

# Ayushman Bharat Yojana-great boon for cardiac patients: Dr Sushil

## ■ STATE TIMES NEWS

JAMMU: The prevalence of heart disease and stroke has increased by over 50 per cent in India between 1990 and 2016. The contribution of these diseases to total deaths and disease burden in the country has almost doubled in last 25 years. Simultaneously Ayushman Bharat Yojana has come to rescue of patients suffering from cardiac ailments and has proved a great boon in performing life saving cardiac procedures free of cost thus fulfilling the concept of affordable and equitable healthcare.

With aim to create more and more awareness regarding the benefits of this programme as far as managing cardiac ailments is concerned a cardiac awareness cum health check up camp was organised under the guidance of Dr Sushil Sharma along with team of doctors and paramedical staff at Shiv Mandir Hall, Apna Vihar, Kunjwani, Jammu. More than 200 people were screened, diagnosed and evaluated for cardiovascular diseases and other health ailments on the



Dr Sushil Sharma along with his team of doctors examining patients at a camp.

occasion. Tests like ECG, Blood Sugar and HBA1C was conducted and medicines were also given as per the requirements and simultaneously educated regarding the benefits of Ayushman Bharat Yojana and people were encouraged to avail treatment free of cost at par with any best cardiac centres worldwide.

While interacting with the patients, Dr Sushil stated that the Ayushman Bharat Yojana, now called the Pradhan Mantri Jan Arogya Yojana (PMJAY), aims to be one of the world's largest health insurance schemes. It is essentially a health insurance scheme to cater to the poor, lower section of the society and the vulnera-

ble population.

Since its inception major beneficiaries have been patients suffering from cardiac ailments as cardiac interventions usually used to cost in lakh which are now done free of cost in hospitals and same is being done in department of cardiology SSH Jammu where thousands of complex cardiac interventions have been done free of cost under this scheme, he added.

The Health Ministry body tasked with implementing the project, shows that since its launch, angioplasty and devices for heart failure, heart blocks and many high end procedures are done under the Ayushman Bharat Yojana for the benefits

of the patients, he added.

Prominent Members of the Area Sh Pritam Kumar (Corporator), Neeraj Tandon, Dheeraj Tandon, Col. Bikram Bhasin, Adv. B.R Chandan , Dr Vijay Sharma and Members of Inner Wheel Club (IWC) appreciated the efforts of Dr Sushil and his team for conducting cardiac awareness camp in their locality.

Others who were part of this camp included Dr Ravinder Rattanpal, Dr Dhaneshwar Kapoor and Dr Syed Rahella. Paramedics and Volunteers include Kamal Sharma, Ranjeet Singh, Raghu Rajput, Maninder Singh, Harvinder Singh, Amandeep Singh and Akshay Kumar.

# Cosmetic Gynaecology & Regenerative Medicine centre opens inaugurated in Jammu



Principal GMCH Jammu, Dr Shashi Sudan and other dignitaries at Shine & Glow Aesthetic Centre, Jammu.

## ■ STATE TIMES NEWS

JAMMU: Shine & Glow Aesthetic Centre brings world latest technologies for Stress urinary Incontinence and intimate well-being in the city.

Director and Founder of Shine & Glow, Gandhi Nagar,

Dr Amit Vaid and team inaugurated the centre of excellence on Sunday where more than 150 doctors were.

Chief Guest on the occasion Dr Shashi Sudan, Principal GMCH Jammu.

The core focus of this centre

and technologies is Regenerative Medicine, stem cells, Platelet Rich Plasma Therapy, Laser , Radio-frequency in aesthetics and functional medicine.

Jammu, Dr Amit Vaid, a renowned Aesthetic Physician

said that the centre will address many degenerative and chronic conditions like Stress urinary Incontinence, Pelvic floor management, Premature Ovarian failure and many other indications in the city. Prabhu Mishra, President of International Association of stemcell & Regenerative Medicine ( IASRM) , have delivered key talk on recent advances in Regenerative medicine. He said this is the first of its kind of centre in Jammu & Kashmir which will address intimate health and cosmetic treatment of the patients.

He also added we are very much open to collaborate with scientist, doctors and academicians for enhancing human health.

# Dr. Parveen honoured with Agro-Journalism Award



Dr. Parveen Kumar receiving award from Lal Chand Kataria, Agriculture Minister Rajasthan Government.

## ■ STATE TIMES NEWS

JAMMU: Dr. Parveen Kumar, working at SKUAST-Kashmir, has been felicitated with Agro-Journalism Award at

National Farmers' Conference held at Jaipur, Rajasthan from August 20-21.

The award was presented to Dr. Kumar by Lal Chand

Kataria, Minister for Agriculture and Animal Husbandry, Government of Rajasthan.

The conference was organized by Organic Farmers Producers Association of India in collaboration with International Institute of Advanced Agricultural Skill Development. Many intellectuals, academicians, farmers, farm women, entrepreneurs and youths were present in this event.

Director Extension, SKUAST-K, Prof. Dil Mohammad Makhdoomi congratulated Dr. Parveen Kumar for this honour.

# Booster dose vaccination drive held at Bhagawaan Gopinathji Ashram



People visiting booster dose vaccination camp at Bhagawaan Gopinathji Ashram, Jammu.

## ■ STATE TIMES NEWS

JAMMU: Global Helping Hand, an NGO, in collaboration with Bhagawaan Gopinathji Trust, Udheywala, Jammu organized a free medical camp at Bhagawaan Gopinathji Ashram, with regard to booster dose vaccination under the supervision of Dr. Harbaksh Singh, Chief Medical Officer and Dr. Harminder Singh, I/C

# Jugal directs officials to promptly control lumpy skin disease

## ■ STATE TIMES NEWS

JAMMU: Deputations from various locations call on Member of Parliament Jugal Kishore Sharma and brought into his notice about the lumpy skin disease in animals and also informed him about the huge damage caused by fall army worm in Maize Crop which is causing heavy loss to the livestock & crop.

They informed him that many animals are dying due to this rare disease and this worm is damaging whole crop resulting to the heavy loss to villagers and farmers.

They requested him that necessary action should be taken in this regard so that livestock and crop can be saved.

Jugal called Director Animal Husbandry and told him about the whole situation faced by the people and directed him to take necessary measures to control lumpy skin disease in animals.

He said that loss in Live



Deputations from various locations calling on Member Parliament Jugal Kishore Sharma.

stock will damage the socio-economic circle of villagers and their live will come to hand to mouth. Moreover, this may also cause a new disease to the infants who are getting feed from the infected cows.

He directed officials that a concrete strategy should be framed at ground level to control Lumpy Skin Disease in Animals so that livestock and hence the socio-economic viability of the villages could be saved.

He also called Director Agriculture to work in mission mode to control the

damaging of crops by Fall Army Worm so that people may not have to face any crises due to crop loss.

Director Animal Husbandry informed Member of Parliament that preventive measures have been adopted to control the lumpy skin disease in animals.

He said that toll free number 1962 has been initiated by the Department Agriculture to redress the problem of the villagers and to fight with the disease in right time.

He also said that Whatts

numbers of CAHO Jammu 8082167130, CAHO Rajouri 9419123300, CAHO Samba 9469211531 & CAHO Poonch 9622116772 have also been flashed to connect with the public so that people may not have to face any problem to cope up with the treatment of animals.

Jugal Kishore Sharma also appealed to the public to interact at number 9419113389 deputed in our office to get help regarding Lumpy Skin Disease and regarding Fall Army Worm to prevent their Animals and crop damage.

# SKUAST-K holds UET-2022 for UG programmes

## ■ STATE TIMES NEWS

SRINAGAR: Sher-e-Kashmir University of Agricultural Sciences & Technology of Kashmir (SKUAST-K) conducted its 11th Edition of University Entrance Test (UET-2022) at 16 centres across Jammu & Kashmir.

Fourteen Centres were kept around Srinagar and two in Jammu to facilitate the candidates of both the regions.

The UET -2022 was conducted for admission to various Under-Graduate degree programmes.

As many as 10,083 candidates had applied for the aforesaid programmes out of which 9,341 (93.59%) of the candidates have appeared in the examinations. Prof. Nazir Ahmad Ganai, Vice-Chancellor



VC SKUAST-K, Prof. Nazir Ahmad Ganai visiting examination centre.

accompanied by Prof. M.N. Khan Director Education, Prof. T.H. Masoodi, Registrar and Prof. K.N. Qaiser, Controller of Examinations visited the examination centres across the Srinagar City to assess the arrangements.

The University had constituted different teams of observers under the overall

supervision of the Chief Observers. The University engaged External Observer from IUST for Centre No. 08 (SKUAST-K, Shalimar) to over view the proceedings of the examinations. Vice-Chancellor also congratulated entire University staff for smooth and hassle free conduct of entrance examination.

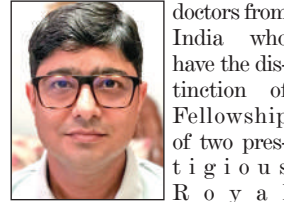
# Prof Abhinav awarded Fellowship of Royal College of Physicians of Edinburgh

## ■ STATE TIMES NEWS

JAMMU: Dr Abhinav Gupta, Professor Medicine, Acharya Shri Chander College of Medical Sciences and Hospital Jammu (Batra Hospital), son of Sushma and Ravinder K Gupta, has been awarded with Prestigious Fellowship by the Royal College of Physicians of Edinburgh, Scotland, UK.

In an official communiqué released by Secretary Royal College of Physicians of Edinburgh, Professor Mark W.J Strachan (FRCP Edin) on August 12, 2022, the Fellowship Committee and Council of Royal College of Physicians of Edinburgh in a meeting held on June 17, 2022 decided to elect Fellowship FRCP (Edin) to Prof (Dr) Abhinav Gupta.

The Diploma Ceremony will be held in November 2023. He is one of the very few young



Prof Abhinav Gupta.

doctors from India who have the distinction of Fellowship of two prestigious Royal Colleges of Physicians. Recently, Prof (Dr) Abhinav Gupta has been awarded with Fellowship of International Society of Hypertension (2022), Fellowship of Royal College of Physicians of Glasgow FRCP (Glasg) (2021), Fellowship of International Medical Sciences Academy (FIMSA)(2022). Prof (Dr) Abhinav Gupta is also advisor of Public Material Task Force Committee and South and Central Asia(SACA) regional advisory group of International Society of Hypertension.

To his credit, he is one of the Co authors of white paper on Lifestyle and Hypertension of International Society of Hypertension which will be released in annual meeting of International Society of Hypertension in Kyoto Japan in October 2022.

He is also one of the committee members of the Advisory groups of American association of Clinical Endocrinologist like Diabetes Disease State Network, Lipid and CV Health Disease.

He is also Peer Reviewer of International Journals like American association of clinical endocrinologist case Reports and Endocrine Practice , Journal of Royal college of Physicians of Edinburgh and Diabetes & Metabolic Syndrome: Clinical Research Reviews (Impact Factor 2.62).

# Residents flay JMC/PHE for broken streets, leakage of water pipes

## ■ STATE TIMES NEWS

JAMMU: To express great resentment against the worst conditions of streets in Bhardwahi Colony, Talab Tillo, Jammu, the aggrieved residents bemoaned for the step motherly treatment meted out to the people of Bhardwahi Colony, by Jammu Municipal Corporation (JMC) for dilapidated conditions of street lanes and PHE water pipes.

The sources informed that since last three four years, no one from JMC has bothered to repair and renovate drains and street lanes.

This has resulted into bad condition of streets filled with filthy water and potholes emitting

foul smell. The sources further told that the drinking water pipes of PHE Department continue to leak compelling the residents of this area to live in unhygienic conditions due to broken streets and drink dirty water due to broken pipes. They said that even the Corporator of Ward No 32 has proved hopeless who did not pay heed to keep our streets clean free from potholes and broken condition.

They appealed the authorities of JMC and PHE, Jammu to take immediate measures to improve cleanliness and repair street lane and drains, besides plugging the leakage of drinking water pipes in Bhardwahi Colony, Talab Tillo.

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# CASTOR seed sowing starts in Kandi area of Kathua

## ■ STATE TIMES NEWS

KATHUA: In order to double the farmer's income and tackle the monkey menace, Castor crop sowing has been taken place in Kandi area under the guidance and supervision of Agriculture Production and Farmers Welfare Department in Kathua. In continuation of castor seed sowing drive, on Sunday in the presence and guidance of CAO Kathua, Sanjeev Rai and SDAO Kathua Sanjeev Mehta, farmer Balbir Singh has sown castor seeds in his 4 kanal agriculture field in village Barwal.

During his field visit in entire Kandi area, CAO Kathua told that farmers of the monkey affected area are needed to guide for a valid and relevant alternative to continue their farming, so the castor crop (Ricinus Communis) locally named as "Arhandi" is grown to chase the economic as well as monkey menace problem. The oil extracted from the castor seeds has a great economic importance because of its big and wide national and international market so the farmers



CAO Kathua, Sanjeev Rai and SDAO Kathua Sanjeev Mehta interacting with farmers.

can be benefited at a great extent, so the commercial growing of castor seed is very successful , Rai said. Monkey menace had resulted severe losses for the farmers of the Kandi belt over the last few years, but now it is in the interest of the farming community that Department has launched castor sowing drive in such affected areas as alternate crop. He told that the Agriculture Department is in the field to guide the farmers for the promotion modern methods of cultivation in order to improve the quality production and provide the available best option to tackle the mon-

key menace and guide the farmers to make well earning through modern agriculture commercial activities. Farmer Balbir Singh also spoke to media, and given the credit to agriculture department for motivating him for castor seed sowing in his field. He said due to the monkey menace our entire area is badly affected, no crop can be sown in the area for the last many years due to which we are forced to leave the farming. On the occasion, Along with CAO, SDAO Kathua, AEO Palli Rakesh Sharma, AEA Sudhir Singh and AEA Sanjeev Kumar were also present.

# Arrangements for pilgrims reviewed at Machail Mata shrine in Kishtwar

## ■ STATE TIMES NEWS

JAMMU: A senior officer on Sunday reviewed arrangements for the pilgrims visiting the Machail Mata shrine in Kishtwar district.

Kishtwar Deputy Commissioner Devansh Yadav paid his first visit to the shrine in the remote subdivision Paddar, after assuming charge of the post on the weekend.

During his visit, he paid his obeisance at the holy shrine and prayed for the peace and prosperity of people of Kishtwar district, an official spokesman said.

He said Yadav took stock of the facilities, quality of services, well-being of pilgrims and volunteers, besides carried out an on-site inspection of langars and other facilitation centres established at the shrine and at different locations.

The annual yatra to Machail Mata started on July 25 and is scheduled to

culminate on September 5.

The deputy commissioner also carried out on-site inspection of sanitation in and around the shrine and at langar sites, and reviewed the security arrangements, including the installation of CCTV cameras at the Bhawan, the spokesman said.

The officer stressed for the augmentation of the power supply in the area by installing solar systems besides asking to improve the mobile network connectivity at the shrine so that the pilgrims feel no inconvenience.

He also assured that execution works of ongoing roads, which are stuck due to some known reasons, will be expedited in coming days so that lifeline connectivity is ensured in these far flung areas for galvanising the developmental tempo and tapping the tourism potential of these areas, the spokesman said.