

**VAJK celebrates National Sports Day at Jammu**

**Trikuta Club Jammu girls win exhibition volleyball match**



A volleyball match in progress between girls teams while the participating teams posing for photograph with dignitaries and VAJK office bearers at Jammu on Tuesday.

**STATE TIMES NEWS**  
JAMMU: To commemorate the National Sports Day as mark of respect to Hockey Wizard Major Dhyhan Chand on his birth anniversary, Volleyball Association of Jammu & Kashmir (VAJK) on Tuesday organised an exhibition volleyball match of girls at Play Field Shastri Nagar, here.

The match was played between Trikuta Club Jammu and Army Children Club Jammu which was won by Trikuta Volleyball Club in a keenly contested match by 2-1 (25-20, 21-25, 15-13) sets.

The match was inaugurated by the Chief Guest, Rajeev Sharma, Member J&K Sports Council, who also distributed volleyballs to 12 players and urged them to come forward in fields of sports and education bringing the name of JKUT at national and international levels.

The Chief Guest also assured for all the assistance to needy and deserving outstanding players and asked the office bearers of VAJK to provide him their details.

Earlier, Chief Executive Officer (CEO) VAJK,

Kuldeep Magotra welcomed the Chief Guest by presenting bouquet and apprised him the objective of function which was primarily aimed at celebration of National Sports week all across J&K UT by District Volleyball Associations with special emphasis to highlight the various initiatives taken by J&K Sports Council viz My Youth My Pride, Khelo India, drug de-addiction etc.

Speaking on the occasion, Vijay Kumar Magotra, General Secretary VAJK, recalled the contribution of Major Dhyhan Chand in the

field of Indian Hockey by securing three gold medals consecutively in Olympics in 1928 at Amsterdam, 1932 at Los Angeles and in 1936 at Berlin.

Magotra also disclosed on magnificent performances of Major Dhyhan Chand, the Government of India honoured him with Padma Bhushan and released a postal ticket in his memory later on.

His birthday is celebrated as Sports Day in India besides introducing the Major Dhyhan Khel Ratna Award by the Government, he added.

Apart from this, the contribution of Neeraj Chopra, who created history by winning the gold medal beating Pakistan in the Javelin throw in the World Championship, and Bhawani Devi in introducing the fencing game in the international sports arena were also appreciated by all.

The birthday of Bhawani Devi, who remained 8 times Indian women fencer, is celebrated on 27th August as well, he added.

H.S Gill, Executive Vice President, R.C Sharma Treasurer, Mohd Tariq Joint Secretary, Subash Shastri,

Veena Kumari, Manpreet Kaur, Seema Davi, Suresh Singh Executive Members of Volleyball Association of J&K, Balbinder Singh District Secretary Volleyball Association of Samba, volleyball lovers and players attended the function.

Mulraj Raj Sharma and Naresh Kumar Volleyball coaches and Anil Kumar volleyball referee conducted proceedings of the programme.

Special programmes in this connection were also organized by Udhampur and Poonch Districts Volleyball Associations.

**Sanjay lifts District Jammu Squash Championship 2023 title**

**STATE TIMES NEWS**  
JAMMU: Sanjay Sharma won gold and lifted the title of District Jammu Squash Championship 2023 organized by District Jammu Squash Association under the aegis of J&K Squash Rackets Association at Squash Courts, KC Sports Club, here on Tuesday.

Ishan Sharma won silver and Nishal Kapahi won bronze in Senior Categories. In closing ceremony, Pankaj Singh Bhau, Tehsildar District Administration Jammu was the chief guest and Sandeep

Sharma, JE PDD was the Guest of Honour. They gave away medals to winner players. Chief Guest congratulated all medal winners and appreciated organizers for smooth conduct of the championship.

He also lauded the support being provided by J&K Sports Council for the development of Sports under the leadership of Secretary J&K Sports Council Nuzhat Gul.

The championship was sponsored by Jammu & Kashmir Sports Council.



Winner of District Jammu Squash Championship 2023 at prize distribution ceremony.

**Prominent spikers felicitated in Poonch**



DC Poonch, Yaseen Mohd Choudhary and other dignitaries felicitating young volleyball players of Shaheed DySP Manjit Singh Memorial Volleyball Club.

**STATE TIMES NEWS**  
POONCH: The district administration Poonch today felicitated young volleyball players of Shaheed DySP Manjit Singh Memorial Volleyball Club, who represented the district at the National and international level at Shaheed Manjit Memorial Model School, here.

The felicitation event was organised on National Sports Day in the presence of Deputy Commissioner, Yaseen Mohd Choudhary. "It was a great honour for Shaheed Manjit Club with as many as 12 young and senior players got felicitated by the district administration on special day," informed chairman of the

Shaheed Manjit Club, Mohd Tariq.

Those who were encouraged and felicitated were Saqlain Tariq, Ramiz Tariq, Zahid Hussain, Shaheen Akhter, Ayiaz Ahmed Madni, Musharraf Khan, Mohd Hafeez, Feroz Haider Shah, Harshit Raina, Mohd Abid Bhatti, Payal Sharma and Bilal Ahmed.

**National Sports Day celebrated with enthusiasm, fervour**

**ADGP Mukesh Singh honoured for his contribution in sports promotion**

**STATE TIMES NEWS**  
JAMMU: Paying floral tributes to Indian Hockey wizard Major Dhyhan Chand on his birth anniversary, Jammu and Kashmir Sports Council organised an impressive, colourful and well attended function to celebrate National Sports Day here in K.K Haklu Astro turf Hockey Stadium, on Tuesday.

Mukesh Singh, ADGP Jammu was the chief guest on the occasion, Dr Meenakshi Kilam, Director University of Jammu; Sumaina Mehta, Joint Director Tourism Jammu; Rahul Sahai, Chairman PHD Chamber of Commerce Jammu; Pradeep Dutta, Senior Editor Times Now and Shaheen Wahid, SP South Jammu were the Guests of Honour.

On the occasion, a hockey match was played between two women teams, while the young



ADGP Jammu, Mukesh Singh posing with other dignitaries and participating teams.

kids demonstrated yoga and skipping skills also.

The Chief Guest, while paying rich tributes to Major Dhyhan Chand, threw light on the significance of the day. He lauded the efforts of J&K Sports Council in building sports culture in Jammu and Kashmir.

The ADGP Jammu also praised the J&K government for raising infrastructural facilities in every nook and

corner of the Union Territory. Earlier, Ranjeet Kalra, Member of J&K Sports Council, while welcoming the chief guest and other dignitaries on behalf of Secretary Nuzhat Gul, threw light on the achievements of J&K Sports Council under the dynamic leadership of LG Manoj Sinha, who is also president of J&K Sports Council.

The J&K Sports Council on this occasion also presented an

Expression of Gratitude Memento to AGDP Mukesh Singh for his extraordinary contribution towards promotion of sports and support to the initiatives of the Sports Council.

Kalra also extended thanks to J&K Police and various government agencies for their support to the sports initiatives of J&K government.

Prominent among those present on the occasion

included Rajeev Sharma, Member of Sports Council, Mohd. Haneef, CSO, Ashok Singh Divisional Sports Officer. Coaches, Naveen Sharma, Krupali Singh, Manisha Gupta, Rachna Janwal, Sat Pal Singh, Anil Gupta and Ajay Gupta and prominent sports persons of J&K

The proceedings of the event were conducted by anchor, Rajesh Dhar.

**APS Nagrota organises investiture ceremony**

**STATE TIMES NEWS**  
JAMMU: Army Public School (APS) Nagrota organized a function to bestow responsibilities on the deserving young talents of school to lead their school from the front with their commitment, confidence and competence, here on Tuesday.

The event also felicitated meritorious students of class 10th and 12th Board Exams for the session 2022-23, as the school secured 1st Rank in Northern Command because of their immense dedication, hardwork and academic brilliance.



Punita Jain (Zonal President White Knight AWWA) inaugurating Children's Park at APS Nagrota.

Apart, there was inauguration of Children's Park as well by the Chief Guest for Primary wing of school. Ruchi Bahl, Principal APS

Nagrota welcomed the chief guest, Punita Jain (Zonal President White Knight AWWA), Guest of Honour, Dr. Namita Singh (Zonal

Vice President White Knight AWWA), other distinguished guests and parents.

In the first half, the newly elected student council received honorary designated positions and were conferred with badges and sashes by the Chief Guest and Guest of Honour along with Principal APS Nagrota.

The ceremony progressed with acknowledgement of House Captains, Vice Captains, House Prefects and various Club Secretaries. Samar Singh of Class 11th holds the charge of head boy and Toshita Vaishnavi Dogra of same class holds the posi-

tion of head girl for current session 2023-24.

The student council took pledge to hold the school motto in high esteem.

The second half of event conducted awards and scholarship giving ceremony to felicitate and honour the students who notched exceptional results in class 10th and 12th board exams for the session 2022-23.

The Chief Guest guided the student council to be impartial and honest in leadership unity, discipline and morality. The vote of thanks was presented by Vice Principal APS Nagrota, Avinash Mahajan.

**Arushi of JKPS Panjirthi wins first prize in gymnastic performance on I-Day function at Srinagar**

**STATE TIMES NEWS**  
JAMMU: Arushi Gupta, a student of class 8th of JK Public School (JKPS) Panjirthi presented gymnastic performance on the Independence Day function celebration at Bakshi Stadium Srinagar.

The event was graced by the Lieutenant Governor Manoj Sinha. Aarushi Gupta and her team won the first prize and were awarded by the Lieutenant Governor.

The Principal of JKPS Panjirthi Suman Banbah congratulated the proud jalkian and added, "Excellence is not being the best, it is doing your best".



Principal JKPS Panjirthi Suman Banbah felicitating winner Arushi Gupta.

**Close Handball contest marks Sports Day at Udhampur**



Chief Guest presenting trophy to winner team at Udhampur.

**STATE TIMES NEWS**  
UDHAMPUR: A closely contested Handball match between Kargil Martyrs Club and 12 Dogra Regiment (222-21) of the Indian Army marked the celebrations of National Sports Day at Mini Stadium grounds, here today.

The event took place under the banner of Department of Youth Services and Sports (DYSS) and graced besides others by Deputy Commissioner Udhampur, Saloni Rai, who was chief guest. She not

only witnessed the game but also encouraged those young Handball trainees of the district by spending quality time with them.

The Deputy Commissioner was of the views that such events must not restrict to special days but should be held on regular basis so as to imbibe among youngsters the spirit of sports.

She was all praise for the team behind organising the event and appreciated the DYSS for the initiative. Prominent among others present were Daleep Abrol,

CEO Municipal Committee Udhampur; Sushma Rani Gupta, ZPEO Jib; Jyoti Rani, ZPEO Chennai; Adarsh Sharma, Manager Canara Bank; Jasbir Singh, Sanjeev Magotra, Arun Mehta, Ashutosh Sharma, Arun Gupta, Manmeet Singh, Ashok Padha (president Volleyball Association), Pawan Sharma, Ashok Sharma, Vishal Bamotra, Rajan, Somdev Khajuria, Ramesh Chander, Sanjeev Kumar, Vikas Sharma, Sanjeev Khajuria, Rishi Sharma, Vipin Photra, Ravi Kumar and Sourab Pandit.

**Rigzin Lamo of JNV Leh wins gold, silver for India in International Earth Science Olympiad**

**STATE TIMES NEWS**

LEH: Rigzin Lhamo, currently studying in class 10th in Jawahar Navodaya Vidyalaya (JNV) Leh, Ladakh has bagged one gold and one silver for India with two certificates of appreciation for photography in the International Earth Science Olympiad 2023.

The International Earth Science Olympiad 2023 was conducted virtually and 32 countries participated with around 191 total participants.

Team India consisting of eight students participated from the Geological Society of India, Bengaluru in collaboration with the Ministry of Earth Science GOI.

As the results were declared recently, India shines with 3 gold, 7 silver and 6 bronze medals with many certificates of Appreciation for their Photography and Poetry.



Rigzin Lhamo from JNV Leh after receiving medals and certificate.

**KC Public School invites Prof Gurdev of SKUAST to conduct session on Hydroponics**



Prof Gurdev of SKUAST posing with students and faculty members of KCPS Jammu.

**STATE TIMES NEWS**  
JAMMU: K C Public School under its inspire talk initiative, invited Prof Gurdev to conduct a live demo session on hydroponics for the students.

Hydroponics, a modern technique of growing plants without soil, has gained significant attention in recent years due to its numerous benefits such as efficient water use, increased crop yield, and reduced environmental impact.

Prof Gurdev (HOD Physiology, SKUAST), a distinguished expert in hydroponics, demonstrated the key principles of hydroponics, including nutrient solution management, pH regulation, and plant growth optimization.

During the session, students had the chance to engage in hands-on activities, such as preparing nutrient solutions and adjusting pH levels. Additionally, Prof Gurdev will share insights

on the environmental advantages of hydroponics, such as water conservation and reduced pesticide use.

Principal Amarendra Mishra presented a vote of thanks.

Chairman Raju Chowdhary, Vice Chairman Arjun Chowdhary, MD Arti Chowdhary, Principal Amarendra Mishra and Vice Principal Sanjay Pandey appreciated the work being done under the aegis of KC Paryavaran Sadan.