

MOVIE REVIEW

'Ulajh'



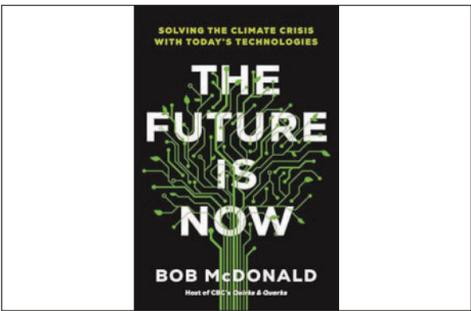
Director: Sudhanshu Saria
Cast: Janhvi Kapoor, Gulshan Devaiah, Roshan Mathew, Adil Hussain, Rajesh Tailang, Jitendra Joshi, Ayy Khan
STORY: Suhana, a promising young diplomat, is embroiled in a dangerous conspiracy when serving a coveted posting in London
REVIEW: What sort of a spy movie is Sudhanshu Saria's 'Ulajh'? It begins as a Raazi (2018) in pantsuits: patriotic female protagonist, driven by loyalty and legacy, enlists to serve her country on foreign turf. Indo-Pak diplomatic relations, as fraught and fragile as they were in 1971, inform the narrative stakes. Both films hail from Junglee Pictures, and the editor, in each case, is Nitin Baid. If that weren't enough, the new film even has a song with 'watan' in its title — plastered, ineffectually, over the opening credits and thereby fast forgotten. It was only much later, in the closing moments of its 134-minute runtime, that 'Ulajh' revealed its true hand. Without divulging too much, one can say that its swerve — from tense thriller to overambitious franchise-spinner — was a step in the wrong direction. It's a particularly gruesome example of the ongoing Marvelization of Bollywood: films too distracted to stay put, floating future possibilities without successfully completing the job at hand. Suhana Bhatia (Janhvi Kapoor) is a young Indian Foreign Service (IFS) officer, hailing from a lineage of patriots. As the film begins, we meet her on a diplomatic detail in Kathmandu; talking over the phone, she emphasizes "strategy" and "leverage," but is instead reminded by her higher-up to simply "observe."

In-depth Analysis
Our overall critic's rating is not an average of the sub scores below.

Direction	3/5
Dialogues	3/5
Story	3/5
Music	3/5
Visual appeal	3/5

BOOK REVIEW

'The Future Was Now'



Title: 'The Future Was Now' is a brilliant look back at the groundbreaking movie summer of '82
Author: MIKE HOUSEHOLDER
Pages: 450
Price: INR 596
Review: The moments are seared into the pop culture pantheon. And our collective consciousness. A friendly alien taking Henry Thomas' character Elliott on an airborne bike ride with the full moon as a backdrop in "E.T." Carol Anne (Heather O'Rourke) in "Poltergeist," getting out of bed, staring into a pulsating TV screen, turning to her family and warning: "They're here." Arnold Schwarzenegger's titular hero Conan the Barbarian succinctly listing for his compatriots what is best in life: "To crush your enemies. See them driven before you. And hear the lamentation of their women." Former Entertainment Weekly film critic Chris Nashawaty walks readers through the significance (and making) of each of the films, as well as five other science fiction/fantasy classics — "Blade Runner," "Mad Max 2: The Road Warrior," "Star Trek II: The Wrath of Khan," "The Thing" and "Tron" — that, incredibly, were released within two months of each other in the summer of 1982. In the ultra-entertaining and informative "The Future Was Now: Madmen, Mavericks, and the Epic Sci-Fi Summer of 1982," Nashawaty makes the case that the octet of flicks altered the trajectory, not only of the auteurs at the helm, but of Hollywood filmmaking. "The summer of 1982 was the moment when sci-fi, fantasy, and splashy blockbusters ripped from the pages of comic books would grow up," Nashawaty writes. "These films could no longer be nonchalantly dismissed as kids' stuff."

GADGET REVIEW

Honor Magic 6 Pro 5G



Expected Price	Rs 89,999
Display	6.80-inch
Resolution	1264x2800 pixels
Front Camera	50
Rear Camera	50+50+108
RAM	12GB
Storage	256GB
Battery Capacity	5600mAh
OS	Android 14
Processor	Snapdragon 8 Gen 3
Wi-Fi	Yes
GPS	Yes
Bluetooth	Yes
NFC	Yes
USB Type-C	Yes
Face unlock	Yes
Fingerprint Sensor	Yes
Magnetometer	Yes
Proximity sensor	Yes
Accelerometer	Yes
Ambient light sensor	Yes

Good	Bad
* Good performance in most scenarios.	* Preloaded (uninstallable) third-party apps, automatic app downloads.
* Reliable primary camera.	* Lower CPU performance in benchmark tests.
* Brisk charging, long battery life.	* Subpar ultra-wide angle camera.
* Four years of Android OS updates.	
* Bright AMOLED screen.	

VEHICLE REVIEW

Kia Sonet



Starting Price	Rs. 8-15.77 Lakh
Fuel Type	Diesel
Engine Displacement	1493 cc
No. of Cylinders	4
Max Power	114bhp@4000rpm
Max Torque	250Nm@1500-2750rpm
Seating Capacity	5
Transmission Type	Automatic
Boot Space	385 Litres
Fuel Tank Capacity	45 Litres
Body Type	SUV
Front Suspension	McPherson Strut with Coil Spring
Rear Suspension	Coupled Torsion beam Axle (CTBA) With Coil Spring
Front Brake Type	Disc
Rear Brake Type	Disc
Connectivity	Android Auto, Apple CarPlay
No. of Speakers	9
No. of Airbags	6
Alloy Wheel Size Rear	16 Inch
Alloy Wheel Size Front	16 Inch

Pros	Cons
* Tachometer	* Leather Wrapped Steering Wheel
* Glove Box	* Leather wrap gear-shift selector
* Dual Tone Dashboard	* Cigarette Lighter
	* Folding Table in The Rear

Health and Lifestyle

A fan of fermented skincare? You will love this magic ingredient!



The world of skincare is always throwing up ingredients and trends for the aficionados to catch on. Amidst the hype for fermented skincare, saccharomyces filtrate is the latest to join the list. What is this new ingredient, and should you be incorporating it in your skincare routine?

In conversation with Dr Vaggu Anand Kumar, consultant dermatologist, cosmetologist and hair transplant surgeon, KIMS Hospital, Hyderabad, indianexpress.com found out the merits of this filtrate.

"Saccharomyces ferment filtrate is a skincare ingredient derived from the fermentation process of Saccharomyces, a type of yeast. This process breaks down the yeast into smaller molecules, resulting in a filtrate rich in essential nutrients such as amino acids, vitamins, beta-glucans, and minerals," explained Kumar.

"Saccharomyces ferment filtrate is highly effective in retaining moisture, ensuring that the skin remains hydrated and supple, and the skin's moisture balance is maintained. The beta-glucans in the filtrate support and strengthen the skin's natural barrier, which further protects the skin from environmental aggressors and limits trans epidermal water loss," he added.

According to him, the filtrate is packed with antioxidants

that combat free radicals, reducing oxidative stress on the skin and minimizing the appearance of fine lines and wrinkles. Saccharomyces ferment filtrate helps improve skin tone and texture, contributing to a brighter and more even complexion.

Points to note
Dr Kumar recommended always performing a patch test and being consistent in using this filtrate as part of daily skincare regimen. As this ingredient works well with other skincare products, he suggested layering it with serums, moisturisers, and sunscreens.

"Overusing any skincare product can potentially cause irritation. Therefore, avoid combining the filtrate with strong exfoliants or other harsh active ingredients without professional guidance or consulting a dermatologist," he added.

Who should avoid
"If you have extremely sensitive skin or any specific yeast allergies, consult with a dermatologist before using products containing this filtrate to avoid potential reactions. Individuals with active skin infections or conditions such as eczema or psoriasis should seek medical advice before incorporating new products into their regimen," said Kumar.

ASTROLOGY

WEEKLY PREDICTIONS 30TH - 06TH JULY 2024

<p>ARIES</p> <p>MAR 21 - APR 19</p> <p>This week, you create an opportunity for yourself. Mars conjoins the North Node in your own sign of Aries and your house of confidence and conviction. Aries, you have the will to take on a big project, but you need a partner. Today, you could find someone to work with for a business venture, home project, or the next step in your career.</p>	<p>LIBRA</p> <p>SEP 23 - OCT 22</p> <p>This week, your positive attitude is contagious. Mars conjoins the North Node in Aries and your house of relationships. Libra, you could be around a lot of new people today. You might attend an event or festival. You have the opportunity to make a connection with someone while you're enjoying an activity. If you're looking for a friend or love relationship.</p>
<p>TAURUS</p> <p>APR 20 - MAY 20</p> <p>This week, your capabilities are boundless. Mars conjoins the North Node in Aries and your house of universal connection. Today, you can tap into the bigger Universe. Taurus, you might feel like information is being downloaded into your brain. You could have more energy and confidence now. The tools you need for your life path are within your grasp.</p>	<p>SCORPIO</p> <p>OCT 23 - NOV 21</p> <p>This week, you're getting to the heart of the matter. Mars conjoins the North Node in Aries and your house of health and well-being. Scorpio, you could feel very motivated to change habits and routines to better support your body, mind, and spirit. You might start a new exercise program. You could set up equipment in your garage or spare room. You might connect with a personal trainer.</p>
<p>GEMINI</p> <p>MAY 21 - JUN 20</p> <p>This week, your resilience inspires others. Mars conjoins the North Node in Aries and your house of friendships. One of your friends might have a brilliant idea, and this could lead to starting a business together or going on a trip to an exotic location. This helps both of you, especially if you've been stuck in a rut or feeling bored. If you're looking for love, you could find a special someone.</p>	<p>SAGITTARIUS</p> <p>NOV 22 - DEC 21</p> <p>This week, you see brighter days ahead. Mars conjoins the North Node in Aries and your house of fun and adventure. Today, you can do something that is outside the box and even outside your comfort zone. Sagittarius, you might be climbing to new heights or swimming to new depths. Or you could be displaying your talents in front of an audience. By tomorrow, you could have some great stories to tell.</p>
<p>CANCER</p> <p>JUN 21 - JUL 22</p> <p>This week, you're following your heart. May 19, Mars conjoins the North Node in Aries and your house of reputation. What you do in the world today is very visible. If you're on social media, you might get more followers now. In your social circle, you could be at the head of the table. But note that if you're speeding down the highway, you could end up with a ticket.</p>	<p>CAPRICORN</p> <p>DEC 22 - JAN 19</p> <p>This week, your contributions in the world are noticed. Mars conjoins the North Node in Aries and your house of family. Capricorn, you might come together with relatives for a joint project. Success is more likely when you partner with people you know well. You could combine resources for an investment or combine talents to build a business. This is a good day to start.</p>
<p>LEO</p> <p>JUL 23 - AUG 22</p> <p>This week, you turn challenges into opportunities. Mars conjoins the North Node in Aries and your house of travel and adventure. Leo, this is a good day to plan a trip. You might find good prices for flights or accommodations. If you're traveling now, you could have an exceptionally good time. You might get involved with an organization or you could be voted into a position of authority in a group you belong to.</p>	<p>AQUARIUS</p> <p>JAN 20 - FEB 18</p> <p>This week, others admire your unique perspective. Mars conjoins the North Node in Aries and your house of contracts and agreements. Aquarius, you might be looking over some paperwork today. This is a good day to fill out applications or commence an important project. If you're negotiating for a new car or apartment, you could do very well today. Friends and strangers might compliment your work.</p>
<p>VIRGO</p> <p>AUG 23 - SEP 22</p> <p>This week, you are pursuing a passion. Mars conjoins the North Node in Aries and your house of resources from others. This is a good day to apply for a loan online or launch a business funding campaign. Virgo, you might go through the paperwork required by the SBA or talk to your wealthy uncle about giving you a loan.</p>	<p>PISCES</p> <p>FEB 19 - MAR 20</p> <p>This week, you're finding your own path. Mars conjoins the North Node in Aries and your house of financial gain. A moneymaking opportunity could open up for you, and you are ready to take action. This might be something you've been working on for some time, and now everything seems to come together for a profitable outcome.</p>