

JMC launches Swachhta Internship Program to foster cleanliness culture in schools

STATE TIMES NEWS
JAMMU: Jammu Municipal Corporation (JMC) in coordination with the Directorate of School Education through M/s Ladli Foundation, inaugurated the Swachhta Internship Program on Tuesday at Government Girls Higher Secondary School, Shastri Nagar. The program aims to foster a culture of cleanliness and sanitation among students in 13 government schools across Jammu City.

The inauguration ceremony was graced by Commissioner, JMC Dr. Devansh Yadav and Mission Director, Swachh Bharat Mission 2.0, UT of J&K, as the Chief Guest.

Addressing the gathering, the



JMC Commissioner, Dr. Devansh Yadav presenting certificate.

Commissioner JMC commended the collaborative efforts and emphasized the significance of involving youth in creating 'Swachh' and healthy commu-

hygiene practices. He said that this initiative is not just about cleaning our surroundings; it is about transforming mindsets and nurturing a sense of responsibility among the youth.

The founder and CEO of Ladli Foundation Devinder Kumar, in his presentation, explained that the Swachhta internship programme is designed to engage & empower the young students, making them aware of various aspects of cleanliness & hygiene. "The programme will span over a period of 03 months. It will not just be a theoretical learning programme, but will be full of field insights and community connection," he added.

He further informed that the students who will successfully complete this internship programme will become certified swachhta resource persons and this journey will help them in their future career aspects.

The event also witnessed the presence of Abdul Star, Joint Commissioner, Health & Sanitation, JMC; Manisha, Personnel Officer, Directorate of School Education, Jammu; Dr. Vinod Sharma, Health Officer, JMC; Ajeet Sharma, Chief Education Officer, Jammu; Anu Bhardwaj, Principal, Girls Higher Secondary, Shastri Nagar; as well as principals, staff and enthusiastic students from participating schools.

Kavinder felicitated on appointment as LG Ladakh



SSP (Retd), Abhay Kumar Mahajan felicitating Kavinder Gupta.

STATE TIMES NEWS
JAMMU: Senior BJP leader and Lieutenant Governor-designate of Ladakh, Kavinder Gupta, was felicitated by Abhay Kumar Mahajan, SSP (Retd), Co-Convener of the

J&K UT BJP Senior Citizens Cell and Editor-in-Chief of Veracity News. The congratulatory ceremony marked Gupta's recent appointment as the Lieutenant Governor of the Union Territory of Ladakh.

Mahajan lauded Gupta's longstanding service to the party and the nation, highlighting his tenure as the former Deputy Chief Minister of Jammu & Kashmir and his deep understanding of grassroots governance. He expressed confidence that under Gupta's leadership, Ladakh would witness accelerated development and inclusive growth.

Kavinder Gupta thanked the BJP leadership for reposing faith in him and reiterated his commitment to serve the people of Ladakh with dedication and transparency. The event reflected widespread appreciation within BJP circles and the civil society for Gupta's new constitutional role.

DIET Basohli in collaboration with SCERT Jammu conducts two-day FDP

STATE TIMES NEWS
KATHUA: A two-day Faculty Development Programme (FDP) for DIET faculty along with CEO Kathua, Deputy CEO, Cluster Heads and ZEO's of District Kathua in collaboration with SCERT Jammu was successfully conducted by DIET Basohli (Kathua) from July 14 to 15, 2025, under the innovative outreach initiative "SCERT on Wheels" aimed at strengthening institutional capacity and fostering academic collaboration between JKSCERT and DIETs across Jammu Division.

The programme was jointly organised by DIET Kathua and the JK SCERT Divisional Office Jammu, under the guidance of Dr. Sindhu Kapoor, Joint Director, JK SCERT Jammu Division.

A total of 30 trainees including 16 DIET Faculty (including HOD's), Deputy CEO Kathua, 05 Cluster Heads and 08 ZEOs were sensitized during this two day FDP.

The programme was formally inaugurated by B K Pathak, Principal, DIET Kathua, who highlighted the importance of capacity building and inter-institutional synergy in realising the goals outlined in the National Education Policy (NEP) 2020.



Participants of two-day FDP posing with DIET Basohli and SCERT Jammu officials.

The core objectives of the FDP were to develop a comprehensive understanding of the mandate, vision and structure of SCERT and DIETs as per NEP 2020, clarify specific roles and responsibilities, familiarise faculty with departmental functioning and promote mechanisms for improved coordination and academic support at the grassroots level.

A team of seasoned officers from JKSCERT Jammu and SCERT Central served as resource persons and conducted sessions on a variety of crucial academic themes.

Paawan Vivek, Sr. Academic Officer, conducted the orientation session on the programme, initiatives undertaken and achievements of SCERT along with essentials of the

training design and modules and NEP 2020.

Manu Vasudeva Sr. Academic Officer delivered sessions on NEP 2020 and SARTHQA tasks implications and road map for SCERT and DIETs.

Dr. Harpreet Kour covered topics related to the role, responsibilities and functioning of DIETs and SCERT, planning and monitoring for effective

implementations of various objectives of SCERT and challenges in Educational research.

Dr Sandeep Singh guided participants on developing content and training program based on NCF-SE competencies.

Rajesh Hali from SCERT Central spoke on the vision for DIETs of Excellence, and Dr. Sandeep Singh provided

insights into national Digital initiatives and institutional alignment.

Participants gained enhanced conceptual clarity on DIET & SCERT's mandate, deeper insights into departmental roles, and practical strategies for collaboration and institutional improvement. In his valedictory address, B K Pathak lauded the collaborative efforts and empha-

sised that the realisation of NEP 2020 depends on how effectively SCERTs and DIETs bring policy into practice. He urged DIET faculty to act as changemakers, document best practices and lead with innovation and commitment. He described the FDP not just as a training programme, but as a call for strategic academic leadership at the grassroots.

The programme was coordinated under the supervision of Vikas Malpotra, Senior Lecturer, DIET Kathua. The vote of thanks was delivered by Jai Bharat, HOD and the sessions were anchored by Santustha Dogra, Lecturer, DIET Kathua.

The success of this initiative marks another step in reaffirming SCERT's commitment to institutional excellence, grassroots empowerment and the transformation of school education in line with the vision of NEP 2020.

R Doraiswamy takes charge as CEO & MD of LIC



took charge as head of Life Insurance Corporation of India (LIC).

The Centre has appointed Doraiswamy as Chief Executive Officer & Managing Director (CEO & MD) of the state-owned insurance company for a period of three years, the notification said.

His three-year term would end on August 28, 2028, when he attains 62 years of age.

HC rejects bail plea in Narco Terrorism

STATE TIMES NEWS
JAMMU: Justice Rajesh Sekhri of Jammu & Kashmir and Ladakh High Court rejected the bail application of one Manpreet Singh alias Manni who was allegedly involved in Narco Terrorism.

While rejecting the bail application, Justice Rajesh Sekhri observed that Narco-terrorism is no longer confined to drug-weapon smuggling. The use of Narcotics as a terror currency and the cross-border smuggling of Narcotics and terror activities have, of late, become a new front of proxy war, unleashed by the adversaries from across the border. A dual strategy of sending across the drugs and weapons is being employed by the enemy to threaten economic security of the country, incite subversive activities and disrupt the social fabric. The petitioner is allegedly found to be actively assisting and participating in the activities of an organized Narco-terror module along with his associates. Therefore, he cannot be allowed to take benefit of the beneficial legislation to defeat the ends of justice.

It revealed during investigation by the SIA, that petitioner was actively assisting his associates and participating in the activities of an organized Narco-terror Gang, involved in the smuggling of Narcotic Drugs and Fire Arms from Pakistan to Indian territory and the main Kingpin of this gang was code named Rana, a resident of Pakistan, who was operating the gang with a motive to incite subversive activities with the use of Narcotics as a terror currency.

Accused Gurpreet Singh alias Billa (A-1), was a major member of this Gang, which was led by the said Pakistani kingpin Rana (A-5) and he used virtual numbers and highly encrypted and sophisticated applications from his phones, which were installed specifically for the purpose of executing this operation. A-1 was in direct contact with A-5 on virtual mode, which came to be corroborated from the FSL report in screen recordings, captured by A-1 in Hotel Om International Samba, where it surfaced that he was on WhatsApp video call on his virtual number with Pakistani handlers.

IMPORTANT NOTICE

SPECIAL ARRANGEMENTS FOR KANWAR MELA-2025 (UPTO 23.07.2025)

For the convenience of Kanwariyas during Kanwar Mela-2025, Northern Railway has decided to run Kanwar Special Trains, extend the nominated train services upto Haridwar and to provide temporary stoppages to some of existing services. The details are as under :-

Extension of Train No. 74023/74022 Delhi Jn. - Shamli - Delhi Jn. DEMU upto Haridwar

Train No.:	ARR.	DEP.	STATIONS	ARR.	DEP.
74023	20:00	22:55	Delhi Jn.	09:25	---
74022	06:25	06:30	Shamli	---	---
74022	23:20	23:22	Thana Bhawan	05:25	05:27
74022	23:44	23:46	Rampur Maniharan	05:02	05:04
74022	00:15	00:17	Tapri	04:46	04:48
74022	00:56	00:58	Roorkee	04:17	04:19
74022	01:38	01:40	Jwalapur	03:15	03:17
74022	01:55	---	Haridwar	---	03:05

DAYS OF RUN: 74023 Ex Delhi Jn. Upto 24.07.2025 and 74022 Ex Haridwar Upto 25.07.2025.

ACCOMMODATION: General.

Extension of Train No. 64557/64558 Delhi Jn. - Saharanpur - Delhi Jn. MEMU upto Haridwar

Train No.:	ARR.	DEP.	STATIONS	ARR.	DEP.
64557	16:25	21:10	Delhi Jn.	08:45	---
64558	03:40	04:20	Saharanpur	---	---
64558	21:48	21:50	Roorkee	02:53	02:55
64558	22:25	22:27	Jwalapur	02:10	02:12
64558	22:50	---	Haridwar	---	02:00

DAYS OF RUN: 64557 Ex Delhi Jn. Upto 24.07.2025 and 64558 Ex Haridwar Upto 25.07.2025.

ACCOMMODATION: General.

Run of Mela Special Trains as per Time-Table give below:

Train No. 04311/04312 Moradabad - Laksar - Moradabad Unreserved Mela Special Train

Train No.:	ARR.	DEP.	STATIONS	ARR.	DEP.
04311	07:15	04:15	Moradabad Jn.	15:15	---
04312	12:00	---	Laksar Jn.	---	---

DAYS OF RUN: 04311 Ex Moradabad Jn. & 04312 Ex Laksar Jn. Upto 25.07.2025.

STOPPAGES: Balawali, Muazzampur Narayan Jn., Najibabad Jn., Nagina, Dhampur, Seohara & Kanth stations.

ACCOMMODATION: General.

Train No. 04314/04313 Haridwar - Delhi Jn. - Haridwar Unreserved Mela Special Train

Train No.:	ARR.	DEP.	STATIONS	ARR.	DEP.
04314	17:05	23:10	Haridwar	07:55	---
04313	01:10	---	Delhi Jn.	---	01:10

DAYS OF RUN: 04314 Ex Haridwar Upto 24.07.2025 & 04313 Ex Delhi Jn. Upto 25.07.2025.

STOPPAGES: Jwalapur, Roorkee, Tapri Jn., Muzaafarnagar, Meerut City Jn., Ghaziabad Jn. & Delhi Shahdara stations.

ACCOMMODATION: General.

Train No. 04316/04315 Yog Nagari Rishikesh - Delhi Shahdara - Yog Nagari Rishikesh Unreserved Mela Special Train

Train No.:	ARR.	DEP.	STATIONS	ARR.	DEP.
04316	03:50	20:35	Yog Nagari Rishikesh	11:00	---
04315	04:20	---	Delhi Shahdara	---	04:20

DAYS OF RUN: 04316 Ex Yog Nagari Rishikesh Upto 24.07.2025 & 04315 Ex Delhi Shahdara Upto 25.07.2025.

STOPPAGES: Raiwala, Motichur, Haridwar, Jwalapur, Roorkee, Tapri & Shamli stations.

ACCOMMODATION: General.

Train No. 04318/04317 Yog Nagari Rishikesh - Alamnagar - Yog Nagari Rishikesh Unreserved Mela Special Train

Train No.:	ARR.	DEP.	STATIONS	ARR.	DEP.
04318	10:45	19:00	Yog Nagari Rishikesh	23:00	---
04317	12:05	---	Alamnagar	---	12:05

DAYS OF RUN: 04318 Ex Yog Nagari Rishikesh Upto 09.08.2025 & 04317 Ex Alamnagar Upto 10.08.2025.

STOPPAGES: Raiwala, Motichur, Haridwar, Jwalapur, Laksar, Balawali, Muazzampur Narayan, Najibabad, Moradabad, Rampur, Bareilly & Shahjahanpur stations.

ACCOMMODATION: General.

Train No. 04413/04414 Delhi Jn. - Haridwar - Delhi Jn. Unreserved Mela Special Train

Train No.:	ARR.	DEP.	STATIONS	ARR.	DEP.
04413	16:45	22:55	Delhi Jn.	09:40	---
04414	03:30	---	Haridwar	---	03:30

DAYS OF RUN: 04413 Ex Delhi Jn. Upto 24.07.2025 & 04414 Ex Haridwar Upto 25.07.2025.

STOPPAGES: Delhi Shahdara, Noli, Gotra Halt, Fakharpur Halt, Khehra, Sanhera Halt, Ahera Halt, Baghat Road, Sujra, Baraut, Qasimpur Khari, Ailam, Kandhla, Shamli, Hind, Thana Bhawan, Nanauta, Sona Arjunpur, Rampurman Haran, Tapri, Roorkee & Jwalapur stations.

ACCOMMODATION: General.

Temporary Stoppages of Trains Upto 24.07.2025

Train No. & Name	Frequency	Temporary Stoppages	Timings
14113 Subedarganj-Dehradun Express	Daily	Jwalapur, Motichur	10:43 10:45, 11:04 11:06
14114 Dehradun-Subedarganj Express	Daily	Raiwala, Motichur, Jwalapur	14:15 14:17, 14:34 14:36, 15:15 15:17
14309 Ujjain-Dehradun Express	Bi-Weekly	Jwalapur, Motichur, Raiwala	15:53 15:55, 17:00 17:02, 17:35 17:37
14310 Dehradun-Ujjain Express	Bi-Weekly	Raiwala, Motichur, Jwalapur	07:08 07:10, 07:24 07:26, 07:52 07:54
14317 Indore-Dehradun Express	Bi-Weekly	Jwalapur, Motichur, Raiwala	15:53 15:55, 17:00 17:02, 17:35 17:37
14318 Dehradun-Indore Express	Bi-Weekly	Raiwala, Motichur, Jwalapur	07:08 07:10, 07:24 07:26, 07:52 07:54
19565 Okha-Dehradun Express	Weekly	Jwalapur, Motichur, Raiwala	15:53 15:55, 17:00 17:02, 17:35 17:37
19566 Dehradun-Okha Express	Weekly	Raiwala, Motichur, Jwalapur	07:08 07:10, 07:24 07:26, 07:52 07:54
22659 Kochuvelli-Yog Nagari Rishikesh Superfast Express	Weekly	Motichur, Raiwala	12:45 12:47, 13:00 13:02
22660 Yog Nagari Rishikesh-Kochuvelli Superfast Express	Weekly	Raiwala, Motichur, Jwalapur	07:08 07:10, 07:24 07:26, 07:52 07:54
14610 Shri Mata Vaishno Devi Katra-Yog Nagari Rishikesh Hemkunt Express	Daily	Jwalapur, Motichur	06:48 06:50, 07:20 07:22
14609 Yog Nagari Rishikesh-Shri Mata Vaishno Devi Katra Hemkunt Express	Daily	Jwalapur	18:31 18:33
54075 Bareilly-Delhi Special Passenger	Daily	Kankather	23:36 23:38
54076 Delhi-Bareilly Special Passenger	Daily	Kankather	02:40 02:42

For detailed information, please call RailMadad Helpline No. 139 or visit enquiry website: www.enquiry.indianrail.gov.in

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TRAVELTIME!

Route	Train	Departure	Arrival
Jammu to Srinagar	IndiGo	10:05 AM	10:45 AM
	SpiceJet	11:10 AM	12:00 PM
	Air India Express	12:50 PM	1:40 PM
	Air India Express	1:35 PM	2:45 PM
Srinagar to Jammu	IndiGo	1:55 PM	2:35 PM
	IndiGo	6:40 PM	7:20 PM
	IndiGo	11:45 AM	12:35 PM
	Air India Express	12:10 PM	1:05 PM
Srinagar to Jammu	SpiceJet	12:35 PM	1:30 PM
	Air India Express	2:20 PM	3:35 PM
	IndiGo	3:15 PM	4:05 PM
	IndiGo	5:20 PM	6:10 PM

FIND TRAIN SCHEDULE

11078 Jhelum Express
 Departure : 23:35 from Jammu Tawi
 Arrival : 11:15 at New Delhi

12426 Jammu Tawi - New Delhi Rajdhani Express
 Departure : 21:25 from Jammu Tawi
 Arrival : 05:55 at New Delhi

12446 Uttar Sampark Kranti Express
 Departure : 21:50 from Jammu Tawi
 Arrival : 06:55 at New Delhi

Train 26401 - Katra to Srinagar (Morning Service)
 Departure : 8:10 AM from Katra
 Arrival : 11:10 AM at Srinagar
 Intermediate Stop : Banihal at 9:58 AM

Train 26403 - Katra to Srinagar (Afternoon Service)
 Departure : 2:00 PM from Katra
 Arrival : 05:00 PM at Srinagar

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Government Medical College	2584290, 2484291
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Emergency	2549669
Blood Bank	2547637, 2547638
Chest Disease Hospital	2577064, 2548012
Dental Hospital	2544670
Govt Hospital Gandhi Nagar	2430041
Emergency	2431740
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Gandhi Nagar	101, 2435283, 2457705
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Gangyal	2480026
Bari Brahmana	220020
Akhnoor	252481
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Tourist Reception Centre	2579554
BUS SERVICES	
JKSRTC General Manager	2435262
JKSRTC Bus Stand	2577475
JKSRTC Jammu Srinagar, Service	2576562
Punjab Roadways	2542782
WATER SUPPLY	
Company Bagh	2542582
Parade	2544979
Bakshi Nagar	2543557
Panjthirthi	2547501
Narwal	2430031
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Canal	2554147, 2554199
Parade	2542289, 2543398
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CIVIC SERVICES	
Municipality	2547846, 2542192
Health Officer	2547440
Garbage / Carcass Removal	2547440

FIND CINEMA

Maalik

Wave one movie Jammu 10:00 AM / 01:05 PM / 07:15 PM / 10:20 PM

PVR KC JAMMU 09:45 AM / 4:20 PM / 10:45 PM

JURASSIC-WORLD-REBIRTH

Wave one movie Jammu 09:30 AM / 05:30 PM / 10:55 PM

PVR KC JAMMU 01:20 PM

SUPERMAN (HINDI)

Wave one movie Jammu 09:00 AM / 02:45 PM / 11:00 PM

PVR KC JAMMU 04:15 PM / 9:55 PM