Harmanpreet, Richa Ghosh guide India to 78-run win over UAE in Women's Asia Cup

DAMBULLA: Contrasting skipper $_{
m from}$ Harmanpreet Kaur and Richa Ghosh were complemented nicely by the bowlers as India notched up a massive 78-run win over UAE in their second match of the ongoing women's Asia Cup T20 tournament here on Sunday.

Invited to bat, Kaur played the anchor's role to perfection with a 47-ball 66, while Ghosh produced late charge with an unbeaten 29-ball-64 to power defending champions India to 201 for five, their first-ever 200-plus score in

The bowlers, led by Deepti Sharma (2/23), then produced a clinical show to limit UAE to 123 for 7 as India put one foot in the semifinals.

With two wins in as many games, India occupy the top spot in group A with four points and have a Net Run Rate of +3.298

India will play their third and final group game against



Nepal on Tuesday.

Chasing the daunting total. opener Esha Rohit Oza scored a 36-ball 38 (5x4, 1x6) but UAE never were in the chase as they kept losing wickets at regular intervals.

Pace duo of Renuka Singh (1/30) and Pooja Vastrakar (1/27) dismissed Theertha Satish (4) and Rinitha Rajith (7) as UAE slipped to 24 for

Deepti then struck in her third ball, removing Samaira Dharnidharka (5) but Oza and Kavisha Egodage (40 not out) played some entertaining shots to score 20 runs in next three overs.

However, Tanuja Kanwar (1/14), who had replaced an injured Shreyanka Patil in the playing XI, had Oza stumped, while Radha Yadav (1/29) got rid of Khushi Sharma (10) as UAE fell to 95 for five in the 16th over.

Heena Hotchandani then became Deepti's second victim and Rithika was run out in the last ball as UAE finished far away from India's

Earlier, while the 35-year-

her innings, Ghosh slammed as many as 12 boundaries

and a maximum, including

five consecutive hits to the

fence in the final over of the

bowled

Kaur stitched two crucial partnerships, adding 54 off 39 balls with Jemimah Rodrigues and 75 off 45 balls with Ghosh to put India in a commanding position.

SCOREBOARD

Shafali Verma c†Theertha Satish b Dharnidharka Smriti Mandhana c Rinitha Rajith b Egodage Dayalan Hemalatha b Hotchandani Harmanpreet (c) run out (Nandakumar/Hotchandani) 66 Jemimah Rodrigues c Rinitha Rajith b Egodage Richa Ghosh † not out Pooja Vastrakar not out Total UNITED ARAB EMIRATES Esha Oza (c) st †Ghosh b Kanwar Theertha Satish † c Kaur b Renuka Singh Rinitha Rajith b Vastrakar Samaira Dharnidharka c Kanwar b Sharma Kavisha Egodage not out Khushi Sharma c Mandhana b Yadav Heena Hotchandani c Shafali Verma b Sharma

Rithika Rajith run out (Yadav/†Ghosh)

Mission Shakti Sankalp HEW organises Legal awareness programme



Resource Person, Advocate Meenu Padha and others at an awareness programme.

■ STATE TIMES NEWS

JAMMU: Mission Shakti SANKALP: Hub Empowerment of Women Welfare Social Sunday Department on organized an awareness session on women -centric provisions in Bharatiya Nyay Sanhita held at BTC Centre Khandwal, Jammu.

The programme was organised under the supervision of District Mission Coordinator Mission Shakti, Shagun

many as 90 females participated.

The main focus of this awareness session was to generate awareness amongst females on the women centric provisions in Bharatiya Nyay Sanhita. Such training enables women to learn new laws for safety and protection and stay informed with emerging new law provisions and procedure like BNS (Bhartiya Nyay Sanhita), BNSS (Bharatiya Nagarik

Suraksha Sanhita) and BSA

(Bharatiya

Adhiniyam). The Resource Person, Advocate Meenu Padha explained about the new criminal laws and the replaced form of Indian Penal Code and also the importance of fundamental rights and duties for women. She also explained the POSCO Act and POSH Act.

The staff of HEW, BPM. NRLM Umeed and SHG members were present on the

AJKCA hosts National Arbiters seminar



Participants posing with AJKCA members at Senior National Arbiters seminar.

STATE TIMES NEWS

JAMMU: All J&K Chess Association (AJKCA) hosted the Senior National Arbiters seminar which was conducted by All India Chess Federation (AICF) at Hotel Nek, here. In total, 40 aspirants from around the country participated in this seminar and those emerged successful shall be allowed to work as

Arbiters in the National championships, a

handout issued here today informed.

International Arbiter, Vasanth was the resource person during the two days course thus delivering to the participants latest FIDE laws of chess. Later, exam was conducted to access the level of participants.

Earlier, Atul Kumar Gupta, working president AJKCA declared open the seminar in presence of Baldev Raj, president AJKCA; Comrade Parvez Sajad, treasurer AJKCA; SP Sharma, Arvindu and Asim Billa.

STATE TIMES NEWS

Extras

BALTAL: In a significant move to promote safe sanitation practices during the Shri Amarnath Ji Yatra, Anoo Malhotra, Director General (DG) Rural Sanitation, Jammu and Kashmir, inaugurated a Nukkad Natak show at the Baltal Base Camp. The event aimed to educate pilgrims and locals about the importance of maintaining hygiene and sanitation throughout the

The Nukkad Natak, a popular street play format, was organized to engage the audience in an interactive and impactful manner. Through captivating performances, the artists conveyed crucial messages on the proper use



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DG Rural Sanitation J&K, Anoo Malhotra

of sanitation facilities, the importance of handwashing, and responsible waste disposal practices. The initiative is part of the broader Information, Education, and Communication (IEC) strategy designed to ensure a clean and hygienic environ-

ment during the pilgrimage. Speaking at the event, Anoo Malhotra emphasized the significance of community involvement in maintaining sanitation standards. "It is imperative that we work collectively to uphold the sanctity of the Shri

Amarnath Ji Yatra by adhering to safe sanitation practices. This Nukkad Natak is a creative way to engage with the pilgrims and impart essential hygiene messages," she stated.

Following the Nukkad Natak, Malhotra visited the Waste Management Facilities operated by Urban Enviro Waste Management Ltd. at Domail camp. The site visit aimed to review the functionality of the sanitation facilities and ensure they are equipped to handle the influx of pilgrims. During her inspection, she interacted with the staff and assessed the operational efficiency of the waste management systems in place.

Malhotra expressed satis-

faction with the measures implemented by Urban Enviro Waste Management Ltd. "The facilities at Domail camp are crucial in our efforts to manage waste effectively and maintain a clean environment for the pilgrims. It is encouraging to see the commitment and diligence of the team in ensuring the success of these initiatives," she remarked.

The Directorate of Rural Sanitation, in collaboration with various stakeholders, continues to prioritize the well-being of pilgrims through comprehensive sanitation strategies. These efforts are pivotal in achieving the goal of sustainable sanitation and a zero-landfill pilgrimage experience.

BCA organises U-14 Exposure Series to promote cricket

STATE TIMES NEWS

BHADERWAH: Bhaderwah Cricket Academy (BCA) has launched a new initiative to promote cricket among budding cricketers in the erstwhile district Doda. As part of this scheme, an exposure series for the U-14 group (both boys & girls) has been organized, with plans to extend the exposure to Doda and Kishtwar.

The inaugural match of the U-14 cricket series was held today at College Ground Bhaderwah. The match was played between Dronacharya Cricket Academy and Bhaderwah Cricket Academy, with the support of the Excise and Taxation Department,

Sameer Malik, ex-Ranji Trophy player and BCCIaffiliated video analyst, has taken the initiative to organ-



Participating teams posing for a photograph with dignitaries at a programme.

ize this exposure series, successfully conducting its first

Cricket Academy Sameer Malik expressed gratitude to the Excise and Taxation Department for their generous sponsorship of the match.

This initiative is a step toward the mission of "Nasha Mukt Bharat," aiming to steer the new generation away from drug abuse and toward sports activities.

and Taxation Department to fostering community engagement and On behalf of Bhaderwah promoting a healthy, active lifestyle is truly commend-

> match analysis revealed that Dronacharya Cricket Academy scored 123 runs while batting first, with Sakshi scoring 42 and Arushi scoring 24. Khalid, who took 4 wickets, and Areeb, who took 3 wickets, were the standout bowlers. Bhaderwah Cricket Academy

successfully chased the target with only 4 wickets down. Sarthik's unbeaten 52 earned him the title of Man of the Match, while Athsham also contributed with 18 runs. Piyush took two wickets for Dronacharya Academy.

The organizing committee recognized special performers of the day: Best Fielder -Haim, Best Batsman -Sarthik. Best Bowler -Khalid, and Man of the Match - Sarthik.

Uppal gives important tips to students in interaction program of IMCSD and entertainment channels.

STATE TIMES NEWS

JAMMU: In its ongoing effort to offer students exposure through a summer internship programme, the Institute of Mass Communication and Skill Development (IMCSD) conducted a special interaction session with Tarun Uppal, Chairperson of Nirbhay Bharat Foundation J&K, held at Talab Tillo, here. Uppal shared valuable insights with the students, emphasizing the significance of media as the fourth pillar of democracy. He highlighted the pivotal role of the media in fortifving democracy and upholding accountability, particularly of the ruling political parties.

Staying current in the field is crucial, staying informed about the latest global events. Maintain curiosity by asking questions like "Why did this



occur?" or "How did this transpire?" Embrace the fundamental principles of "5Ws" journal-"Who, what, where, when, and why.'

Uppal provided in-depth information about his NGO to the students, expressing his vision of advocating for a drugfree India

Currently, through his organization, Nirbhay Bharat Foundation, he is dedicated to

■ STATE TIMES NEWS

NEW DELHI: Indian

Institute of Management (IIM)

Jammu, under the exemplary

leadership of Prof. B.S. Sahay,

Director, IIM Jammu, was

awarded the first prize for

Excellence in Management

empowering the youth of Jammu & Kashmir by creating opportunities for them to excel sports, education, and cultural activities on both national and international platforms.

Uppal motivated the students by highlighting the vast opportunities available in their chosen field. From newspaper sections to electronic channels, reporting, editing, graphic design, 24-hour news coverage,

IIM Jammu awarded First Prize for Excellence in Management

each sector offers ample Additionally, cinema, OTT

platforms, PR roles, and communication officer positions in both government and private sectors are eagerly anticipating their talents. In attendance at the special gathering were Janvi Sharma, Monica Rajput, Bangotra, Palak Ridhima Sharma, Chandni, Gupta, Mansha Sharma Akhtar, Rudraksh Marish Vaidya, Gayatri Kapoor, Riya Chalotra, Niharika Sharma, Chahat Dabgotra, Shalu Devi, Sneha Sharma, Sneha, Baljeet Kaur, along with senior journalists Naveen Kaul, and Vickey

Morchas are front line warriors of Party: BJP

STATE TIMES NEWS

JAMMU: Bharatiya Janata Party (BJP), Jammu & Kashmir held Morcha Sammelans at various places across the region. J&K BJP General

Secretary (organization) Ashok Koul, accompanied Minority Morcha President Ranjodh Singh Nalwa, District President Rekha Mahajan and others addressed the Minority Morcha Sammelan at party headquarter, Trikuta

BJYMSammelan in Jammu North District for Jammu North constituency was chiefly addressed by former Dy CM Kavinder Gupta. J&K BJYMPresident Arun Prabhat and others also addressed the Sammelan.

SC Morcha Sammelan for Jammu East Constituency in Jammu District was chiefly addressed by DDC Bharat Chairperson Bhushan Bodhi and SC Morcha President Neelam Langeh. BJP District President Parmod Kapahi, Jaidev Rajwal, Morcha District President Chaman Lal Bhagat and others addressed the Sammelan. OBC Morcha Sammelan



Billawaria. Vice-President Choudhary Sham Lal, DDC Prof Gharu Ram Bhagat, District President Sunil Shastri, OBC President Sunil Prajapati, Seh-Prabhari HS Pammi, Krishan Lal Suverwal President Vishkarama Sabha, District president OBC Morcha Ashok Birdi and others also addressed

the Sammelan. BJP Mahila Morcha Sammelan for Kishtwar constituency in Kishtwar District was chiefly addressed by DDC Vice-Chairperson Sangeeta Bhagat. District president Chuni Lal, senior leader Brij Mohan, Raj Badyal, Mahila Morcha district president Anjali Chauhan and others also addressed the Sammelan. Ashok Koul,

addressing the Sammelan termed the Morchas as the most important part of the organization.

He said that the Morhcas are the eyes and ears of our organization, which aware us of all the developments

He said that the Morcha activists are directly living in their communities and hence have the first hand knowledge of the issues of their communities and hence have the invariable capacity to project their issues within the organization as well as on the other appropriate

communities and hence aid in the strengthening of the organization.

Kavinder Gupta in his address focused on the Modi government's priority to improve the socio-economic conditions of various communities and said that the 'Sabka Sath, Sabka Vikas approach of Modi sarkar along with the dedicated work by party's Morchas has been instrumental in the growing popularity of Modi government which resulted into the formation of third successive Modi government at the centre.

Tug of War trials on July 24

STATE TIMES NEWS

platforms for the redressal.

He also termed the

Morchas as the front line

warriors who extend the

base of the party into the

JAMMU: Jammu and Kashmir Tug of War Association shall hold selection trials to pick up teams for the upcoming 26th Sub-Junior, 37th Junior (Boys and Girls) and 37th Senior Women National Tug of War Championships to be held in Agra in Uttar Pradesh from August five to August nine.

The trial shall be con-

ducted by selection com-

mittee of the Association

at Unique International Public school Gadigarh here on July 24 from 4 pm onwards, a handout issued by the Association here today.

The selection process shall take place under the overall supervision of Jodh Singh Isher, general secretary Association.

Those selected players shall be attending the coaching camp expected to be held at the same venue from July 25.

Studies at the prestigious Government Achievements and Schemes Expo 2024. The event, organized by NNS Media Group, is being held at

Pragati Maidan, New Delhi, from July 20 to 22, 2024, and saw participation from various reputed organizations, educational institutes including IIMs ranging from IIM Amritsar and IIM Raipur. IIM Jammu emerged victorious among all the participating IIMs in the expo, clinching the first prize and showcasing its unwavering commitment to excellence in education and national develop-

ment. Prof. B.S. Sahay, Director, IIM Jammu, expressed his happiness at the achievement, stating that the award is a recognition of the institute's relentless efforts towards achieving educational excellence and aligning with the national development goals.

He emphasized that it reflects IIM Jammu's dedication to fostering an environment that nurtures future leaders who are



equipped to contribute significantly to the nation's progress.

The IIM Jammu team, represented by Dr. Jai Kamal and Dr. Rambabu Lavuri, faculty, IIM Jammu, supported by Shashank Mishra and Arvind Kumar, staff, IIM Jammu garnered significant attention from school children, parents, aspiring college students, and

entrepreneurial enthusiasts. The stall highlighted the institute's comprehensive layout and its pivotal role in nurturing future leaders. The wide footfalls and enthusiastic engagement of visitors were a testament to IIM Jammu's dynamic presence and its contributions to the field of management educa-

tion. The Government Achievements and Schemes Expo 2024 is renowned for its focus on various welfare and development schemes of Central and State governments, as well as Public Sector Undertakings (PSUs).

The event also featured concurrent exhibitions such as the International Agriculture & Horti Expo, World Organic Expo, and Food & Technology Expo, emphasizing critical areas including Ayushman Yojana, MSMEs, health, family welfare, rural and tribal development, financial institutions, power and energy conservation, and more.

IIM Jammu's participation $_{
m the}$ Government Achievements and Schemes Expo 2024 underscores the institute's dynamic presence and its unwavering commitment to educational and entrepreneurial excellence. The recognition received at the event is a testament to the institute's ongoing efforts to contribute to the nation's growth and development.