Raghav Chadha opens up on how his life took a turn after getting engaged to Parineeti Chopra



arineeti Chopra and Raghav Chadha are one of the newly engaged couples in T'town and are all set to get married soon. Their pictures from the engagement, and later from the airport went viral for all the right reasons. The couple announced their engagement in May in New Delhi and is reportedly set to tie the knot later this year. Just like any other couple who are deeply in love, Raghav and Parineeti are spending quality time with each other. In a recent interview with The Quint, Raghav Chadha shared insights into his life after he engaged with Parineeti, particularly in the political sphere. When asked about the changes in his life post-engagement, Raghav replied, "Well, I think we should focus on discussing political alliances rather than personal ones. But yes, I can say that my colleagues, co-workers, and seniors at the party tease me a little less now.

Previously, they used to jokingly inquire about my marriage plans, but now they are aware that I am soon getting married." The engagement ceremony of Parineeti Chopra and Raghav Chadha took place on May 13 at Kapurthala House in New Delhi, surrounded by family and friends. The couple looked radiant in matching white ethnic outfits, and the event was graced by prominent figures like actor Priyanka Chopra and Delhi chief minister Arvind Kejriwal.

Following their engagement, Parineeti and Raghav made their first $public\ appearance\ as\ a\ newly-engaged\ couple,\ delighting\ paparazzi\ with$ their charm. As the wedding preparations are underway, Parineeti and Raghav are currently on the lookout for the perfect wedding venue.

Huma Qureshi opens up on being body shamed, dealing with negative comments

ENTERTAINMENT

uma Qureshi has always been a strong advocate of body positivity. Despite being trolled for her body weight and sartorial choices, she chooses to turn a deaf ear to the naysayers and live life on her own terms. But the incessant criticism sometimes does take a toll on her, revealed the Gangs of Wasseypur actress herself. In a heart-to-heart interaction with a media portal, Huma opened up about being body shamed, how it affected her at one point, and how she deals with such derogato-

In the latest episode of Pinkvilla's Baatein Ankahee: Season 2, Huma Qureshi got candid in sharing how negative remarks about her physical appearance, made her question her self-worth. Recalling an incident when a film reviewer body-shamed her, the actress opined that the masses do not review films now, they are more preoccupied with "being slanderous." "If you don't like a film, no problem. It's your choice. But why do people get into personal attacks? There's no need to slander somebody," she said.



Naseeruddin Shah calls distributors and exhibitors 'darinde' at an award show in Mumbai

yeteran actor Naseeruddin Shah often grabs headlines for his no-filter opinions. In another such incident, the actor called distributors and exhibitors 'darinde' (demons). Naseeruddin Shah, at the Lifetime Achievement Award for Cinema Projection at Regal Cinema, in Mumbai, said that when a film performs well, the major part of the share is eaten away by demons called distributors and exhibitors.

Naseeruddin Shah said, "The bitter truth is that the person who works the hardest, has the lowest wage



They stand in water to their waist and look after the broken electric wires. They carry reflectors. They climb to the top and remain there throughout the day with bags on their shoulders. The saddest part is nobody

asks them for water or tea. Their payment is one thousandth of those who sit on chairs under the fan while having sharbat and show attitude." "The sad part is that this saga does not end with the completion of the movie. When the film gets completed and if it becomes successful, toh iski asli malai distributors aur exhibitors naam ka 'darinde' kha jaate hain (a large share of it is eaten away by the demons' called distributors and exhibitors). And nobody knows the one who make our dreams come true. they are neither given respect nor rewards," Naseeruddin Shah added.

Recipes

Oil-Free Oats Cutlet



1/2 cup oats, 1 grated carrot

- 1 teaspoon cumin powder, 1/2 teaspoon red chilli powder 2 tablespoon biscuit crumbs, 1 teaspoon green cardamom
- coriander leaves as required
- 1 teaspoon refined oil 2 boiled potato
- 1 teaspoon ginger paste
- 1/2 teaspoon fennel seeds powder 1/2 teaspoon dry mango powder

1 teaspoon green chilli, salt as required

8 cashews Method:

In a bowl combine oats, grated boiled potatoes, grated carrot, green chilli, ginger paste and salt.

Also add dry mango powder, biscuit crumbs, roasted cumin powder, red chilli powder, fennel powder and crushed car-You can add coriander leaves according to your preference.

Add one tsp oil to the mixture for binding purpose. Mix well. Now take small balls from the mixture and make cutlets. Stuff one cashew in the center of each cutlet. Preheat Air Fryer at 180°C for 5 minutes. After that keep

the cutlets in the tray. Bake for 10 minutes at 180°C. Then transfer to the serving plate and enjoy your healthy oats cutlets with mint chutney or

Anti-ageing skincare tips that will transform your skin!

e are living in an era where we are constantly striving to get younger-looking skin. And, who doesn't want to achieve a healthy and youthful look? With the internet flooded with beauty trends and new skincare products hitting the shelves every week, it can be extremely confusing to figure out which routine and products might work best for you. While we can't stop skin ageing, with proper care, we can easily delay early signs of ageing. Follow these simple steps which will transform your

Cleanse and Moisturise

Cleansing is one of the most essential skincare steps for achieving healthy skin. Use a gentle cleanser to get rid of dirt and grime. If your face wash is a high pH cleanser, it's a must to use a toner to balance the pH levels of the skin. After cleansing and toning. use a good moisturiser to keep your skin soft and supple.

Pat and don't rub the

While using anti-ageing skin products like serum, make sure you don't rub the product on the face. As they contain active ingredients in higher

concentration, they need to be absorbed well. Also, patting helps to boost blood circulation and give youthful skin.

Always apply a sunscreen

Sunscreen is surely one of the best ways to avoid signs of ageing. UV rays can break down collagen which can lead to fine lines, wrinkles and even uneven skin tone. Be it summers or winters, applying a good SPF sunscreen can help to protect skin from harmful

sun rays. Avoid sle

Do you know that our face can go through a lot of trauma while sleeping? Sleeping on the head is one of the best positions as it doesn't press

the face against the pillow. Sleeping on the stomach and side can lead to wrinkles. However, if you are not able to change your sleep position, you can use a satin or silk pillow. This can help to minimise skin irritation and compression and reduce the chances on fine lines.

Eat right

A lot of skin problems can happen due to bad eating habits. For healthy skin, one should avoid overconsumption of alcohol, which can dehy drate your skin. Also, foods high in sugar and white carbohydrates can age your skin faster than any food. Try to limit these foods.

e-Invoice

Doing Business with Ease





Are you a GST taxpayer* with an Aggregate Annual Turnover exceeding of Rs 5 Cr in any of the preceding financial year?

If so, you need to know that w.e.f. O1st August, 2023 generating e-Invoices will be mandatory for all B2B supply of Goods or Services or both, or for exports.

e-Invoices bear Unique Invoices Reference Number enerating through Invoice Registration Portal

Benefits of e-Invoicing



Uniform & Standardized Invoice



Lesser compliance burden



Auto populated **GST Return**



Auto reporting to GST portal

Auto generation

of e-Way Bill



Reduction in transcriptional errors



Auto-sharing with the **Buyers for reconciliation**



GEMINI

Listen to your intuition as Pluto squares off with the Nodes of Fate. This cosmic climate can help propel you toward the future of your dreams though you'll need to be organized and strategic when it comes to the next steps. Luckily, the Libra moon continues its journey through your solar sixth house, helping you stay on track.

The Nodes of Fate and Pluto form a harsh t-

square threatening to heighten tension within your social sphere and community. Rather

than holding on tightly to dynamics that aren't

healthy, use this energy as an excuse to final-

ly move away from toxic relationships that

Luna continues to journey.

within yourself, your home.

Do all that you can to support your sense of balance today, dearest Aries, as the moon con-

tinues its journey through harmony-oriented Libra. Unfortunately, a harsh t-square between

Pluto and the Nodes of Fate could bring ten-

sion your way, especially where professional and romantic relationships are concerned. Good vibes flow just, bringing a playful and

creative energy to the table



The vibes may feel a bit harsh today, dearest Scorpio, as your planetary ruler, Pluto, squares off with the Nodes of Fate. Skeletons from the past may resurface within your psyche, causing you to feel agitated and disorganized. You may also be forced to face your own habits and how they've been contributing to or taking away from certain goals.

squares off with the Nodes of Fate, darling Libra.

especially where matters of the heart are concerned. Changes within your home may cause

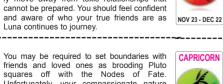
vou to feel more reserved or uncertain, but try to keep a positive attitude, especially if others rely on you for support. Good vibes flow when

Mercury becomes active tonight bringing harmo-

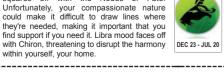
ny to you and your community



Foolish financial habits could bring lasting damage today, dear Archer, as Pluto squares off with the Nodes of Fate. Avoid spending unnecessarily, especially if this desire is fueled by materialism or a need to stand out amongst your peers. Watch out for competitive behaviors when Luna faces off with Chiron in the after-NOV 23 - DEC 22 noon, or you could trigger a few new enemies



Business and personal negotiations should land in your favor this morning, as the Libra moon connects with Venus retrograde. Watch out for tension and roadblocks when a harsh t-square forms overhead, taking care to stand in your power while remaining composed. You'll sense a shift mid-morning when the moon enters Scorpio, activating your altruistic and social side



Be mindful of your words as brooding Pluto squares off with the Nodes of Fate. Though this cosmic climate may bring forth personal epiphanies, it may be best to meditate on these a-ha before sharing them. Luckily, you should feel tranquil within your own mind as the





Seamless transmission Of invoice



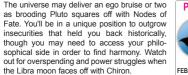
Paperwork



Tension brews in the skies today, dear Lion, as Fate. Mental blocks and disorganization may cause you to feel stuck, though meditation and spiritual practices can help you reclaim optimism for the future. Flashes of insight may find you this afternoon when Luna faces off with Chiron, though not every epiphany will be a welcome



Libra moon travels through your solar ninth house, though you may need to invest more focus toward mindfulness and meditation.





The universe will ask you to examine who you've been spending your time with, dear Pisces, as Pluto squares off with the Nodes of Fate. Tensions will brew when it comes to unsupportive relationships, and you may feel called to move on from dynamics that aren't rooted in positivity. The Libra moon faces off with Chiron this afternoon, pushing you to evolve





For more details, please refer to the

Notification No. 10/2023-Central Tax

dated 10.05.2023 read with Principal

Notification No. 13/2020-Central Tax

dated 21.03.2020

























*Except certain notified

Categories of taxpayers

(Please scan for details)

