

GCW Bhagwati Nagar organizes orientation workshop

STATE TIMES NEWS
JAMMU: The NSS Unit "Veerangana" of Government College for Women, Bhagwati Nagar, organized an orientation workshop for its NSS volunteers under the esteemed patronage of Dr. Meeru Abrol, the Principal of the college. The workshop commenced with a formal welcome address delivered by Dr. Preeti Salathia, the NSS Programme Officer.

In her address, she highlighted the primary objective behind establishing NSS units at the college level by the Ministry of Youth Affairs and Sports.

Dr. Salathia also outlined the various activities planned for the 2024-25 academic year, emphasizing the role of NSS in fostering a sense of community service and social responsibility among students. The workshop saw active participation from approximately 72 NSS



GCW Bhagwati Nagar students and faculty taking pledge at orientation workshop.

volunteers, who engaged in discussions, raised queries, and offered suggestions for enhancing the effectiveness of their community service initiatives. These suggestions will be considered for implementation in future NSS activities.

In addition to the workshop, the Electoral Literacy Club, in collaboration with the NSS Unit "Veerangana," organized a pledge-taking ceremony. This event aimed to raise awareness among students about the

importance of voting and to encourage them to participate responsibly in the upcoming state elections.

Addressing the gathering, Dr. Meeru Abrol, the Principal of the College, delivered a compelling message on the significance of voting in a democratic society. She emphasized the critical role that each vote plays in shaping the future of the state and the nation. Dr. Abrol encouraged the students to approach the voting process

with a sense of responsibility and integrity, reminding them that their vote is a powerful tool for change. She urged the students to cast their votes without fear, highlighting the importance of exercising their right to vote freely and confidently. Dr. Abrol stressed that the electoral process should be approached with a clear and unbiased mind, unclouded by external pressures or influences. She cautioned against being swayed by factors such as caste, religion, language, or community, which have often been used to divide voters and undermine the true spirit of democracy.

Dr. Abrol's address underscored the importance of making informed and independent decisions, encouraging the students to evaluate candidates based on their policies, qualifications, and vision for the future, rather than on superficial or divisive criteria. She reiterated that a fair and impartial voting process is essential for ensuring that the most capable and deserving leaders are elected to represent the people. By inspiring the students to vote with courage and conviction, Dr. Abrol aimed to instill in them a deep sense of civic duty and an understanding of their role in upholding the values of democracy. Her words served as a powerful reminder that every vote counts and that each individual has the power to contribute to the collective progress and well-being of society through their participation in the electoral process.

The event, coordinated by Prof. Gagan Jyoti, was well-attended by faculty members and students, reflecting the college's commitment to promoting civic responsibility and active participation in the democratic process.

Army hold 21-day Volleyball camp for Rajouri girls



Army officer posing with participating teams and other officials.

STATE TIMES NEWS
RAJOURI: Indian Army (155TA) organised 21 days special volleyball coaching camp exclusively for girls at Government Higher Secondary School Dehrikerote in collaboration of Rajouri District Volleyball Association.

The Army provided these young female campers from remote border areas of the district with necessary playing tools, including kits and infrastructure.

Meanwhile, in charge of District Rajouri Volleyball Association, Mohd Tariq thanked the Indian Army for

the gesture. "Such camps by the Indian Army developed confidence among the young girls. It was due to these coaching sessions that a good number of Rajouri girls managed their place in the J&K and represented the UT at the National level," said Tariq.

KCPS delegates excel at Jodhamal Youth Conclave 2024



KCPS faculty felicitating winner students.

STATE TIMES NEWS
JAMMU: Eight students from KC Public School (KCPS), namely, Shreedha Gupta, Pranay Sharma, Suhas Koul, Kaaavin Bhushan, Adhiraj Mahajan, Aarav Singh, Divyanshi Rajput and Ahyut Khajuria participated in 7th edition of JYC held at Jodhamal Public School from August 23 to 25. The three days' conference featured seven committees including Lok Sabha, SPECOL (Special Political and Decolonization Committee), ICIJSC (International Consortium of Investigative Journalism Special Corps), UNW (UN Women), AIPPM (All India Political Party Meet), IP (International Press) and

ICIJSC, a classified committee, and IP captured the event. Many leading schools like JK Public School, GD Goenka School, Jammu Sanskriti, Delhi Public School Udhampur, KC International School and the host Jodhamal Public School participated in the conference. KCPS delegates delivered an outstanding performance with Suhas Koul winning Outstanding Delegate Award and Pranay Sharma winning a Special Mention in Lok Sabha. Kaaavin Bhushan secured a Special Mention in UN WOMEN. Aarav Singh received a Verbal Mention in SPECPOL (Special Political and Decolonization Committee). Ahyut Khajuria earned a Verbal Mention in CPH (Concilium Prospere Hindustan).

Chairman Raju Choudhary, Vice Chairman Arjun Choudhary, MD Arti Choudhary, Principal A K Mishra and Vice Principal Sanjay Pandey commended the delegates for their participation in the event.

HPS shines in district level speedball championship



Humanity Public School faculty felicitating winner students.

STATE TIMES NEWS
SAMBA: In recently concluded District level Championship 2024 Organised by J&K Sports Speedball Association at Sukh Sagar Bhawan (Sikenderpur Kothey), students of Humanity Public School (HPS) Bassi Kalan, Bari Brahmana achieved remarkable success by showing exceptional skills and determination, emerging as the deserving winner.

It was an unparalleled achievement since 16 medals were won by the school.

Among those who won gold medals in the competition were Pranab (8th), Ruhil Rajput (7th), Rudransh (6th), Daksh Charak (6th), Zahir Hassan (6th) and Mohd. Hasnaa (6th).

Students have shown a fine display of sportsmanship and all the participants received participation certificates.

The students who acclaimed silver medals

were Amish Mehra (8th), Javesh Sharma (10th) and Mukund Saini (5th). Whereas Mukul Manhas (5th), Niharika (7th), Manyata Sharma (7th), Rishi (8th), Arun Kumar (8th) and Somdev Pandey (11th) bagged bronze medal.

The students of the school who participated in this tournament were well received in the school premises by Principal Gaurav Charak, Vice Principal Anku Charak, Incharges of distinguished wings and Staff members.

A special assembly was organised to felicitate the winners wherein Principal Gaurav Charak lauded the relentless efforts of the coach Anju Parihar as well as Sports Incharge Mahaan and said that school management is leaving no stone unturned to promote physical education and sports in school. He also congratulated the Participants and wished them luck in their upcoming tournaments.

GDC Marheen organizes Carrom Competition

STATE TIMES NEWS
MARHEEN: In the series of activities under National Sports Week Celebration, Department of Physical Education in collaboration with IQAC of GDC Marheen, organized Carrom Competition on Tuesday.

The programme was organized under the overall supervision of Prof. (Dr.) Anupama Gupta, Principal of the College.

She emphasized the pivotal role of such sporting events in promoting a healthy and active lifestyle

development and lauded the participants for showcasing dedication, talents and passion which contributed to the resounding success of the event.

In the competition, single matches for men and women were played. In the Men's matches, 11 students participated in which Neeraj and Dharmveer secured 1st and 2nd position respectively.

In the Women's matches, 25 students participated in which Poonam and Monika secured 1st and 2nd position respectively. The event was managed by Dr. Ballbinder Singh, Physical Director, GDC, Marheen.



Carrom Board matches in progress.

GDC Udhampur inaugurates Sports Festival on National Sports Day

STATE TIMES NEWS
UDHAMPUR: National Sports Day is a momentous occasion which honors the birth anniversary of Indian Hockey Wizard, Major Dhyan Chand and encourages the youth to participate in sports activities.

The theme of National Sports Day 2024 in India is "Sport for the Promotion of Peaceful and Inclusive Societies" Department of Sports in collaboration with Red Ribbon Club, NCC and NSS units of GDC Udhampur organizes sports festival with effect from 27th Aug to 29th Aug 2024 to mark National Sports Day.

The sports festival was inaugurated by Dr. Sanjay Kumar Verma, Principal GDC Udhampur. In his inaugural address the Principal congratulated the students and staff, he motivated the students to raise awareness about drug de-addiction among the youth. He empha-



GDC Udhampur faculty posing with participating students.

sized students to focus both on academics as well as sports activities vehemently.

National Sports Day aims to raise awareness on the values of physical activities and sports in everyone's daily life. Before kick starting the program both staff and students pledged for 'Nasha Mukta Bharat', in order to put their efforts in making the society and the surroundings free of such nuisance.

On Tuesday a series of sports events were organized inside campus which includes Intra-college Chess and

Table Tennis tournament for men and women.

In Chess Men category semifinal-1, Govind Singh defeated Vinesh Kumar and in Semifinal-2 Jai Dev Singh beat Atul.

In the final match Jai Dev Singh B.Com Sem-III defeated Govind Singh B.A Sem-V. In Chess women category semifinal-1, Swati Thakur defeated Ambica and in Semifinal-2 Siya Manhas beat Miss Sumeet.

In Chess women Final Miss Swati Thakur B.Sc Sem-V defeated Siya Manhas

BBA Sem-III. However, in T.T Men category semifinal-1 Sourav Sharma defeated Akhil (Set Score=3:1) and in Semifinal-2 Parval Basotra beat Navam (Set Score=3:1) In the Final, Sourav Sharma B.A Sem-III defeated Parval Basotra B.Com Sem-V (Set Score=3:2).

In Table Tennis Competition between staff members, semifinal-1 was won by Dr. Jagjeet Singh Associate Professor Chemistry defeated Prof.

Vijay Kumar Assistant Professor Department of English, whereas, in semifinal-2 Prof Anil Kumar Thappa, Assistant Professor Geology beat Prof. Rajesh Singh Manhas, Assistant Professor Geology.

Nearly 100 students participated during the inaugural day of sports festival. Shashi Kumar Sharma (Physical Director) is the overall coordinator of the sports festival.

During the event the faculty members present were Dr. Mohinder Pal (Convener Sports Committee) Prof Suresh Kumar Dogra, Dr. Jagjeet Singh (Staff secretary), Dr. Firdoos Ahmad Itoo (Convener Red-Ribbon Club) Dr. Revika Arora (Co-Convener Red Ribbon Club), Prof. Vijay Kumar (NCC officer) and Sudesh Kumar (Pharmacist). Refreshment were served to all the participants.

DYSS Deptt Reasi organizes Inter-Zonal Competitions

STATE TIMES NEWS
REASI: The District Youth Services and Sports (DYSS) Department, Reasi, recently concluded successful inter-zonal competitions in Kho-Kho, Volleyball, and Kabaddi, U19 boys and Cricket AAG trails as well as inter-school district level trials for cricket. Participants from across the district, including Chassana, Arnas, Mahore, Pouni, and Reasi, showcased their athletic prowess. In addition to the competitive spirit, the event served as a platform for civic education. The district officer, in his welcoming address, encouraged participants to exercise their right to vote in the upcoming elections.

He also emphasized the importance of informed and responsible voting through



Chief guest interacting with players.

the SVEEP (Systematic Voters' Education and Electoral Participation) Programme. Also urge the participants to aware your parents, friends and relative to go out and vote Furthermore, the officer announced the upcoming Kashmir Marathon, scheduled for October 20th on the banks of Dal Lake in Srinagar. Organized by the Government of Jammu and Kashmir Union Territory in collaboration with J&K Tourism, the marathon is expected to be a significant event.

Results: Kho-Kho: Zone

Pouni emerged victorious, defeating Zone Reasi by a narrow margin of 3 points. Kabaddi: Zone Pouni once again dominated, securing an 8-point win over Zone Reasi. Volleyball: Zone Reasi showcased their skills, defeating Zone Arnas in a closely contested match by 3-2 sets. The competitions were a testament to the talent and dedication of the young athletes in the district. The matches were officiated by the officials deputized by DYSS office Reasi and conducted under the supervision of Kuldeep Kumar Activity Incharge.

Higher Secondary School Bhoond dominates in Inter-School Zonal Level Tournament emerges



Participating girls teams posing for a photograph with officials.

STATE TIMES NEWS
BASOHLI: Zone Basohli organized an Inter-School Zonal Level Tournament for girls under the guidance of DYSSO Kathua, Sunil Singh Sambhal.

The event, held at Government Model Higher Secondary School (GMHSS) Basohli, was supervised by Incharge ZPEO Basohli, Tara Singh, and inaugurated by the Vice Principal of GMHSS Basohli.

The tournament featured various sports, including Volleyball, Kho-Kho, Kabaddi, Wrestling, Table Tennis, Chess, and Badminton, with a total of 80 participants.

In the Kabaddi match, Higher Secondary School Bhoond defeated Model HSS Basohli by 18 points. Higher Secondary School Bhoond also triumphed in Volleyball, winning against MHSS Basohli by 2 sets, and in

Kho-Kho, where they secured victory against Model Higher Secondary School Basohli by 3 points. The event showcased the talent and competitive spirit of the girls in the zone, with Higher Secondary School Bhoond emerging as a strong contender across multiple sports, highlighting the success of the tournament in fostering athleticism and camaraderie among the students.

Sports awareness is in full swing in various schools of Zone Pouni Talent hunt under Beti Ko Khiladi Banao initiative held

STATE TIMES NEWS
POUNI: Anuradha Sharma, NIS Wrestling coach is leading the awareness among youngsters especially girls of various schools of zone Pouni, district Reasi ahead of National Sports Day to be celebrated in the premises of Girls High School Pouni on August 29, 2024.

Anuradha Sharma disclosed that sports awareness is being created to identify the talent and to sharpen it for further competitions. Anuradha made a strong appeal to girl students to participate in various games especially wrestling wherein free coaching will be provided and given opportunity to participate in various competitions. Earlier sports awareness

of students in various games on the celebration of National Sports Day. GL Sharma Principal GHSS Bharakh hailed the volunteer initiative of Women wrestling coach for motivating the students especially girls under PM initiative of Beti Bachao Beti Ko Khiladi Banao.

On the occasion some medicinal plants were planted in the school premises beside girl wrestling team of Pouni along with their coach Anuradha who has brought glory in various Dangals viz Mougri and Shiv Khori were also felicitated by Principal of GHSS Bharakh.

Raj Kumar Sharma, Head Master of GHSS Kheralair, expressed gratitude for organising



Anuradha Sharma, NIS Wrestling coach posing with faculty and students.

ness campaign was inaugurated by Sahil Randhawa Tehsildar Pouni from Girls High school Pouni with the motive for mass partici-

talent hunt program in various schools which will open new vistas for sports development in distt Reasi.

Fencing introductory camps in Ramban



Students playing fencing during a camp.

STATE TIMES NEWS
RAMBAN: District Fencing Association Ramban has decided to hold introductory camps at multiple locations so as to develop interest for the game among youngsters of the district.

The five-day long activity shall commence from August 27 and take place at Ramsao, Nachlanna and Banihal involving students of Government and private schools, a handout issued here today informed.