

From struggle to Freedom to Progress, India moves forward

JK Public School Panjtirthi celebrates Independence Day



Glimpses of Independence Day celebrations at JK Public School Panjtirthi.

■ STATE TIMES NEWS
JAMMU: JK Public School (JKPS) Panjtirthi celebrated the pride of being part of a nation that is eternal and incredible.

Independence Day spreading happiness and great joys all around," expressed the Principal of JKPS Panjtirthi Suman Banbah while addressing the audience on the Independence Day celebration in the premises of JKPS Panjtirthi. She wished Happy

Independence Day to one and all and added, "15th August does not limit itself to celebrating 200 years of struggle, it further expands to celebrating the rich cultural and religious diversity, heritage, martyrs, freedom fighters, and everything India is known for, worldwide".

Her insightful words of wisdom showed the Jakiians the way to discover the light from within. The flag hoisting ceremony was performed by the Principal of the School and Anju Jamwal. Suman Bala, the Incharge of celebration highlighted the theme of Independence

day 2023 "Nation First, Always First". Immense joy and love for the nation was visible on the faces of Jakiians. The celebration was centered around arousing a sense of responsibility amongst our young generation towards the hard-earned freedom.

The voice of Participants was boosted with the power of wonderful glory and energy of freedom. Jakiians saluted the nation by paying homage to our national heroes, by presenting a short skit. Students were disguised as various famous freedom fighters.

The participants expressed immense gratitude and appreciation for the sacrifice of our freedom fighters, whose dreams we are living today. Jakiians presented an energetic dance performance dipped in patriotism and excitement. The children were educated

on the history and importance of freedom and Independence through speech. The celebration filled the whole ambience with festivity and patriotism. Everyone's eyes were shining with glory and pride while singing the National anthem of India.

JKPS Kunjwani girls win gold medal in inter-zonal district level basketball competitions 2023



JKPS Kunjwani faculty felicitating a winner team of the school.

■ STATE TIMES NEWS
JAMMU: JK Public School (JKPS) Kunjwani Girls team (U-14) won gold medal in the Inter-Zonal District level Basketball Competitions, held from August 10 to 12, 2023, at Dogra Ground Shashtri

Nagar Jammu. The winners include Anaira Gupta, Sachleen Kour, Amanpreet Kour, Zoha Hussain and Kamnu Priya of Class VIII and Zoya Majid of Class IX. Director JK Educational Society Shashi Chaudhary

and School Principal Rajesh Rathore congratulated and give a big pat to the girls team and applauded their Coach Manoj Solanki and HOD (Sports) Subash Chander, for this brilliant achievement and for bringing laurels to the school.

Kashmir Elite Club wins Budgam Volleyball tourney



Winner team posing for photograph with dignitaries at Budgam.

■ STATE TIMES NEWS
BUDGAM: Part of the 'Meri Maati Mera Desh and Azadi Ka Amrit Mahotsav' programmes, a volleyball tournament was organised wherein Kashmir Elite Club Budgam emerged winner. The event, held under the banner of VAAJK Association of Jammu and Kashmir (VAAJK) and supported by J&K Sports Council (JKSC), concluded at Railway ground Sebdan in

Budgam. In total, four teams took part in this event and in the final, Kashmir Elite Club defeated Wasu Volleys Club 3-2. In the closing function, Joint Secretary of VAAJK, Tariq Khan was the Chief Guest while Muneer Alam and Mohd Shafi (Sarpanch) as also Irshad Ahmad (Chairman Kashmir Elite Volleyball Club) were the special guests.

JKPS Panjtirthi observes National Deworming Day

■ STATE TIMES NEWS
JAMMU: Worms are parasites, which live in human intestines for food and survival. The worms consume nutrients meant for the human body and cause blood loss and poor nutrition. Dr Nikhil Singh, Dr Neha Gupta and Dr Harjinder Singh, the medical officers from CMO office visited JKPS panjtirthi premises to observe National Deworming Day. It is an initiative taken by the Government of India to deworm all the children across the nation in the age group of 1 to 19. The Principal of JKPS Panjtirthi, Suman Banbah welcomed and thanked the team of doctors for spreading awareness about the importance of deworming



Doctors along with Principal JKPS Panjtirthi Suman Banbah at a programme.

among Jakiians. They explained the Jakiians about the types of worms, their symptoms, and preventive measures. The Principal added,

"Making our children completely intestinal worm-free is going to be a gradual process. A National Deworming Day will surely serve the purpose."

Imtiyaz of J&K wins gold in Pencak Silat

■ STATE TIMES NEWS
JAMMU: Areeed Imtiyaz of J&K won gold medal in the just concluded Senior National Pencak Silat Championship at Thackery Indoor Stadium, Nashik in Maharashtra. Besides Imtiyaz's individual gold, J&K team also finished overall third considering the points earned out of different medals won during the event. This championship was organised by Maharashtra Pencak Silat Association under the aegis of Indian Pencak Silat Federation. Medal winners posing with dignitaries.



Independence Day celebrated in JK College of BBA & B.Ed



Glimpses of Independence Day celebrations at JK Group of Colleges.

■ STATE TIMES NEWS
JAMMU: 77th Independence Day on the theme 'Nation First Always First' was celebrated

ed in J K Group of Colleges with great enthusiasm and patriotic fervour. The campus was beauti-

fully decorated with flags, balloons and posters. The celebration began with an array of performances that stirred the hearts of all.

The rhythmic beats of a dance by Samriti and Payal echoed the rich cultural diversity of India. Uday, presented a soulful

patriotic song "Ae Wattan Mera Wattan". Eloquent speeches by different students were praiseworthy. Group song by Riya and

friends enthralled the audience. The programme was well coordinated by Kashish Choudhary. Shashi Chaudhary,

Director, J K Educational Society, addressing on the occasion, paid rich tribute to the martyrs of the nation who sacrificed their

lives to mark India as Independent and sovereign nation. The programme concluded with the reciting National Anthem.