

# Jaiswal, Gill smash Zimbabwe bowlers; India secure series with 3-1 lead

**AGENCY**  
HARARE: Yashasvi Jaiswal's flair was complemented by skipper Shubman Gill's poise as young Indian team centered to a 10-wicket victory over Zimbabwe in the fourth T20 International, taking an unassailable 3-1 lead in the five-match series.



This is the second time that India beat Zimbabwe by 10 wickets after a similar-margin win at the same venue in 2016. Jaiswal and Gill's approach was in complete contrast as the Mumbai southpaw went hammer and tongs during his unbeaten 93-run knock while the skipper (58 not out) was ready to play the second fiddle in a chase of 153 which was completed in 15.2 overs.

The target was made to look way easier than it should have been on a track that had good bounce and carry. Jaiswal, who had to sit out during the T20 World Cup campaign hardly looked rusty, playing shots all around the wicket.

The thumping bowler's back-drive off rival skipper Sikandar Raza was delightful and equally stylish was the pick-up pull off Richard Ngarava for a six.

SCOREBOARD	
Zimbabwe	
Wesley Madhevere c Singh b Dube	25
Tadiwanashe Marumani c Singh b Abhishek Sharma	32
Brian Bennett c Jaiswal b Washington Sundar	09
Sikandar Raza (c) c Shubman Gill b Deshpande	46
Johnathan Campbell run out (Ravi Bishnoi)	03
Dion Myers c & b Ahmed	12
Clive Madande † c Singh b Ahmed	07
Faraz Akram not out	04
Extras	14
Total	152/7
India	
Yashasvi Jaiswal not out	93
Shubman Gill (c) not out	58
Extras	05
Total	156/0

The lack of pace in Zimbabwean attack on a good wicket became home team's undoing as the dominant Jaiswal had reached his half-century with nine boundaries when the skipper was yet to reach 15. There was no way that Zimbabwe could have stopped the run-feast as towards the end, the bigger interest was whether the two flag bearers of Indian batting into the next decade could reach their individual milestones of half-century and century.

It was Gill, who got his fifty and that didn't leave Jaiswal with enough runs to complete his hundred. Earlier India's part-time bowlers Shivam Dube and Abhishek Sharma performed commendably in the middle overs to restrict Zimbabwe to a manageable 152 for seven after being put into bat by Gill.

Raza smashed 46 off 28 balls but India's fifth bowler Abhishek (1/20 in 3 overs) and sixth option Dube (1/11 in 2 overs) produced a decent effort to keep the proceedings under control.

They removed the dangerous-looking opening duo of Wesley Madhevere (25 off 24 balls) and Tadiwanashe Marumani (32 off 31 balls) to put brakes in the middle overs.

However Raza with three sixes and two fours was the reason that Zimbabwe reached 150-plus target with almost all the Indian bowlers, save leg-spinner Ravi Bishnoi, entering their names in the wickets column. Medium fast bowler Tusshar Deshpande (1/30 in 3 overs) was handed a debut cap but in his first spell he flattered to deceive, either pitching it too full or bowling too short.

More often than not he drifted on the pads allowing both openers Madhevere and Marumani to pick up easy boundaries. Deshpande would feel good that he could get rid of Raza with a slower delivery in the slog overs to prevent Zimbabwe from surpassing 170 which would have been par on this track.

Zimbabwe's best opening stand for the series in the first three games was 9 but Madhevere and Marumani added 63 in a solid stand even if it was not exactly spectacular.

However once the opening stand was broken by left-arm spinner Abhishek, who forced Marumani to mistime a pull-shot into Rinku Singh's hands, Zimbabwe couldn't press home advantage they had gained.

Madhevere was accounted for by Dube as he couldn't get the required elevation and distance to a short ball. Rinku at deep mid-wicket completed formality.

Brian Bennett (9 off 14 balls), who was brilliant with the bat in the second game failed to get going before Washington sent him back.

This was after Dube and Abhishek bowled wicket to wicket and kept a check on scoring.

# Shiksha Niketan School hosts comprehensive Orientation Programme

**STATE TIMES NEWS**  
JAMMU: Shiksha Niketan Higher Secondary School, Jeevan Nagar, hosted a comprehensive Orientation Programme that brought together participants from various wings of Shiksha Niketan schools, including Pushp Vatika, Shiksha Niketan Gandhi Nagar, and its own Primary, Middle, High, and Higher Secondary Wings.



A resource person delivering lecture.

The Orientation Programme was divided into two segments, each focusing on significant topics. The first segment centered around Artificial Intelligence (AI), led by Harshita, Head of the Computer Department at Noida and a Resource Person from APEDU Publications. She highlighted AI as the intelligence exhibited by machines, enabling them to comprehend, learn, and perform tasks typically requiring human intelligence.

Emphasizing its relevance in education, she discussed how AI can enhance learning experiences, improve instructional effectiveness, and provide personalized education.

The session was interactive, engaging participants from different wings and concluded with a thought-provoking speech by Risheek Mengi, Director of

Pushp Vatika. The second segment focused on a "Rejuvenation and Relishing Programme," initiated by Shafali, a Government Teacher from Delhi and also a Resource Person from APEDU Publications. She discussed methods to rejuvenate and enhance the classroom environment, including the concept of setting smart goals for teaching and promoting mindfulness among educators.

The session included dynamic interactions through a question-and-answer segment and practical activities to underscore the pivotal role of teachers in fostering a conducive learning atmosphere.

The event commenced with traditional rituals like lamp lighting and Shiv

Vandana, attended by dignitaries, guests, and in-charges from the school's various wings. Welcome bouquets were presented to all guests as a gesture of respect and appreciation.

The entire programme was skillfully anchored by Asha Basotra and Poonam Khajuria from the Primary wing, ensuring smooth transitions between sessions and activities.

The programme concluded with a closing speech by Rameshwar Mengi, the school's principal, who highlighted the evolving landscape of education and the increasing importance of continuous training for both students and teachers.

He praised the Primary Wing Teachers for their exemplary management of the event, underscoring their dedication and organizational skills.

# Sports necessary to nurture physical, mental well-being of youth: Uday



Uday Bhanu Chib, General Secretary IYC along with organisers and players.

**STATE TIMES NEWS**  
JAMMU: A vibrant sports meet was successfully organized in the Jammu North Assembly Segment, bringing together students and their parents for a day of enthusiastic participation and competition. The event aimed to promote physical fitness and teamwork among the youth, as well as to encourage a healthy balance between academics and extracurricular activities.

On the occasion, Uday Bhanu Chib, General Secretary of the Indian Youth Congress, graced the event as the Chief Guest.

In his address, Uday Chib emphasized the importance of active participation in sports alongside academic

pursuits. He highlighted that in today's competitive world, it is crucial for young individuals to develop versatility, which can significantly enhance their prospects.

"Participation in sports and extracurricular activities is essential for the holistic development of students," he stated. "In the present competitive world, young people must attain versatility that alone can place them in good stead. Given the openings and opportunities available in the fast-changing world, the sky's the limit for the young to scale," he added, encouraging students to seize every opportunity for growth.

Chib also stressed the need for a balanced approach,

urging students to maintain a reasonable balance between their academic responsibilities and extracurricular interests. He called on teachers and parents to work closely together to support the overall development of children, fostering an environment where students can thrive both academically and physically.

The event concluded with a felicitation ceremony, where students were recognized for their achievements and sportsmanship. The success of the sports meet has set a positive precedent for future events, aiming to nurture the physical and mental well-being of the youth in Jammu North Assembly Segment.

# NCC cadets of PSPS GCW Gandhi Nagar hosts NAVARAMB 2024

**STATE TIMES NEWS**  
JAMMU: The cadets of 2 J&K Girls Bn NCC of Padma Shri Padma Sachdev Govt College for Women Gandhi Nagar Jammu on Saturday celebrated NAVARAMB 2024 with a splendid farewell and rank ceremony, bidding adieu to their outgoing seniors while gearing up to shoulder new responsibilities. The event was marked by a grand Rank Ceremony, where cadets took an oath to uphold the prestige of their Unit.

The day commenced with a ceremonial welcome for Col Muneesh Jasrotia, Commanding Officer of 2 J&K Girls Bn NCC Jammu. The cadets presented a prestigious Guard of Honor, followed by a soulful rendition of Ganesh Vandana, setting a formal and auspicious

tone for the day. In a vibrant display of talent and enthusiasm, cadets delivered heart-throbbing performances, showcasing their skills and dedication. Amidst this lively atmosphere, the Rank Ceremony took center stage. New ranks were bestowed upon deserving cadets, symbolizing their readiness to lead with responsibility and honor. The newly appointed leaders took an oath to uphold the unit's name and legacy, marking a significant milestone in their NCC journey.

The ceremony also included the felicitation of TSC (Thal Sainik Camp) and RDC (Republic Day Camp) holders among the seniors. These accolades served as a source of inspiration for the junior cadets, motivating them to follow in the footsteps of

their accomplished predecessors. In a gesture of appreciation, souvenirs were presented to Col Muneesh Jasrotia and Dr. S.P. Sarawat for their benign presence and unwavering support. Their attendance and encouragement significantly boosted the morale of the cadets and ANOs Lt. Suman Bala & Lt. Rachna Devi reinforcing the unit's ethos of camaraderie and dedication.

The programme culminated with an inspiring speech by Col Muneesh Jasrotia, who shared motivational words and extended his best wishes to the outgoing NCC cadets.

His address emphasized the importance of discipline, perseverance, and leadership, leaving a lasting impression on the young cadets.

# 50 border girls attend air rifle, pistol competition

**STATE TIMES NEWS**  
JAMMU: Around 50 girls from border villages participated in an air rifle and pistol competition in the Akhnoor sector here, a defence spokesman said. The competition, part of the 25th anniversary of Kargil 'Vijay Diwas', was held to instil confidence and a sense of self-defence in the girls, as well as to inspire them to actively participate in the defence of the country in the future, the spokesman said. During this unique competition, the spokesman said the participants - all from the last border village of the Pallaswala sector - were taught the basics of weapon handling and firing techniques. The competition was held after seven days of training, during which the children fired, he said, adding this initiative by the army filled the rural

girls with tremendous enthusiasm. "I am very excited by the army's initiative. This program has given me confidence and helped me recognize a new talent within myself. I want to pursue this skill further and earn a name at the state and national level", the spokesman said, quoting one of the participants. According to army officials, the two main objectives of the initiative were to promote women's empowerment and gender equality and to create a strong and capable citizen who can play a significant role in the defence and advancement of the country.

During the competition, some girls displayed exceptional talent in air rifle and pistol shooting, they said, adding "If provided with the right resources and guidance at the right time, these girls can excel at the state and national levels."

# Zorawar Club wins Kabaddi trophy



Winner and runners-up teams pose with chief guest, Swami Suchetanand at Baba Sehaj Nath Club Purkhoo in Jammu.

**STATE TIMES NEWS**  
JAMMU: Zorawar Club bagged the title trophy of inter-club Kabaddi tournament which was organised by Baba Sehaj Nath Club at BSN Club grounds, Purkhoo, here today.

In the final, Zorawar Club defeated Major Sonnath Club by a margin of 21 points. The title clash witnessed besides others by the parents of the participants.

Swami Suchetanand from Divya Jyoti Sansthan was the chief guest while Shakti Dut Sharma, Naresh Singh, Darshan Kumar, Dr Preeti Choudhary and Mangal Singh were among those prominent present.

Speaking to the teams and distinguished gathering, the chief guest appreciated the efforts of Baba Sehaj Nath Club for the promotion of

Sports and engaging the youth in constructive activities.

# Jammu's Ridham represents India in Asian Handball

**STATE TIMES NEWS**  
JAMMU: Ridham Sharma of J&K has been selected in the Indian team for the 18th Asian Junior Men's Championship starting tomorrow at Amman in Jordan.

Ridham trains and attends his practice sessions at Arun Sharma Handball Academy under the guidance of coach, Bachan Dogra.

Besides a Bronze medal he won in 2022 in the Khelo India Youth Games, Ridham has represented



Ridham Sharma with former India Handball Captain, Ranjit Singh and vice president of JKHA, Pravel Kumar at Jammu.

J&K four times in the Junior National Championships and played for DYSS in three competitions of the School Games Federation of India (SGFI). A 12th standard student of Government Higher Secondary School Domana, Ridham extended a formal send off from Jammu by former India Handball captain and chairman National selection committee, Ranjit Singh in the presence of Pravel Kumar, vice president of J&K Handball Association.

During interaction, Ranjit congratulated and encouraged Ridham. He (Ranjit) also shared his experience as former India player and captain so as to boost the young player.

"Slowly and gradually, the game of Handball has started moving in right direction. With the launching of academies and development of the infrastructure in sports hub of Jammu, young boys and girls have shown interest in the game," said Ranjit, who retired as SSP J&K Police in April last.

# Ramakrishna Mission organizes two-day teachers' training programme at KC Int'l School



Secretary Ramakrishna Mission, Jammu, Swami Yajnadharaanda being honoured during the programme.

**STATE TIMES NEWS**  
JAMMU: A two-day teachers' training program was successfully organized by Ramakrishna Mission, Jammu, at KC International School, Jammu, on July 11 and 12, 2024 on the topic "Harmony: Love & Freedom in Action".

The Secretary of Ramakrishna Mission, Jammu, Swami Yajnadharaanda, gave the workshop its inaugural opening. He called on educators to be lifelong learners in his inau-

gural speech, stressing the importance of their never-ending quest of knowledge and insight for students' overall growth as well as the welfare of families, communities, the country, and all of mankind.

Sanjay Kumar Singh, Founder Director of Dimensions Education Pvt Ltd, Delhi, delivered the presentation in a distinctive and captivating way that struck a chord with the attending instructors.

Teachers reported that the training exceeded their expect-

tations and completely transformed their life. Teachers who attended the course gained important skills and knowledge that helped them connect with their students and coworkers on a deeper level. It promoted a collaborative and innovative culture that enabled teachers to improve their approaches and make more meaningful contributions to the learning environment.

The success of this session brought to light the value of ongoing professional development for educators as well as the advantages it can offer educational establishments.

Ramakrishna Mission, Jammu provides cultural, educational and medical services following the ideals of Sri Ramakrishna Dev, Maa Sarada and Swami Vivekananda.

# Shastri Sports Centre Paloura felicitates successful Jodokas of Belt Grading test



Centre members along with Jodokas during the event.

**STATE TIMES NEWS**  
JAMMU: Shastri Sports Centre Paloura today felicitated those successful Judo players in a belt grading test which was conducted under the aegis of Judo Association of J&K.

Udhay Bhanu Chib was special guest, who encouraged the budding jodokas of different age groups of boys and girls. He appreciated the technical team of the Club for grooming raw talent in the presence of general secre-

tary of the Judo Association of J&K and guest of honour of the event, Suraj Sharma. Prominent among others present were Suraj Bhan Singh, Ranjodh Singh and Rameshwar Singh Jamwal (Coach).