacks. Consider carving out some alone time later tonight when Saturn becomes active.



sign this morning, dearest Libra, forming a sweet alliance with Venus retrograde as you awaken. Your popularity will spike under these dreamy vibes, especially where extended social spheres and online circles are concerned. You'll sense a shift mid-morning when the moon enters Scorpio asking you to connect with your senses and the material realms.

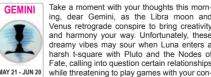
The moon continues its journey through you



Say nice things to yourself while going about your daily rituals as the Libra moon blows a kiss to Venus. You may also feel inspired to help and nurture others, though a harsh t-square over head warns against stretching yourself thin or putting your own dreams to the side. You'll sense a shift when the moon enters Scorpio, blessing you with a sense of harmony, especially within intimate relationships and business partnerships.



The Libra moon aligns with Venus retrograde this morning, dearest Scorpion, nudging you to set healthy boundaries so that you may focus on mental and emotional health. It may be difficult to curb snappy behaviors when Luna enters a harsh t-square with Pluto and the Nodes of Fate, so don't feel guilty about exist-OCT 23 - NOV 22 ing in hermit mode.



ing, dear Gemini, as the Libra moon and Venus retrograde conspire to bring creativity and harmony your way. Unfortunately, these dreamy vibes may sour when Luna enters a harsh t-square with Pluto and the Nodes of Esta calling into westing action in the triangle. Fate, calling into question certain relationships while threatening to play games with your con-



Thanks to a sweet connection between the Libra moon and Venus retrograde, your influence will be far-reaching. Sharing your personal philosophies both online and within the com munity will elevate your notoriety, though you should be mindful to respect other people's opinions as well. Consider leaning into your spirituality later this afternoon, especially if others have been testing your patience.



CANCER

Your home should feel quite cozy and supportive sweet Crab, thanks to a cosmic alliance between the Libra moon and Venus. You may feel tensions grow as Luna enters a harsh t square with Luna and the Nodes of Fate, but try not to emotionally shut down. You'll feel chippe by mid-morning when the moon enters Scorpio activating the sector of your chart that governs playfulness and confidence

You'll have a lot to say as the Libra moon con-

nects with Venus retrograde this morning, dear

Leo, and people will be eager to listen. You may also detect a new admirer, though a harsh t-

square between the moon, Pluto, and Nodes of

Fate suggests your attention would be better

spent on to-do lists and daily routines. Good vibes

flow later tonight when Saturn becomes active



Business and personal negotiations should land in your favor this morning, dearest Sea Goat, as the Libra moon connects with Venus retrograde. Watch out for tension and roadblocks when a harsh t-square forms overhead, taking care to stand in your power while remaining composed. You'll sense a shift mid-morning when the moon enters Scorpio, activating your altruistic and social side.

The Libra moon blows a kiss to Venus retrograde

this morning, dear Aquarius, opening you up to

plenty of love and messages from beyond. Unfortunately, self-doubt or pessimism could

cause your intuition to falter due to a harsh t-



Take a moment to embrace stillness and silence when you awaken, dearest Virgo, as the Libra moon blows a kiss to Venus retrograde. Finding calm first thing can help prepare you for rockier vibes when Luna enters a t-square with Pluto and the Nodes of Fate,

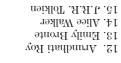
threatening to disrupt your day with power



FEB 20 - MAR 20

square in our skies, so be sure to believe in your-self and the universe. Good vibes flow tonight when Saturn is activated, nudging you to embrace luxury. You should feel determined to build better habits this morning, dear Pisces, as the Libra moon connects with Venus retrograde. If you've fallen off routine within your sleep and exercise schedules, this cosmic climate can help you get back on track. Watch out for negativity within your social sphere as a harsh t-square rises overhead, and avoid the

temptation to argue with stubborn characters.



10. Oscar Wilde 9. J.R.R. Tolkien 8. Jane Austen 7. Anne Frank 6. George Orwell