

# Educational institutions in Jammu Div buzz with sports activities

■ STATE TIMES NEWS

JAMMU: Educational Institutions of Jammu division celebrated National Sports Day with great enthusiasm.



GHSS Paloura students and faculty paying tributes to Hockey Legend Major Dhyam Chand.

Government Higher Secondary School Paloura Jammu celebrated Rashtriya Khel Divas with great enthusiasm.

The program started with Flag hoisting by the chief guest, Mohd. Arif Ex International Hockey Player and at present M.D Air India Jammu in presence of guest of honour Balbir Singh Manhas Ex Sarpanch, P.P Singh Hockey Umpire and Principal HSS Paloura, Sumita Chadha.

Sports activities like Tug of War, Sack Race, Lemon Race etc were held on the occasion. As a sequel to Viksit Yuva Viksit Bharat and Fit India Movement launched by the Prime Minister under Azaadi Ka Amrut Mahotsav.

A demonstration match on traditional martial Arts Gatka (M&W) was organized by the Department of Physical Education and Sports, in joint collaboration with National Service



GDC Kathua Principal, Prof. Seema Mir presenting trophy to Gatka team.

Scheme (NSS) Government Degree College Kathua.

This demonstration match was organized on the eve of National Sports Day in commemoration of the Birth Anniversary of our Hockey Legend Major Dhyam Chand.

The theme of the organizing the traditional martial Arts was Healthy India and Fit India and also to promote the knowledge of self defence.

The Match was inaugurated by the Chief Guest Prof. Seema Mir, Principal GDC Kathua.

The elite sports persons and Physical Education Students participated to celebrate the National Sports Festival.

The Chief Guest in his address to the sports persons paid tribute to the Hockey Legend Major Dhyam Chand by recalling his contribution to the country and the Indian Sports at an International Platform.

She has highly elaborated about the significance of National Sports Day throughout the country. She has encouraged the students to come forward and to take active part in sports and Physical Activities.

She has clearly stated that the new education policy has included Physical Education and Sports as the part and parcel of main education system. He further stressed upon that the government is very serious about the promotion of sports along with education system.

She lauded the achievements of Sports Department at National, Sr National and All India Inter University and State Level.

She said that Sports is a major asset of the college. The Principal apprised the students for adopting Fitness protocols by following the formula of sound mind in the sound body. Gatka demonstration started by the Principal Prof. Seema Mir accompanied by Prof. Raj Kiran, Prof. Rakesh Singh Jasrotia, HOD Chemistry and Coordinator IGNOU, Prof. Ritu

Bhagat, Prof Shivani Kotwal, Convenor Sports Board, Dr. Rachna, Dr Amita Dua, Dr Renu, Dr Anupma Arora, Prof Ambika, Prof Mammohan Singh (NSS PO), Dr Kamaldeep Singh, Dr Nerha Bandral, Dr Poonam, Dr Pinky Sharma.

The Principal highly appreciated the Physical Director Dr J S Soodan for leading the Department to highest level in both Sports and Academics by organizing International Certificate Course and Webinars in collaboration with Foreign Universities and International Organizations of the world.

Later on, Principal distributed Trophies to the participants of All India Interuniversity and National Competitions for representing College at National and All India Interuniversity level. He has also honored the elite players of Gatka by Medals and trophy for showcasing the Gatka the traditional martial Arts for college students and faculty.

The Programme was coordinated by Dr J S Soodan organizing Secretary of the programme. Later the Senior Faculty Members honoured the Chief Guest by presenting a memento. The Programme Concluded with the vote of thanks Presented by Prof. Shivani Kotwal, Convenor Sports Board.

An awareness programme of sports in order to commemorate National Sports day was held at GLDM GDC Hiranagar. The programme was chaired by Prof. Shujat Khan who held that a healthy body and healthy mind always go together. A number of sports events like Table Tennis, Badminton, Carom, Tug of war, and other recreational games were held.

Medals were distributed to all the participants and winners of the game. Vikram Singh Janwal Physical Director; The Department of Sports and Physical Education along with NSS Unit and other staff members made the event successful. The event was witnessed by Prof. Gurdial, Dr Davinder Kour, Prof. Parveen, Prof. Ajay, Dr. Jyoti, Prof. Chinky, Prof. Nidhi, Prof. Ritika, Dr. Bharat, Dr. Usha and students of the College. The sports day was organised in consultation and support of Dr. Pragya Khanna the Principal of the College.

Dr. Arun Kumar, Prof. Kiran and Prof. Neha held the proceedings of the sports events. The vote of thanks was presented by Vikram Singh Janwal at the culmination of all the events.



BBSVP faculty and students with chief guest paying tributes to Hockey Legend Major Dhyam Chand.

Brahmrishi Bawra Shanti Vidya Peeth (BBSVP) celebrated National Sports Day by organizing number of sports events. veteran sports person Raj Guru was the Chief Guest. A number of friendly exhibition matches were played. Raj Guru exhorted the students to participate in sports events and follow the footprints of Major Dhyam Chand.

He urged the youths to do inculcate spirit of true sports persons among them followed by high discipline among them.

Guru said Major Dhyam Chnad was well known as a Hockey ka Jadugar who had explored himself as best known sport person of country to whom coming generations will remember always.



Vidyalankar Academy members posing with police officers during National Sports Day celebration.

Vidyalankar Academy celebrated National Sports Day in collaboration with J&K Roller Skating Association. Chairman Vidyalankar Academy Gourav Gumble congratulated all the players and their parents to participate in such a big event where more than 11 states

participated enthusiastically. Director Vidyalankar Academy, Channi Branch Enakshi Mahajan said that now a days the case of drugs are increasing but sports council is taking a great initiative to involve the students and their interest towards sports. SP City Kulbir Handa was also present. Team Vidyalankar congratulated to all the players who won and make Jammu and Kashmir feel proud.



GDC for Women Kathua faculty and students during tug of war event.

Govt. Degree College for Women (GDCW), Kathua organized Badminton Match and Tug of war to observe the joyous celebration of athleticism, teamwork and spirit of sportsmanship on National Sports Day.

The programme was organized by Physical Director/PTI Roshan Lal Sharma in collaboration with Dr. Arun Dev Singh NSS PO of the college under the ablest guidance and patronage of college Principal.

The event started with Fit India Pledge where the students and staff of the college vowed to focus on their physical fitness on daily basis.

Dr. Savi Behl, Principal of the college declared the event open and flipped the coin for toss for the Badminton match. A total of four teams participated in the match namely, Rani Laxmi Bai Team, Sarojini Naidu Team, Subadhra Kumari Chauhan Team and Aruna Asif Ali Team.

The thrilling event was won by Rani Laxmi Bai Team. The Tug of war event kept the spectators guessing for the winning team till the last moment. The event concluded after three rounds and the Subhdra Kumari Chauhan team won the match. Both the events were officiated by technical panel from Department of Youth Service and Sports which comprised of Sanjay Gupta (P.E.M.) and Swarn Singh (P.E.M.)

Medals and trophies were distributed among the winning teams and participants by the college principal. She lauded the efforts of the students and the organising team and encouraged them to organise many more events like this in future.

The event was graced by Prof. Ravinder Kour, Prof. Shivani Sharma, Prof. Som Raj, Prof. Vijay Kumar, Dr. Vaishno Devi, Anu Radha and other staff members.



BSP Primary School students competing in Tug of War event.

BSF Primary School organized a tug of war competition which was inaugurated by Sonia Gupta, Head Master of the school.

In the senior boys group, Raman House declared winner followed by Tagore House and Nehru House which bagged second and third place respectively. In junior boys group, Tagore House remained as winner while Gandhi House got second place and Raman House bagged this place.

## Tibetan Parliament Members meet CCI members

■ STATE TIMES NEWS

JAMMU: Tibetan Parliament Members Dawa Tsering, Yeshi Dolma and Tenpa Yarphel accompanied by Rajinder Sadotra, General secretary Bharat Tibet Sanyog Manch, Sanjeev Mangotra, Convener North Zone (BTSM) and Indu Puri Vice President Mahila Morcha visited Chamber House and interacted with President Chamber of Commerce & Industry Arun Gupta and his team of Office Bearers. Arun Gupta, welcomed the visiting delegation in Chamber house.

During interaction the visiting MPs of Tibet briefed that historically Tibet was an Independent nation having defined territory, distinct population, governments and maintained diplomatic relations with neighbouring countries.

They further apprised that how China invaded / occupied Tibet illegally. They further said that the Tibetan people have been traumatized by systematic violations of their most fundamental human rights and threat to their distinct culture and national identity since China occupied Tibet.

They also said that at present half of the migrated population of Tibet is settled in India. The



Tibetan Parliament members with CCI Jammu team at Chamber House.

Government of India has already highlighted our issues and we also request your association that our cause should be highlighted at an appropriate level.

Arun Gupta President CCI said that your demands are very genuine and every country has the right of freedom and China Should declare Tibet as an independent country. He

assured the visiting MPs that demands put before the Chamber shall be forwarded to the appropriate authorities.

The other Office bearers present in the meeting include Anil Gupta, Sr. Vice President, Rajeev Gupta, Jr. Vice President, Manish Gupta, Secretary General Rajesh Gupta, Treasurer.



Parliamentary delegation of Tibet calling on JKPC Working President Raman Bhalla.

■ STATE TIMES NEWS

JAMMU: A Parliamentary delegation consisting of parliamentarians Dawa Tsering, Yeshi Dolma, and Tenpa Yarphel on Tuesday met JKPC Working President Raman Bhalla and submitted memorandum to him.

During their meeting with Bhalla, the Tibetan delegates highlighted the issue of Tibet and briefed the functioning of the Tibetan Parliament-in-Exile. Appealing Bhalla for his party's support to the cause of Tibet and to the Tibetans living in the state, the MPs presented him with souvenir and documents from the TPE. Bhalla said that he is well aware of the Sino-Tibetan conflict as he had an opportunity of listening to Prof. Sandzhong Rinpoche, former Kalon Tripa, a decade ago.

Bhalla also stated that as India's center and state governments have rightfully shouldered the responsibly of providing the needed assistance to the Tibetans living in exile for the past more than 60 years, India will continue to do the needful in support of the Tibetans. The Tibetan delegates invited Bhalla to the Tibetan Parliament-in-Exile in Dharamshala. Bhalla was told that Tibetan people have been traumatized by systematic violations of their most fundamental human rights

and threat to their distinct cultural and national identity since the People's Republic of China (PRC) invaded Tibet in 1949. Over the last seven decades, the situation in Tibet has been deteriorating to the extent that it is now facing imminent threat of cultural genocide and total annihilation of Tibetan identity. They said Tibet and India have a millennia-old history of friendly coexistence and cultural exchanges. They have been neighbouring countries with rich ancient as well as contemporary civilizational ties. As such, it is critical that our status and rights as Tibetan people are recognized and reaffirmed, and that our call for a peaceful resolution is supported and strengthened. In order to resolve the Tibet-China conflict on the basis of the Middle Way Policy, the Central Tibetan Administration (CTA) has made every effort to initiate a series of confidence-building measures during the nine rounds of talks which took place between 2002 and 2010.

Since 2010, no dialogue has taken place with the PRC and the ball is entirely in their court. Nevertheless, the CTA is open and firmly committed to dialogue and negotiation to resolve the Tibet-China conflict in the best interest of both the Tibetan and Chinese peoples through the Middle Way Policy, they added.

Students from classes 7th and 8th distributed informative pamphlets and potted plants that shed light on the campaign's objectives and the importance of tree plantation. School Director, Gourav Abrol and Principal Kundan Lal Dogra expressed their admiration and appreciation for students exceptional efforts that transformed the event into a resounding success.

## MV International School organises Tiranga Rally at DC Office Samba



MVIS students and faculty with DC Samba, Abhishek Sharma and other dignitaries at Tiranga Rally.

■ STATE TIMES NEWS

SAMBA: In a resounding display of patriotism and environmental stewardship, MV International School (MVIS) orchestrated a 'Tiranga Rally' to honour the initiative of 'Meri Maati, Mera Desh Campaign'. The rally was flagged off by Chief Guest, Abhishek Sharma, Deputy Commissioner Samba in presence of Special Guest, Benam Toshi SSP Samba, Sukhleen Kour-Chief Planning Officer Samba and Kewal Krishan-Chief Education Officer Samba were also present. Banners unfurled high, while the students shouted slogan about - Meri Maati Mira Desh Campaign, which has now become a national buzz. This event witnessed the spirited participation of 100 students and staff members of MV International School, thereby showcasing the school's commitment to rise up for the national cause. The rally culminated at the Samba District administration complex, where the students from the Cultural Department presented a Nukkad Natak, encapsulating the relentless journey of the nation from struggles for independence to today's global dominance that India is enjoying due to strong policies and selfless contributions from all citizens of our great country. In his address, Abhishek Sharma praised the school management, students and staff for launching such a campaign of extreme significance. He commended the efforts of school for creating 'Amrit Vaatika' in its premises that has been set up in memory of freedom fighters from District Samba.

Drawing parallels with some of the best Nukkad Natak, he applauded the school's dedication to artistic expression and social messages. Further, he appreciated tree plantation drive that was done by nearly 1100 students of the school under the 'One Child, One Plant Campaign'. The school has designed a programme to raise this number upto 2000 plantations by 31st August 2023.

Students from classes 7th and 8th distributed informative pamphlets and potted plants that shed light on the campaign's objectives and the importance of tree plantation. School Director, Gourav Abrol and Principal Kundan Lal Dogra expressed their admiration and appreciation for students exceptional efforts that transformed the event into a resounding success.

## Disaster preparedness training imparted to hostel inmates



Secretary, JKABD of Pahari Speaking People, Sapna Kotwal with SDRF team and inmates at Government Boys Pahari Hostel.

■ STATE TIMES NEWS

JAMMU: A team of State Disaster Response Force (SDRF) 2nd Battalion on Tuesday conducted a one day "Awareness cum Demonstration programme on Disaster Management" here in the Government Boys Pahari Hostel, Bantalab Jammu.

Secretary, J&K Advisory Board for Development of Pahari Speaking People, Sapna Kotwal was the chief guest on the occasion

On the occasion, the Resource person, Inspector Sanjeev Kalsi said that the training cum awareness programme was conducted so that the students can have a practical session on how to reduce the risk during the disasters.

Various practical demonstrations and mock drills on fire-fighting, first-aid, search and rescue besides basics of Disaster Mitigation were also conducted during the programme

During her address, Sapna Kotwal sensitized the students about the essence of disaster management. She also encouraged the students to learn about the latest techniques, mode and equipment used in managing any natural or manmade disaster.

She also spoke on the human, material, economic or environmental impacts of disasters and how the training of disaster management helps to plan, organize, coordinate and implement various measures regarding that. The Secretary expressed her gratitude to Commandant SDRF 2nd battalion for organising the event. The inmates of the Hostel showed keen interest in the demonstration programme and also shared their point of view on the occasion.

Assistant warden, Farid Hussain and other officials of the Hostel were present on the occasion.

## After Chandrayaan, India set to launch first Sun mission: Dr Jitendra



Union Minister Dr Jitendra Singh addressing a public programme at Mainpuri on Tuesday.

■ STATE TIMES NEWS

MAINPURI: Union Minister, Dr Jitendra Singh said here on Tuesday that close on the heels of successful Chandrayaan mission, India is ready with the first Sun Mission "Aditya-L1", which ISRO is all set to launch, most likely on 2nd of September. Addressing a public program here, Dr Jitendra said, with the entire world celebrating

India's Chandrayaan mission, the popular interest in the Sun Mission has also increased manifold. As a result today, he said, within a short span of four years, ISRO's financial resources have increased, the number of StartUps have gone up from 4 to 150 and the credibility of India's satellite launching facility has suddenly soared so high that so far from the launching of

European Satellites, India has earned more than 260 Million Euros and from the launching of American Satellite, India has earned more than 150 Million US Dollars. The Sun Space Mission Aditya-L1, explained Dr Jitendra, shall use the Polar Satellite Launch Vehicle (PSLV) with seven payloads (Instruments on Board). The spacecraft shall be based in a halo orbit around lagrange point-1(L1) of the Sun-Earth system, which is about 1.5 million Kilometre from the Earth, while a satellite placed in the halo orbit will have the major advantage of continuously viewing the Sun without any eclipses, he added.

Dr Jitendra Singh said, after the Mars and Moon mission, Aditya L-1 is the third such mission. It will study the energy sources from the Sun.