

# Dharmarth Trust renovates, restores ancient Shiv Temple in Pahalgam

**■ STATE TIMES NEWS**  
PAHALGAM: In a remarkable initiative to preserve the region's rich cultural heritage, the J&K Dharmarth Trust has successfully renovated and restored a Shiv Temple in Pahalgam, to its original glory. This temple was built by Dr. Karan Singh, Chairman Trustee, in 1962.

This historic event was marked by the installation of a specially crafted Shiv Parivar idol, ordered and manufactured in Rajasthan by the Raj Pariwar of Jammu and Kashmir. It was an honor for Dharmarth Trust to welcome Rajeev Rai Bhatnagar, Advisor to the Lieutenant Governor of Jammu & Kashmir, and his wife Manu Bhatnagar at the ancient



Advisor Rajeev Rai Bhatnagar and his wife Manu Bhatnagar paying obeisance at ancient Shiv Temple.

Shiv Temple.

On the occasion, Vikramaditya Singh, Trustee of J&K Dharmarth Trust, and Chitrangada Singh along with Advisor Bhatnagar and his wife Manu Bhatnagar performed Pooja together following the Murti Installation ceremony of Shiv Parivar and took blessings from Lord Shiva and Maa Parvati.

Chitrangada Singh, along with Vikramaditya Singh, personally offered gold ornaments to Maa Parvati in the presence of Advisor Bhatnagar and his wife, symbolizing the deep respect and reverence held for the deities.

Following the installation, Vikramaditya Singh, Advisor Bhatnagar, and his wife actively participated in a sacred Hawan ceremony,

offering Puran Aahutis (oblations) to invoke divine blessings and ensure the successful consecration of the temple.

Advisor R.R. Bhatnagar also appreciated the efforts of the Dharmarth Trust in preserving the cultural heritage and enhancing the facilities for devotees. He acknowledged the significance of the renovation and commended the Trust for their dedication to maintaining the sanctity and accessibility of such an important religious site.

Vikramaditya Singh expressed his gratitude to all those involved in the restoration project, emphasizing the importance of preserving such historical and religious sites for future generations. He also mentioned that the

temple complex was renovated besides a new toilet block was constructed for the convenience of visiting devotees, ensuring a more comfortable and enriching experience for all who come to seek blessings.

Later, Advisor Bhatnagar, along with his wife, Vikramaditya Singh, Chitrangada Singh, and others, partook in the Dogri Dham, which was specially organized for the occasion.

Brig R.S. Langeh, President of the Trust, informed that the Trust is committed to preserving and enhancing the cultural and religious heritage of the region.

Among other Trust officials and dignitaries who graced the occasion included IG Sujit Kumar (IPS).

# Medical camp held at Baba Jitto Temple in Jhiri



BJP Spokesperson R.S. Pathania inaugurating the camp.

**■ STATE TIMES NEWS**

JAMMU: The Shri Kailash Jyotish Avim Vedic Sansthan Trust organized a free medical camp at the Baba Jitto Devasthan Jhiri Temple in Marh constituency to honour Sanskrit Month.

The event provided free medical check-ups, appropriate advice, and medications to 356 patients and

distributed 500 Ayurvedic plants.

R.S. Pathania, former MLA and BJP spokesperson, was the chief guest, while SP Rural Jammu, Brajesh Sharma, was the special guest.

Both Pathania and Sharma praised the Trust's efforts, emphasizing the dual impact of promoting Sanskrit and enhancing

community health.

Sharma highlighted the camp's benefit for local residents and police officers, encouraging the continuation of such humanitarian initiatives.

The event saw participation from numerous dignitaries and medical professionals, including Dr. Sanjay Sharma, Dr. Vinod Khajuria, Mannu Mehta, the entire Hexamed team, Dr. Vikas, Dr. Ritika, Dr. Anurag, Dr. Riyaz, Bhuvanesh Mehta, Yogesh Mehta, Rajdev Singh, Dil Bahadur Singh, SHO Kana Chak Sham Lal, Forest Range Officer Pawan, Rahul Salathia, Uttam Chand Sharma, Ajay Sharma, Naresh Raina, Master Vijay Kumar Sharma and Sunil Singh Raipuria.

# Arya Pratinidhi Sabha J&K general body adopts resolution for re-registration of society

**■ STATE TIMES NEWS**

JAMMU: The Arya Pratinidhi Sabha of Jammu and Kashmir convened a meeting on Sunday at Arya Samaj, Rehari Colony, here under the leadership of President Narender Trehan and Ved Parehar Adishitha Chuni Lal.

The meeting saw full attendance from all general council members of Arya Samaj across Jammu and Kashmir.

During the session, the general body unanimously adopted a resolution for the re-registration of the society, marking a crucial step towards strengthening the organization's legal and operational framework.

Additionally, a resolution to donate Rs 1 lakh to the Irda

Kanya Gurukul in Gari was approved, showcasing the Sabha's continued commitment to educational and social initiatives.

The audited balance sheets for the financial years ending on 31st March 2022, 2023, and 2024 were tabled, reflecting the organization's financial transparency and accountability.

Furthermore, the working committee of Arya Samaj Gandhi Nagar received formal approval, ensuring the smooth functioning and administration of its activities.

The meeting featured robust participation from the Mantris and presidents of various Arya Samaj branches, who shared insightful

views on spreading the teachings of Maharishi Dayanand Saraswati throughout Jammu and Kashmir.

The discussions highlighted a collective resolve to leave no stone unturned in propagating the Vedic message.

Narender Trehan emphasized the importance of unity and dedication in achieving the Sabha's goals. The gathering concluded with a renewed commitment to advancing the spiritual and social mission of Arya Samaj in the region. Vote of thanks was presented by Chuni Lal as well as President Narender Trehan who expressed immense gratitude to all the attendees who came from far off regions to attend the meeting.

**■ STATE TIMES NEWS**

JAMMU: In a strong show of dissent against the current administration's policies in Jammu and Kashmir, the Congress Party organized a protest on Sunday at the Main Chowk of Janipur Colony, at Ward No 37 in the Jammu North Assembly Segment.

The protest was led by Uday Bhamu Chib, National General Secretary of the Indian Youth Congress (IYC), along with local leaders and the general public from Ward No 37.

Talking to reporters, Uday Bhamu, voiced the growing frustration among residents over the installation of smart meters, which have failed to deliver a regular power supply. "Despite the installation of smart meters, people are



Congress workers staging protest in Jammu on Sunday.

still not getting a regular power supply," he emphasized.

"The residents are being burdened with exorbitant bills, and no one is addressing their concerns," he added. Uday Chib further criticized

the administration, adding, "No one is listening to the people's issues. The residents are suffering immensely under the BJP regime."

He called for immediate action to rectify these issues, urging the authorities to prioritize the welfare of the citizens and ensure a reliable power supply at reasonable rates.

He appealed to the people of Jammu to support

Congress Party in the ensuing Assembly elections to get rid of hollow policies of present dispensation.

The senior Congress leader criticized the government over the imposition of property tax, expressing that such policies are adding to the financial burden of the common people.

"The government's decision to implement property tax is unjust and further strains the already burdened popu-

**■ STATE TIMES NEWS**

JAMMU: Mahila Morcha Kashmir Displaced District organized a Mahila Sammelan at Jagti, Nagrota.

The event was conducted under the leadership of Dolly Raina, District President of the Morcha. The program saw the presence of District President Kashmir Displaced District Chand Jee Bhat, General Secretary Mahila Morcha BJP Reema Padha, Vice President KDD Sweety Koul, Prabhari KDD Suman Raina, and several other office bearers.

The Sammelan commenced with the ceremonial lighting of the lamp, followed by the patri-



Morcha District President Dolly Raina lighting the lamp.

otic rendition of Vande Mataram. Chand Jee Bhat, in his address, spoke extensively on the theme "Jammu Kashmir: Then and Now after the Repeal of Article 370". He highlighted the transformative

changes that have taken place in the region since the abrogation of Article 370.

Bhat emphasized the development initiatives and the improved security situation, which have significantly con-

tributed to the progress and stability of Jammu and Kashmir. Reema Padha, elaborated on the various schemes introduced by Prime Minister Narendra Modi aimed at empowering women. She discussed in detail the benefits these schemes have brought to women, including financial independence, enhanced healthcare, and educational opportunities.

Padha stressed the strong support and trust that women have shown towards PM Modi, as evidenced by their large turnout in the parliamentary elections. She urged the women present to continue this support in the upcoming assembly elections to ensure a stronger and

more prosperous Jammu and Kashmir under BJP leadership. Prabhari KDD Suman Raina took the opportunity to speak on the recent presidential address of Smt. Droupadi Murmu in the parliament.

She highlighted the key points from the address and underscored the significance of the President's vision for the nation, particularly in terms of women's empowerment and national development.

The event concluded with a heartfelt vote of thanks delivered by Sujata Koul. She expressed gratitude to all the attendees, the organizers, and the distinguished speakers for making the Mahila Sammelan a resounding success.

# Natrang presents play 'Marnoprant'



A scene from the play 'Marnoprant' directed by Balwant Thakur, presented at Natrang Studio Theatre, Jammu.

**■ STATE TIMES NEWS**

JAMMU: Surendra Verma's intense dramatic creation enlivened Natrang's Sunday Theatre when the play 'Marnoprant' under the direction of Balwant Thakur was presented at its Studio Theatre. For the audience it was something very new as two versatile actors demonstrated the process of entering into character from the level of reading to ultimate stage action. Experience is something which matters and in the instant presentation, the experience of 50 years of stage acting of both the actors was visible in every moment of performance. A strong comment on the man-woman relations, the play "Marnoprant" revolves around a triangular love story. The playwright unfolds the whole episode after the death of a young lady whose husband and the lover meet for the first time. Their encounter reveals the minute intricacies of man-woman relations and frustra-

tions of extra marital affairs. Both embarrass each other by revealing the intimate moments they shared with the young lady. The dramatic action becomes even more interesting when it is shown that the husband comes to know about the relationship after the death of his wife. He was not aware of the fact that she had almost abandoned him for her new lover. Ironically there is no occasion for the frustrated husband to even enquire the reasons from his unfaithful wife. The playwright has exposed inner conflicts through a highly experimental and intellectual thematic design. Surendra Verma's hold over handling of such complex themes and the construction of the unique dramatic structure is highly praiseworthy. Each word is interwoven in such a manner that the whole text becomes a poetry. Arvind Anand who played the role of 'Lover' is the ultimate name of Acting in Jammu, has a long innings of almost five decades of acting experience, today established the fact that experience matters. His hold over the character, throw of words and the magical power of transporting his audience along to his emotional journey was magnificent. He is the undisputed king of acting of Jammu theatre. Neeraj Kant who played as 'Husband' equally reciprocated to his co-actor. He also holds a long list of accomplishments. His versatility was visible all through his performance. Both the actors gave engrossing performances. The lights and the sound of the play were efficiently executed by Mohd. Yaseen.

**■ STATE TIMES NEWS**

JAMMU: The Sadguru of Sahib Bandagi Shri Madhuparamhans Ji Maharaj, while delighting the congregation with the nectar of his discourses at Mishriwala Jammu today, said that both sin and virtue are fetters.

The teachings of Sahib Bandagi Shri Madhuparamhans Ji Maharaj offer a profound perspective on the nature of karma, the mind, and the soul.

His discourse touches on several deep spiritual principles, emphasizing the distinction between the soul and the actions carried out by the mind and body.

The Sadguru described both sin and virtue as fetters of iron and one of gold. This metaphor highlights that both types of karma bind the soul, though in different ways. Sin represents a heavy burden, while virtue, though more appealing, still constrains the soul.

"The soul, according to Sahib, is fundamentally separate from karma. It is pure and untouched by the actions performed by the mind and body. The soul's true nature is beyond both good and bad actions, as it is not involved in the process of resolution or action," said Sadguru.

"The mind is depicted as the true agent behind actions. When a resolution or



desire arises-like the wish to visit Mumbai-it is the mind that generates these thoughts and plans. The soul merely provides the energy needed for these plans to come into fruition. If the soul withholds its energy, the mind's plans will not materialize," Madhuparamhans ji said. Sahib emphasized Surati

Yoga (the practice of focusing and directing one's attention inwardly) over Karma Yoga (the path of action) and Gyan Yoga (the path of knowledge).

He believes that the soul should detach itself from the actions and desires driven by the mind and focus on its inherent purity.

The body and mind are seen as instruments or tools, not belonging to the soul. The mind's fluctuations-Tamas (darkness or inertia) and Rajas (activity or desire)-lead to actions and experiences of sin and pleasure. The soul remains unaffected by these mental states and their resultant actions, he said. The inner turmoil, repre-

sented by desires like lust, anger, greed, attachment, and ego, are considered the sources of sin and suffering. These are not the soul's true nature but rather manifestations of the mind's disturbances and delusions.

In essence, Sahib Bandagi Shri Madhuparamhans Ji Maharaj's teaching directs us to recognize the distinction between the transient, active nature of the mind and the immutable, pure nature of the soul.

By understanding that the soul is beyond karma and actions, one can achieve a deeper state of spiritual awareness and freedom from the binding effects of both sin and virtue.

# Sin and virtue are fetters: Madhuparamhans

# AJBRCEAK demands early notification of Comprehensive Transfer Policy

**■ STATE TIMES NEWS**

JAMMU: All Jammu Based Reserved Category Employees Association Kashmir (AJBRCEAK) has once again demanded early notification of Comprehensive Transfer Policy, speaking in a meeting of association convened by Chairman AJBRCEAK Vipin Kumar in Anantnag.

Chairman AJBRCEAK said that LG Administration has promised to frame a Comprehensive Transfer policy for all Jammu based reserved

category employees and committee for the purpose also constituted in 2022, now we hope govt. will come up with notification soon.

While highlighting the concerns of Jammu based employees, Vipin Kumar urged divisional administration Kashmir to pass necessary instructions regarding genuine issues of employees more particularly issues like leave settlement order of all the remaining Departments, Exemption in Biometric Attendance system

and govt accommodation for Inter District employees posted in Kashmir.

Chairman AJBRCEAK expressed hope that LG Manoj Sinha to notify a long pending demand of transfer policy shortly.

Those present in the meeting include Kuldeep Kumar Vice Chairman AJBRCEAK, Yashpal Bhagat General Secretary, Mohan Lal Advisor, Bharat Bhusan Joint Secretary, Jarnail Singh, Surjeet Kumar Executive Members and others.

**■ STATE TIMES NEWS**

JAMMU: Shiv Sena (UBT) Jammu-Kashmir unit organized a Jan Chaupal in Ward No. 28 of Bakshi Nagar area of Jammu on Sunday, listened to the problems of the people and assured every possible effort to solve them.

On the occasion, about two dozen people, influenced by the party's policies and ideas, joined the party.

Party state chief Manish Sahni, announced the Jammu city unit, appointed Rohan Malwal as president, Munish Anand as vice-president, Deepak Sharma as secretary, Vishal Kumar as general secretary.

Most of the people present on this occasion expressed deep concern and anger over the power-water cuts, rising electricity bills and increasing criminal incidents in Jammu. Party state chief Manish



Shive Sena (UBT) State chief Manish Sahni along with newly elected unit.

Sahni, who was present on this occasion, said that despite being rich in immense water resources and hydropower projects, the people of Jammu-Kashmir have to face power-water cuts.

Every time the electricity meter is

changed, a promise of 24-hour power supply is made, but the power cuts continue as a tradition and the same is the situation with water supply.

Sahni said that the people of Jammu and Kashmir are entitled to

free electricity and water and Shiv Sena (UBT) will give them this right.

On this occasion 'Vachan Nama/Sankalp Patra' based on people's aspirations was distributed and an appeal was made to support with Shiv Sena (UBT) in the upcoming elections.

Along with this all the people present expressed deep grief over the tragic accident that took place at an academy in Rajindra Nagar, Delhi, in which three students died, and expressed condolences to their families.

On this occasion, President Women's Wing Meenakshi Chhibber, General Secretary Vikas Bakshi, Vice President Sanjeev Kohli, President Labor Wing Raj Singh, Shami, Manu Verma were present.