

# Dr Karan Singh's address, corporate interactions, academic insights, Yoga Sessions define second day of IIM Jammu

**STATE TIMES NEWS**  
JAMMU: The Indian Institute of Management (IIM) Jammu on Tuesday commenced its five-day Orientation Program for various incoming batches at its campus in Jagti.



The event welcomed the 5th Batch of Ph.D. (2024-28), the 3rd Batch of Ph.D. (WP) (2024-28), the 9th Batch of MBA (2024-26), the 3rd Batch of MBA (IA&IM) (2024-26), and the 4th Batch of EMBA (2024-26). The day began with a yoga session themed "Maximize Happiness and Mindfulness," led by Yoga Guru Sahil Mehra and coordinated by Team Anandam, setting a positive tone for the academic journey ahead.

This was followed by an insightful session on the "Knowledge Management Center" by Shailesh Lohiya, Librarian at IIM Jammu, emphasizing the utilization of the institute's advanced library resources. Further, sessions on 'ERP & IT Support System' were conducted by Asif Khan and Avinash, focusing on enhancing technological proficiency. The morning continued with outbound activities facilitated by the Office of Student Affairs, promoting team building among the new students.

In the afternoon, Deepali Jetley, Chief People Officer at Marengo Asia Hospitals, delivered a talk on "Unlocking Your Potential in the Corporate World," highlighting continuous learning and curiosity. This session was coordinated by Dr. Ateeque Shaikh, Chairperson and Associate Professor, IIM

Jammu, and Dr. Prateek Maheshwari, Assistant Professor, IIM Jammu.

Following this, Sourav Dasgupta from Allergo Logistics Ltd. discussed "RoI: Academics to Corporate," providing insights on academic investments and corporate success. The session was coordinated by Kapil Manohar Gumte, Assistant Professor, IIM Jammu, and Dr. Bijoy Rakshit, Assistant Professor, IIM Jammu.

A significant highlight was an address and online interaction with Royal Majesty Padma Vibhushan Maharaja Dr. Karan Singh, who spoke on "The Many Dimensions of Management." He emphasized sustainability, mental well-being, and the role of technology in modern management, blending traditional wisdom with contemporary challenges. He emphasized the vital role of protecting natural resources to ensure long-term sustainability and

resilience, crucial for future generations. He discussed the adverse impacts of deforestation, explaining how it disrupts ecosystems and contributes to climate change, which in turn affects economic stability.

Stressing the importance of these practices, he explained how they foster physical health and mental clarity, essential for effective management.

He underscored the need for maintaining a positive mindset, warning against anger and negativity. He emphasized the evolving role of artificial intelligence in modern management and its potential to drive significant advancements.

He highlighted the cooperative effort needed to build a new India, addressing crucial issues such as corruption, colonialism, and casteism for a better future. He was welcomed by Prof. B.S. Sahay, Director, IIM Jammu. His session was

coordinated by Professor Jabir Ali, Dean Academics, IIM Jammu.

Additional sessions covered topics such as "Finance & Accounts Services" by Rajat Jain and "Upkeep of Infrastructure and Facilities on the Campus" by Er. Shyam Dhar Tiwari. Dr. Gaana J. concluded the day with insights into "International Accreditation & Ranking." Dr. Gaana J., Assistant Professor, IIM Jammu delivered the final session of the day, focusing on "International Accreditation & Ranking."

The day culminated with cultural programs by the Jammu & Kashmir Academy of Art, Culture, and Languages, enriching the students' experience of regional diversity.

The Orientation Program underscored IIM Jammu's commitment to holistic student development and anticipation of their future contributions.

# JKCA welcomes BCCI's decision of implementing pay equity policy

Asso has already put in place the measures for gender equality: Brig Gupta

**STATE TIMES NEWS**  
JAMMU: The Jammu and Kashmir Cricket Association (JKCA) has welcomed the announcement of the Board of Control for Cricket in India (BCCI) with regard to the implementation of pay equity policy for the contracted women cricketers.

In a statement issued by JKCA today, Brig Anil Gupta, Member-Administration said the Association wholeheartedly appreciates this well-timed gesture of the BCCI when the Indian cricket is at its peak.

"The Board of Control for Cricket in India's (BCCI's) announcement of providing the same match fee to contracted women cricketers as given to the men cricketers is a great step towards gender equality. It was simply the need of the hour. BCCI deserves salutations for the same," stated Brig Gupta. Earlier, Secretary BCCI

Jay Shah had tweeted, "I'm pleased to announce @BCCI's first step towards tackling discrimination. We are implementing a pay equity policy for our contracted @BCCI women cricketers. The match fee for both men and women cricketers will be the same as we move into a new era of gender equality in cricket".

Responding to Jay Shah's announcement, Brig Anil Gupta further said that the Jammu and Kashmir Cricket Association (JKCA) has already put in place the measures to promote gender equality, adding that the Association has provided all those facilities to the women cricketers which are provided to the men cricketers.

"The facilities provided to the women cricketers analogous to men include the big number of selection and preparatory matches being played at home before the national matches, the quality of balls being used and grounds being provided to them, which otherwise was

not the custom earlier in JKCA," maintained Brig Gupta.

It is pertinent to mention here that along with the men, the women cricketers have been engaged with different Camps by the JKCA from the last two and a half months, that means the filtration of players through different processes have started around four months before the season in a fantastic cricketing atmosphere.

"Such facilities and the selection process have earned J&K women cricket name and fame at the national scene. A few seasons back, the JKCA Senior Women's One-Day team had qualified for the knockout stage for the first time in cricketing history. Moreover, JKCA U-15 Women's team also scripted history by making it to the quarterfinals. J&K women cricket is unquestionably on the upswing. So, BCCI's recent announcement is simply icing on the cake," added Brig Gupta.

# GDC Sidhra organises plantation drive under campaign 'Ek Ped Maa Ke Naam'



GDC Sidhra faculty and students planting a sapling.

**STATE TIMES NEWS**  
JAMMU: In order to pay obeisance to Mother Earth NSS Unit of GDC Sidhra organised plantation drive under the campaign "Ek Ped Maa Ke Naam" recently launched by Prime Minister Narendra Modi in

his Mann Ki Baat. Under this campaign he has urged all to contribute in making our planet better and called upon everyone in India and around the world, to plant a tree in the coming days as a tribute to their mother.

Speaking about the Plantation Drive under this campaign Principal Dr. G S Rakwal stated, "The initiative aimed to bring together students, faculty, local communities and environmental enthusiasts in a collective endeavour to foster ecological sustainability. The Plantation Drive at GDC Sidhra is a testament to our hearty commitment to protect our environment and build a greener, healthier and more resilient future".

Teaching and non-teaching staff of the college along with NSS volunteers also participated in this drive. The entire campaign was executed by Dr. Purvaiya Hans, NSS Programme Officer of the college with the active support of entire NSS Unit under the able guidance of Principal of the college Dr. G S Rakwal.

# 5-day Internship Programme concludes at Govt College of Education



GCoE Jammu students and faculty at a programme.

**STATE TIMES NEWS**  
JAMMU: Govt. College of Education Jammu on Tuesday hosted 5 days Internship Programme for 20 students of Govt. Degree College Marh, studying in B.A 5th semester, having Education as major subject (NEP 2020) as per University of Jammu Status. The Internship Programme was started on 10th July 2024. The Programme has been successfully completed under the leadership of Dr. Rakesh Kumar Koul (Principal) GDC, Marh ) & Dr. Jyoti Parihar (Principal GCOE, Jammu).

Dr.(Prof.) Jyoti Parihar, Principal of the college welcomed the students and deliberated that this Internship program will provide a huge platform to all students for practicing

Micro Teaching skills. The coordinator for the 5 days Internship was Dr. Rajinder Kour who delivered interactive session on Micro-Teaching and its various skills whole heartedly.

The other resource persons for the Internship session were Dr. Rakesh Bharti Assistant Professor in Education & Kiran Thapa Assistant Professor in Education who delivered wonderful presentation on skill of stimulus variation & skill of Questioning respectively.

The certificate of participation were awarded to all the students during the valedictory function. The Co-ordinator who supervised the whole programme was Dr. Ashu Jolly (HOD Education from GDC Marh.

# Plantation drive under 'Ek Ped Maa Ke Naam' Programme organised

**STATE TIMES NEWS**  
JAMMU: With the aim of spreading awareness about forest conservation and saving the environment, "Ek Ped Maa Ke Naam" campaign program was started on Tuesday by NSS unit of GDC Marh under the guidance of Principal Dr. Rakesh Kumar Koul.

On this occasion, the Principal Dr. Rakesh Kumar Koul said that trees and plants are our life savers. He further said that the way of present luxury lifestyle has harmed the environment, if it is not taken care of in time, then the entire human community can face a deep crisis. Untimely rains, high temperatures are some such

signs, which are alerting us. In such a situation, the most important thing is plantation.

He said that awareness is also important. Awareness is also being spread through street plays in the surrounding areas through the NSS unit of the college.

NSS officer Sachin Kumar Bhagat said that the program "Ek Ped Maa Ke Naam" is not only awareness but also a feeling, which connects the common man directly to nature.

On this occasion, along with the volunteers of NSS, staffs were also present. Volunteers also planted trees at their homes and vicinity along with their mother.

# Mission Shakti SANKALP HEW Jammu organises camp

**STATE TIMES NEWS**  
JAMMU: Mission Shakti SANKALP HEW Jammu Social Welfare Department J&K on Tuesday conducted an impactful awareness program at AWC NITCO Lane Talab Tillo which aimed at empowering women through education on nutrition of pregnant and lactating mothers the benefits of the Pradhan Mantri Matru Vandana Yojana (PMMVY). The initiative focused on educating pregnant and lactating women about the critical importance of proper nutrition and adequate



Dr Nisha Dutt Gynecologist posing with others at camp.

rest during pregnancy. Dr Nisha Dutt Gynecologist was the resource person of the awareness programme. The program emphasized the pivotal role of a balanced diet and sufficient rest in maternal health,

directly impacting the well-being of both mothers and infants. Doctor shared insights on the profound benefits of maintaining a nutritious diet throughout pregnancy and lactation phases.

Officials of Mission Shakti SANKALP HEW highlighted the positive impact of PMMVY, a scheme designed to support pregnant women financially. Beneficiaries of PMMVY expressed heart-

felt gratitude, citing how the scheme enabled them to afford nutritious food and essential vitamins, contributing to a healthy pregnancy and safe delivery. The event concluded with a commitment to continue supporting women in Jammu through similar informative sessions, aiming to enhance maternal health and well-being. At the end of the session Nutritional kits and baby kits were also distributed and various queries of pregnant women were also addressed.

# GGM Science College organises 'One Cadet One Tree Campaign'

**STATE TIMES NEWS**  
JAMMU: The NCC boys cadets of GGM Science College, Jammu successfully conducted "One Cadet One Tree Campaign" and "EK Ped Apni Maa Ke Naam Campaign".

The Campaign was digitally inaugurated by the principal Dr. Romesh Kumar Gupta, who lauded the efforts of NCC cadets in spreading this critical initiative. It is pertinent to mention here that this initiative is need of the hour which is supposed to be beneficial for future generation. The Dedication and enthusiasm shown by the NCC Cadets in organizing this campaign is commendable and crucial for pollution free upcoming society" ANO Lt Dr Devinder Kumar Sharma, emphasized the importance of youth



involvement in this futuristic fruitful campaign. The campaign received widespread support and participation from college NCC Boys Cadets. The NCC aims

to continue this plantation drive not only this day but with their mothers they pledged to save mother earth by planting more and more trees.

# Deputations meet LG

**STATE TIMES NEWS**  
SRINAGAR: A joint delegation of BJP from Baramulla and Pulwama called on Lieutenant Governor Manoj Sinha at Raj Bhawan on Tuesday.

Subsequently, deputations of senior citizens from Doorn Verinag; Other Backward Classes Association; Principals and Associate Professors of Government Degree Colleges

from Kashmir, headed by Mohd. Iqbal Ahangar, Chairman, OBC Welfare Association J&K also met the Lt Governor and apprised him of their concerning issues.

Later, Shafiq Mir, Chairman All J&K Panchayat Conference and Gulzar Ahmad Bhat, Chairman, All J&K Polk Artists Association called on the Lt Governor at Raj Bhawan.

# Congress asks party cadres to gear up for assembly elections

**STATE TIMES NEWS**  
JAMMU: JKPC President Vikar Rasool Wani, during a review meeting with senior party functionaries, has asked party cadres to gear up for assembly elections in J&K Working President Raman Bhalla expressed serious concern over inflated power bills affecting the poor and the unreliable water supply in rural areas, despite regular billing. He accused the UT administration of burdening the common people with excessive taxes and increased tariffs for essential services like power and water. Prominent leaders from the party who attended the meeting included Senior Vice Presidents Mula Ram and Ravinder Sharma,

Vice Presidents Yogesh Sawhney, Vinod Sharma, Indu Pawar, Ved Mahajan, Yash Pal Kundal, Hari Singh Chib, Rajnish Sharma, General Secretaries Narinder Gupta, Pawan Raina, Shashi Sharma, T.S. Tony, Amrit Bali, Balbir Singh, Satish Sharma, Thomas Khokhar, District Presidents Th. Manmohan Singh (Jammu Urban), Pankaj Dogra (Kathua), Sanjeev Sharma (Samba), Vinod Khajuria (Udhampur), Bhupinder Singh (Reasi), and various other party functionaries. The JKPC reiterated its commitment to fight for the genuine grievances of the people and expressed strong resentment towards the Central Government and the UT administration.

# Udhampur Judo meet held



Judo players posing for a photograph with officials.

**STATE TIMES NEWS**  
JAMMU: A day-long District Udhampur Judo Championship held at Subash Stadium Udhampur under the banner of Judo Association of J&K. The event was organised by Udhampur Judo Association. Additional Deputy Commissioner Udhampur, Joginder Singh Jasrotia was the chief guest while District Information Officer, Rajinder Digna and District Welfare Officer, Kanika Gupta

were the guest of honour, who felicitated the medal winners. The bouts officiated by technical penal headed by Manish Chatwal. The Medal winners: GOLD: Girls: Bhumika Sharma, Rupali Sharma, Sunakshi Sharma, Pratima Sharma, Deyvanshi, Priya Sharma, Anvita Sharma, Sharma, Diksha Sharma and Shilpa Rajput. Boys: Gold: Divansh Upadhyay, Danish, Smanik Sharma, Mahi Jamwal,

Raghav Sharma, Naresh Singh, Mohit Sharma, Pardeep Singh, Navjot Singh, Ranju Sharma, Shivani Rathode, Rekha, Jai Kunwar Singh, Bobby Jamwal. Silver: Ravi Kumar, Rajbal Sharma, Ashok kumar, Sandeep Sharma, Vikram Kumar, Dheeraj Kumar Sunil Kumar, Anchoy Sharma, Abhi sadhotra, Rajinder Singh, Rahil Gupta, Shivansh. Bronze : Bindra devi, Sabha Chandail, Neha Sharma, Deepali Sharma, Riya.

# MVD takes strict action against traffic violators, imposes Rs 1,26,000 fine

**STATE TIMES NEWS**  
JAMMU: Continuing the strict enforcement drive against the instances of overloading & overcharging in Passenger vehicles and other major violations under the Motor Vehicle Act and Central Motor Vehicle Rules, team of Motor Vehicles Department carried special enforcement drives under the special directions of Pankaj Bhagotra, RTO, Jammu.



The enforcement teams laid Nakas at different locations viz Bhagwati Nagar, Tawi 4th Bridge and near Railway Station. The focus of today's drive was overloading and overcharging in Passenger Vehicles particularly e-Autos and e-rickshaws carrying Amarnathji Pilgrims. During the last 03 days Enforcement Drive nearly 345 vehicles were checked for various offences viz. Route

Permit violations, RC violations, Overloading, without Seat Belt, Without Helmet, without SLD etc. out of which 118 vehicles e-challaned. A fine of Rs. 126000 was imposed on violators during these drives. In addition to issuing Challans, the overload Passenger Vehicles were offloaded on spot and vehicles were arranged for the extra passengers for their respective destinations. The drive has been widely appreciated by the pilgrims and shows RTO's commitment to fair practices and regulatory standards. The enforcement teams comprised of Rehana Tabassam, ARTO (HQR), Mudasir Iqbal (ARTO B.O.D), Motor Vehicles Inspectors, Vikas Srivats, Surinder Kumar & Jasbir Singh, SMVI, Amanish Sharma and MVTA Tarunjit Singh.