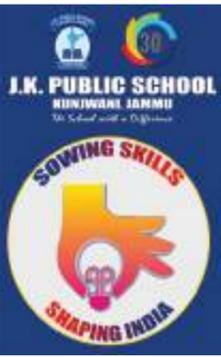


# STATE TIMES

THE BOLD VOICE OF J&K



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Air surcharge 50 paise for Leh

**03** We want women entrepreneurs of J&K to build global brands: LG

**03** Acting CJ reviews preparations for upcoming Special Lok Adalat by SCI

**10** Govt releases merit list of 'outstanding sportspersons'

Website : www.statetimes.in, Email: statetimes1@gmail.com

## LG calls for coordinated counter terrorism ops in Jammu Div Army Chief reviews security situation



LG Manoj Sinha along with Army Chief General Upendra Dwivedi chairing high-level review meeting on security scenario in Jammu on Saturday.

**STATE TIMES NEWS**  
JAMMU: Asking the Army, CAPFs and the Jammu Kashmir Police to pro-actively conduct coordinated counter-terrorism operations in Jammu Division, Lieutenant Governor Manoj Sinha on Saturday called for launching meticulous and well-operations with greater synergy between all the agencies to wipe out terrorists

and those aiding and abetting them Chairing a high-level meeting with Army Chief General Upendra Dwivedi and various heads of security and law enforcement agencies on the security situation in Jammu division, the Lieutenant Governor also directed that the security grid should be further strengthened to ensure zero cross-border infiltration.

Director General BSE, DG CRPF, DGP J&K, Heads of Intelligence Agencies and other senior officials of army, CAPFs and J&K Police attended the meeting. The Army Chief Gen Upendra Dwivedi reached here to review security situation at a meeting in Jammu and Kashmir amidst growing terror activities in parts of otherwise peaceful Jammu

region. This was the second visit of the army chief to Jammu in less than three weeks after taking charge as the 30th chief of the Indian Army on June 30. Nine army personnel, including a captain, were martyred in two separate terror attacks in remote forest belts of Machedi in Kathua and Desa forest in Doda on July 8 and July 15.

## All communities must join hands to fight terrorism: Dr Jitendra



Union Minister Dr. Jitendra Singh addressing public rally at Doda on Saturday.

**STATE TIMES NEWS**  
DODA: Asserting the government is focused on improving security situation,

Union Minister Jitendra Singh on Saturday said all communities must join hands to fight the menace of terrorism in Jammu and Kashmir.

Singh, the minister of state in the Prime Minister's Office, was in Doda, part of his Udhampur parliamentary constituency which was rocked by several terror incidents in over past three months, claiming the lives of 10 security personnel and a village defence guard (VDG).

Addressing a public rally before holding a general "public durbar" lasting over three hours, the union minister reaffirmed the revival of VDGs.

"The security agencies have

a strategy in place to control the security situation in Doda and its adjoining areas in view of the recent incidents of terror, but such strategies are not discussed in public", he said.

Singh said the VDGs are being revived in the militancy-infested areas with an objective to empower them to fight terrorists.

"The government has also decided that if and wherever needed, VDGs will be deployed as part of the multi-pronged strategy to

CS reviews progress on implementation of NCAP in Jammu, Srinagar cities

**STATE TIMES NEWS**  
SRINAGAR: Chief Secretary, Atal Dulloo, on Saturday chaired the UT Level Apex Committee meeting at Civil Secretariat here to review progress on implementation of National Clean Air Programme (NCAP) in the twin cities of Jammu and Srinagar.

The meeting among others was attended by ACS Forests, Commissioner Secretary, Housing and Urban Development, Divisional Commissioner Kashmir, PCCF J&K, Secretary Health and Medical Education, Divisional Commissioner Jammu, Commissioners of JMC and SMC and other concerned officers.

During the meeting, the Chief Secretary called upon all the concerned stakeholders to ensure stringent implementation of mitigation measures for prevention, control and abatement of air pollution. He called upon them to work with sincerity so that all the targets are achieved well in time. The Chief Secretary

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**WEATHER**

Temperature (Jammu)  
Max: 37.4°C Min: 27.6°C

Humidity  
Max: 71 Min: 33

Temperature (Srinagar)  
Max: 34.4°C Min: 18.6°C

Humidity  
Max: 63 Min: 38

Sunset : 19:37 Hours  
Sunrise : 05:36 Hours

## Are you Smoking, or Choking Yourself?



The other day, a young businessman from a neighbouring town passed away, quite prematurely at the age of 38. He used to exercise daily, but he still died of a heart attack. And the reason was, though he exercised daily, he smoked too, a score of them, without fail, day in, day out.



Dr. Suresh Kaul, MBBS, MD, DM, FACC, FESC, FSCAI Head, Cardiovascular Sciences, Amandeep Hospital Pathankot

adverse effects on human body, there are hardly any advantages.

We have seen families been disrupted by disease catastrophes.

The contribution to death rate of this lethal few inches long devil, is colossal. And unfortunately we have not been able to curb it, or motivate people to give up smoking. The reason probably being this, that those who could have motivated others, are themselves caught in this web. There are hardly any role models now. Governments could have done more, but what will happen to the tobacco industry, also

worries them. It provides employment to millions. So I believe Tobacco smoking is here to stay. There will be some who won't smoke, there will be others who will never give up, and a minuscule minority who will reform and quit. Preachers will keep on advising against Smoking, and hardcore smokers will have hundreds of reasons to go on. As Swami Vivekananda says, "Perfection can't be attained on earth, the good and bad, the opposites are here to stay till eternity. The day God decides to make Earth perfect, that will be the end of the cosmos. However individual perfection maybe possibility over a multitude of lifetimes."

Cigarette packets will continue to be manufactured, with the age old Statutory warning.... that Cigarette Smoking is injurious to health, with the same sized font, as an illegible foot note. It's for the consumer to know the reasons, before it chokes them to death. Life or Death, the choice is always ours...

For more information scan the QR code

## Mild earthquake hits Kishtwar

**STATE TIMES NEWS**

JAMMU: A 3.5 magnitude earthquake jolted Kishtwar district on Saturday, officials said. According to the National Centre of Seismology (NCS), the tremor was felt at 5.34 pm in the hilly district. The depth of the earthquake was 10 kilometers below the surface at latitude 33.29 degrees north and longitude 76.67 degrees east, it said.

## 228 bank recovery cases settled amicably in Special Lok Adalat

**STATE TIMES NEWS**

SRINAGAR: Under the patronage of Justice Tashi Rabstan, Chief Justice (Acting), High Court of J&K and Ladakh (Patron-in-Chief & Executive Chairman, J&K Legal Services Authority) and under the guidance of Justice Sindhu Sharma, Chairperson, High Court Legal Services Committee, a Special Lok Adalat was organized throughout the UT of J&K on Saturday, with special emphasis on amicable settlement of Bank Recovery Cases that were pending disposal before various courts in UT of J&K. This was the 7th Special Lok Adalat of the current calendar year. As per the data received from

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## Another batch of pilgrims leaves Jammu for Shri Amarnathji Shrine

**STATE TIMES NEWS**

JAMMU: A fresh batch of 3,471 pilgrims, including 654 women, left a base camp here for the Amarnath shrine in the south Kashmir Himalayas in the early hours of Saturday, officials said.

The 23rd batch of pilgrims, which also included 93 sadhus and 34 sadhvis, left the Bhagwati Nagar

base camp at 3 am in a convoy of 114 vehicles escorted by the Central Reserve Police Force (CRPF), they said.

While 2,398 pilgrims will reach Pahalgam to undertake the annual pilgrimage through the traditional 48-km route in Anantnag district, 1,073 have opted for the shorter but steeper 14-km Baltal

route in Ganderbal district.

More than 3.75 lakh pilgrims have paid obeisance at the naturally-formed ice lingam at the cave shrine so far this year. More than 4.5 lakh pilgrims paid obeisance at the shrine last year.

The yatra commenced on June 29 and is scheduled to conclude on August 19.

**Awaam Ki Awaaz**

21 July, 2024 11:00 AM

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