"Just think of any negativity that comes at you as a raindrop falling into the ocean of your bliss."
-Maharishi Mahesh Yogi

EDITORIAL

REVIVE OLD TRADITION

The business of making Dona Patal is not only of today but has been going on since ancient times. Because in many functions like marriage, Indian culture has been following the tradition of serving food on leaf utensils for centuries.

Although at present it has been replaced by thermocol or plastic utensils. Nowadays, thermocol plates and bowls are used in most weddings, which are harmful to the environment. Because it doesn't get destroyed in a good way.

But at this place the plates made of leaves are destroyed immediately, which do not harm the environment in any way.

Plastic utensils are harmful to the environment and they do not decompose well, while utensils made of leaves get destroyed easily. That is why the demand for such utensils is very high. Along with this, they are much cheaper than other disposable utensils. The traditional Dona Pattal made of leaves is made by cutting the leaves of banana and Sargi bushes and supporting them with bamboo sticks and shaping them into plates and bowls.

In such a situation, if you want to start the business of making Dona Pattal, then through this business you can also make people aware of the protection of the environment and can also earn profit from this business.

Dona Pattal industry may be a small industry, but this business neither requires much time nor much cost.

But the profit in this is very high. You can easily earn around Rs 40000 to Rs 45000 per month by starting this business.

DIABETES IS MANAGEABLE

■ K.V. SEETHARAMAIAH

Karnataka High Court has held that diabetes is manageable and it can be no ground for husband to avoid payment of maintenance to the estranged wife. Diabetes among people is so widespread that people are inured to live with it. There was a time when people who visited hotels and restaurants had to order for Coffee or Tea without sugar. Now the time has changed. The diabetes has wielded such an influence that people visiting hotels and restaurants have to order for Coffee or Tea with sugar. This implies in unambiguous terms that diabetic people were very rare. Now diabetis-free people are very rare. Diabetic patients will be on life-long medication. Expenses on tablets or insulins with periodical consultations with doctors make big hole in the pockets of people. The increased expenses are to some extent offset by the discontinued or reduced consumption of sugar. Many people are obliged to take tablets like food and food like tablets. Ratan Tata has rightly advised "Eat food like medicine. Otherwise you may have to take medicine like food". The commonality of diabetes among the people is too well known. The Court in Ananth Kumar KG vs Yogitha Ananth Kumar case has refused to accept the contention of the petitioner husband to take shelter under diabetes he is suffering from, to avoid payment of alimony to the wife. The family court had ordered the petitioner to pay Rs. 10000 monthly to the estranged wife. The petitioner had pleaded his inability to make periodical payments. Periodical payment is quite different from monthly payment. If an employer pays salary periodically, that cannot be accepted. Monthly payment of salary is needed and accordingly payment is made monthly for the sustenance of continued life. The court has observed that law, religion and justice require an able-bodied man to look after his dependent family and that the same was evident in legislation through Section 125 (concerning maintenance) of the Code of Criminal Procedure. The petitioner's contention that the sum of Rs. 10,000 is excessive has not been accepted by the court. Considering the high cost of living, Rs. 10,000 is a pittance. But even Rs. 2,000 may become excessive if the earnings of the husband are poor and he does not have regular source of income. Security of the job coupled with good income that matters in the affordability of the alimony to the wife in separation. The courts generally take into consideration the income earned by the men. The petitioner's argument that his wife is gainfully employed and therefore does not need maintenance is untenable. It is strange that he did not take note of the minor child in the custody of his wife. The court has observed that there was no dispute regarding the marriage between the parties and the legitimacy of their child. Incompatibility and misunderstandings are the driving forces for keeping the spouses away from each other. People are left with no choice but to adjust with the family and be happy even in difficulty or face the ordeals of agony from separation and be unhappy even at the joy of separation.

Freedom SIP: An Enabler to pursue your dreams

■ SURJEET KUMAR

As human beings, we are all born free. However, as time passes, we all feel constrained.This is why, as individuals, we are always looking for freedom - freedom to follow your passion, freedom to travel the world anytime, freedom to decide when to retire, and freedom to live the life that you had imagined. But as they say, there is no such thing as a free lunch. You need to pay a price for everything, even your financial freedom.

The question then is, what do you need to become financially free? The answer to this lies in creating a secondary cash flows which will take care of the various financial requirements at a certain point in time. As a means to help you in the journey ICICI Prudential Mutual Fund has launched a feature called Freedom SIP.

The process is very simple. You start your journey to freedom with a monthly SIP in a scheme of your choice. This scheme is known as the source scheme. Ideally this should be equity oriented as the investment tenure is 8 years plus. The investor has the option to choose the tenure of SIP ranging from 8 years to 30 years. SIP enables you to consistently invest your money and accumulate wealth over a period of time.

Once the SIP period is over, the accumulated wealth is transferred to a target scheme. This scheme can be a debt or a hybrid one as the target here is to protect the wealth created over time. It is from this scheme, systematicwithdrawal of money through a Systematic Withdrawal Plan (SWP)will be initiated. For example: If one invests Rs. 10,000 for a period of 8 years, the SWP amount will be same as the Sip amount. However, as the timeframe of investment increases, the SWP amount also increases.

To conclude, even though money can't buy happiness, it can set you financially free. Thus, it is imperative that you plan your investments optimally by choosing the investment options that are best suited for your requirements and embark on your path to financial freedom.

(The writor is Mutual Fund Distributor).

Museum-A Place for Nature & the Arts

■ MOHAMMAD HANIEF

The historical revelations of Jammu Kashmir are beautifully displayed in its museums. It boasts of rich history laden with nobility of its various rulers and deep impact of invaders. It has been in existence since mythological era. What makes it more intriguing is the beauty with which these magnificent structures are still standing tall and proud. It is a delight for historians with numerous excavations relating to bygone eras and evidences of most powerful dynasties having ruled over this land.

Jammu and Kashmir has remained as a centre of cultural and social hub as its heritage has been preserved by the museums that display the daily affair, regality and the cultural wealth as they stand witness to the execution of sculptures of various gods which acted as the benchmark of the culture which goes back from seventh and eleventh centuries.

Museum in Jammu, Kashmir and Ladakh behold various items including paintings, shawls, arms, utensils of copper, Ladakhi handicrafts and silver images. Other items of archeology include terracotta tiles, pottery, stone and metal substance wchic date back to the time of the 2nd to 12th century Anno Domini. Another vivid description included the life size statues of Vishnu, Shiva and even Bhuddha. Also highlighted are the great art of calligraphy in Arabic and Persian scripts which highlight the excellent art of the state. Not only that, clothing and even libraries are present in some museums.

Other than this, Excotic and rare works of art are here from various schools of art like Jammu, Kangra and Basoli. They have been displaying the beauty of the art for the viewer's eyes. Photographs are also well preserved in the state meuseum which depict the architecture which was seen in palaces, forts and the temples along with weapons etc. Apart from that, Fine example of Metallurgy from the era of the Mughals is also put on display in these museums.

Amar Mahal Museum - Jammu

This is a palace turned into museum. This splendid structure in the city of Jammu is inspired from French Chateau in its architectural style. It was the official residence for Maharaja Amar Singh, the last Dogra King and descendant of Suryavanshi clan of Rajputs. The striking design of this palace attracts visitors with a distinctive charm and its artifacts. It was designed and built in 1890s by a French architect. Until 1967, it was used by the royal Dogra family of Jammu. Then in 1975, it was converted into museum and library by Dr. Karan Singh. This museum carved in red sandstone is also called as Dogra Hall of Museum. It is run by Hari-Tara Charitable trust.

Rarest artifacts related to Pahari and Dogra culture are displayed in Amar Mahal Museum. It has an exquisite throne belonging to Maharaja Hari Singh. This throne made from gold weighing 120 kg is beautifully designed with golden lions on all its sides. It is placed in an enclosed hexagonal room of the palace and can be viewed through glass chambers.

Dogra Art Museum - Jammu

This is a significant museum in Jammu Kashmir. It is located in the Pink Hall of famous Mubarak Mandi complex in Jammu. It houses many artifacts of historical significance. This museum was opened in 1954 at Gandhi Bhawan of Jammu. Later on, in 1991, it was shifted to Mubarak Mandi complex. It has rarest collection of miniature paintings from Basholi and Dogra School of art. It also displays other relics like metal objects, manuscripts, Akhnoor terracotta heads, Dogra dresses, jewelries, sculptures, and decorative art pieces. But the most outstanding treasure of this museum is the golden bow and arrow of Mughal Emperor Shah Jahan.

Also, there are Persian manuscripts of Shahnama and Sikandarnama. This museum is an excellent place to explore the martial culture of Dogra kings. It houses their weapons and warfare like swords, pistols, guns, daggers, arm plates, helmets, chains, etc. Due to its diversified and rich collection, this museum is a prime attraction of J&K. It holds special significance for history and archeology enthusiasts. While visiting Mubarak Mandi Complex, you must plan a visit to Dogra Art Museum.

Shri Pratap Singh Museum - Srinagar

This museum is located in famous Lal Mandi area of Srinagar. It was earlier the summer palace of kings in Kashmir. Later, it was established as museum in 1898 by Maharaja Pratap Singh. The sole purpose behind establishing this museum was conservation of cultural and archeological reminiscences of Jammu and Kashmir along with Baltistan and Gilgit regions. Kashmir is one of the earliest human settlements which are more than 5000 years old. As such, it has rich arts scattered all over its landscape and an enviable cultural heritage to share with the world.

Artifacts displayed in this museum include rare terracotta heads related to 3rd century AD. In the archeological section of Shri Pratap Singh Museum, you can explore collection of terracotta and metal art pieces from excavation sites of Pandrethan, Avantipora, Parihaspur, Ushkur (Baramulla), and Harwan. These plaques display the artistic richness of Kashmiris. There are figurines of Lord Buddha and other Buddhist deities in this museum along with Ladakhi artifacts, paintings, shawls, arms, and coins. The most significant feature of this museum is an ancient brass model of Lokeswara and a green stone sculpture of Lord Vishnu sitting on the Garuda. Along with many other Dogra style showpieces, weapons, utensils, furniture, carpets, textiles, leather, willow articles, and musical instruments, there is a copper image of Buddha carved in Gandhara style in this museum to allure you with its sheer magnificence.

Craft Museum - Srinagar

Craft Museum is one of the best museums in Srinagar as it exhibits the rich cultural heritage of Kashmir handicrafts.

They house a collection of antique arte facts from different cultures in Kashmir.

The museum provides an array of gallery pieces and traditions. In addition, they offer the designs of Kashmir handicrafts in a design unit called the school of designs more colour and life. The museum has a collection of antique artefacts from several Kashmiri traditions, including Kani shawls, papier-mache, Sozni embroidery, copperware, and Namdha carpets. They truly become a treasure of masterpiece designs. They have many creations of new designs and reorientated old designs and articles had to be made to catch the market to boost the industry. The model has done an excellent job by building on old designs and creating thousands of new designs.

Kanchenjunga Museum - Gulmarg

It is an Army warfare museum in Gulmarg. This museum is located within High Altitude Warfare School (HAWS) of Indian Army. Here, various tools and equipments used by military since 1947 for mountain climbing and mountaineering are displayed. It was set up in memory of Indian Army's first summit to Kanchenjunga in 1997.

All other successful expeditions including the one to Mount Everest are also displayed in this museum. There are two sand models separately prepared for each expedition along with equipments used to scale the heights of Himalayas by military personnel over the years. For the young breed of soldiers, it instills confidence to cross the toughest terrains of valley including glaciers, ridges, and streams.

Stok Palace Museum - Leh

This museum situated within Stok Palace must be a part of your itinerary while travelling to Ladakh. It has beautiful artifacts related to royal family of Ladakh on display. This palace is still used by Royal family to reside during summers. One room of this royal manor has been specially designed and converted into museum. Here, you can explore the valuable possessions of royal and nobles of this region.

There are ancient copper coins, tea kits, crowns, heirlooms, jewelries, equipments, gemstones, and items related to their traditions. It also houses sacred Dzi stones also called 'Pure Happiness Pearls' and 16th Century Thangkas that depict various teachings of Buddha. In this museum, one can also catch glimpse of a priceless gold crown embellished with corals, rubies, and lapis lazuli. It is still worn by the Head of Royal Family of Ladakh on special occasions.

There are also swords coupled with knot by King Tashi Phutgal for displaying his power and strength.

The museum has quickly become a must-visit destination for tourists seeking to delve into the region's heritage, boasting an impressive collection of vintage photographs, antique arms, and other unique artifacts.

(The author is a regular columnist and can be mailed at m.hanief@gmail.com).

Modi at BRICS Summit in South Africa

■ OMKAR DATTATRAY

The Indian Prime minister Narendra Modi will visit Johannsburg South Africa to take part in the BRICS Summit and so he is all set to visit south Africa to be part of the deliberations and discussions of the leaders of the BRICS countries which work for the global South.PM Modi will attend 15th BRICS summit in South Africa in person in three years .Prime minister Narebdra Modi left for South Africa on 22rd august Tuesday to take part in the 15th BRICS summit ,a grouping of the world economies of Brazil ,Russia ,India ,China and South Africa .The summit is taking place from August 22to August 24. Notably ,it will be the first in-person BRICS Summit after three consecutive years of virtual meetings owing to the Covid -19 pandemic .This will be PM Modi's third visit to South Africa and the trip marks the 30th anniversary of the diplomatic relationships between India and South Africa. In an official statement, the prime minister's office said, "I am visiting the Republic of South Africa from 22-24 August 2023 at the invitation Cyril Ramaphosa ,president of South Africa ,to attend the 15th BRICS Summit being held in Johannesburg under the South African chairmanship .I look forward to holding bilateral meetings with some of the leaders present at Johannesburg ."For 15th BRICS Summit ,a business delegation from India is also traveling to South Africa to attend the business Tracks meetings of the BRICS Business ,Council ,BRICS Women Business Alliance and the BRICS Business Forum ."During his visit to South Africa ,PM Modi will also participate in a special event BRICS -Africa Outreach and BRICS Plus Dialogue being organized after BRICS Summit ,which will include other nations invited by South Africa .In addition ,PM Modi will also hold bilateral meetings with some of the ;leaders present in Johannesburg .Amid the speculations around BRICS expansion and Chinas efforts to push the bloc into a geographical rival of G7 there are chances that PM Modi and XI Jinping will meet each other during the summit.PM Modi is expected to hold a bilateral meeting with Chinese president XI Jinping on the sidelines of the BRICS Summit .Modi said ,leaving for South Africa to take part in the BRICS Summit being held in Johannesburg ,I will also take part in the BRICS -Africa Outreach and BRICS Plus Dialogue events .The Summit will give the platform to discuss issues if concern for the Global South and other areas of development .Ahead of his visit to South Africa Modi said I am visiting the Republic of south Africa from 22-24 August 2023 at the invitation of H.E Mr.Cyril Ramaphosa ,president of south Africa ,to attend the 15th BRICS Summit being held in Johannesburg under the South African Chairmanship .BRICS has been pursuing a strong cooperation agenda across various sectors .We value that BRICS has become a platform for discussing and deliberating on issues of concern for the entire Global South ,including development imperatives and reform of the multilateral system .This summit will provide a useful opportunity for the BRICS to identify future areas of cooperation and review institutional development .During my stay in Johannesburg ,I will also participate in BRICS -Africa Outreach and BRICS -Plus Dialogue event that will be held as part of the BRICS Summit activities .I look forward to interacting with a number of guest countries that have been invited to participate in this event .I also look forward to holding bilateral meetings with some of the leaders present in Johannesburg.PM Modi embarks on three day visit to South Africa to attend BRICS Summit .South Africa is hosting the BRICS Summit from August 22 to 24 at the city's Sandston Convention centre .This will be the first in person BRICS summit since the covid -19 pandemic .Modi said the summit will give the platform to discuss issues of concern for the Global south and other areas of development .BRICS has become a platform for discussing and deliberating on issues of concern for the entire Global South ,including development imperatives and reform of the multilateral system .Modi expects that this summit will offer a useful opportunity for BRICS to identify future areas of cooperation and review institutional development .Leaders of BRICS nations -Brazil ,Russia ,India ,China and South Africa converged on Johannesburg on Tuesday for a summit where they will weigh expanding the bloc as some members push to forge into a counterweight to the west .Heightened global tensions provoked by the Ukraine war and a growing rivalry between China and USA have added urgency to a drive to strengthen the bloc ,which at times suffered from internal divisions and a lack of coherent vision .The three day summit will be a platform for substantial discussions on global cooperation ,expansion and key bilateral meetings among BRICS nations .Russian president Vladimir Putin wanted under an international arrest warrant for alleged war crimes in Ukraine ,will not attend personally but will attend virtually .Modi being a leader of world stature is attending the BRICS summit and he will provide good leadership to summit and will hold bilateral meetings with several leaders of the summit nations to further make this bloc useful and purposeful to solve the issues and concerns of Global South and it will protect the interests of not only this grouping but will help the global community as well .It is hoped that the BRICS summit will give useful suggestions for solving the issues and concerns of Global south .In short the leaders of BRICS bloc will discuss and deliberate on the issues ,concerns and problems of the Global south and this will indeed be a welcome development.

(The author is a columnist,social and KP activist).

YOUR COLUMN

Human life is incomplete without moral education

Dear Editor,

Today, many efforts are being made by the government to improve the education system. Although there have been some improvements due to these, but despite this, many problems still remain a problem for educationists. Day by day falling moral level of students is also one of the main problems. Ethical education enables Disruption of discipline by students, disobedience of teacher, lack of good behavior has become a common thing.

With this where they teach Teachers are facing problems, further these students are also causing various social problems. Moral education not only makes the student a good personality but also enables him to understand and fulfill his responsibilities towards the society. Society needs good people There is no doubt that today the country needs good doctors, engineers, professors, leaders, teachers and writers but we should not forget that first of all the society needs good people.

A good person means a person who understands his duties and responsibilities towards family, society and country, who has compassion for all, who is willing to help others, who has a spirit of sacrifice, who is connected to heritage and culture can be called a good person because Only such a person can give proper guidance to the society. Suffering bad consequences If we look at the history, religious education, military education and social education as well as moral education were given full priority to the students but nowadays technology With progress, we have become so busy in technical education and book education that we are losing sight of the importance of moral education. So we are facing serious consequences and the youth is falling victim to bad association.

A big step towards creating a good society The reason for many problems of today's society is the lack of moral education because the need for moral education is not being realized in the current education system. We associate education only with occupation and earnings whereas the purpose of education is to get a job or earn money Not only that, but the purpose of education is to improve the personality of a person. Making students realize their importance can be a big step towards creating a good society.

Vijay Garg

Accountability of Whatsapp Admin

Dear Editor,

In government, the Chief Minister, in government departments, the departmental heads and in government offices controlling officers are responsible for the smooth functioning. They are all paid public servants. In WhatsApp group, the administrator responsible for the WhatsApp group is also held responsibile for any activities that promote enmity or hatred by other group members. The existence of social media is very helpful as long as it concentrates on dissemination of correct news and information to the users. All that are circulated in social media are neither true in full nor false totally. Social media is a place of true and false news junction. Gullible group members cannot make out what is correct and what is false. If something goes wrong in WhatsApp group, the administrator will encounter problems for circulation of news or information that has far-reaching effects on the health of the society and nation. The Allahabad High Court has denied bail to WhatsApp Group Admin accused of spreading 'Jihadi' content. The cause title of the case is Inamul Haq v. State of U.P. (Neutral Citation No. 2023:AHC:161326). Justice Pankaj Bhatia observes "Although, the right to practise and propagate religion is guaranteed under Article 19, however, from the nature of allegations levelled in the FIR, the second part of Section 121-A IPC cannot be said to be not made out". The charge against the applicant (admin wherever the word 'applicant' is used) who happens to be group admin is that this group has been created solely for dissemination of "jihadi literature". The applicant was uploading the jihadi videos. The FIR claims that the applicant confessed to aspiring to become a jihadi and he had affiliation with lashkar group and for the last 15-16 years, he had managed the group. Of course, the confession made in police station is not a confession. The velocity of truth is uncovered in the courts. The group members were from various countries like India, Pakistan, Afghanistan, Malaysia and Bangladesh. If the enmity and hatred are promoted in the group by other members, the admin cannot be a silent spectator. If he maintains silence, it is tacit support for the on-going activities. In this case, his personal involvement has also been established. Therefore the admin is fit to be in jail if the guilt is proved. In normal cases, it is unfair to target the admin. The group admin will not work for any monetary benefits. The group members should be held responsible for any activity that is repugnant to the law of the land and that threatens to disturb the healthy society and healthy nation. The threat of holding admins responsible for the fault of other group members has prompted many admins to bar the group members from directly posting anything. In such cases, the membership in the group would be almost redundant. When responsibility devolves on each of the members in the group, the members would think twice before posting anything. If the admin is only held responsible for the fault of all others, it would be free-for-all for others. WhatsApp group has been playing a very important role in reaching out to the people in respect of many news not covered by the print and electronic media. But the drawback is that it is also carrying many false news and information. This must be checked. If everyone in the group acts with responsibility, it would do more good. WhatsApp is the link that promotes new friendship and relationship and re-establishes the lost friendship and relationship. Meeting of mind with just a click away.

K.V. Seetharamaiah