

# J&K Kalarippayattu team leaves for National C'ship

■ STATE TIMES NEWS

JAMMU: The Jammu and Kashmir Union Territory (JKUT) Kalarippayattu team on Monday left for 15th National Kalarippayattu Championship 2023.

After the selection trials conducted on the basis of performance in 6th J&K UT Kalarippayattu Championship 2023, the 37-member team comprising 23 boys, 11 girls, two coaches and one manager left for the national championship scheduled to be held at LNCP Indoor Sports Complex, Thiruvananthapuram, Kerala from August 11 to



J&K UT Kalarippayattu team posing with dignitaries and officials before leaving.

13, 2023.

The Kalarippayattu team left in presence of Manjeet Singh (Chairman- Kalarippayattu Association of J&K), Rajeev Sharma (Member J&K Sports Council), Vikas Gupta (Joint Secretary- J&K

Olympic Association), Danish Sharma (General Secretary Kalarippayattu Association of J&K), Arshad Aziz (Joint Secretary KAJK ), T P Singh (Sports enthusiast), Suraj Bhan (Chief Judo Coach) and Anil Gupta

(Indian Yoga Team Coach). The team: Ritvik Choudhary, Umair Ashaq Pintoo, Bilal Bashir Mir, Danish Shabir, Jaideep Manhas, Tajamul Ahmad Khan, Tarun Gupta, Rudrakshit Gupta, Mohammad Zaheem Malik,

Amanat Ashaq Yattoo, Saksham Langeh, Faizan Mushtaq, Faizan Sofi, Azhar Rashid, Maroof Gulzar, Zamid Riyaz, Imran Akber Wani, Arsalan Abid, Dawood Ibrahim, Maroof Gulzar, Koushal Garg, Tejshree Singh, Seerat Iqbal, Gungun Tickoo, Anjali Charak, Tanzeela Nazir, Tanziya Ayoub Mir, Dua Mukhtar, Rishika Sharma, Palak Sharma, Sachu Chib, Anjali Kumari and Anjali Charak.

Arshad Aziz and Rajat Bhagat will accompany the team as Coaches and Danish Sharma as Manager.

# Heritageans win array of medals in Swimming Competition

■ STATE TIMES NEWS

JAMMU: Heritageans brought accolades to the school in Inter School Sahodaya Swimming Championship held at Shaurya International School on July 31, 2023.

Vamika Parmar won three gold medals, Tegmeet Kaur clinched one gold and two silver medals, Aditee Bargotra won a gold and a silver medal, Piyaush bagged a gold medal and Puneesh Puri & Pratyaksh Vir Parmar received participation certificates.

The Principal and the



Heritage School faculty feliciating winner students.

staff congratulated the swimming squad of Heritage School on their remarkable success and wish them good-luck for their future endeavours.

# GCW Udhampur wins exhibition volleyball match for girls



Participating teams posing for a photograph with dignitaries and officials.

■ STATE TIMES NEWS

UDHAMPUR: Govt College for Women (GCW) Udhampur outplayed Army Public School (APS) in exhibition volleyball match for girls organized by Volleyball Association of District Udhampur under the aegis of Volleyball Association of Jammu and Kashmir in collaboration of Jammu and Kashmir Sports Council at APS ground,

here on Monday.

GCW Udh beat APS girls team by straight 2-0 (25-19, 25-15) sets.

The match was organized as a part of 76th Independence Day celebration under Azadi Ka Amrit Mahotsav and My Youth My Pride initiative of Government.

The match was played under the supervision of Ashok Padma, President VADU and his team.

Earlier, the match inaugurated by Sanjeev Kumar, Principal APS Udhampur and Mintu Jaswal ex-national player of volleyball. Manjeet Singh Physical Teacher APS was also present. The match was officiated by Anshu Khanna, Deepmala and Amit Sharma PET.

Match played under the overall supervision of Gurmeet Singh PET APS Udhampur.

# Colourful event marks 'Investiture Ceremony' at Sprawling Buds

■ STATE TIMES NEWS

JAMMU: With the aim to inculcate problem solving skills and develop leadership qualities at young, the Sprawling Buds ICSE School conducted 'Investiture Ceremony' for the academic session 2023-24 on the school campus here on Monday.

The event was graced by chairperson of the school, Arti Sharma, Seema Sharma (Director), Monika Sharma (Principal), Neha Sharma, Divya Raina and Shalpu Bhat (all Coordinators).

The ceremony was held with lots of zeal and zest. Beginning with lighting of ceremonial lamp, the special activity witnessed formal welcome of the distinguished guests.

Chairperson of the school, Arti Sharma handed over the House Flags, badges and sashes to the Head Boy, Head Girl, Prefects, House Captains and to the incharge of different houses who were eagerly waiting to take up their duties. This was followed by oath taking ceremony of the student council who took the pledge to hold the school motto of Loyalty, Truth and Honour in high



Students with faculty members during investiture ceremony.

esteem.

Newly appointed council members are Jaanvi Batra (Head Girl), Bhavishdeep Parihar (Head Boy), Abhinandan Sharma (Wisdome House Captain), Tejashwini Thakur (Loyalty House Captain), Namish Dev Singh Parihar (Courage House Captain), Bhavisha Koul (Peace House Captain).

Those who designated as prefects are Dakshika Rani, Arya Singh, Ayushi Sambyal, Advit Kotwal,

Sparsah Parihar, Shivam Sadhu, Suraj Singh, Ayush Kotwal, Yashaswani Singh Thakur, Eishaan Rattan Sharma, Aaradhyia Thakur, Fanika Zadoo, Mohd. Rehan Khan, Arini Dixit, Avika Gupta, Arian Singh Parihar, Ankush Singh Katoch, Mahima Sharma and Ambika Sharma.

The list of Monitors included Aahana Beniwal, Priyansh Kumar, Aadvik Aryan, Manasvi Sharma, Paarth Mujoo, Shivanshi, Myraa

Chandel, Sahaana Sharma, Aarav Ferkalu, Saksham Singh Rukwal, Aadya Mattoo, Ayush Singh Surmal, Saanvi Bhat, Dristhi Sharma, Aashita Sharma, Preeti Thakur, Namish Dev Singh Parihar, Jaanvi Batra and Pulkit Singh.

Similarly, teachers who got appointed as House incharge were Komal Shangloo (Courage House), Neha Tandon (Loyalty House), Abhilasha Koul (Peace House), Savita Raina (Wisdom House) and Abhilasha Koul (Discipline In charge).

Later, chairperson, Arti Sharma congratulated them and entrusted them to set priorities in hours of need and be team players. She emphasized the significance of leadership and responsibilities associated with it and urged them to take responsibility with commitment and integrity. Director of the school, Seema Sharma guided the students with her inspiring words urging them to do their best for the school. She advised them to be role models and assured all possible help to the student's council.

# Jodhamal wins Sahodaya Inter-School Dance Competition



Jodhamal Public School faculty feliciating winner students.

■ STATE TIMES NEWS

JAMMU: Continuing the tradition of excellence, the students of Jodhamal Public School secured the first position at the Sahodaya Inter-School Classical Dance Competition held at Army Public School, Jammu Cantt.

The Competition, in which more than 200 students

from 35 teams from other prominent schools of Jammu had participated, was organized under the aegis of Sahodaya Complex, Jammu Chapter.

The Jodhamal Dance Troupe included Manya Vikram Randava, Vriti Sharma, Aachal Kour Preet, Jigisha Thussu, Aabha Sharma, Aayati Sharma,

Nandini Sharma and Seerat Kour. They performed a Kathak Dance.

The students were bestowed with gold medals and Certificates while the School bagged a memento for this achievement.

The Judges of the Competition appreciated the performance of students and provided everyone with valuable tips.

Teacher-mentors who prepared the students were Shruti Sharma and Aadi Sharma.

Nandan Kuthiala, Trustee, Arati Kuthiala, Director, Girish Kumar, Principal and Shefali Sanwal, Vice Principal congratulated the winners and the Teachers In-charge.

They also applauded the immense efforts of the students for their energy-packed performance.

# Brinder qualifies NET

■ STATE TIMES NEWS



# Semis line up drawn in AKAM Cricket Cup

■ STATE TIMES NEWS

POONCH: Kanyian, Surankote, Mendhar and Mankote zones on Monday qualified for the semifinals of the ongoing Azadi Ka Amrit Mahotsav Cricket Cup an initiative of the district administration in collaboration with Department of Youth Services and Sports (DYSS) at Sports Stadium, here.

In today's quarterfinals, Mankote defeated Poonch Zone in super over.

Earlier, Mankote won the toss and elected to bat first they made 102 runs match to find the game ending in a tie. In the super over, Poonch zone scored 19 runs which Mankote Zone chased thus emerged winner. In other quarterfinal game of the day, Mendhar Zone trounced Harni Zone by eight wickets. Harni zone batting first made 106 runs which, in reply, Mendhar zone chased losing only two wickets.

Today's matches were officiated by the technical panel including Surinder Singh, Aman Sharma, Sajjad Ahmed, Tahir Ahmed and Talit Wasim.

This tournament is being organised under the technical supervision of Pawan Kumar (PEL) and Parvaiz Ahmed (ReK) under overall supervision of district (DYSS) officer, Mohd Qasim.

# Eleven J&K UT players selected for senior national power lifting championship



Selected players posing for a photograph at Jammu on Monday.

■ STATE TIMES NEWS

JAMMU: Eleven players of Jammu and Kashmir Union Territory have been selected for Senior National Equipped Power Lifting Championship (Men & Women) held at Kashipur Uttarakhand from August 8 to 13, 2023.

The officials of the Association namely Ajay Sharma General Secretary,

Rahul Sawhney Senior Vice President, Power Lifting Association & all the executive member of the association gave best wishes to the team.

The team was selected by All J&K UT Power Lifting Association on the basis of recently conducted J&K UT Powerlifting Championship.

The team is accompanied by Ajay Sharma (National

Referee), Anshuman Sharma Head Coach, Umesh Raina Coach, & Adil Ashraf Khan Manager of the J&K UT Powerlifting Team.

MEN: Aditya Sharma, Aman Tak, Vanktesh, Kartik, Adil Ashraf Khan, Ronit Verma, Shoy Gupta and Gourav Sharma.

WOMEN: Heena Naz, Kajol and Sakshi Koul.

# Aamir Sports Club wins CPL final

■ STATE TIMES NEWS

RAMBAN: Aamir Sports Club won the final match of Chanderkote Premier League here on the Chanderkote Ground.

The winning team beat Shining Star by chasing a target of 151 runs. The event was witnessed by the thousands of cricket lovers encouraging the youth to participate in the sports events for their overall development.

Earlier, Deputy Commissioner, Ramban, Mussarat Islam inaugurated the final cricket match in presence of BDC Chairperson Ramban, Anjad Ali, Tehsildar Ramban, Mohammad Rafiq, PRIs besides other officers.

The championship was organized by the Youth of Chanderkote headed by Ex Serviceman Surjeet Kumar under the Khelo India movement.

Appreciating the local youth for organizing such well organized sports events, the DC assured full cooperation from district administration for organizing more tournaments.

Interacting with the youth, the DC advised them to keep away from the means of drugs for living a healthy and happy life besides contributing to the development of the nation.

# Tariq calls on DC Poonch

■ STATE TIMES NEWS

POONCH: Chairman Shaheed DySP Manjit Singh Memorial Volleyball Club Poonch, Mohd Tariq on Monday called on Deputy Commissioner (DC), Yaseen Mohd Choudhary to apprise him of the sports activities, especially Volleyball.

Accompanied by other members of the Club, Mohd Tariq also got the new jersey unveiled from the administrative head of the district.

Tariq told the officer how the Club was contributing in channelling the energies of the youth thus engaging them towards sports in the border district.



Chairman Shaheed DySP Manjit Singh Memorial Volleyball Club Poonch, Mohd Tariq and others calling on DC, Yaseen Mohd Choudhary.

The DC assured all possible help from the district administration in mobilising more youth towards sports and other means of fitness.

Those present on the occasion were Narinder Singh (president GPCP), Hardev Singh (Retd.ZPEO), Sarabjeet Singh and Ramiz Tariq.

# Commerce College organises 'Angdaan Mahotsav'

■ STATE TIMES NEWS

JAMMU: NSS Units of Govt. SPMR College of Commerce organized "Angdaan Mahotsav" under the banner of Meri Matti Mera Desh and Azadi Ka Amrit Mahotsav (AKAM), an initiative of Govt. of India.

Dr. Surinder Kumar, Principal of the College, elaborated that everyone should donate organs as well as make general public aware in order to dispel myths and misconceptions associated with organ donation.

"We should imbibe the values of organ donation and transplantation as it can save the life of a person in need," he said.



Students and faculty putting signs in signature campaign.

Students and staff of the college took a pledge to donate organs. The pledge was read out by Manisha Kumari of B.Com Sem. 4th both in

English and Hindi. A signature campaign on "We Pledge to Donate Our Organs" was also initiated in the college. The whole programme was

coordinated and managed by Prof. Deepshikha Sharma and Prof Apfan Ali, NSS POs of the college.

Other faculty members present were Prof. Barbara Kaul, HoD Commerce, Prof Savita Jamwal, HoD Economics, Dr. Parveen Singh, Prof. Deepshikha Sharma, Dr. Deepak Pathania and Mr. Malik Aijaz Iqbal.

# Ranveer bags U-16 boys' title in Lawn Tennis

■ STATE TIMES NEWS

JAMMU: Beating Aahan Bhat 8-7 in a closely contested final, Ranveer Choudhary won the under-16 boys singles title in the ongoing Jammu district Lawn Tennis Championship, organised by Lawn Tennis Association of J&K at M A Stadium, here on Monday. The under-16 girls singles final won by Myra Vashishath after she got walkover Antekshika. Similarly, the under -16 girls doubles event also ended in a walkover: This time, pairing with Mehreen Kaur; Myra Vashishath got walkover the duo of Antekshika and Tavleen. In boys under-14 category, Madhavendra Singh got walkover Mayank Gupta in the final. Earlier, in the semifinals, Madhavendra Singh defeated Abhirath Thappa 7-3. In a preliminary round of quarterfinals, Abhirath Thappa trounced Aarhan Sharma 6-1.

# Cycling body holds meet

■ STATE TIMES NEWS

JAMMU: Cycling Association of Jammu and Kashmir (CAJK) on Monday met in a special general body meeting with president of the Association, Om Parkash in the chair at Press Club Jammu, here. Besides other decisions, the members present in the meeting allowed the chair to initiative changes in the official positions. The Association appointed Raj Kumar, Shagun Chib and Neha Dutta as new secretary, treasurer and joint secretary respectively in place of existing office bearers. Earlier, president of the Association, Om Parkash Sharma expressed his views about the further action in the matter to enable smooth conduct of all activities of the game of Cycling and participation of teams at the National events. He sought full help and cooperation from all the members in taking the game to the new heights. Further, Raj Kumar, newly nominated secretary was asked to initiate the process of holding coaching camp, selection trails for upcoming 20th National Senior, Junior and Sub-Junior Mountain Bike Cycling Championship to be held at Panchkula in Haryana from September eight to September 10, reports reaching here informed.



Students posing for photograph with dignitaries at Surankote.

Chowdhary was the chief guest, who encouraged the participants. The day-long activity conducted under the supervision of Nirdosh

Kumar, Incharge Sports Stadium Poonch. Nirdosh Kumar was accompanied by Mushtaq ahmed (Boxing coach), Ram

Parkash (ground incharge), Rohit Sharma (boxing mentor), Ameet Singh (football mentor), Kiran Kumar and Navjot Singh (hockey coach).