Students takes pledge to plant saplings in Central Sanskrit University



Students and faculty during planttion drive in Central Sanskrit University

STATE TIMES NEWS

JAMMU: A plantation program was organized on Friday under the joint aegis of NSS Unit of Central Sanskrit University, Shri Ranbir Campus, Kot-

Group Centre, Bantalab, Jammu.

On the occasion, CRPF Group Center Bantalab Deputy CommandantJoginder Singh and Assistant Commandant, Arun Uniyal along with other officers was present. On this occasion, Campus Director Prof. Shreedhar Mishra said that plantation is essential for the environment and human life. He added that plantation is the

bility of all of us. Therefore, all of you should plant as many trees as possible and inspire your family and friends for this. Planting trees is very important for environmental balance. We hope for a good environment, but do not understand our responsibility. CRPF Deputy Commandant, Joginder Singh said that the popula-

STATE TIMES NEWS JAMMU: Jammu and

Kashmir Amateur Kabaddi

Association on Friday consti-

tuted selection committees

for different competitions

held at the school, college

and department level in the

Union Territory so as to

identity and groom the tal-

This was decided by the

Association in its executive

body meeting held under the

guidance of president Anil

Gupta and attended besides

others by general secretary,

It was decided to nominate

is continuously increasing, but the number of trees and plants is continuously decreasing. It is saddening. This is a matter of concern for human life as well as animals and birds. People are cuting trees for their own benefit, but are rarely planting new

Every person must plant at least one tree.

On this occasion, campus teachers, CRPF employees and NSS volunteers planted saplings and also took a pledge to take care of the plants. Dr. Madan Kumar Jha, Dr. Madan Singh, NSS Program Officer Maninder Singh, Romik Pajgotra were present during plantation program.

Jammu Rollball meet concludes



Rollball players posing for a photograph with officials.

STATE TIMES NEWS

JAMMU: District Jammu RollBall Championship concluded at the MA Stadium Skating Rink, here with around 100 skaters participating in the event.

Despite rain interruptions, which limited the event to Junior category matches, the championship showcased some intense competition. In the Under-11 category, Team

Kabaddi talent search committees formed

Orange and Team Green were declared joint winners as the final match was halted by rain. In the Girls' section, Team Orange, led by Urwah Sajjad, emerged victorious beating the team led by Dhwani Nanda.

In the Boys' Junior section, the team captained by Anant Badyal claimed the title by defeating the team led by

Samuel Khokhar: The matches were conducted under the supervision of Jamba and Anthiksh. Other important persons present were Madhu Sharma, the tournament coordinator, and officials Vishali Bagal and Rita Rehan. Khushi Gupta, an international Rollball player, presented the prizes to the win-

Saanjali Singh was facilitated for being the youngest participant in the tournament.

Udhampur wins boys' U-19 Handball title



Winner teams posing for a photograph with officials.

STATE TIMES NEWS

HDHAMPHR: Udhampur defeated the visiting side of district Poonch 21-10 to emerge Divisional winner of the interdistrict Handball under-19 boys Handball tournament which held under the banner of Department of Youth Services and Sports (DYSS) at Mini Stadium, here. Satvik Ferria remained top scorer with seven goals while Mohd Shahid defended well with six goals from Poonch. Earlier in the semifinals, Poonch beat Jammu 17-13 and Udhampur

trounced Doda 16-04. Preliminary Round: Poonch beat Kishtwar 16-00; Doda

Udhampur, Romesh Chander Mishra was chief guest in the final, who felicitated the winners and runners-up teams.

GGM Science College organizes Symposium on "Safeguarding Women"

Organising Committee of SPARSH, GGM Science College successfully conducted a symposium titled "Safeguarding Women: Addressing the Rise in Crimes against Women and Building a Safer India" under the aegis of Principal Dr. Romesh Kumar Gupta and guidance of Dr. VandanaKhajuria, Chairperson Apex Body of SPARSH, Cluster University of Jammu.

The event aimed to spark meaningful discussions and explore solutions to create a environment for women.A total of 10 speakers shared their insights on this

The competition was judged Professors fromDepartment of English.

Maithly of Sem V secured 1st place while 2nd position was beat Rajouri 6-0.

The ceremony also featured a plantation drive at the Mini Stadium, involving all players and guests. This initiative, part of the SVEEP (Systematic Voters' Education and Electoral Participation) program, aimed to promote envi-

Sem V. The3rd place was

shared by Deepak Kumar and

Following the competition, an

interactive session was held

where students and teachers in

the audience shared their feel-

ings, opinions, and thoughts on

the issue of rising crimes

against women in the country.

The discussion was particular-

ly poignant in light of the

recent Kolkata rape and mur-

der case, which underscored

the urgent need for action and

The event was seamlessly

anchored by Sumeet Kumar of

Semester V and Certificates of

Participation were distributed

icant step towards addressing

the growing concern over

crimes against women in India

and driving positive change

and promoting a culture of

safety and respect for all. The

programme was coordinated

by Prof Akanksha Parihar.

awareness.

to all participants.

Amit Manhas also of Sem V.

STATE TIMES NEWS

by Prof. Yasmeen Mughal and Dr. Shalini Sharma, Associate

secured by Parul Sharma of

District (DYSS) officer

National Sports Day 2024

Kuldeep Gupta.

organized for both Staff

Students and Staff members participated with Zeal and Enthusiasm in the

first in Head shoulder knee and Toes.

Manik

participated with full Enthusiasm.



Winner students posing for a photograph with faculty members. also motivated them for such participation more in dents applauding the agility and quick reflexes of young the future also.

Kumar Sharma, Tournament, organized by

J&K Police Department. Further, two-member team each has been constituted for

Kashmir and $_{
m Jammu}$ Divisions to look for the tal-

ented boys and girls during the inter-district divisional level competitions, organised by the Department of Youth Services and Sports (DYSS) as part of the annual calendar of activities.

Manmeet Kour and Amir Alam shall form the technical penal for Jammu Division while Arshid Ahmad Rather, Firdous Ahmad and Shahnawaz Sarwar shall do the job in Kashmir Division. The penal set up for the school level activities in Kashmir shall also look into the talent at college (inter-

Intra District Indoor Sports Tourney

held at SPPND GDC Samba

college competitions of University of Kashmir) level. However, Anil Sharma and Ajay Gupta (both senior coaches of J&K Sports Council) shall witness and identity the talent during the inter-college competitions of

University of Jammu. In the meantime, Deeraj Sharma, NIS Kabaddi Coach has been assigned the task to identify the talented boys and girls during in Inter KV Kabaddi Tournament held under the banner of Kendriya Vidyalaya

PSPS GCW Gandhi Nagar celebrates

STATE TIMES NEWS

ronmental awareness and civic

responsibility among the

The technical penal com-

prised Manik Nargotra,

Bandana Sharma, Rishi

Sharma, Sanjeev Kumar, Vipin

Photra, Ravi Kumar, Vikey,

Sourabh Pandit, and Nitika

youth.

JAMMU: The Department of Physical Education and Sports of PSPS GCW Gandhi Nagar, celebrated 'National Sports Day 2024 " in which a series of events were organized on August 29 and 30, 2024 which includes Intra mural Kabaddi, Volleyball, Chess carrom, T.T. and recreational activities were

and Students under the

supervision of Kajal Premi

Physical Director of the

college. A large no. of

In Kabaddi Team-B won the Competition by 11 points, in Volleyball Team-A won by 2-0 and in Chess Esha Rana stud Ist in Carom Mehak won the match, Lemon Race was won by Sukriti, Three leg race was won by Meetali

The staff members also

Sharma

Dharamjeet Singh (all NIS

coaches) for the talent

search penal for the upcom-

ing Inter-Battalion Kabaddi

The winners were awarded with Trophies and medals. Dr. S.P. Sarswat the Principal of the College and staff members appreciated the efforts of the Department congratulated and applauded the efforts of the players and



Beyond promoting physical well-being, they play a pivotal role in character development.HOD Physics, Dr. Narayan Dutt, in his motiva-Suri, aimed to foster a spirit of tional speech, on this occasion healthy competition and sportsunderscored the significance manship among the students. of sports in our lives Women's The tournament witnessed Category enthusiastic participation from (Chess), Taniya Devi from GDC Ghagwal and Komal students of GDC Ghagwal, GDC Ramgarh, and GDC Devi from GDC Ramgarh won Gold and Silver respec-Samba. The day's events were set to motion with zealous stutively, Priya Devi and Sneha

whereas Pallavi Devi from

GDC Ghagwal got bronze.

In Men's Category Sumit Verma of GDC Samba bagged Gold in Chess, Keshav Rana from GDC Ramgarh got Silver and Sushant Raina from GDC Ghagwal clinched Bronze. In Carrom, Vansh Kumar from GDC Samba won Gold ,Balwinder Kumar from GDC Ghagwal Silver and Kavi Choudhary from

The proceedings of the tournament were adjudged by PTI Sanjeev Jamwal and PTI Ashok Kumar. The event was organized under the supervision of Convener Sports Committee Dr. Pankaj Bandhoria and PTI

GDC Ramgarh Bronze

Five days All India Gufran Global Cricket Coaching camp concludes



STATE TIMES NEWS DODA: All India Five days Gufran Global Cricket Coaching camp concluded on Friday with a prize distribution ceremony at Sport Stadium Doda here todat. The participants were also facilitated with certificates and the ceremony was attended by Chief Advisor YSCC Prof. Zaheer Hashmi, Patron YSCC Doda Manzoor Batt, Chairman YSCC Naseer Khora, Sr. Cricket Coach from

Maharashta Cricket Academy Mehboob Pathan, Cricket Coach Doda Warriors Sports Club Sh Pramod Thakur, Javed Ahmed Member YSCC, Naushair Batt Member YSCC and others.

The event was organized by Young Star Cricket Club Doda with a mission to provide specialized cricket coaching to the

Former IPL Player, Iqbal Abdullah was the Chief Guest Abdullah, during the concluding ceremony said that there's so much potential and talent in the young children in Doda which needs honing.

and Diksha, Balloon race

was won by Sumiksha,

Hold the cup and stood

Manzoor Ahmed Butt, Patron YSCC announced that YSCC Doda shall make a team each in U-12, U-14, U-16, U-19 end U-22 category which shall be given the chance to play in tournaments in other states of the country. Further, he said that those young cricket aspirants who have been selected in the event shall be given the chance to attain further training for a period of one month in Madhan Lal Cricket Academy, Delhi. Moreover, he said that more such events shall be organised in future where national and international cricketers shall impart their knowledge and guidance to those young cricket aspirants who have registered with YSCC

STATE TIMES NEWS

JAMMU: Department of Physical Education and Sports in collaboration with NSS unit under the patronage of Principal Government Degree College Marh, Prof. Dr. Rakesh Kumar Koul, organized intramural competition of three Chess, games namely Badminton and Carrom in commemoration of Major Dhvan Chand (Hockey Legend) w.e.f 28th to 29th Aug 2024. In this competition, the students from Sem-Vth and Sem-IIIrd participated in Chess, Badminton and Carrom (Men & Women). The Principal Prof. Dr. Rakesh Kumar Koul who was the chief guest, inaugurated the event. He encouraged the students to inculcate discipline, sportsmanship to take J&K to new heights. He also played the inaugural match of Badminton, Chess and Carrom with students for their encouragement. A Fit India pledge was also taken by



Sambyal from GDC Samba

got Gold and Silver in Carrom

GDC Marh faculty and students posing for a photograph.

all participants and staff members. In Chess competition Silver medal won by Gourav Kumar (B.A Sem 3rd sem) and Gold medal clinched by Aayush Shan (5th sem). In carrom women section silver medal bagged by Reena Sharma and Simran Chover (5th sem) and Gold medal clinched by Sanjana Devi and Mishu Devi from (B.A 5th sem).

In Badminton (Women Double) Silver Medal won by Riya Sharma and Sneha Bhagat (sem 3rd Sem) and

Gold Medal clinched Sanjana Devi and Mishu Devi from (5th sem). In Badminton (Men Double) Bronze Medal got by Gorav Kumar, Pranav Sharma, Ketan Kumar and Rohit Kumar from B.A 3rd Sem, Silver medal was won by Summy Kumar and Bobby Kumar Baitha Sem 5th and Gold Medal bagged by Abhishek Bhat and Aayush Shan from Sem B.Sc 5th.

The event was conducted by Ravi Kumar (Physical Training Instructor), Prof.

Sports), Asstt Prof. Sachin Bhagat (NSS PO), Asstt Prof. Dr. Shakun Sharma and Asstt Prof Dr. Sheetal Sharma. A match between the faculty and staff was also organized for the encouragement of students. total of 70 students participated in the activity. The refreshment was also served to the students. Certificates of merit/ participation and medals certificates were also distributed among the participating students.

Imtiaz Shahid (Convenor

GDC Pouni organizes Chess, Carrom competitions

STATE TIMES NEWS

POUNI: To commemorate National Sports Day and celebrate the achievements of India's sports personalities, the sports department of Government Degree College Pouni organized Chess and Carrom competitions.

These events kicked off at 12:30 PM, in line with the 2024 theme for National Sports Day: "Sport for the Promotion of Peaceful and Inclusive Societies"?.

The event took place under the able guidance of ${\rm Dr}$ Udhay Bhanu, Principal GDC Pouni.

of the event, who imparted his

insights to the young partici-

pants throughout the event.

Ghulam Farooq (Former Ranji

Player) from Andhara Pradesh

& Sr Cricket Coach from

Maharashta Cricket Academy

Mehboob Pathan were other

guests who decorated the event

The event was sponsored by

10 Rashtriya Rifles Unit Doda

and New Style Dry Fruits &

Spices. Chief Guest, Iqbal

with their presence.

Tanpreet Singh, Director of Physical Education welcomed the Principal, faculty members, and students. The event began with a speech by Mr. Singh, who highlighted the achievements and struggles of Indian sports personalities in their pursuit of excellence. He explained why India celebrates National Sports Day on August 29th and shared the remark-



able achievements of Major Dhyan Chand, India's greatest field hockey player. Principal, Udhay Bhanu underlined the importance of sports in one's life and encouraged everyone to wisely use their leisure time by engaging in sports activities. Dr. Prem Singh, Prof. Bishan Das, Prof. Beant Singh, Dr. U S Liza and Prof. Mohit Anand were the coordinators of the event. The event saw remarkable participation from students. In the Chess Tournament, participants

included Arjun Kumar, Tanish Sharma, Amandeep Sharma, Gifti Kesar, Rahul Kumar, Anmol Sharma, Pavneet Kour, Harleen Kour. Whereas, in the Carrom Tournament, participants included Akashdeep Singh, Amit Singh, Sahil, Shaksham Sharma, Pavneet Kour, Sanjana Devi, Isha Sharma, Palvi Sharma. It was a day filled with enthusiasm and sportsmanship, truly embodying the spirit of National Sports Day.