

Deaf & Dumb students of SKK take out Tiranga rally

STATE TIMES NEWS

JAMMU: Jammu's deaf and dumb students of the School for Speech and Hearing Handicapped, run by the Samaj Kalyan Kendra, Jammu (SKK) took out an impressive Tiranga Rally in the city and joined the nation in the celebrations of Azadi Ka Amrit Mahotsav and Har Ghar Tiranga to mark the 75th anniversary of Independence. More than eighty Divyangs of the School participated in the Tiranga Rally which was flagged off by the President of the SKK, K B Jandial this morning. The Rally passed from the Residency Road and



Deaf & dumb students of Samaj Kalyan Kendra taking out Tiranga rally.

Raghunath Bazar. Unlike other Tiranga rallies, it was silent as the Divyang students were deaf & dumb but their excitement and joy was writ large on their faces. However, when the accompanying teachers occasionally raised slogans of Bharat Mata Ki Jai

and Tiranga Rehey Uncha Hamara, the Divyang responded by waving the flag and holding it high. When the Divyangs' Tiranga Rally hit the Residency Road, many shopkeepers came out of their shops and some of them and the passersby started

taking pictures of the Rally from their mobiles. Holding banner of the Samaj Kalyan Kendra and their School, the Divyang waved the Tiranga to acknowledge the greetings of the people. Even the policemen of the Police Post Residency Road started accompanying the Tiranga March and some of them even took pictures of the March from their mobiles. Earlier, the Tricolour was unfurled at the School premises with usual solemnity and gaiety. The Principal Roshan Bhan and teachers accompanied the Divyang in the Tiranga March.

KNIT celebrates Independence Day with fervour

STATE TIMES NEWS

JAMMU: Kotwal National Institute of Teaching (KNIT) celebrated Independence Day in the school premises with patriotism fervour under the banner of Azadi Ka Amrit Mahostav.

A Tiranga rally was organized by the staff & students around the School. A cultural programme comprising the patriotic songs, speeches and skit was presented to mark the celebrations. The Speaker impressed upon the staff to feel



proud to be Indians & work for eradicating poverty, illiteracy, castism, corruption & other evils from the society. Then only India will attain the real free-

dom. The Principal Bimla Bilovaria said that real celebration would mean when we follow the teachings of lord Krishna & do our karma hon-

estly and truthfully. Indian should strive hard for strengthening communal Harmony. Prof. J.L. Kotwal, Director of the School underlined the need of the hour to make India corruption free, poverty free and a literate country so that it achieves the Prime Minister's great ambition of making India a super-power in every field. He congratulated everyone on the occasion and applauded the effort of the teachers and students for making such event successful & meaningful.

Randhawa takes out Tiranga bike rally, urges people to hoist National Flag atop houses

STATE TIMES NEWS

JAMMU: As a part of Har Ghar Tiranga campaign to mark the celebration of 75 years of Independence, former Legislator and senior Bharatiya Janata Party leader, Vikram Randhawa took out a massive Tiranga bike rally here on Sunday.

The Tiranga rally was taken out in RS Pura Jammu South Assembly segment covering a distance of 40 kilometers.

Addressing the gathering, Randhawa said this campaign is part of the celebrations of the glorious 75th Independence Day of India under the pro-



gramme Azadi Ka Amrit Mahotsav launched by the Modi Government. He said that people in Jammu and Kashmir should come out and hoist Tirangas atop their

homes and hearth to show solidarity with fellow countrymen and express the magnanimity of the country through their terraces, rooftops and balconies. Former Legislator said

DENGUE

How to Identify, How to remain safe



Symptoms of Dengue

- Abrupt onset of High Fever.
- Severe Frontal Headache.
- Pain behind the Eyes, which worsens with eye movement.
- Muscle, Bone and Joint pains.
- Nausea, Vomiting.
- Skin Rash.
- In severe forms of Dengue, Bleeding from nose, mouth & gums due to internal bleeding.

How to Prevent

- Avoid water stagnation as mosquito responsible for Dengue breeds in stagnant water.
- Keep water containers tightly covered.
- Empty coolers and other small containers at least once a week.
- This mosquito is a Day biter, wear clothes that cover full body.
- Use mosquito repellent sprays, creams etc.
- Use mosquito nets (preferably medicated) while sleeping.

Free Diagnostic facility for Dengue is available at :

- Govt. Medical College, Jammu.
- Govt. Medical College, Kathua.
- Govt. Medical College, Rajouri.
- Govt. Medical College, Doda.
- Govt. Hospital Gandhi Nagar, Jammu.
- Govt. Hospital Sarwal, Jammu.
- District Hospital, Samba.
- District Hospital, Udhampur.
- District Hospital, Poonch.
- Provincial Lab. IDSP Kashmir, Srinagar.

All patients suffering from Dengue do not require platelets

There is no specific medicine for Dengue, Paracetamol can be taken for fever

ASPIRIN SHOULD BE AVOIDED

Visit nearest Health Facility Immediately if you have symptoms suggestive of Dengue

State Programme Officer/State Malariaologist
Directorate of Health Services Jammu



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HAR GHAR TIRANGA

To celebrate 75 years of
Independence the citizens are
requested to hoist the National Flag
at their homes, Shops & business
establishments w.e.f

13th to 15th August, 2022

An Initiative by
Azadi Ka
Amrit Mahotsav

Har Ghar Tiranga
13th-15th August 2022



Department of Tourism
Government of Jammu & Kashmir

DIP/J-2400-P/22