Three-Minute Thesis Competition for HSS scholars held at CUJ

A globally acclaimed competition among researchers and academia popularly known as 3MT, Three-Minute Thesis Competition was held at Central University of Jammu wherein young researchers participated, on Tuesday.

The 3MT is evolving as one of the best practices of the Central University of Jammu as the varsity has taken a lead in registering with the University of Queensland to organise 3MT which has been adopted by 200 universities across the globe. The 3MT is a global level competition which was developed by the University of Queensland, Australia with the objective of providing a platform to young researchers to present to effectively explain research in language appropriate to a nonspecialist audience in Three Minutes with only one

enthusiastic Young researchers of Humanities and Social Sciences stream

PowerPoint slide.



Prof. Vandana Sharma Dean, School of Languages and Convener of CUJ 3 MT with others at a programme.

from Central University of Jammu and several other universities participated in the 3

Around thirty young researchers from different disciplines of Humanities and Social Sciences had registered who were adjudicated by a panel of judges, Prof. Vijaylakshmi Brara, from The Royal Global University, Guwahati and Prof. Suparn Sharma, Dean, School of Business Studies, SMVD

The first prize with a cash money of Rs 5,000 was won by Abhigya Langeh NSS from CUJ, second with prize money of Rs 3000 was won by Shivalika Sharma, SBS, SMVDU and the Third prize with cash money of Rs. 1500/was won by Surbhi Ghai, MBA(HR)from CUJ. In addition to that, the consolation prize was won by Karuna DOE, CUJ, Mridul, DOE, CUJ and Suhail, Social work,

In her address, Prof. VijayLakshmi Brara appreciated the nature and level of competition and gave pertinent suggestions to 3MT presenters besides appreciating their commendable effort. Prof. Suparn Sharma

standing of scholars and praised the growing research ecosystem of the university. Prof. Deepak Pathania, Dean Research shared the impetus given to research and introduction of Indian Knowledge Systems as mandatory courses at all levels in the university. In his address, the Registrar, Prof. Yashwant Singh highlighted how CUJ has been granted prestigious projects by various funding agencies and 3 MT is a right step to enhance research competence of scholars as envisioned by the Vice Chancellor.

In the introductory remarks, .Prof. Vandana Sharma Dean. School of Languages and Convener of CUJ 3 MT gave an overview of the history. genesis and objective of 3 MT and stated that 3 MT is evolving under the guidance of Vice Chancellor, Prof. Sanjeev Jain who is making all possible effort to develop robust research ecosystem in CUJ.

Dr. Vinay Kumar presented the vote of thanks.

Bone & Joint Week celebrations begin at ASCOMS

STATE TIMES NEWS

JAMMU: Bone & Joint Week celebrations commenced on Tuesday at Acharya Shri Chander College Medical Sciences (ASCOMS) & Hospital, Sidhra with a Yoga & Meditation session held for the faculty members, staff members and

The Yoga & Meditation session was conducted by Prof. T.R. Raina, former Prof & Head, Department of Transfusion Medicine, GMC, Jammu in which the faculty members, MBBS/ Postgraduate Students and other staff members were given a live demonstration of Yoga and the importance of meditation in day to day life of an individual.

The function was inaugurated by D.K Batra, Secretary, ASCOMS, Dr. Pavan Malhotra, Director Principal, ASCOMS, Prof. Kaur, Vice Principal,



A dignitary lighting a traditional lamp during a programme

T.R. Raina, Dr. Rajesh K Gupta, Prof & HOD, Orthopaedics, ASCOMS, Dr. Bella Mahajan, Prof & Microbiology, ASCOMS, Brig. (Dr.) R.K Khajuria, Professor, Community Medicine, ASCOMS and Davinder

Dr. Pavan Malhotra. Director Principal appreciated the efforts of Dr. Rajesh Kumar Gupta for taking such an initiative and associating ASCOMS with this national event. Dr. Rajesh Gupta presented the vote of thanks.

ASCCON Education .

Reasi Forest Division, STC Talwara organize plantation drive

STATE TIMES NEWS

REASI: Reasi Forest Division, in a joint initiative with the esteemed STC Talwara Police Academy, conducted a plantation drive aimed at promoting environmental conservation and creating awareness among trainees about the significance of plants. The event took place on Training Subsidiary Centre Talwara

The highlight of the event was a compelling lecture delivered by the Principal of the STC Talwara, Jameel Ahmed emphasized the intrinsic value of plants and the vital role they play in maintaining ecological balance. Jameel Ahmed enlightened the trainees about the numerous benefits of trees. including oxygen production, carbon sequestration,



Principal of the STC Talwara, Jameel Ahmed planting a sapling.

and the creation of habitats for various wildlife species. In addition to the lecture, the Range Officer Reasi from Reasi Forest

Malik, shared valuable insights started with the quote of famous and eminent Sufi saint , "An Poshi Teli, Yeli Wan Poshi" Which

thrive only till the woods survive". Also highlighting the importance of indigenous plant species and their adaptation to the region's climate and soil conditions. The trainees were encouraged to actively participate in the plantation drive and gain handson experience in nurturing and caring for the newly planted saplings. The plantation drive witnessed the enthusiastic involvement of trainees, who actively participated in planting a wide variety of fruit plants and flowering plants across STC Campus areas. The event instilled a sense of responsibility and understanding among the trainees, fostering a deeper connection with nature and the environment.

Whole Plantation drive was done under the close

Balvatika inaugurated at Kendriya Vidyalaya Bantalab



Tony tots with faculty and officials during opening ceremony of Balvatika.

STATE TIMES NEWS

JAMMU: A model Integrated One Section of Balvatika-3 (for children of 5+ years of age) was inaugurated on Tuesday at Kendriya Vidyalaya, Group Centre, Central Reserve Police Force (CRPF), Bantalab, Jammu. Vidyalaya Kendriva Sangathan (KVS) had introduced Balvatika (Pre-school/ Kindergarten) classes as a pilot project in the session

2023-24 with the focus of New Education Policy (NEP) 2020 on child's physical and motor, cognitive, socio-emotional-ethical, cultural/artistic, communication and early language, literacy and numeracy development skills

Kendriya Vidyalaya, GC, CRPF, Bantalab, Jammu is 450 additional among Kendriya Vidyalayas of the country selected for taking admission for Pre- school classes under 'Balvatika', initiative that initially was extended to just 50 Kendriya Vidyalayas across India.

The Venue Principal, Suraj

Prasad, welcomed the Chief Nagendra Goyal, Guest. Deputy Commissioner, Kendriya Vidvalava Sangathan, Jammu Region, Guest of Honour, G.S Mehta, Assistant

parents and young bloomers for the ceremony.

Suraj Prasad added that it was a great honour for the school and thanked the higher ups who had entrusted on him

Nagendra Goyal calling the inauguration of Balvatika a historical achievement in terms of the development of education sector across coun-

He briefed that more

Balvatikas would come up at the other Kendriya Vidyalayas of the UT of Jammu and Kashmir in upcoming days, bringing up a progressive change in the education sector. During the event, a musical

feast was presented by the school's orchestra group and mesmerizing dance performances were performed by the Vidyalaya students.

The vote of thanks was presented by Minakshi Talwar

SMVDSB, SBI launch massive plantation drive

STATE TIMES NEWS

KAKRYAL: Continuing with numerous 'Greening' initiatives, Shri Mata Vaishno Devi Shrine Board today undertook massive 'Plantation Drive' on a large expanse of down-slopes of Sanjeevani hillock in Kakryal area. In addition to planting of new trees in the identified stretch, massive deweeding and general cleaning done as part of the drive.

Forest Wing of Shrine Board in collaboration with State Bank of India was launched by Dr. Gopal Sharma, Asstt. Chief Executive Officer, SMVDSB. The senior functionaries of Forest Wing, Nursing College of Shrine Board and the State Bank of India (sponsors of the event) were present on the occasion. Besides the staff / manpower arranged by Forest wing of Shrine Board, a large num-

The drive organized by



Dr. Gopal Sharma, Asstt. Chief Executive Officer, SMVDSB plainting a sapling.

ber of students of the Shrine Board's Nursing College (SMVDCoN) provided voluntary services for the plantation activity, at the culmination of which, they were provided hygienic and sumptuous refreshment by the

Speaking on the occasion. Sh. Vinay Khajuira, ACF elaborated that under Annual Green Plan 2023-24, the Board

approved 82100 quality forestry seedlings to be planted in the shrine area. Further, to create awareness among the society for improving green cover, Shrine Board raised quality saplings in the

hi-tech nursery situated at Village Kunia for the general He added that the planta-

tion activity undertaken today would surely result in creating a proper green cover over the slopes, not only to aesthatics of the area but would also help in reducing soil erosion Rahul, Branch Manager

SBI, Katra complemented the Forest Wing of Board for splendid organizing of plantation drive. Besides, Sudhir Kumar, Chief Manager, SBI expressed a strong desire to stregthen association with the Shrine Board in furtherance of initiatives of importance for the society.

On behalf of the Chief Executive Officer, Shrine Board, Dr. Gopal Sharma appreciated SBI's contribution in supporting the Board to pursue its 'Greening Plans' aimed at betterment of the

SSP Railways holds security review meeting ahead of I-Day 2023



Mohan Lal Kaith, SSP Railways Jammu chairing a security review meeting.

STATE TIMES NEWS

JAMMU Ahead Independence Day-2023 celebration, Mohan Lal Kaith, SSP Railways Jammu directed officers to pay surprise visits to the important deployment points and sensitive locations to check the security preparedness of the jawans deployed on security duties.

Reviewing crime review meeting, Mohan Lal asked officers to intensify patrolling and checking in their respective areas. All Gazetted officers, SHOs and IOs attended the meet-

During the meeting, SSP Railways also reviewed the old and fresh cases and

issued necessary directions and guidelines to the IOs for speedy disposal of under investigation cases. The emphasis was given to

finalize the under investigation cases as early as possible. The IOs were directed to seek the Medical opinion and FSL reports which are

J&K witnesses revolutionary development under PM Modi's leadership after Article 370 Abrogation: Dr Tahir

STATE TIMES NEWS

JAMMU: As Jammu and Kashmir nears the completion of four years since the historic abrogation of Article 370, the region's development under the leadership of Hon'ble Prime Minister Narendra Modi has been hailed as revolutionary by J&K BJP's spokesperson, Dr Tahir Choudhary.

In the past four years, the region has undergone a remarkable paradigm shift in infrastructure development, with a particular focus on road construction and connectivi-

Under the Prime Minister's Development Package (PMDP), he said Jammu and Kashmir has experienced an impressive surge in road construction, witnessing a jump from 6.54 km to an astounding 20.6 km per day after the abrogation

of Article 370 in 2019. "The total length of



roads has now reached an impressive 46.141 km. with a notable 78 percent of roads featuring blacktop surfaces, marking a significant improvement from 66 percent in 2019." said Dr Tahir Choudhary, highlighting the monumental achievements in the region's road infrastructure.

He added that the region's massive tourist footfall and the successful holding of the recent meeting of the G20 summit in Srinagar earlier this year, are testament to the new dawn in Jammu

and Kashmir. developments 'These have placed J&K on the global tourism map and enhancing the region's appeal as a preferred destination for tourists," he said.

Tahir Choudhary also highlighted the substantial decline in stonepelting incidents and bandh calls in the region, which have dropped to zero over the past four

He added that the decisive anti-terror measures undertaken by the government have led to the dismantling of the terror ecosystem, resulting in a significant reduction in terrorist recruitment.

He said the transformative developments and the vision of Prime Minister Narendra Modi have laid the groundwork for a promising and inclusive future for the people of Jammu and Kashmir.

Govt schools facing acute shortage of teaching staff: DDC Jasvir Singh



DDC Councillor Panchari, Jasvir Singh talking to reporters.

STATE TIMES NEWS UDHAMPUR: A deputation of PRI members and local residents of the Ladda area of Block Moungri led by Jasvir Singh, DDC Councillor Panchari Moungri, met Deputy Commissioner Udhampur on Tuesday regarding the shortage of teaching staff in Govt schools. Sarpanch Kunj Lal, Sarpanch Des Raj, Nayab Sarpanch Mustaq Ahmed, other PRI members of Moungri, and a huge number of locals

deputation. the joined While interacting with media persons after the meeting, Jasvir Singh told that Deputy commissioner Udhampur assured that teaching staff will be provided shortly to the government schools as annual transfers are still going on. He told that GHSS Ladda, GHSS Lander, GHSS Damnote, GHS Kheemti Ladda, GHS Kauri Ladda, GHS Galiote, GHS Parand, GHSS Moungri, Dubigali, Kansal, Katti, Kultyar, Panjar, Sadhota, Jangalgali and other schools are facing serious shortage of teaching staff and situation is get-

ting worse. He appealed to the UT administration to take stronger steps on the issue as Govt schools in almost all the rural areas of Udhampur are under stress due to the huge shortage of teaching staff. He stressed on the new recruitment in the education department as the available number has been decreasing fast with retirements and absence of recruitment for the last 5-6 years. PRI members and locals submitted a memorandum to Deputy Commissioner with the demands to provide teaching staff in schools, starting of balance work of NTPHC Ladda, road connectivity to unconnected areas of Ladda, additional accommodation for Govt schools. Timely implementation of various govt schemes.

NGO Anti Crime Bureau calls on SSP Samba



NGO Chairman Sham Lal Gupta presenting bouquet to SSF Samba Benam Tosh.

STATE TIMES NEWS

SAMBA: NGO, Anti Crime Bureau (Regd), (a Social Service Organization formed for the public welfare of the society), called on SSP Samba Benam Tosh and ASP Samba Surinder Choudhary. Led by NGO Chairman Sham Lal Gupta, team welcomed SSP Samba Benam Tosh and ASP Surinder Choudhary with bouquets and gifted Mata Ki Chunri them.

Gupta told that as soon as SSP Benam Tosh came to work, he has created an atmosphere of fear among the criminals and the shops of drug contractors are constantly being closed, and the police department is raiding every nook and corner, Gupta appreciated efforts of SSP Benam Tosh. In the meeting, Gupta apprised ASP Surinder Choudhary that during SDPO R S pura he broke the backbone of the criminals and the criminals surrendered before him. Choudhary made a huge impact on the criminals and worked tirelessly day and night for the public, the drug peddlers knelt down before him and He was praised by every community during his posting. SSP Benam Tosh also appreciated the efforts of NGO Anti Crime Bureau (Regd) for helping marriage of daughters of poor and needy families and motivated them to work for public in future also. Gupta along with Councillor MC Bishnah Sahil Gupta and Team Members Vijay Kumar, Rattan Lal, Ravi Kumar, Sudhir Arora, Happy Vaid, Abishek Sharma, Tushar Digra, Rohit Kumar and others were present during the meeting.