

Kajol calls Shah Rukh Khan ‘poor guy’ recalling a hilarious incident with the superstar



Kajol and Shah Rukh Khan share the greatest bond ever, and it's rare to see this kind of friendship. Kajol and SRK are buddies, and their bond is something that will make you want to have something similar like this. Both stars are super successful today and are doing absolutely great in their respective careers, and they have come a long way. In her recent interview, Kajol mentioned one incident that made her call SRK a poor guy at that time. Kajol shared one of her anecdotes from her blockbuster film Dilwale Dulhania Le Jaayenge along with Pathaan star, where she said that he got a frozen shoulder after he picked her up for a photoshoot for the said film. In an interaction with Curly Tales, Kajol sympathises with the Jawaan actor even now, and because of that, she feels extremely bad for him.

Kajol was shown the poster of DDLJ and asked to react and share some incident about it, to which she said, "One thing that comes to my mind is how I got into that position by the way. Ek toh bechara Shah Rukh kandhe pe uthaake... mujhe itna bura lag raha tha uske liye, itna bura lag raha tha (Poor Shah Rukh was standing with me on his shoulder, I was feeling so bad for him). I was like, 'are you sure you can do this?' He said, 'Don't worry, I am strong.' I was like, 'ya, but you have to carry me on your shoulder. Will you be able to?'"

Recently, Kajol was massively trolled by the netizens after she questioned the actual numbers of Pathaan, and many claimed that she was unhappy with the superstar's success, but both the actors fans came out in support of the Trail actress and shared as many videos of her talking all positive about SRK and his latest success for Pathaan. Lately, Kajol even confirmed that she would love to work with SRK, and the fans are excited to see them together again. SRK and Kajol are one of the best jodis in B 'T'own.

Sobhita Dhulipala 'ignores' Ishaan Khattar on the ramp; netizens point out lack of chemistry

Sobhita Dhulipala royally ignores Ishaan Khattar at the ramp walk when they both appeared walking for the same designer and the fans cannot get over this video and are claiming that they can watch it for more than 1000 times Recently the Made In Heaven 2 actress and Ishaan walked the ramp together in Delhi and their chemistry was zero and in fact the royal ignore by Sobhita on the ramp to Ishaan grabbed all the eyeballs nd many are lashing her over her attitude and others are loving it and calling her the pro. Sobhita looked HOT AF , but her ignore to Ishaan became the talk of the town and the video is going viral on the internet like a wildfire.

Checkout the hilarious reactions of the fans and netizens over this video. One user commented, "Ab ye nalle nepo kids footage lene Zbrdsti chipkenege talented outsider se". Another user said, "Ishan ko ramp PE kaun bulaya..garden bhejna tha isse goti khelne". One more user said, " She didn't even look at the poor guy". "I will ignore my life problems as Sobhita ignored Ishaan", commented a fan.



Pushpa 2: Not Samantha Ruth Prabhu, but this Tollywood newbie to do an item number in Allu Arjun film?

Samantha Ruth Prabhu's ‘O Antava Mama’ from Allu Arjun's Pushpa 2 took the internet by storm for its peppy tune and amazing dance moves. The song became a sensation on the internet overnight and was even played by DJs at parties on a global level. Such was the grace of Samantha, the music of Devi Sri Prasad and the presence of Allu Arjun in that song. Pushpa: The Rule is currently in the making and director Sukumar is leaving no stone unturned when it comes to making sure the film is crafted in the best way possible. There have been rumours about Samantha doing an item song once again but the actress, earlier, made it clear that she has not been approached for Pushpa 2.

As of the latest reports, there are speculations that Sreeleela might join the cast of Pushpa 2 for a special item song. To fill the void left by Samantha's absence, the makers of Pushpa 2 are reportedly considering Sreeleela for a special dance number. Sreeleela's potential inclusion in the film for the item song has caught the attention of industry insiders. If the speculations turn out to be true, this opportunity could be a breakthrough in Sreeleela's career.



Recipes

Corn Hotdog



**Ingredients**  
3 pieces hot dog bread  
1/2 cup frozen sweet corn  
1 gm tomato  
3 tablespoon mayonnaise  
salt as required  
3 pieces sausage  
1 gm onion  
2 tablespoon lemon juice  
1/2 tablespoon red chilli powder  
3 tablespoon butter  
Tomato ketchup

**Method:**  
Firstly, let the frozen corn thaw on room temperature. Boil 2 cups of water in a pot.  
Once water comes to a boil, add corn and cook on high flame for 2 minutes. Take out the corn and submerge them in cold water.  
Heat butter in a non-stick pan. Add the sausages and pan fry them until cooked. Also toast the hot dog breads if you wish.  
In a bowl, add sweet corn along with finely chopped onion and tomato. Add salt as per taste, lemon juice, red chilli powder and mayonnaise. Give a good mix.  
Take a hotdog bread and make a cut in the middle. Stuff the sausage in it along with the corn filling.  
Repeat this step with the other two hotdog breads.  
Your Corn Hotdog is now ready to be served.  
Enjoy!

Which exercise burns the most calories



If your motivation for workout is to lose weight and burn lots of calories, then this article is for you. People who want to torch maximum calories are often curious regarding which exercise they should pick to help them burn the maximum number of calories. Here's what you need to know.

**There is NO #1 exercise**  
There's no single, energy-torching solution. Ultimately, there is no best exercise. The maximum calories you burn depends more on the interaction between duration and intensity of your workout. If you're doing a high intensity workout, then won't be able to do it as long, and vice versa.

**Research has proof**  
In a meta-analysis of 56 studies published in November

2021, researchers found that whether exercisers chose medium-intensity steady state cardio, high-intensity interval training, or sprinting, they lost the same amount of fat when the work done—the intensity and time—were matched. So, instead of focusing on WHAT exercise to pick, perhaps it is more important to pay attention to your duration and intensity, to help you burn maximum calories.

According to the research, lower intensity activities done for longer time periods burned off the same amount of calories as higher-intensity workouts done for shorter periods.

**Exercise that burn more calories minute by minute?**  
Here is the exercise that perhaps burns the most calories in a minute. According to the USDA's Dietary Guidelines for America, a 154-pound (70 kg) person running or jogging at 5 mph (8 km per hour), or bicycling at 10 mph (16 km per hour), will burn an average of 590 calories per hour.  
This is the most vigorous activity on the document's chart. However, being intense, you may be able to carry it on for long, and so the total calories burned may equate to those of a low intensity workout done for a longer time period. Here are some ways to maximize your calorie burn, no matter what exercise you do.

**Choose an exercise you like**  
Since one of the variables for getting the maximum calorie burn is duration, picking a workout you enjoy may make it easier and interesting for you to sustain it over the long haul.

**Make your exercise more difficult**  
If you get comfortable in your workout, try ways to make it more challenging to increase your calorie burn.  
Walk with a weighted vest, run up hills or put more weight on the bar. Adding something new and different to your workout can make it more refreshing and challenging, increasing calories burned.

How to take care of your skin in monsoon

Taking care of your skin during the monsoon season is important because the increased humidity and moisture can lead to various skin problems. Here are some tips to help you maintain healthy skin during the monsoon:

**Cleanse your face regularly:** Wash your face twice a day with a gentle cleanser to remove excess oil, dirt, and sweat. Look for a cleanser that suits your skin type and is non-drying.

**Exfoliate:** Use a mild exfoliator once or twice a week to get rid of dead skin cells and unclog pores. This will help prevent breakouts and keep your skin fresh.

**Moisturize adequately:** Even though it's humid, don't skip moisturizing your skin. Opt for a lightweight, oil-free moisturizer that provides hydration without making your skin feel greasy. Focus on areas that tend to get dry, such as cheeks and elbows.

**Sunscreen is essential:** Don't forget to apply sunscreen even on cloudy days. The sun's harmful rays can penetrate through clouds and cause damage to your skin. Choose a broad-spectrum sunscreen with at least SPF 30 and apply it generously on all exposed areas of your body.

**Control excessive oiliness:** If you have oily skin, you may notice an increase in oil production during the monsoon. Use oil-absorbing face wipes or blotting papers to keep your skin matte throughout the day. Avoid heavy, oil-based cosmetics and opt for water-based or powder-based products instead.



**Keep your skin hydrated:** Drink plenty of water to keep your skin hydrated from within. It helps flush out toxins and maintains skin health. You can also include hydrating foods like watermelon, cucumber, and coconut water in your diet.

**Avoid touching your face:** Your hands come into contact with various surfaces and can harbor germs and bacteria. Avoid touching your face frequently to prevent the transfer of these microorganisms, which can lead to breakouts or infections.

**Stay away from dampness:** Monsoon brings dampness, which can promote the growth of fungi and bacteria. Ensure that your living space is well-ventilated and free from excess moisture. Also, dry your clothes and footwear properly to avoid fungal infections.

**Take care of your feet:** Due to the increased humidity, your feet are prone to fungal infections and bad odor. Keep your feet clean and dry, wear open-toe shoes or sandals that allow airflow, and use antifungal powders or sprays if necessary.

**Stay consistent with your skincare routine:** Consistency is key when it comes to skincare. Stick to your daily skincare routine and be patient with the results. It may take time for your skin to adjust to the changes in the weather.

Remember, everyone's skin is different, so it's essential to understand your skin type and adjust your skincare routine accordingly. If you have any specific skin concerns or conditions, it's advisable to consult a dermatologist for personalized advice.

General Knowledge Question Answers

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| <p>1. Who is the author of “The Lord of the Rings” trilogy?</p> <p>a) J.K. Rowling<br/>b) J.R.R. Tolkien (Answer)<br/>c) C.S. Lewis<br/>d) Roald Dahl</p>                        | <p>6. Who wrote the novel “The Count of Monte Cristo”?</p> <p>a) Victor Hugo<br/>b) Alexandre Dumas (Answer)<br/>c) Gustave Flaubert<br/>d) Emile Zola</p>   | <p>11. Who is the author of “Invisible Man”?</p> <p>a) Ralph Ellison<br/>b) James Baldwin<br/>c) Richard Wright<br/>d) Toni Morrison</p>                          |
| <p>2. Who wrote the novel “Jane Eyre”?</p> <p>a) Emily Bronte<br/>b) Charlotte Bronte (Answer)<br/>c) Jane Austen<br/>d) Virginia Woolf</p>                                      | <p>7. Who is the author of “The Stranger”?</p> <p>a) Franz Kafka<br/>b) Albert Camus<br/>c) Samuel Beckett<br/>d) Jean-Paul Sartre</p>                       | <p>12. Which author wrote “The Picture of Dorian Gray”?</p> <p>A) Oscar Wilde<br/>B) Virginia Woolf<br/>C) James Joyce<br/>D) T.S. Eliot</p>                      |
| <p>3. Who is the author of the novel “The Hitchhiker’s Guide to the Galaxy”?</p> <p>a) Douglas Adams (Answer)<br/>b) Kurt Vonnegut<br/>c) Aldous Huxley<br/>d) George Orwell</p> | <p>8. Who is the author of “The Lord of the Flies”?</p> <p>a) William Golding<br/>b) John Steinbeck<br/>c) Ernest Hemingway<br/>d) George Orwell</p>         | <p>13. Who is the author of “One Hundred Years of Solitude”?</p> <p>A) Gabriel Garcia Marquez<br/>B) Pablo Neruda<br/>C) Jorge Luis Borges<br/>D) Octavio Paz</p> |
| <p>4. Who wrote the novel “Brave New World”?</p> <p>a) George Orwell<br/>b) Aldous Huxley (Answer)<br/>c) Ray Bradbury<br/>d) Margaret Atwood</p>                                | <p>9. Who is the author of “The Sound and the Fury”?</p> <p>a) William Faulkner<br/>b) Ernest Hemingway<br/>c) F. Scott Fitzgerald<br/>d) John Steinbeck</p> | <p>14. Who is the author of the novel “The God of Small Things”?</p> <p>a) Arundhati Roy<br/>b) Salman Rushdie<br/>c) Vikram Seth<br/>d) Kiran Desai</p>          |
| <p>5. Who is the author of “The Alchemist”?</p> <p>a) Paulo Coelho (Answer)<br/>b) Gabriel Garcia Marquez<br/>c) Mario Vargas Llosa<br/>d) Isabel Allende</p>                    | <p>10. Who is the author of “The Grapes of Wrath”?</p> <p>a) John Steinbeck<br/>b) William Faulkner<br/>c) Ernest Hemingway<br/>d) F. Scott Fitzgerald</p>   | <p>15. Which author wrote “Pride and Prejudice”?</p> <p>A) F. Scott Fitzgerald<br/>B) Ernest Hemingway<br/>C) Jane Austen<br/>D) Virginia Woolf</p>               |

1. J.K. Rowling  
2. Paulo Coelho  
3. Douglas Adams  
4. Aldous Huxley  
5. Victor Hugo  
6. Alexandre Dumas  
7. Albert Camus  
8. William Golding  
9. John Steinbeck  
10. John Steinbeck  
11. Ralph Ellison  
12. Oscar Wilde  
13. Gabriel Garcia Marquez  
14. Arundhati Roy  
15. Jane Austen

1. J.R.R. Tolkien  
2. Charlotte Bronte  
3. Douglas Adams  
4. Aldous Huxley  
5. Paulo Coelho  
6. Alexandre Dumas  
7. Albert Camus  
8. William Golding  
9. John Steinbeck  
10. John Steinbeck  
11. Ralph Ellison  
12. Oscar Wilde  
13. Gabriel Garcia Marquez  
14. Arundhati Roy  
15. Jane Austen

ASTRO SPEAK

ARIES

MAR 21 - APR 20

You should wake up feeling optimistic and energetically restored thanks to a sweet connection between the Sagittarius moon and Chiron. However, a passionate yet confusing energy could cause you to feel slightly out of sorts later in the day when Luna aligns with Neptune and Venus retrograde. Try to remember that even good vibes can be deceptive ones, so be sure to keep your wits about you.

LIBRA

SEP 24 - OCT 22

Try not to blurt out everything you think this morning, dear Libra, as the Sagittarius moon aligns with Uranus. Your words could reach much further than you'd think, which could change how others view you if you don't keep a positive message. You'll sense a shift tonight when the moon migrates into sensible Capricorn, putting you in a protective yet nurturing mood that's perfect for embracing the comforts of home.

TAURUS

APR 21 - MAY 20

The Sagittarius moon blows a kiss to Chiron in the very early hours, dear Taurus, ushering in healing dreams from beyond the veil. Luna aligns with Neptune and Venus retrograde just before evening rolls in, encouraging you to step away from your screens in order to enjoy your home and the people that fill it. Use this energy to catch up on chores, cook a delicious meal, or have a game night with your family.

GEMINI

MAY 21 - JUN 20

It may be difficult to focus on one thing at a time as the Sagittarius moon aligns with Uranus. Though you're known for your excellent multi-tasking skills, try not to do too much at once. A fiery energy takes hold just before evening sets in and Luna connects with Venus retrograde and Neptune, helping you escape from everyday stress when you embrace love and release control.

CANCER

JUN 21 - JUL 21

Your electronic devices could be more distracting than usual this morning, dear Cancer, as the Sagittarius moon forms an unbalanced connection with Uranus. Luna aligns with Neptune and Venus retrograde just before evening rolls in, putting you in generous spirits, though you should avoid overspending. Meanwhile, the Nodes of Fate become active overhead, asking you to clean your space to bring in order.

LEO

JUL 21 - AUG 23

The Sagittarius moon forms an unbalanced connection with Uranus this morning, dear Leo, reminding you to be careful what you wish for. A desire to achieve great things motivates you to constantly take on more, though these vibes suggest your workload could become unmanageable if you don't create stable personal structures. You'll sense a shift when Luna enters grounded Capricorn.

VIRGO

AUG 24 - SEP 23

You may feel as though the universe is acting strangely or playing tricks on you as the Sagittarius moon forms an unbalanced connection with unpredictable Uranus. Consider carving out some alone time in the name of self-care when evening rolls in and Luna aligns with Venus retrograde and Neptune. Nodes of Fate become active.

SCORPIO

OCT 23 - NOV 22

The vibe may feel a little unstable when the Sagittarius moon aligns with rebellious Uranus this morning, dearest Scorpio, especially when it comes to finances and love. Luckily, you'll have a chance to reclaim order when Venus retrograde becomes active this evening, though you'll want to take care to stay grounded in each moment.

SAGITTARIUS

NOV 23 - DEC 22

The moon takes its final journey through your sign today, dear Archer, connecting with Chiron in the very early hours to elevate your confidence. However, you'll want to be on guard for disruptions to your schedule this morning when Uranus threatens to shake up your plans. The Nodes of Fate become active this evening, bringing forth new creative ideas that can help reshape your identity.

CAPRICORN

DEC 23 - JAN 20

The universe will zap your heart with some healing vibes in the very early morning, dear Capricorn, thanks to a sweet exchange between the Sagittarius moon and Chiron. Unfortunately, things may not seem so simple as evening rolls in and Luna connects with Neptune and Venus retrograde, threatening to trigger manipulative tendencies within yourself and others.

AQUARIUS

JAN 21 - FEB 23

The Sagittarius moon forms an unbalanced connection with Uranus this morning, darling Aquarius, threatening to trigger unpredictable behaviors and moods within your social sphere. Don't feel responsible to play peacekeeper if you're not up to the task, as others may turn you on in the process. Try not to disconnect from your surroundings as evening settles in and Neptune becomes active.

PISCES

FEB 24 - MAR 20

The Sagittarius moon connects with Chiron and Uranus this morning, dear Fishy, asking you to set healthy boundaries that will support your mental health. A hazy yet fanciful energy will take hold as evening washes in and Luna aligns with Neptune and Venus retrograde, though you may need to find focus within to appreciate what's happening around you.