DC Poonch pays visit to yatra sites, finalises Shri Budha Amarnath Ji Yatra preparations

Poonch, Commissioner Vikas Kundal visited various yatra sites today and give final touch to the arrangements for the upcoming Shri Budha Amarnath Ji Yatra.

The Deputy Commissioner inspection of all key locations including College Ground (Base Camp), and various accommodation

Additional Deputy Commissioner Tahir Malik, ASP Poonch, Tehsildar Haveli and officers from line departments were present. During the visit, the



SSP Udhampur chairs ops-cum-crime review meeting & Issues

Directions for Upcoming Independence Day celebrations

appreciated the efforts made by the organizing committee and concerned departments in ensuring timely prepara-

To further enhance the

Progress on tracing missing

persons, arresting abscon-

ders, solving theft/burglary

cases, and execution of court processes was also dis-

SSP appreciated the efforts of Udhampur Police

in maintaining law and

order and stressed on timely

Officers were directed to

ensure quality investigation,

proper record-building, and

prompt grievance redressal.

Independence Day, SSP

instructed all officers to

enhance checking, conduct

anti-sabotage exercises, and

work diligently on every

security-related aspect to

ensure smooth and incident-

SSP reiterated Udhampur

Police's commitment to

maintain peace and law &

order while continuing the

fight against crime and

free celebrations.

In view of the upcoming

experience of pilgrims, the Deputy Commissioner issued on-the-spot instructions to all line departments to address any remaining gaps and ensure uninterrupted

Yatra period. He emphasized the need for inter-departmental coordination and proactive response to ensure the smooth conduct of the Yatra for devotees arriving from across the country.

All concerned officers and department heads assured full cooperation in delivering top-notch facilities at all designated locations including the Poonch Base Camp, Dashnami Akhara and Mandi Mandir.

The district administra tion is committed to ensuring that this sacred pilgrimage is conducted in a safe. smooth, and spiritually enriching manner for all devotees.





STATE TIMES NEWS

RAJOURI: Paras Health Superspeciality Hospital Srinagar in collaboration with Rotary Club Rajouri Grand and Matrix Hospital Rajouri conducted a free mega health camp for people of Rajouri and Poonch districts.

The camp was conducted at Matrix Hospital in Jawahar Nagar, Rajouri with patients from across the twin border districts Rajouri and Poonch attended it and took benefit of free OPD and other services. A team of doctors from different specialisation examined the patients offering them treatment alongwith guidance and awareness. Rtn.Amit Sawhney president Rotary Club Rajouri said that our club will conduct such type of camps in future also to cater the need of the people of

The camp was conducted under the overall supervision of Rtn.Dr.Visushi Badayal.Rtn.Umesh Sharma secretary Rotary Club Rajouri Grand thanks the team of matrix hospital and the doctors and staff of PARAS Hospital Sringar for their cooperation and tirrdlees OPD.Rtn.Amardeep Assistant Governer also grace the occasion. Other members of the club present were Rtn. Lokesh Bakshi, Rtn. Dr. Gopal Sharma, Rtn.Dr.Sachin Vaid, Rtn. Hitesh Kapoor and others.

Dy CM inspects site identified for construction of Dak Banglow, PHC at Kangri



Dy CM Surinder Choudhary during tour of Nowshera.

STATE TIMES NEWS

NOWSHERA: Deputy Chief Minister Surinder Choudhary today conducted an extensive tour of Nowshera constituency to assess the status of development works besides taking stock of people's grievances.

During the visit, the Deputy Chief Minister met several public delegations who apprised him of their issues, including road connectivity, water supply, electricity, healthcare facilities and other developmental

Deputy The Minister gave a patient hearing to the concerns raised by the residents, assuring prompt action on the same. Deputy

The

Minister also visited village Kangri and Pind to inspect the location identified for construction of a Dak Banglow and Primary Health Centre (PHC).

The Dy CM said that both the projects have their own importance especially PHC as it is directly linked to the health of people living in far

flung and adjoining areas. Enroute Nowshera, the Dy CM also visited Rajal Dak Banglow where he assessed the facilities being provided to the pilgrims of Shri Budda Amarnath Yatra. He interacted with the pilgrims and inspected the langar facility besides other provisions made for them including medical aid, drinking water and sanitation.

Earlier, the Deputy Chief Minister visited the house of Parvez Ahmed expressed solidarity with

Vocational training Program concludes at RESTI Ramban

RAMBAN: SBI Rural Self Employment Training Institute (RSETI) Ramban concluded its "Soft Toys Maker & Seller" training program with a valedictory function on the institute's campus. The event was graced by District Development Council Member Renuka Katoch as the Chief Guest.

The program began with a Tilak ceremony and floral welcome. Director S. Harvinder Singh welcomed the Chief Guest and highlighted RSETI's contribution since its inception in 2012 towards empowering rural youth, especially women, through selfemployment training programs.

The DDC member congratulated the trainees for successfully completing the course and lauded RSETI's efforts in promoting skill development and entrepreneurship. She urged the participants to leverage their skills to contribute towards Prime Minister Narendra Modi Ji's vision of

Senior faculty Amrik Singh Raju briefed the chief guest about the training modules, hands-on learning and awareness sessions on government-sponsored schemes like PMEGP, MUDRA, JKREGP and banking procedures. He informed that trainees were guided on enterprise setup and self-employment opportunities during the program.

The event concluded with a vote of thanks and distribution of certificates to the trainees who successfully cleared the final assessment. The customary RSETI Special Claps marked the end of the ceremony, celebrating the spirit of achievement and empowerment.

This training is part of SBI RSETI Ramban's continuous efforts to equip local youth and women with marketable skills and entrepreneurial knowledge, enabling them to start small businesses or secure meaningful self-employment.

84 Bn CRPF celebrates Raising Day

SDPOs Ramnagar/Chenani,

Udhampur/Basantgarh/Lat

ti, all SHOs and IC PPs of

A detailed Police station

wise review was conducted

on investigation of criminal

cases, inquest proceedings,

crimes against women,

action against drug peddlers

bovine smugglers.

SSP Udhampur, Amod Nagpure chairing a meeting.

DySP

the district.

Senior

STATE TIMES NEWS

STATE TIMES NEWS

Superintendent of Police

Udhampur, Amod Nagpure

chaired an operations-cum-

crime review meeting at

District Police Lines

Udhampur. The meeting

was attended by Addl. SP

Udhampur Sandeep Bhat,

DySP DAR, DySP Hqrs,

Sr. PO DPO Udhampur,

UDHAMPUR:

RAMBAN: The 87th CRPF Raising Day was celebrated with great enthusiasm at the Battalion CRPFHeadquarters. Boom Chanderkote, Ramban.

The event was marked by a series of activities honoring the sacrifices and services of the Central Reserve Police Force (CRPF) towards the

CRPF, initially raised as the Crown Representative Police on 27 July 1939, was rechristened as the Central Reserve Police Force in December 1949. It is the largest Central Armed Police Force in India, with nearly 250 battalions deployed across the country in various conflict theatres including J&K, the North East, Punjab, LWE states, and in operations like counter-terrorism, anti-naxal, VVIP security, election duties and more.

Since 2009, the 84 Bn CRPF has been deployed in Jammu and Kashmir and is



presently the crucial NH-44 stretch of 47 km. The unit ensures the smooth passage of Shri Amarnath Ji Yatra convoys, SF convoys, and other vehicular movement in the

During the celebration, Commandant N. Ranbir Singh, officers and personnel of the 84 Bn paid rich tributes to the martyrs of CRPF who laid down their lives in the line of duty. The Commandant addressed the gathering, recalling the glo-

stationed in rious history and distinand urged the personnel to continue serving the nation with dedication and valor.

As part of the "Cleaner

and Greener Planet" initiative, a plantation drive was also organized in which nearly 500 saplings were planted. The day concluded with a series of sports competitions, cultural performances, and a traditional Bada Khana, which witnessed enthusiastic participation from all officers and personnel.

SSH organises meeting to raise awareness against drug abuse STATE TIMES NEWS RAJOURI: A meeting was organized by Shiv Sena Hindustan in village Karal (Gangol) of Nowshera, District Rajouri, under the chairmanship of State Chief, Jammu and Kashmir, Pandit Rajesh Kesri. The meeting aimed to raise awareness among the youth about the dangers of drug abuse and to encourage them to stay away from it. The meeting saw participation from local residents, youth, and dig-

SSH members during the meeting at Rajouri.

highlighted the role of Pakistan promoting drug abuse among the youth, using it as a to destabilize the region. Kesri praised the police for their efforts in taking action against drug peddlers and smugglers, including demolishing their properties.

Kesri stressed that community participation is crucial in the fight against drug abuse. He urged the residents to work

and government He together with the police to iden. tify and report cases of drug abuse, and to support the youth in staying away from it. Kesri's message to the youth was clear: "Stay away from drugs and focus on building a strong and prosperous nation. Remember, a strong nation is built by strong and healthy cita serious issue that can have long-lasting and far-reaching consequences for individuals. families, and communities. The impact of drug abuse on younger generations is particularly concerning, as it can affect their physical and mental health, education, and future prospects. Drug abuse leads to physical dependence and addiction, which can be challenging to overcome.

Kesri said that drug abuse is

Drug abuse causes a range of health problems, including health issues cardio vascular problems, increased risk of overdose. Drug abuse also leads to social and economic problems, including strained relationships, loss of employment, and financial instability. Prevention and support are critical in addressing drug abuse among younger generations, added

cating young people about the dangers of drug abuse and the benefits of a healthy lifestyle is crucial.He suggested providing access to support services, such as counseling and treatment programs, for individuals

Kesri maintained that edu-

besides encouraging community involvement and support in preventing drug abuse and promoting healthy lifestyles. It is essential that we take a proactive approach to addressgenerations. By together, we can provide young people with the support and resources they need to make informed choices and lead

healthy, productive lives. Let's

join hands to prevent drug

abuse and promote a healthier.

safer future for our vounger

struggling with drug abuse

Gyan Ganga Math, Rajouri becomes devotional during holy Shravan month

STATE TIMES NEWS

NOWSHERA: On the occasion of auspicious month of Shravanamas, SVS Gyan Ganga Math, Rajouri becomes devotional with "Maha Shiv Abhishek" pujan performed at Shiv Mandir in the ashram here on Sunday morning under the supervision of His Holiness Atal Pithadhishwar Rajguru Achraya Mahamandleshwar Shri Shri 1008 Shri Swami Vishwatmanand Saraswati Ji Maharaj along with group of acharyas and devotees who came here from different parts of the district as well as from other parts of the country.During the pujan, Swami Ji said that there is no better teacher than Shiva to end the disorientation of life.Make Shiva your Guru for a happy life.Ask them for answers to your questions, problem solving, wish fulfillment and angelic help.Lord Shiva belongs to everyone who has to go somewhere to get him.After that a huge Bhandara was also organised in the ashram where Prashad was distributed among the devotees. After that, Swami Ji proceeded towards Shiv Mandir, Lamberi where "Maha

Shiv

another



Abhishek" pujan was performed in the afternoon with procedure.In Shiv Abhishek Pujan the Shivling is bathed with Water, Milk, Ghee, Curd, and Honey followed by an offering of Bilva Leaves, essential for gaining Shiva's blessings. Chanting of Powerful mantras like "Om Namah Shivaya" and Maha Mrityunjaya are also recited during the pujan for spiritual energy and protection.

It is pertinent to mention here that Shiv Puja is being organized everyday in the evening on the occasion of holv Sawan month Shravanmas) at Gyan Ganga Shiv Sunderbani. A large number of devotees are reaching there for the worship.On this occasion, Shri Swami Ji Maharaj is telling the devotees in detail about the month of Sawan

through discourses. During this, he said that there is no other Guru than Lord Shiva.In his discourses, Swamiji said that Shivatva is a mysterious element. No one knows the true essence of Pinakdhari Shiva.But as it has been said that only you know your pageant, and no one else knows. That's why only Shiva can explain the element of Shiva.He himself appears again and again and makes this rare element of his accessible. This corporeal form of his is addressed by the name of Guru. Therefore, when Shiv Shankar himself became a Guru in the form of a body. Incarnates, then only they can reveal their Shivatva. This also proves that the Guru who imparts the knowledge of Shiva is the form of Shiva himself.

MLA Akhnoor directs immediate action on sanitation, fogging

STATE TIMES NEWS

AKHNOOR: In a compre hensive review meeting held on Saturday, Akhnoor MLA Mohan Lal Bhagat met with the Executive Officer of Municipal Committee Mohammad Akhnoor. Yaqoob, to address a range of civic issues plaguing the town. The meeting focused on sanitation, conducting regular fogging to prevent vector-borne diseases, cleaning of clogged drains, and replacing dysfunctional street lights.

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MLA Akhnoor Mohan Lal Bhagat chairing a meeting.

MLA Bhagat issued strict instructions to the EO to ensure that all these works are executed within a week's time. He emphasized the need for sustained cleanliness and a hygienic environment for residents, stressing that municipal services must be proactive rather than reac-

Furthermore, the MLA directed the officials to prepare a dedicated development project plan for Akhnoor town. The proposed plan should aim to enhance civic

infrastructure, cater to the long-term needs of the town, and uplift public amenities in a systematic manner. EO Mohammad Yaqoob

assured that necessary steps will be initiated without delay and that the concerns raised during the meeting will be addressed on priority. Prominent figures including former Banwari Lal, Committee Municipal Chairman Deepesh Singh, and former Councilor Rakesh Malhotra were also present in

the meeting.

Kisan Mela-cum-Exhibition organised STATE TIMES NEWS The event featured live

KISHTWAR: A One-Day Kisan Mela-cum-Exhibition under Centrally Sponsored Scheme MIDH was successorganized fully Department of Agriculture Sub Division Marwah at Village Chatroo in the Kishtwar District, drawing enthusiastic participation from over 300 farmers across the region.

nitaries, including Sarpanch,

Lambardar. The meeting was

attended by prominent digni-

taries, including Nowshera

President Rakesh Kumar.

Rinku Chaudhary, Vikash

Choudhary, Meenu Devi, and

Kesri emphasized the need

for collective efforts to combat

drug abuse, stating that it is a

challenge that requires cooper-

ation from the community,

Kuldeep

Chaudhary,

several Shiv Sainiks

Panch, Gram Pradhan

The event was graced by Member Legislative Assembly Inderwal Constituency, Payare Lal, who attended as the Chief Guest, lending encouragement and support to the farming community.

The Mela was aimed at promoting awareness of govdevelopment ernment schemes, showcasing live demonstrations of modern agricultural practices, and strengthening the outreach of allied sectors including animal husbandry, horticulture, fisheries, and rural

development. departmental Various stalls and exhibitions of agriculture and allied sec-

tors were set up, offering

hands-on information and

technical guidance to farm-

sample exhibitions of highyielding crops, advanced farming tools, and demonstrations of innovative agritech solutions, drawing significant interest from participants.

As part of the program, awards and prizes were distributed to progressive farmers for their exceptional contributions and adoption of innovative practices, encouraging others to follow

Two specially abled farmers were also recognized and awarded for their contribution in production of high quality organic Garlie in Rahthal Village.

In his address, the MLA praised the efforts of the agriculture Department in organizing and emphasized the government's commitment to doubling farmers' income and uplifting rural livelihoods. He urged farmers to actively engage with ongoing schemes and embrace sustainable practices. The event concluded on a high note, with farmers expressing satisfaction and appreciation for the informative sessions, live exhibits and government support.