

J&K boy Kartik led Indian team wins bronze in Asian Men's U-18 Volleyball C'ship



Prof (Dr) Achyuta Samanta
President VFI



S Vasudevan
Chairman VFI



Ramavtar Singh Jakhar
CEO, VFI



J&K's Kartik Sharma led Indian team in jubilant mood after winning bronze medal in 14th Asian Men's U-18 Volleyball Championship in Tehran.

STATE TIMES NEWS

JAMMU: Indian men's Volleyball team led by Kartik Sharma, international Volleyball player from border town Bagnoti of Rajouri District, made J&K UT and country proud by bringing back with a bronze medal from the 14th Asian Men's U-18 Volleyball Championship in Tehran on

Monday.

In the bronze medal clash, Indian team led by skipper Kartik Sharma thrashed Korea by 3-2 (25-20, 25-21, 26-28, 19-25, 15-12) and won the medal.

Besides Kartik Sharma, Kush Singh, Dhurvil Patel, Shekhar Turan, Kabilan, Aryan and Yaman Khatik Libero also played a significant role in the team's win.

India defeated Korea in the preliminary league match too but lost to Iran in the semifinal on Sunday. China finished fifth and Chinese Taipei was placed sixth at the end of the competition.

It is also a proud moment for the Volleyball Association of Jammu and

Kashmir as Kartik led Indian U-18 team has already qualified for the FIVB World U-19 Men's Volleyball Championship.

Prof (Dr) Achyuta Samanta-Member of Parliament & President VFI, S Vasudevan-Chairman VFI, Raj Kumar-Executive Vice President VFI, Ramavtar Singh Jakhar-CEO VFI, Zonal Executive President Asian Volleyball Confederation and President, Rajasthan State Olympic Association and General Secretary Rajasthan Volleyball Association, Anil Choudhary-Secretary General, Kuldeep Magotra-Associate Secretary VFI, Sidharth Daluja-Associate

President, H S Gill and other office bearers of VAIJK have also congratulated Kartik Sharma led Indian team for another milestone of winning a bronze medal in the championship.

Progressive schools ensure good hand writing of students: JKPS Kunjwani Principal

STATE TIMES NEWS

JAMMU: Principal JKPS Kunjwani, Rajesh Rathore appreciated the students of Grades VI to XII for their good hand writing, neatness, presentation and well-labelled diagrams under the guidance of their teachers.

He consoled those handfuls, who are still struggling to polish their hand writing. He counselled them to start afresh and make sincere efforts, while using four-line notebooks to acquire the requisite strokes and a neat presentation. He promised them to conduct these foundation writing classes himself.

"Handwriting is the index of one's personality.

The mannerism in which students frame their words on a page showcases the



state of their mind. For instance, the chaotic hand writing along with an array of errors gives us an impression of someone being in the confused state of mind; whereas, on the contrary, 'pearls-on-paper' handwriting is a synonym of a well-groomed, systematic and a disciplined individual", reflected the

Principal.

Quoting the reflections of a renowned hand writing expert, he said "even considering the scientific perspective, the importance of good handwriting stands unique. When it comes to defining the term handwriting, we can say that the impulses from the brain, travel all the way

through to the hand and the fingers, to allow the conversion of thoughts into a readable composition of words. It is a complex process involving the precise coordination of the brain and the hand. Thus, good handwriting is an indicator of excellent mind and motor coordination".

Citing the reasons: why

an individual should strive to acquire presentable hand writing, he said, "good handwriting skills lead to stronger academic performance. It boosts the confidence level of an individual. It is essential in day-to-day life, for example, quick note-taking in the classroom, writing a birthday card/ slam book/ autograph book etc, taking down a phone message, jotting down a shopping list, completing bank/railway station/ hotel checking in/out formalities etc etc".

"Although the scientific advancement has dramatically impacted the age-old perception of people across the globe, yet the skill of handwriting shall ever hold paramount importance in education, employment and in everyday life", he summed up.

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