

After Lust Stories 2, Lust Stories 3 soon to start rolling soon, ‘initial discussions have begun’



Lust Stories 2 has lived up to the name of its prequel, Lust Stories. The four-part Netflix anthology has delved into the intricacies of human relationships, exploring love, lust, and desire. The binge-watchers too have been equally impressed by the stories portrayed in both the segments. Now, there comes another interesting update about the film franchise. If reports are to be believed, the makers of Lust Stories and Lust Stories 2 are planning to release the third installment of the widely-loved franchise. Although nothing is confirmed yet, this is enough of a reason to have us overjoyed.

According to a report by Pinkvilla, the makers of Lust Stories and Lust Stories 2, Ronnie Screwvala, Ashi Dua Sara, along with Netflix have already begun discussions pertaining to Lust Stories 3. The report states, “After receiving a good response for Lust Stories 2, makers Ronnie Screwvala, Ashi Dua Sara, and Netflix are encouraged to take the franchise forward, and have full intentions to begin work on the third part soon. The initial discussions have begun.”

Lust Stories 2 was helmed by four prominent directors, namely Konkona Sen Sharma, R Balki, Sujoy Ghosh, and Amit Ravindernath Sharma. However, whether or not these talented filmmakers are going to return to their director’s chair for the yet-to-be-confirmed third segment is “not certain.” In fact, there is also a possibility of new directors joining the team of Lust Stories 3. “Though, the third part is definitely on the cards, and the scripting, casting, and other pre-production formalities will begin once all the directors are locked,” claims the source. Speaking of Lust Stories 2, the star-studded cast includes Kajol, Neena Gupta, Mrunal Thakur, Tamannaah Bhatia, Vijay Varma, Kunnu Mishra, Tillotama Shome, and Angad Bedi among others.

Rocky Aur Rani Kii Prem Kahaani actress Alia Bhatt says she is okay being called a ‘clown’ under one condition

Alia Bhatt has been roped in for two big-budget movies following the record-breaking success of Brahmastra. Karan Johar’s Rocky Aur Rani Kii Prem Kahaani and Heart Of Stone, the latter marking her first Hollywood venture. Not just that, she is also the face of several prominent brands, including MakeMyTrip, Manyavar, and Caprese. Recently, when Alia attended the Brand World Summit 2023, she was asked to reveal her feelings about being called a youth influencer. She admitted that she was fine being put under any label as long as she receives her paycheck on time.

“I am also okay with being called a clown as long as the cheque reaches on time,” said Alia Bhatt at the event. Being associated with several brands, the actress put forward her thoughts on being a leader, emphasising the importance of taking note of the inputs given by her team. Not just Indian brands, Alia Bhatt has stepped into the global market, being appointed as the first Indian global ambassador for Gucci. On May 16, she arrived in Seoul, to attend Gucci’s fashion show, making a splash at the event.



Taapsee Pannu follows Amitabh Bachchan, Salman Khan; all set to enter the world of NFT

Taapsee Pannu might be the next candidate in Bollywood who might have entered the NFT (Non-Fungible Token) market. For the unversed, NFTs are ownership certificates that are minted over a blockchain, representing real-world assets. Many celebrities have already launched their NFTs. Some prominent B-town stars who have ventured into the world of NFTs include Amitabh Bachchan, Rajinikanth, Salman Khan, and Kamal Haasan. Now, Taapsee too seems to be walking a similar path. And, her social media posts are a big indication of the same. In the last couple of days, Taapsee Pannu has been endlessly sharing digital art creations on Instagram, which serves to be a major cue for her plans in entering the NFT world. In one of the digital creations, an animated version of Taapsee can be seen unwinding herself, scrolling on her cell phone, when suddenly the scene shifts to a blank opening in space. The animated version of Taapsee can be seen surprised as she enters the portal, to a world of new possibilities.



Recipes

Sooji Cheela



Ingredients
1 cup semolina
1 large chopped onion
1 chopped capsicum (green pepper)
1/4 teaspoon black pepper
3 teaspoon vegetable oil
1 cup yoghurt (curd)
1 medium chopped tomato
salt as required
1/2 teaspoon red chilli powder
1/2 teaspoon green chillies
Method:
Firstly mix together semolina and curd in a large bowl. Whisk properly to attain a thick mixture. You can also add 3-4 tbsps water if required.
Now add chopped onions, tomatoes and capsicum to the semolina mixture.
Add red chilli powder, black pepper powder and salt. Mix everything well.
Heat 1 tsp oil on a non-stick tawa. Now pour some batter on the tawa and spread it a bit. Let the cheela cook from both sides until golden-brown.
Repeat the step with the rest of the batter to make more cheelas.
Serve them hot with mint chutney, tomato ketchup or coconut chutney.
Make sure you try this recipe, rate it and let us know how it turned out to be.

Weak nails? Here are some nutrients you lack



Nails are one of the important parts of your body because they reflect the beauty in your hands and your good health eventually. So here are some tips on nutrients you might lack if you have weaker nails in general.

Protein
Protein is essential for the formation of strong and healthy nails. Nails are made up of a protein called keratin, so an inadequate protein intake can result in weak and brittle nails. Include lean sources of protein such as poultry, fish, eggs, legumes, and tofu in your diet to provide the necessary building blocks for nail growth and strength.

Biotin (Vitamin B7)
Biotin is a crucial nutrient for maintaining the strength and integrity of nails. A biotin deficiency can lead to brittle nails that easily chip or break. You can increase your biotin intake by consuming foods like eggs, almonds, walnuts, salmon, avocados, sweet potatoes, and cauliflower. If you suspect a significant deficiency, consult with a healthcare professional who may recommend biotin supplements to support nail health.

Iron
Iron deficiency can contribute to brittle nails and the development of vertical ridges on the nail surface. Iron plays a vital role in delivering oxygen to the nails and promoting their overall health. Include iron-rich foods such as lean meats, seafood, spinach, lentils, pumpkin seeds, and fortified cereals in your diet. To enhance iron absorption, pair these iron-rich foods with vitamin C-rich foods like citrus fruits, strawberries, and bell peppers.

Zinc
Zinc is a mineral that plays a crucial role in nail growth and repair. A zinc deficiency can result in slow nail growth and increased susceptibility to breakage. Incorporation of zinc-rich foods such as lean meats, legumes, nuts, and seeds into your diet to support healthy nail development. If a zinc deficiency persists, consult with a healthcare professional who can advise on the appropriate use of zinc supplements.

Omega-3 Fatty Acids
Omega-3 fatty acids offer numerous health benefits, including promoting nail health. These essential fats help prevent nail dryness and increase their strength and flexibility. Increase your omega-3 fatty acid intake by consuming fatty fish like salmon, mackerel, and sardines, as well as flaxseeds, chia seeds, and walnuts. These foods provide the necessary omega-3 fatty acids to support healthy nail growth.

Vitamins A, C, and E
Vitamins A, C, and E are powerful antioxidants that protect the nails from oxidative damage and promote their overall health. Vitamin A helps in the production of keratin, the main component of nails. Vitamin C aids in collagen formation, which is essential for nail strength. Vitamin E moisturizes and nourishes the nails. Consume foods rich in these vitamins, such as carrots, sweet potatoes, citrus fruits, bell peppers, berries, nuts, and seeds, to support nail health.

10 habits to keep pimples at bay



Keeping pimples at bay requires a combination of good skincare practices and healthy lifestyle habits. Here are ten habits that can help prevent and reduce the occurrence of pimples:
Cleanse your face twice a day: Use a gentle cleanser to wash your face in the morning and before going to bed. This helps remove dirt, oil, and impurities that can clog your pores.
Avoid touching your face: Touching your face with dirty hands can transfer bacteria and oil, leading to breakouts. Try to avoid touching your face unnecessarily.
Use non-comedogenic products: Choose skincare and makeup products labeled as non-comedogenic, meaning they are less likely to clog pores and cause acne.
Moisturize daily: Even if you have oily skin, it's important to moisturize to maintain a healthy skin barrier. Look for oil-free, lightweight moisturizers that won't clog your pores.
Exfoliate regularly: Exfoliation helps remove dead skin cells and unclog pores. However, be gentle and avoid over-exfoliating, as it can irritate the skin and cause more



breakouts.
Don't squeeze or pick at pimples: Picking at pimples can introduce more bacteria and lead to inflammation and scarring. It's best to leave them alone or seek professional help if needed.
Keep your hair clean: Oily hair can transfer oil to your face, so wash your hair regularly and keep it away from your face as much as possible.
Avoid excessive sun exposure: While a little sun exposure can be beneficial for acne-prone skin, excessive sun exposure can lead to skin damage and make acne worse. Protect your skin with sunscreen and limit sun exposure.
Manage stress: Stress can worsen acne, so find healthy ways to manage stress levels. Engage in activities like exercise, meditation, or hobbies that help you relax and unwind.
Maintain a balanced diet: A nutritious diet can contribute to healthier skin. Avoid excessive consumption of sugary and greasy foods and focus on eating fruits, vegetables, whole grains, and lean proteins. Drink plenty of water to stay hydrated.

General Knowledge Question

1. Who painted the famous artwork “The Starry Night”?	6. Who painted the famous artwork “The Persistence of Memory”?	11. Which of the following is not a genre of Indian classical dance?
a) Leonardo da Vinci b) Vincent van Gogh c) Pablo Picasso d) Claude Monet	a) Salvador Dali b) Pablo Picasso c) Vincent van Gogh d) Leonardo da Vinci	a) Kathakali b) Bharatanatyam c) Bhangra d) Kathak
2. Which famous playwright wrote “Romeo and Juliet”?	7. Which musical instrument is often associated with Indian classical music?	12. Who painted the famous artwork ‘Starry Night’?
a) William Shakespeare b) Oscar Wilde c) Tennessee Williams d) Arthur Miller	a) Saxophone b) Piano c) Sitar d) Drums	a) Pablo Picasso b) Vincent van Gogh c) Claude Monet d) Leonardo da Vinci
3. Who composed the famous opera “The Barber of Seville”?	8. Which famous composer wrote “Für Elise”?	13. Who is the author of the book ‘The Da Vinci Code’?
a) Wolfgang Amadeus Mozart b) Giuseppe Verdi c) Gioachino Rossini d) Richard Wagner	a) Ludwig van Beethoven b) Johann Sebastian Bach c) Wolfgang Amadeus Mozart d) Franz Schubert	a) Dan Brown b) Stephen King c) J.K. Rowling d) Agatha Christie
4. Which type of dance originated in Argentina?	9. Who directed the 1977 movie “Star Wars”?	14. Which Indian artist is known for his series of paintings on Mahatma Gandhi?
a) Salsa b) Tango c) Waltz d) Ballet	a) George Lucas b) Steven Spielberg c) Martin Scorsese d) Francis Ford Coppola	a) M.F. Husain b) Rabindranath Tagore c) Raja Ravi Varma d) Amrita Sher-Gil
5. Which famous sculpture depicts the Greek goddess Athena?	10. Which famous play by Samuel Beckett features two characters waiting for someone named Godot?	15. Who is the creator of the famous cartoon character Mickey Mouse?
a) The Venus de Milo b) The Winged Victory of Samothrace c) The Parthenon Frieze d) The Statue of Athena Parthenos	a) Endgame b) Krapp’s Last Tape c) Waiting for Godot d) Happy Days	a) Walt Disney b) Charles M. Schulz c) Jim Henson d) Matt Groening

ARIES MAR 21 - APR 20	The Capricorn moon to Neptune chipping away at boundaries between the ethereal and material realms. Intuitive dreams could reveal information about fears, hopes, and paths toward success, so be sure to reflect on any meaningful scenes that found you in the astral realm. An empowering energy will keep you professionally motivated when Pluto becomes active, giving you a strong start to the workday.	LIBRA SEP 24 - OCT 22	The Capricorn moon connects with Neptune asking you to unapologetically embrace wellness. Lean into these vibes by putting your physical and emotional needs first, especially once Pluto becomes active in your solar fourth house, nudging you to nurture yourself. You may also feel inspired to tidy up your space, throwing out unused items that have outstayed their welcome. You'll sense a shift when Luna enters Aquarius, awakening the weirdo that lives within.
TAURUS APR 21 - MAY 20	The Capricorn moon and Neptune align early paving the way for intuitive dreams and signs from beyond. Your spirituality will be particularly empowering when Luna aligns with Pluto, helping you overcome any hurdles that may have found you recently. You'll sense a shift when the moon enters Aquarius, asking you to invest in a future you feel inspired and excited by.	SCORPIO OCT 23 - NOV 22	Your mind will brim with creative ideas early, thanks to a cosmic alliance between the Capricorn moon and Neptune. Try to do something inventive before clocking in for the day, and be sure to journal any brilliant ideas that land in your head. Your voice will empower you when Luna crosses over Pluto, and speaking pragmatically could gain your peers' respect.
GEMINI MAY 21 - JUN 20	The vibe will feel intense once the Capricorn moon crosses over Pluto making it important to plan your movements wisely. This cosmic climate can be both empowering and destructive, so be sure to choose your highest path, even if doing so requires sacrifice. Luckily, you'll feel much lighter once Luna migrates into Aquarius, activating the spiritual sector of your chart.	SAGITTARIUS NOV 23 - DEC 22	Try to acknowledge how your heart and body impact one another as the Capricorn moon connects with Neptune. These vibes are perfect for appreciating your physical form and sending yourself some love from head to toe. Consider paying off debts when Luna crosses over Pluto this afternoon, making financial moves that will empower you in the long term. Your mind will feel clear and agile as the moon migrates into Aquarius.
CANCER JUN 22 - JUL 23	The Capricorn join forces to bring you extra love and support, creating a dreamy vibe perfect for morning meditations and quiet tranquility. Good vibes continue to flow as Pluto becomes active, creating a harmonious and stable ambiance that's perfect for connecting deeply with someone you love. You'll sense a shift into Aquarius, strengthening your resolve to maintain meaningful relationships.	CAPRICORN DEC 23 - JUL 20	Take a moment to appreciate your mind and its ability to think creatively, taking a break from your generally pragmatic disposition as the moon and Neptune join forces. Don't be afraid to seek attention when Luna and Pluto align as doing so will bring forth a transformative sense of empowerment. A grounded yet cerebral energy will come into play once the moon migrates into Aquarius.
LEO JUL 24 - AUG 23	You may become suddenly motivated to declutter your surroundings in an effort to get organized, as the Capricorn moon aligns with Pluto. Make the most of these vibes by reaching for your full potential with all the organization, hard work, and wellness that comes with it. Your focus will shift toward matters of the heart when the moon enters Aquarius, and you'll feel particularly drawn to those with a mind of their own.	AQUARIUS JAN 21 - FEB 23	Give yourself permission to move slowly to enjoy the scenic route as the Capricorn moon and Neptune join forces. These vibes are ideal for disconnecting from stress and connecting with beauty, especially where nature, music, food, and art are concerned. You'll feel invigorated and popular when Luna migrates into your sign, pushing you to prioritize your personal goals and organic desires throughout the next two days.
VIRGO AUG 24 - SEP 23	A loving, harmonious, and restorative energy will find you, thanks to a sweet exchange between Capricorn moon and Neptune. Good vibes continue as Pluto activates your solar fifth house, nudging you to step into your power while being unapologetically yourself. However, you'll need to focus on staying organized with your to-do list.	PISCES FEB 20 - MAR 20	You'll have an opportunity to inspire others when the Capricorn moon blows to Neptune nudging you to step into limelight. These vibes are great for advocating for causes you feel passionate about, especially when Pluto becomes active in your house of community. You'll sense a shift when Luna glides into Aquarius, bringing a busy energy to your psyche that's perfect for getting creative.